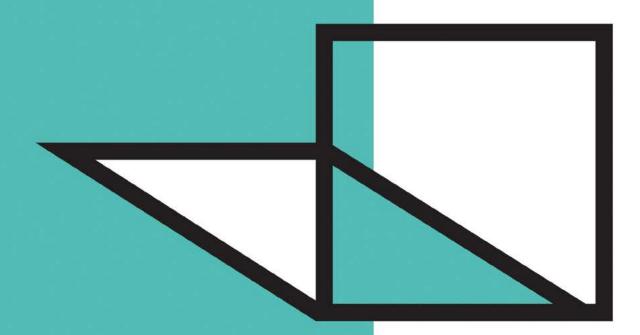


ENGLEWOOD CREATES

BE CREATIVE BUILD RESOURCES BRIDGE COMMUNITIES



BLACK CUBE HEADQUARTERS

A NIGHT FOR LOCAL TO MINGLE

ENGLEWOODCO.GOV/ENGLEWOODCREATES















THE CITY OF ENGLEWOOD PRESENTS **SOUNDS OF SUMMER**

FREE SHOWS



ARAPAHOE PHILHARMONIC

101ST ARMY ROCK AND COUNTRY BAND **JUNE 27**

THE HOT LUNCH BAND

JULY 18 THE RAISING CAIN BAND



JULY 9 TOP HOGS

JULY 16 ROCKY MOUNTAIN PUPPETS

DENVER TAIKO DRUMS

JULY 30 DENVER KID MAGIC

WWW.ENGLEWOODCO.GOV •











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Upgrading aging infrastructure and amenities presents challenges in most cities today, Englewood included. Since the financial recovery from the Great Recession, the City has been working on prioritizing and exploring funding options for capital improvements and infrastructure upgrades. To keep you informed, I'd like to highlight several of our most pressing areas.

system, as is true for many communities in America, has aged and needs improvement. Replacing or expanding the stormwater drainage system is a bigticket item and cannot be done in isolation from neighboring cities. Expanding one city's system can cause backups as it flows into another city's system that has not been improved. Council has authorized a detailed, independent study of our system, and will evaluate the results and share the information with the community

in June before determining the needed improvements and funding options.

Friends of Englewood Parks: This grassroots group of neighbors, formed in September, are advocates of exploring funding options to help realize some of the improvements highlighted in the 2017 Parks & Recreation Master Plan. While grant funding has supported several park projects, additional sources of revenue will be necessary to renovate and maintain these important community assets.

Alley Improvements: Residents have been expressing renewed interest in the possibility of paving the City's alleyways. While resurfacing our alleys might improve some drainage and minimize mud, ruts, and dust during dry seasons, the cost of the project would be significant. The City is revamping its alley maintenance to address immediate concerns, but we are searching for a long-term, cost effective solution to the problem. One part of the approach will include exploration of trash hauling options that limit the number of trucks going up and down alleys in larger numbers than alleys can withstand. Keep an eye out for more information as ideas develop.

Street Improvements and Street Lighting: Well-lit streets in all neighborhoods, parks and around area businesses promote safety for homeowners and visitors. Replacing older lights with energy efficient lighting can save significant costs over time, but require upfront investment. We also expect smooth, safe, and well-maintained streets and bridges as we make our way around the City. While maintenance has been happening over time, we know complete replacement is necessary at some point. Replacement costs are well above the City's current revenues. We will continue to search for ways to invest carefully in street improvements.

As we head into the 2020 budget development cycle, please engage with us on what you think we should prioritize and how we approach funding. Thank you for continuing to invest in your community and a bright future for Englewood.

Linda Olson, Mayor lolson@englewoodco.gov • 303-503-4020

#Englewood CITY COUNCIL



Mayor Linda Olson District 2 303-503-4020



Mayor Pro Tem Rita Russell At Large 303-639-6181



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Cheryl Wink At Large 720-409-0876

DAVE CUESTA DISTRICT 4



The Arapahoe County Open
Space program has approved
the City of Englewood's grant
application that will fund
the Jason Park playground
replacement. The project
consists of removing worn and
outdated play equipment and
replacing it with new, safe,

and ADA compliant equipment. The playground will have ADA compliant wood fiber fall surfacing, and separate play structures for 2- to 5-year-olds and 5- to 12-year-olds. Several of the old play structures will be repurposed into entry arbors and backdrops for seating benches.

As part of this project, playground amenities including three square picnic tables (one will be ADA accessible), three park benches, and one trash receptacle will be installed, benefiting all park users.

Based on community feedback, both areas will include social and solo equipment that promotes climbing, sliding, spinning, balancing, and swinging elements. An area just north of the playground is designated for digging play which includes standard and ADA accessible digging equipment. All the new playground equipment includes recycled materials.

The project will also involve planting seven shade trees, six ornamental trees, and replacing over 6,000 square feet of sod. The grant covers \$309,407 for this project and requires that Englewood contribute \$124,900. Kudos to Englewood staff for finding a way to cover over 70% of the project's expense with these grant funds!

Construction will begin in early August, starting with site preparation and demolition. The playground replacement is scheduled to be completed the second week of October.

Learn more about other park projects on page 19. I'm looking forward to seeing you at the new, and improved, Jason Park!

Dave Cuesta, District 4 dcuesta@englewoodeco.gov 720-634-6133

CHERYL WINK COUNCIL MEMBER AT LARGE

COUNCIL'S CORNER



The City of Englewood counts on its conscientious citizens to conserve water during the summer months when lawns tend to consume the most water. There are many ways you can reduce the amount of water you use and still have a beautiful yard.

One of the most effective ways to conserve water on your lawn is to implement xeriscaping principles to reduce your water needs while still maintaining an attractive outdoor space. Xeriscaping is not just rocks and mulch. Rather, it is an approach to yard design that accounts for our semi-arid climate by using native plants combined with useful turf areas and efficient water use. A well-planned xeriscaping project can incorporate a variety of wildflowers and other native plant species while reducing watering needs by up to 60%.

If you're not ready to move to a xeriscaped yard, that's okay. Consider some of the following ways to reduce your outdoor watering needs for your current yard setup:

- Harvest rainwater from your gutters to water your garden or lawn.
- Reduce your water usage by switching your irrigation system to more efficient sprinkler nozzles. Rotary nozzles reduce water use by up to 30% while also reducing runoff and erosion.
- Invest in a smart controller for your irrigation system.
 A number of manufacturers offer systems that monitor the weather to reduce watering loads during cool and wet times.
- Limit your watering to 3 days a week and reduce evaporation by watering before 10:00 a.m. and after 6:00 p.m.

Cheryl Wink, Council Member at Large

cwink@englewoodco.gov 720-409-0876

CITY MAGAZINE & RECREATION
GUIDE SUMMER 2019

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Publication Printers

On the Cover:

Viola, Demetrius and Juanita
O'Connor tend to their
adopted community flower
bed adjacent to their bike
shop, Any and All Bikes, near
the 3400 block of S. Broadway.



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Please recycle me!



LOCAL VOLUNTEERS MAKE IT GO BLOOM!

Ever wonder who helps maintain the flower beds that enhance our street corners, City parks and public facilities? These 25 flower beds are maintained by a variety of volunteers ranging from residents, business owners and community organizations.

Around 40 volunteers commit to maintaining their designated flowerbed(s) for the entire growing season from April to October. Each group spends up to three hours a week per location to plant, weed and monitor the water supply. At the end of the growing season, they are responsible for cleaning out the beds.

Without the assistance of these dedicated community volunteers, it would be nearly impossible for the City's parks department to keep up. That's why the program began roughly thirty years ago and remains an important partnership in the community today.

"Flowers always make people better, happier, and more helpful; they are sunshine, food and medicine for the soul."

— Luther Burbank

Parks staff till and add planting soil to the plots in the spring and are responsible for setting the watering schedule as needed. Volunteers get to choose their plants from a catalog, making each flowerbed truly unique. Some groups like to pick flowers based on color; some like drought tolerant varieties or pick flowers with pollinators, like bees, in mind.

A special thanks to the Waggoner family, David Carroll, Any and All Bikes, The Brew on Broadway, the Englewood Lions Club, the Citizens Alliance for a Sustainable Englewood (CASE) and Keep Englewood Beautiful (KEB) for their support and dedication to the 2019 program.

SEE FOR YOURSELF!

Garden locations around town

- Belleview Park
- Cushing Park
- Englewood Recreation Center
- Jason Park
- Malley Recreation Center
- Mid-block crossings near 3400 S. Broadway
- Romans Park



THE BOOM AND BLOOM OF THE CARNATION CITY

Warm days and cool nights make Englewood the perfect climate for carnations, and in 1950, the perfect home for the carnation industry. It was not only great for the local economy, the carnation also became the symbol for Englewood in 1945 when used as a civic emblem for an event sponsored by the Englewood Junior Chamber of Commerce.

The City officially became known as The Carnation City in 1954, when the Englewood Chamber of Commerce adopted the title in a resolution.

The City was home to 13 greenhouse operations, and participated in the Colorado Flower Growers Association—a group that worked to elevate the reputation of what was once considered a common garden bloom. Englewood carnations were even included in a weekly air express shipment of 200 blooms to First Lady Mamie Eisenhower—a Colorado native—at the White House.

Many Englewood businesswomen also played a role in elevating the status of the flower by creating carnation pins, scarfs, stationary and other goods and promoting them all over town.

Englewood nurseries grew more than 5 million carnations annually. Herman Oliner of Oliner Floral Company was the first to discover how to color the flower by setting their stems in dye—a practice that is now used worldwide.

The Colorado carnation bloom and boom eventually ended, replaced by less expensive operations in California and foreign markets. Nevertheless, Englewood remains Carnation City in the traces of the stories left behind, and the memories of those who lived it.



EMERALD ASH BORER

A Threat to Colorado's Native Ash Trees

The highly destructive, non-native insect is responsible for the death or decline of millions of ash trees in the U.S. and has already cost communities billions of dollars to treat, remove and replace.

In 2013, emerald ash borer (EAB) was confirmed for the first time in Colorado, in the City of Boulder. While there are no known cases of EAB in Englewood, the parks and recreation department has an EAB management plan ready to execute, and has also begun setting aside additional funds to combat the pest when the insect arrives.

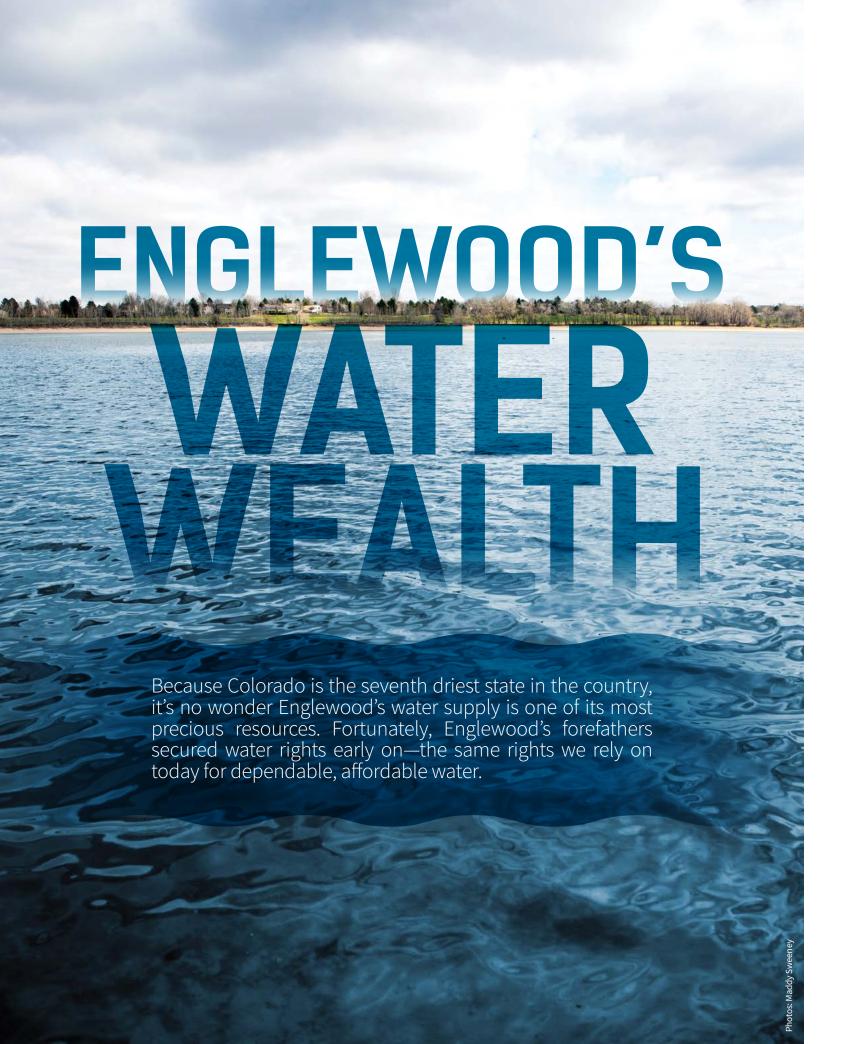
Most of the City's ash trees are located in neighborhoods on private property. It is estimated that the City has about a 15% ash tree canopy.

How to Protect Your Ash Trees

To help Colorado property owners determine whether their trees are susceptible to being killed by EAB, the Colorado State Forest Service and Colorado State University Extension offer a free app that will allow anyone with a mobile device to quickly determine whether a tree may be a potential target for the pest. The "EAB/Ash ID" app can be downloaded on almost any modern Apple or Android-based device and is easily located in app stores by searching for "ash tree."

App Features

- Step-by-step process to determine if a given tree appears to be a true ash.
- Links and other information about EAB for users who suspect they might have an ash tree.
- Helpful information for homeowners, business owners, school groups or anyone concerned about the potential impacts of the pest.



Until the 1940s: Englewood depended on the Denver Water Board

Increased rates drove a Citywide vote led by attorney Marcus Shivers and Mayor Charles Allen for Englewood to build its own water system. The City acquired senior water rights for ditches on South Platte River as well as two transmountain diversion projects. Having secured these senior rights, the necessary infrastructure was built to pump, treat and distribute the water to the people of Englewood.

As Englewood grew, water pressure and supply became an issue, resulting in the need to build McLellan Reservoir and three deep wells.

1977: Englewood solved its low water pressure issue

The City segmented the water distribution system in three separate pressure zones with separate sources, finally solving the issue for good.

When the original plant was built, there was less development upstream and in Colorado in general. The raw water was less contaminated and could be treated through chemical coagulation and sand filtration.

Mid 1990s: The plant gets an upgrade, then another...

Increased algae and nutrients in the Platte forced another major upgrade, where the plant was converted from a direct filtration process to a conventional treatment process that utilizes a combination of coagulation, sedimentation, filtration and disinfection to improve Englewood's drinking water.

2013: Using the power of light to clean

 $\label{light} Ultraviolet\ light\ disinfection\ was\ added\ to\ the\ system,\ a\ non-chemical\ process$ that utilizes\ the\ quality\ of\ UV\ rays\ to\ deactivate\ waterborne\ pathogens.

The future of Englewood's water

The City's top priorities continue to be maintaining an adequate water supply, constant improvements to the water quality, and meeting EPA regulations.

2015: Avoiding the hard stuff

The hard water from Big Dry Creek is in the process of being diverted around the water plant so that it doesn't end up in the City's water supply. This diversion will help to improve the taste of Englewood water. The City plans to use the hydropower created from diverting the water to power the facility lighting, as well as to light up the nearby bike path.

Protecting our rights

The Colorado constitution has a "first in time, first in line" rule when it comes to water, meaning that the older the rights are, the more priority is given them. With some of the oldest water rights in the state, Englewood's most precious resource is protected for generations to come.



WATER SYSTEM STATS



2018 ANNUAL USE 1.99 billion gallons



AVERAGE DAILY USE 5.45 mdg



HIGHEST USAGE DAY (2018) 10.776 million gallons (6/29/2018)



DISTRIBUTION SYSTEM TAPS 10,979

NOT YOUR AVERAGE JOE

MEET YOUR NEIGHBORS

DeMoor finds community connections all around him

Seven years ago, Joe DeMoor moved to Englewood from Buena Vista to be close to his six grandchildren and become more involved in their everyday lives.

"There's nothing like being a grandparent, and I wouldn't give up the opportunity to see them every week for anything," he said.

After moving here, Joe stumbled upon the Malley Recreation Center on one of his daily bike rides. Since that day, he has been a member of the Center as well as a committed volunteer to its mission. He's served on the Malley Advisory Council for six years and the Malley Trust Fund for three.

"The Center is a wonderful opportunity for folks 55 and older," he said. "It's really a special way to stay healthy and build community."

At the top of his agenda is exploring the City with his young grandchildren, playing in the park and swimming at the Englewood Recreation Center. Joe has created a journal for each of his grandchildren, documenting these Englewood adventures together.

"By walking places and not being so dependent on a vehicle, there's really a tendency to greet more people and promote community, which is really important in a city," he said.



A New Home for Englewood's Police Department

The 50,000 square foot headquarters now serves as home base for police staff and strikes a balance between a functional facility and a welcoming environment for employees, officers and the community.

The department outgrew the old facility, built in 1972, which was not up to modern security, safety and accessibility standards. The old building will be demolished and a new, secured parking lot will be constructed.

A special thank you to Englewood voters who approved a tax increase in November 2016 to fund construction of the new facility.

Upcoming Events

For additional information or to register, contact Toni Arnoldy at tarnoldy@englewoodco.gov.

MAY

Morning Coffee With A Cop

Thursday, May 9
7:30 – 9:00 AM
Dunkin' Donuts (2766 S. Broadway)

Evening Coffee With A Cop

Thursday, May 29 4:30 – 6:30 PM Starbucks (Bates and Broadway)

JUNE

Morning Coffee With A Cop

Thursday, June 13
7:30 – 9:00 AM
Nixon's Coffee House
(871 Englewood Pkwy.)

7th Annual Jeremy Bitner Fallen Officer Run/Walk

Saturday, June 22 – Cornerstone Park Register at **bitnermemorialfund.org** Volunteers needed! Contact Toni.

The annual event is in honor of Englewood Police Detective Jeremy Bitner who lost his life in the line of duty on May 28, 2012, after being struck and killed by a vehicle while performing a traffic stop. Jeremy served the Englewood Police Department for eight years. Proceeds raised from the run assist the families of fallen law enforcement officers in Colorado.

JULY

Morning Coffee With A Cop

Thursday, July 9
7:30 – 9:00 AM
Starbucks (Bates and Broadway)

AVOID A CODE VIOLATION

Whack Your Weeds and Overgrown Grass

Spring showers bring May flowers along with fast-growing grasses and tall weeds. Englewood businesses, homeowners, residents and landlords are responsible for maintaining the grass and weeds on their property. This includes the front, back and sides of a yard as well as the property areas adjacent to alleys and sidewalks.

Any grass or weeds over six inches tall are in violation of Englewood Municipal Code 15-6-1 and 11-5-5.

How to Stay Within Code:

- Englewood lawns should be mowed.
- All yard waste such as dry grass, cut tree limbs and brush should be properly disposed of and not placed or dumped in the alley.
- Check with your licensed trash hauler for proper disposal options.

Bonus:

A well-maintained yard and alleyway is also an effective crime prevention tool.

Code Enforcement Tip Line:

303-762-2335 or visit englewoodco.gov.

The mission of the Code

Enforcement unit is to enhance and preserve our neighborhoods and business districts while providing a safe, healthy and environmentally friendly community. We strive to gain voluntary compliance through education, community involvement and enforcement of ordinances in a fair and unbiased manner while providing superior customer service.





4 Tips to Transform Your Yard

Citizens Alliance for a Sustainable Englewood (CASE) is dedicated to helping our residents' yards become a place of beauty and calm, while reducing yardwork and water use.

- 1. Trim down the amount of grass. Instead of edge-to-edge turf grass, cut in around the edges to make your grass plot more rounded. Consider a meandering stone or brick pathway through the middle, or an island.
- **2. Don't be afraid to experiment.** Look around the neighborhood for flowering plants, bushes, and groundcovers that thrive. Look for the PlantSelect label or low water section in your local garden shop.
- **3. Think twice before using herbicides and pesticides.** Plants that are adapted to our semi-arid Colorado climate require less herbicides and pesticides.
- **4. Treat yourself.** Gardening can clear your head of all the clutter and stress, giving you literally a breath of fresh air.

Learn more about CASE, their many projects, lawn tips, or how to volunteer at sustainable-englewood.org.





5 Ways to Declutter

Keep Englewood Beautiful (KEB) is a City Board and Commission that promotes community participation and environmentally responsible behavior through partnerships with citizens, schools, businesses and government agencies.

- Household Hazardous Waste Roundup: In September, Englewood and Littleton partner to allow residents to drop off hazardous chemicals and electronics for a small copay.
- **2. Leaf Drop-off:** During the fall, Englewood and Littleton partner to give residents a location to drop off their leaves.
- **3. Composting Classes:** Last year, KEB hosted two composting classes where residents could come and learn about composting from a Master Composter from Denver Urban Gardens.
- **4. "Water-Wise Landscaping" Education Series:** May 1 and August 7. These classes will deal with landscaping with water conservation in mind.
- **5. Great 2019 Park Clean Up Event:** June 22. It's easy to participate! Bring your friends and family, a water bottle, and KEB will provide all necessary supplies.

The public is invited to attend all classes and open meetings as well as apply to Boards and Commissions.

Parks Department Does its Part, Too

- Englewood playgrounds are created with 30–40% recycled plastic and wood fiber.
- Denver Regional Council of Governments (DRCOG) funded a transition to battery operated chainsaws and trimmers, allowing for the reduction of emissions and gases into the air.
- Englewood Parks is using a spot-spraying technique with organic fertilizers only where necessary.
- The department does not spray openly for mosquitoes, they use dunks which attack the larvae instead of the actual insect.
- The City provides three drop off locations every year to recycle your Christmas Trees, which in turn becomes free mulch for our citizens or for use in public areas.



13



Our Police Build for the Future

The City worked with CBRE to ensure the new police services building was to be considered as a Class A Office Environment, enabling an environment that's sustainable and facilitates connections in the community.

Here are some innovations that are integral to creating this environment:

- All lights are LEI
- $\bullet \ \ Improved air quality through programmed cycles based on the outside temp and air condition.$
- Skylights were installed to eliminate the need for artificial lighting in some areas.
- Energy codes for the building score at least 15% higher than the minimum required.

SUMMER EVENT PREVIEW

GET INVOLVED

Outdoor Fun for Everyone!

Sounds of Summer

Thursdays - 6:30 p.m.

Englewood Amphitheater – 1000 Englewood Pkwy. Music under the stars for the whole family!

June 20 - Arapahoe Philharmonic

June 27 - 101ST Army Rock and Country Band
Colorado National Guard

July 11 - The Hot Lunch Band

July 18 - The Raising Cain Band With beer garden

(made possible by The Museum of Outdoor Art)

Kidstage



To entertain the kid in all of us!

July 9 - Top Hogs

July 16 - Rocky Mountain Puppets

July 23 - Denver Taiko Drums

July 30 - Denver Kid Magic



Movies in the Park

•••••

Free movie nights at sundown throughout the summer.

Vote for your movie selections beginning in June on the City's website and on Facebook.

Friday, July 19 - Centennial Park

(Brent Mayne Baseball Field) 4630 S. Decatur St.

Thursday, August 8 - Cushing Park
700 W. Dartmouth Ave.

Friday, August 23 - Duncan Park

4880 S. Pennsylvania St.

4th of July Family Festival and Fireworks

Thursday, July 4

Cornerstone Park & Belleview Park

The fun begins at 3:00 p.m. with food trucks and family-friendly activities all afternoon.

Fireworks at 9:30 p.m.

To volunteer, call or email Toni Arnoldy at 303-762-2490 or tarnoldy@englewoodco.gov.

EVENT UPDATES

Weatherline: 303.762.2598 • Information: 303.762.2660 • www.englewoodco.gov

YOU CAN RUN FOR CITY COUNCIL!

Englewood General Municipal Election Nov. 5

Voters will elect four council members on Tuesday, November 5, including one representative each from District 1 and District 3, and two at-large members. All four seats are for four-year terms.

Englewood residents interested in running for Englewood City Council may pick up candidate information packets from the City Clerk's Office, 1000 Englewood Parkway, third floor. Candidate information packets are also available on the City's website. If you would like to discuss the process, please contact the Englewood City Clerk's Office to set up an appointment.

All Municipal Elections are nonpartisan.

How to Get Your Name on the Ballot

At the time of the election, a candidate must be:

- A citizen of the United States
- 25 years of age or older
- A registered elector of the City for at least one year immediately preceding the election
- A resident and registered elector in the district for which you are applying

The Candidate Petition Process

- Candidates are required to sign an affidavit, confirming qualifications.
- Each candidate must be nominated by petition and signed by at least fifty (50) registered electors residing within the municipality, or the district, from which the officer is to be elected.

- The petitioning process takes place in August.
- Only petitions obtained from the City Clerk's office may be circulated.
- No council member shall hold any other public office or employment for which compensation is paid from any municipality.

Important Dates

- August 6 Nomination petitions will be available in the City Clerk's office beginning at 8:00 a.m.
- August 26 Deadline to file nomination petitions with the Englewood City Clerk is 5:00 p.m.

It is vital that anyone interested in running for office contact the City Clerk's office for information regarding the Colorado Fair Campaign Practices Act (FCPA). Within 10 days after announcing your candidacy, file the "Candidate Affidavit" form with the Englewood City Clerk. The "New Committee Registration Form" must be filed with the City Clerk before accepting a contribution or making expenditures.

Visit www.govotecolorado.com to check that your voter registration is active and your mailing address is current. Ballots are not forwarded by the Postal Service, even if you have submitted a Change of Address Form to the post office.

For further information, please contact the City Clerk's Office, cityclerk@englewoodco.gov or you can reach us at 303-762-2405, 303-762-2429 or 303-762-2318.

ASSOCIATE JUDGE NEEDED



Englewood Municipal Court is seeking a relief associate judge. The qualifications for associate judges are set by City Charter and are the same as the presiding judge:

"The Municipal Judge shall be an attorneyat-law admitted to practice in Colorado, and shall have had a minimum of two years' experience in the active practice of law and be a registered elector of the City."

Residents interested in the position should submit their resume and a letter of intent to

the Presiding Englewood Municipal Judge, Joe Jefferson, at 1000 Englewood Parkway, Englewood, CO 80110. The deadline to apply is May 31.

The selected candidate will be recommended by Judge Jefferson to City Council for appointment to a four-year term.

Questions? Contact Tamara Wolfe, Englewood Court Administrator/Director, 303-762-2587.

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Fees Waived for Egress Window Permit and Plan Review

The City of Englewood is waiving permit and plan review fees associated with installing, upgrading or replacing egress windows in existing homes in 2019.

The waivers apply to egress window permit and plan review fees retroactive to July 25, 2018 through the end of this year. The waivers do not apply to new construction, additions or remodels, or to use taxes and the Arapahoe County Open Space tax.

For more information, please visit the City's Building Division webpage at englewoodco.gov.

ENGLEWOOD CELEBRATES 34 YEARS AS A "TREE CITY"

For the 34th year in a row, the City of Englewood has received Tree City USA designation by the Arbor Day Foundation. Englewood received Tree City USA recognition again in 2019 by meeting the program's four core standards of sound urban forestry management, including:

- 1. Maintaining a tree board or department
- 2. Having a community tree ordinance
- 3. Spending at least \$2 per capita on urban forestry
- 4. Celebrating Arbor Day

Each year, the parks department celebrates Arbor Day by offering a limited number of trees at a discounted rate for residents to plant at home. This year, the event took place on Saturday, April 20 and a variety of trees were available to choose from, including fruit trees, elm, maple and other varieties.

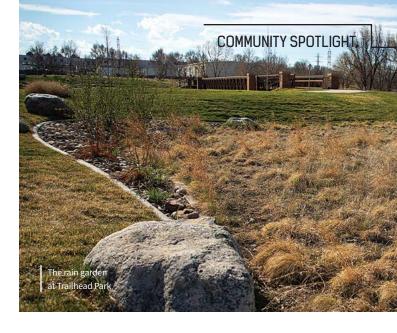
Colorado communities 67% of Coloradoans live in a Tree City USA community

For more information regarding next year's tree sale, please call 303-762-2684 or visit englewoodco.gov.

USING NATURE TO CLEAN WATER

Trailhead Park – Rain Garden: Green Infrastructure for a Healthier and Cleaner Environment

Rain gardens have become a prominent tool used to reduce the excess sediment, nutrients and metals caused by development This practice uses natural processes such as filtration, infiltration and biological uptake to treat and reduce stormwater runoff before it reaches the South Platte River.





This "dirty" water then filters through vegetation and into the soil.

Root system of the vegetation removes excess nutrients and a synthetic layer of material above the native soil strains out the metals.

Water that does not enter the native soil will flow out of the basin through an underground drainpipe, channeling clean water into the South Platte River.

17

SEE IT FOR YOURSELF! VISIT THE TRAILHEAD PARK RAIN GARDEN LOCATED AT 1201 W. OXFORD AVE

Toin Old VETERANS ** ** MEMORIAL CELEBRATION **★** SUNDAY, MAY 26TH 2019, 4PM **ENGLEWOOD HIGH SCHOOL • VETERANS MEMORIAL • OUTDOOR PROGRAM** 3800 S. LOGAN ST. ENGLEWOOD, CO 80113 MISSING MAN **HONOR** CEREMONY BY ROLLING BELL CEREMONY MOUNTAIN VIEW YOUNG MARINES **ROCKY MOUNTAIN** BUGLES ACROSS AMERICA GOLD STAR FAMILY COORDINATED BY Englewood Historic Preservation Society Englewood

ACHIEVE YOUR FITNESS GOALS Purchase a Premier Pass Today Upgrade your Englewood Recreation Center annual pass to a Premier Pass for more great fitness perks! Starting at \$32.25/month for residents (ages 3-54) and \$25/month for active adults (ages 55-82), your Premier Pass membership includes: Eligible group fitness classes (ex: TRX boot camp, Zumba, barre sculpt, indoor cycling,

- ZONE Functional Fitness room

fitness fusion

and more!)

- · Access to pool, weight room, gymnasium and running track
- Racquetball rider
- · 1 personal training session
- 4 guest passes
- Childcare

Active adults 83 years and older are free.



CREATING A COMMUNITY-CENTERED CORRIDOR

Englewood is continuing to move toward the goal of bringing new life to South Broadway.

The City received a \$7,500 grant from the Urban Land Institute—one of only four awarded in the country—to participate in its Healthy Corridors Study. The program helped identify ways Englewood could improve the South Broadway corridor to better reflect the culture of the community, promote a healthy and active lifestyle, enhance bike and pedestrian access and transform the area into a destination where residents and visitors will want to spend time and money.

By working with ULI, Englewood has access to global leaders in urban development, who have developed best practices and effective programs for making cities better places for everyone to live.

South Broadway is a beloved corridor-it's quirky, local and entrepreneurial. However, its length, high-speed traffic and low density make it difficult to encourage the many uses the City desires.



Englewood is currently scoping out the cost and feasibility—as well as interest from land and business owners—of developing a business improvement district (BID), a taxing district approved by property owners to cultivate a cleaner, safer and more vibrant corridor.

In the meantime, the City is meeting with local business owners to better understand what elements they're most interested in seeing of the plan recommended by ULI, including enhanced streetscapes, better signage, improved pedestrian and bike access, and more.

THE GREAT OUTDOORS... OF ENGLEWOOD

Thanks to the Arapahoe County Open Space program, Englewood was recently awarded over half a million dollars for Belleview, Jason and Rotolo parks. So what does this mean for you? New park, playground and shelter amenities for everyone to enjoy.

Belleview Park Becomes More Accessible ▶

The Belleview Park shelter improvements include a brand new 16' x 28' shelter, a vault toilet and renovated walkways that are more accessible for all abilities. The shelter area will also include new picnic tables, benches, and BBQ grills, benefiting park users and increasing rental opportunities for the community. Upgrades were completed in fall 2018.

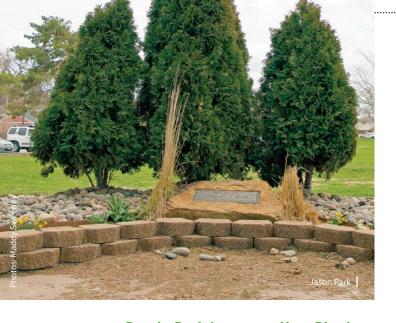
Ready to explore nature right in your hometown? Englewood has more than: **ACRES OF NATURAL GREENBELT**



◆ Jason Park Goes Interactive

At Jason Park, funding will support an interactive outdoor play area for a wide range of ages and abilities. Specifically, a play area for 2- to 5-year-olds and one geared toward children ages 5 - 12. Based on community feedback, both areas include social and solo equipment that promotes climbing, sliding, spinning, balancing and swinging. An area just north of the playground will feature a sandbox-like digging area, complete with both standard and ADA accessible digging equipment.

Complementing the play area, the landscape and pathways will be enhanced to provide a more enjoyable experience for our guests. More than 30% of the equipment will be built from recycled materials, including elements from the old playground that will be repurposed and revamped. New and improved amenities at Jason Park are scheduled to be complete by the end of 2019.



Rotolo Park Improves Your Picnic ▶

Enhanced amenities at Rotolo Park include a new shelter, picnic tables and benches, trash cans and a BBQ grill. These additions

WELCOME TO YOUR CITY COUNCIL MEETINGS!

When does City Council meet?

Regular business meetings are usually held the 1st and 3rd Monday of each month at 7:00 PM in the Council Chambers on the 2nd floor of the Civic Center, 1000 Englewood Parkway. During these meetings, Council takes formal action on matters related to official City business. Visitors are welcome and may sign up to speak.

Study Sessions are scheduled as needed, usually at 6:00 PM on Monday evenings in the same location. During these meetings, Council discusses detailed information useful to their decisionmaking process. Visitors may attend but will not have the opportunity to address Council.

How do I know what's on the agenda?

Meeting agendas are posted on the bulletin boards in the Civic Center and are available online at englewoodgov.civicweb.net/ Portal/ no later than the Friday before the Monday meeting.

How do I arrange to speak at a meeting?

18

5:00 PM on the Wednesday before the Monday meeting at

cityclerk@englewoodco.gov or 303-762-2429. Your time will be limited to 5 minutes. You may choose to add your name to a sign-up sheet just before the regular meeting. Your time will be limited to 3 minutes. Council may limit the overall time for public comment as necessary for efficient conduct of the business meeting.

What should I expect when I address City Council?

The speaker will address Council from the podium. All meetings are recorded and the speaker's comments will be part of the public record. Council members may ask a clarifying question but there will not be any discussion or dialogue.

All attendees are required to pass through a security checkpoint and leave any concealed weapons with the police during the course of the meeting. All speakers are expected to address Council respectfully to encourage productive civic discussions.

Want to learn more?

Visit www.englewoodco.gov for detailed information on all of the build upon previous upgrades that were completed in spring 2017, To speak at a regular meeting, contact the City Clerk's office by services, events, meetings, and activities of the City of Englewood. further enhancing the community park and adjacent open space area. The latest improvements were finished in spring 2018.

GET OUT AND EXPLORE!

Looking for something new? Complete our Parks Bingo Card (found online) and use #englewoodcoparks for a chance to win some special prizes!



- 1. RiverRun Trailhead 2101 W. Oxford Ave.
- 2. Belleview Park 5001 S. Inca Dr.
- **3. Cushing Park** 700 W. Dartmouth Ave.
- **4. Centennial Park** 4630 S. Decatur St.
- **5. Jason Park** 4299 S. Jason St.
- **6. Bates/Logan Park** 2938 S. Logan St.
- **7. Baker Park** 2200 W. Wesley Ave.
- **8. Romans Park** 1800 E. Floyd Ave.
- 9. Rotolo Park 4401 S. Huron St.

- **10. Duncan Park** 4880 S. Pennsylvania St.
- **11. Barde Park** 3100 S. Downing St.
- **12. Miller Fields** 3600 S. Elati St.
- 13. Brent Mayne & Union Fields
 3501 W. Union Ave.
- 14. Colorado's Finest High School of Choice 300 W. Chenango Ave.
- **15. Canine Corral** 4848 S. Windermere St.
- 16. Englewood
 Community
 Garden
 601 W. Dartmouth Ave.

Park Hours: 7 days a week, 6:00 AM – 11:00 PM.

Pavilion Reservations: Pavilion reservations begin January 2. Pavilions are available for rental from April 15 – October 15. Reserve your pavilion online at englewoodrec.org.

Park Use Permits: Required for groups of 15+ people who will use the park but do not require a pavilion. Commercial use of a park, including individuals or businesses organizing classes or services requires a Park Use Permit, \$100 permit fee, and evidence of additional insurance. No more than four Park Use Permits will be issued

to the same group or individual during a calendar year. Call 303-762-2684 for more details about Park Use Permits.

Community Garden: All plots are full! For more information, visit **englewoodco.gov**.

Special Event Licenses: Call 303-762-2490 for Special Event requirements, fees, and licenses.

Dogs In Your Parks: Please pick up after your dog and follow posted guidelines so everyone can enjoy your parks at all times.

Dogs must be on leash at all times.

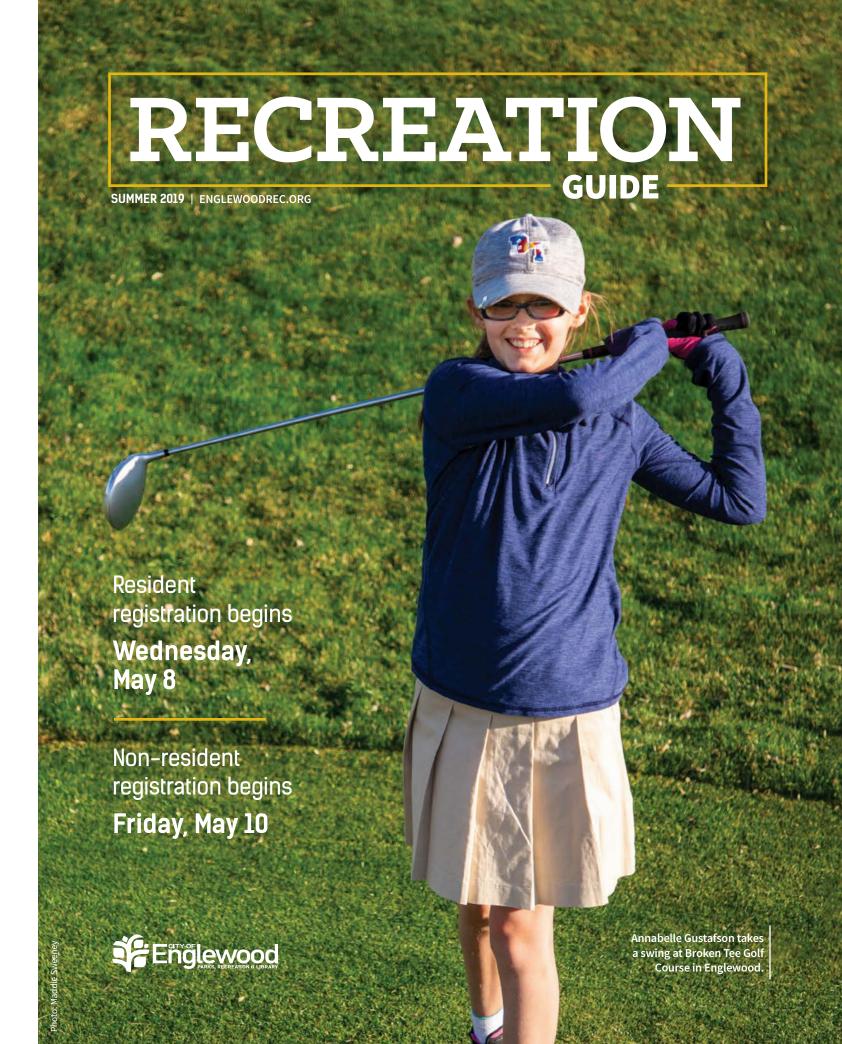
Off-Leash Dog Parks: Centennial Park, Duncan Park, Northwest Greenbelt, and Jason Park are off-leash dog parks. Dogs must be under voice control at all times and have current vaccinations. Dogs may be off leash at these Parks during designated offleash hours only.

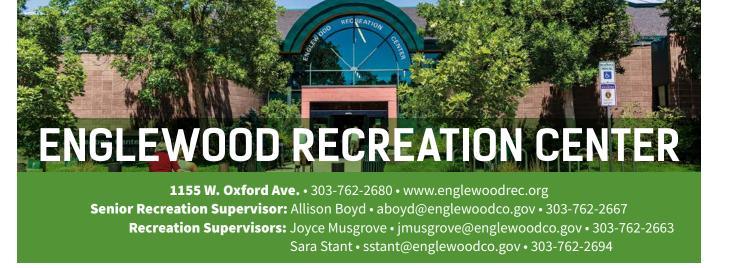
www.englewoodunleashed.org

Athletic Field Use: Athletic fields must be reserved in advance for any organized play or practice. Call 303-762-2697 for field rental information and availability.

Drug and Alcohol Policy: Alcohol and marijuana are prohibited in all Englewood Parks and Open Spaces.

Did you know... many of the new playgrounds, tennis courts, and park amenities are funded by partnering grants from Arapahoe County Open Space (ACOS) and Great Outdoors Colorado (GOCO).





A full-service community facility, the center offers:

- Indoor track: 6.5 laps = 1 mile
- 25-meter, eight-lane swimming pool
- The Zone! Functional Training Center
- Full-size gymnasium
- Expanded weight-training rooms

Cardiovascular area Hours of Operation

• Four racquetball/walleyball courts

M - Th: 5:30 AM - 10:00 PM

F: 5:30 AM - 8:00 PM

• Numerous other amenities Sa & Su: 8:00 AM – 5:00 PM

Center Closures

INDEPENDENCE DAY: 7/4
ANNUAL MAINTENANCE: 8/26 – 9/1

Activities are for all ages. The facility is open to anyone and offers reasonable rates for daily or extended visit admission.

You asked for it, you got it! Select fitness classes included in Premier Annual Passes! Check out pricing below:

Locker rooms (supply own lock)

Center Admission

Admission includes use of available amenities (pool, weight rooms, cardio room, running track, and gymnasium).

	GENERAL: 3 – 54 Years		ACTIVE ADULT	T: 55 – 82 Years			
Туре	Non-Resident	Resident	Non-Resident	Resident			
Daily Admission (Res. ID required)	\$6.00	\$4.75	\$5.50	\$4.00			
25-Visit Punch Card	\$105.00 (CPV \$4.20)	\$84.00 (CPV \$3.36)	\$80.00 (CPV \$3.20)	\$64.00 (CPV \$2.56)			
Fitness Drop-In	\$10.00	\$8.00	\$10.00	\$8.00			
Annual Pass	\$390.00 (\$32.50/mo)	\$312.00 (\$26.00/mo)	\$356.00 (\$29.67/mo)	\$225.00 (\$18.75/mo)			
Premier Annual Pass*	\$465.00 (\$38.75/mo)	\$387.00 (\$32.25/mo)	\$430.00 (\$35.83/mo)	\$300.00 (\$25.00/mo)			
Platinum Pass (83+)		-	FREE	FREE			
		·					
Racquetball/Walleyball	Courts are reserv	ved by the hour.	\$10.00	\$8.00			
6 Hours of Racquetball/Walleyball	Reservations are accepted two days in advance.		\$50.00	\$40.00			
Corporate Rates	Call for Pricin	g; Pricing based on Reside	ency, and number of visit	Call for Pricing; Pricing based on Residency, and number of visits purchased.			

^{*}All Annual passes are eligible for monthly auto-debit program. Annual & Platinum Active Adult pass good for both ERC and Malley Recreation Centers.

Social Pass (Malley only)

Annual facility fee. Perfect pass for those ineligible for Silver Sneakers® who want to utilize the Malley Center for activities that do not require registration. Pass is valid for 12 months from date of purchase.

Annual Pass

Active adults ages 55 – 82 can enjoy use of both Recreation Centers with this pass for drop-in use.

*Premier Annual Pass

Upgrade your ERC annual pass to include eligible group fitness classes, racquetball rider, one personal training session, four guest passes, and childcare. (See pages 45 and 47 for eligible fitness classes.)

Platinum Pass

Ages 83 and up are free to enjoy drop-in use of the Englewood and Malley Recreation Centers.

Facility Rentals

The center features a multipurpose room with attached kitchen, a small classroom, full-size gymnasium, racquetball courts, and pool facility for individual and group rentals. See website or call 303-762-2680.

ID CARD

All program and center participants are required to obtain a Recreation ID Card for access.

Resident ID Cards

(\$3 - valid 3 years from date of purchase)

Englewood residents must obtain a Resident ID card for each member of the family to receive the Resident Fee rate. A valid photo ID with current address or documentation verifying current Englewood address (vehicle registration, utility bill or phone bill, etc.) must be provided. Create a household account to register online.

Non-Resident ID Cards

Non-Residents will receive their first ID Card for free. No card needed for spectators or rental guests.

Englewood Corporate Rates

Englewood business owners, officers and directors of a corporation located within the legal city limits are eligible to apply for Englewood Corporate rate. This rate allows employees use of the recreation facilities and programs at the discounted resident rate. Applications are accepted at the Englewood Recreation Center.

Fitness Program

Eligible SilverSneakers® members (check with guest service staff to verify eligibility) can participate in specialized non-impact SilverSneakers® fitness classes and activities for free or at a reduced rate.

Just look for the SilverSneakers® logo
next to class descriptions.

Financial Assistance

Please contact 303-762-2680 or recreation@englewoodco.gov.

Individuals with Disabilities Program

The City of Englewood strives to mainstream individuals with disabilities into its recreation programs. Qualified individuals with disabilities are provided with reasonable accommodation in order to receive equal opportunity of inclusion. Please contact 303-762-2680 or recreation@englewoodco.gov.

The ZONE

Check out this functional training system that will elevate your workout. Multiple exercise stations can be custom configured to suit your level of training. Stations include squat rack, renegade station, high-low pulleys, heavy bag, monkey bars, traversing walls, rebounder, jump platform, and dozens of attachment points for straps and accessories provide unlimited fitness routines. Tetro Performance offers a variety of fitness classes for all levels. Register online at **tetroperformance.com** and check out page 43 for classes.

RESIDENT REGISTRATION BEGINS WEDNESDAY, 5/8. NON-RESIDENT REGISTRATION BEGINS FRIDAY, 5/10.

HOW TO REGISTER



ONLINE: Submit registrations anytime at **www.englewoodrec.org**. Payments must be made with Visa, MasterCard, Discover Card, or Amex.



DROP OFF: Registrations are accepted at the Englewood Recreation Center or Malley Recreation Center during regular business hours.



MAIL: Mail your registration form to Englewood Recreation Center, 1155 W. Oxford Ave., Englewood, CO 80110 or Malley Recreation Center, 3380 S. Lincoln St., Englewood, CO 80113



PHONE: Call **303-762-2680** or **303-762-2660** during regular business hours.

Policies & Enrollment

All registrations are processed in the order they are received. At the beginning of each registration period, Englewood Resident ID cardholders are given priority and are able to enroll two days before non-residents. During this period, non-resident registrations are accepted and prioritized by date/time. After this process, all registrations are handled on a first-come, first-served basis. All checks are payable to the City of Englewood. Checks are accepted for payment provided they are for the amount of purchase only, local (Colorado), preprinted with customer's name and address, and have a valid Colorado Driver License or Colorado ID card number on them. A \$25 service charge will be assessed on any returned check.

Englewood Recreation Guide — englewoodrec.org

MALLEY RECREATION CENTER



Senior Recreation Supervisor: Allison Boyd • aboyd@englewoodco.gov • 303-762-2667 **Recreation Supervisors:** Shelly Fritz-Pelle • sfritz@englewoodco.gov • 303-762-2661

Cheryl Adamson • cadamson@englewoodco.gov • 303-762-2662

The Malley Recreation Center and programs promote healthy aging and social activity. Enriching programs include fitness, outdoor adventures, education, excursions, extended travel, special events, VOA lunch, drop-in activities, arts and crafts, and more. Stop in for a tour today!

ID CARD

All program and center participants are required to purchase an ID Card for access.

Resident ID Cards

(\$3; valid 3 years from date of purchase)

Englewood residents must obtain a Resident ID card for each member of the family to receive the Resident Fee rate. A valid photo ID with current address or documentation verifying current Englewood address (vehicle registration, utility bill or phone bill, etc.) must be provided. Create a household account to register online.

HOURS OF OPERATION

M - Th: 8:00 AM - 7:00 PM
F: 8:00 AM - 5:00 PM
Sa: 9:00 AM - 1:00 PM
Su: Closed (Except for scheduled activities)

Center Closures INDEPENDENCE DAY 7/4

Non-Resident ID Cards

Non-Residents will receive their first ID Card for free. No card needed for spectators or rental guests.

Participants over 55 years of age receive registration priority class/program registration; adults 18 years and older may register for classes/programs based on availability. The Malley Recreation Center and Computer access are not available to those under age 55.

NEW Annual Pass – Enjoy both Malley and the Englewood Recreation Center.

Premier Annual Pass includes selected classes. See pages 45 and 47.

	ACTIVE ADULT: 55 – 82 Years			
Туре	Resident	Non-Resident		
Social Pass	\$48.00	\$60.00		
Annual Pass (Multi-Facility)	\$225.00 (\$18.75/mo)	\$356.00 (\$29.67/mo)		
Premier Annual Pass	\$300.00 (\$25.00/mo)	\$430.00 (\$35.83/mo)		
Platinum Pass (83+)	FREE	FREE		

Social Pass

This pass allows twelve months of access to all the Malley Recreation programs that do not include a class number. Available activities with this pass include fitness center, game room, computers, bridge, bunco, billiards, lobby access, table tennis, pickleball and drop-in gym.

SilverSneakers® Fitness Program

for the SilverSneakers® Logo next to

class descriptions.

SilverSneakers® members can participate in specialized nonimpact SilverSneakers® fitness classes and other activities for free or at a reduced rate. Check with the front desk regarding eligibility. Look



Volunteers of America (VOA) Nutrition Program

Malley Recreation Center and Volunteers of America team up to serve a great lunch Monday through Friday from 11:30 AM – 1:00 PM. Reservations are required and must be made by noon two days in advance; Reservations for Monday and Tuesday must be made by noon on the previous Thursday. Please call 303-762-2660 to reserve your space. Monthly menus are available online at www.englewoodgov.org or at the front desk. Suggested donation is \$2.50 for ages 60 or over; or a spouse of an eligible person. Guests under 60 years is \$8.50. First time visitors must complete a VOA registration form.

Visiting Nurse Association

Provides quality, affordable health care including foot care, blood pressure checks, and monitoring of chronic conditions. Appointment only. Call 303-698-6496; dates include June 20, July 18 and August 15.

SELF-LED PROGRAMS – Require a Social Pass

These classes/groups are designed to be self-led and guests may help each other with their skill set.

BYOC Crafters Group

Do you start projects and have difficulty finishing them? If you answered "yes" then this group is perfect for you! Bring your supplies and join others who love to craft too! Large tables and sewing machines are provided.

Oil Painting

Oil painting is a great and extremely versatile medium. Bring your own supplies and work at your own pace. Have fun while finishing a piece for your home, family or friend.

Drop-In Woodcarving

For carvers with some experience. A carving glove and thumb guard are required.

Bunka Embroidery

Bunka embroidery is sometimes called Japanese thread painting and the finished picture frequently resembles an oil painting.

Table Tennis

The sport can be played single or doubles and is great for beginners.

Retirement Support Group

Gather with other retirees and share thoughts and stories about retirement topics such as friendship, loss, leisure, purpose and much more.

Bunco Bash Fridays

Have fun, be social and play an easy-to-learn, yet exciting game! Played with only dice and a score sheet, all you need to do is roll the dice and add the points! Partners rotate. Refreshments and prizes included.

Bridge Group

Enjoy Duplicate Bridge and bring a partner.

Mahjong

Join us for this Chinese-originated game using various designed tiles. No partner needed. Bring your Mahjong set if you have one.

Movie Time

Join us bi-monthly to watch a free movie on the big screen. Popcorn available for 25¢. Watch for flyers each month with the movie title or call 303-762-2660 the week of the movie.

SELF-LED PROGRAMS							
Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
Bunka Embroidery	31751611	6/8 – 8/24	Sa	9:00 am – noon	MRC	\$16	\$13
BYOC Crafters Group	31760611	6/3 – 8/26	М	1:00 - 3:00 PM	MRC	\$16	\$13
Oil Painting Group	31761411	6/5 – 8/28	W	1:00 - 3:30 PM	MRC	\$16	\$13
Drop-In Woodcarving	31762511	6/5 – 8/28	W	9:30 - 11:30 AM	MRC	\$16	\$13
	31762512	6/7 – 8/30	F	6:00 – 9:00 РМ	MRC	\$16	\$13

^{*} No classes 7/4

DROP-IN PROGRAMS REQUIRING SOCIAL PASS

Class	Days	Time	Location	Fee
Bridge Group	Tu	12:30 - 4:00 PM		Social Pass
Table Tennis	Tu/Th	12:30 – 4:00 РМ	MRC-Gym	Social Pass
Retirement Support Group	W	10:30 - 11:30 AM		Social Pass
Mahjong	F	12:30 - 4:30 PM		Social Pass
Bunco Bash Fridays	1st, 3rd, 5th F	1:00 - 3:00 PM	MRC-Flatirons	Social Pass
Movie Time – New Release	2nd F	1:00 РМ		Social Pass
Movie Time – Classic	4th F	1:00 рм		Social Pass

DROP-IN PICKLEBALL SCHEDULE Courts are first come, first served and subject to availability						= Colorado's Fi oice, 300 W. Ch		
Location	Level	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
MRC	Beg./Int.		11:30 AM - 1:30 PM				11:30 AM - 1:30 PM	
	Adv.		1:30 - 5 PM		2:30 – 5 РМ		1:30 - 5 PM	9 ам – 1 рм
EDC	Beg./Int.				1 – 4:30 рм		1-4 РМ	
ERC	Adv.				1 – 4:30 РМ			
CFHSC*	Beg./Int.			1-5 PM		1-5 PM	1 – 5 PM	
сгизс"	Adv.	1-5 РМ		8 am – noon		8 am – noon		

Pickleball is a low-impact, active game combining elements of badminton, tennis, and table tennis. Players use paddles and a plastic ball in a court with a low net. It's easy to learn this quick, fastpaced, competitive game. Equipment is available. Annual or daily pass required.



Piano Lessons

Location: MRC Instructor: Gail Hamilton

ADVANCED PIANO

Classes focus on teaching piano by ear and/or reading music. Students can choose supplemental pieces; however, book and music selections will be determined on an individual basis. Students need to have a grasp of music fundamentals outlined in the Beginning and Intermediate Piano classes. Instructor has the right to evaluate your skill level to put you in the class that best fits your needs.

6/7 – 6/28	F	9:00 - 10:00 AM	\$33/\$26	31861411
7/5 – 7/26	F	9:00 - 10:00 AM	\$33/\$26	31861412
8/2 - 8/23	F	9:00 - 10:00 AM	\$33/\$26	31861413

INTERMEDIATE PIANO

Classes focus on integrating and expanding piano playing and fundamentals learned in Beginning Piano. Students can choose supplemental pieces throughout the course; however, book and music sections will be determined on an individual basis. Instructor has the right to evaluate your skill level to put you in the class that best fits your needs.

6/7 – 6/28	F	10:00 – 11:00 AM	\$33/\$26	31861611
7/5 – 7/26	F	10:00 - 11:00 AM	\$33/\$26	31861612
8/2 – 8/23	F	10:00 - 11:00 AM	\$33/\$26	31861613

BEGINNING PIANO

This class focuses on teaching very basic concepts – how to read music, keys on the piano, how to count, and how to play simple songs. Student can choose supplements pieces throughout the course; however, book and music selections will be determined on an individual basis.

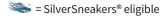
6/7 – 6/28	F	11:00 am – noon	\$33/\$26	31861511
7/5 – 7/26	F	11:00 AM - NOON	\$33/\$26	31861512
8/2 – 8/23	F	11:00 AM - NOON	\$33/\$26	31861513

Belly Dancing

Explore the art of dance and movement through Belly Dance. Experience a core workout and fitness exercise with a twist. Belly dance is an ancient art form that uses all muscle groups. Learn technique and skills including props and musicality.

No prior dance experience necessary.

Location: ERC			Instri	uctor: Adina
6/11 – 7/16	Tu	6:35 - 8:10 PM	\$75/\$60	31850111
7/23 – 8/27	Tu	6:35 – 8:10 РМ	\$75/\$60	31850112



Social Ballroom Dance

Incorporate how to move around the dance floor, proper placement of hands and arms and specific footwork. You will practice with Latin and American dance styles. A new dance is taught each month. June – Fox Trot; July – Cha Cha; August – Tango.

Location: MRC			Instructor	: Lila Horton
6/3 – 8/19	M	3:00 - 4:30 PM	\$50/\$43	31860111

Basic Line Dance

Learn basic universal line dance steps. Your mind and body will benefit from this class.

Location: MRC			Instructor: Judy Curtis		
6/3 – 6/24	М	5:30 - 6:30 PM	\$16/\$13	31860311	
6/5 – 6/26	W	8:15 - 9:00 AM	\$13/\$10	31860314	
7/8 – 7/29	М	5:30 - 6:30 PM	\$13/\$10	31860312	
7/10 – 7/31	W	8:15 - 9:00 AM	\$13/\$10	31860315	
8/5 – 8/26	М	5:30 - 6:30 PM	\$16/\$13	31860313	
8/7 – 8/28	W	8:15 - 9:00 AM	\$13/\$10	31860316	

Beginning Line Dance

Step up the pace in this beginning class. Perfect the vine, weave and shuffle, while learning new steps. Enjoy upbeat music and choreography.

Location: MRC			Instructor: Judy Curtis		
6/5 - 6/26	W	9:00 - 10:00 AM	\$16/\$13	31860411	
7/10 – 7/31	W	9:00 - 10:00 AM	\$16/\$13	31860412	
8/7 - 8/28	W	9:00 - 10:00 AM	\$16/\$13	31860413	

Advanced Beginning Line Dance

This dance level builds on endurance and memory by using steps already learned in different combinations to faster music increasing cardio levels.

Location: MI	RC	Instructor	: Judy Curtis	
6/5 – 6/26	W	10:15 - 11:15 AM	\$16/\$13	31860611
7/10 – 7/31	W	10:15 - 11:15 AM	\$16/\$13	31860612
8/7 – 8/28	W	10:15 - 11:15 AM	\$16/\$13	31860613





Knitting

Ages: 16 yrs +

Create new projects while learning new stitches and techniques with this knitting class. This class is for all skill levels. Supply list at the first class

Location: M	'RC		Instructor:	Megan Gold
7/2 – 7/16	Tu	5:30 - 7:30 PM	\$41/\$33	31750511
8/6 – 8/20	Tu	5:30 – 7:30 рм	\$41/\$33	31750512

Chocolate & Canvas

Ages: 10 yrs +

Participants follow along step-by-step to complete their own beautiful painting. We provide the supplies and walk you through each part of the painting. Materials Fee: \$20 per class, payable to instructor. Projects: June – Colorado Flag; July – Kokopelli.

Location: MRC			Instructor: La	nnie Pihajlic
6/19	W	6:00 - 8:00 PM	\$13/\$10	31750611
7/17	W	6:00 - 8:00 PM	\$13/\$10	31750612

Encaustics

Ages: 16 yrs +

Learn to make your own greeting cards using an ancient Egyptian art form that involves heating colored wax with a small iron and applying it to a heavy glossy paper. You'll leave the class with 5 cards and an 8x10" picture. Material fee: \$25, payable to the instructor.

Location:	MRC	Instructor: Camille Scott		
6/15	Sa	9:30 AM - 12:30 PM	\$15/\$12	31760211
8/7	W	9:30 AM - 12:30 PM	\$15/\$12	31760212

Creative Pottery

Ages: 16 yrs +

Use different methods of hand building and/or sculpting to create 3 pieces of art. Clay and glazes included. Open to all skill levels. Supply fee \$15 per 12 lbs. of clay used payable to instructor.

Location: MI	RC		Instructor: Mich	ael McGrath
6/4 – 7/9	Tu	1:00 - 3:00 PM	\$72/\$67	31760411
7/16 – 8/20	Tu	1:00 - 3:00 PM	\$72/\$67	31760412

Drawing and Painting Class

Ages: 16 yrs +

Whether you like to paint, smatter, draw, or sketch this class will bring out creativeness. Different mediums such as Watercolors, acrylics, or pencils pick your favorite and enrich your skills in this class. All levels of experience welcomed. Bring any works in progress or start something new.

Location: Mi	RC		Instructor: Eile	en Hoffman
6/6 – 6/27	Th	9:30 - 11:30 AM	\$40/\$32	31760511
6/6 – 6/27	Th	1:00 - 3:00 PM	\$40/\$32	31761011
7/11 - 8/1	Th	9:30 - 11:30 AM	\$40/\$32	31760512
7/11 - 8/1	Th	1:00 - 3:00 PM	\$40/\$32	31761012



ERC = Englewood Recreation Center, MRC = Malley Recreation Center



PLEASE NOTE: Computer classes take place in the Englewood Public Library. Registration required: 303-762-2555. All computer classes in the library are free of charge.

Google Calendars: An Introduction

Learn how to use Google's online calendar for effective time management, sharing event information, invites, notifications, and more. Must have gmail address to attend this class. Registration required.

Location: Library Tech Lab

06/01 Sa 10:30 AM - NOON

Google Drive: The Essentials

Learn how to create documents, save your files online and collaborate with others on Google Drive. Gmail address required. Registration required.

Location: Library Tech Lab

06/19 6:30 - 8:00 PM

MS Word: Intermediate

Microsoft Word has many tools that make working on long documents a snap. Learn about styles, headers, footers, page numbers, and tables. Basic MS Word skills required. Registration required.

Location: Library Tech Lab

10:30 AM - NOON

PowerPoint: The Basics

PowerPoint is a popular presentation creation software that uses slides. Learn how to create, edit, and save a basic presentation. Registration required.

Location: Library Tech Lab

6:30 - 8:00 PM

Excel: Sort and Filter

Use the sort and filter features in Excel to organize your data so you can find the information you are looking for easily. Basic MS Excel skills necessary. Registration required.

Location: Library Tech Lab

08/03 10:30 AM - NOON

Publisher: Basic Elements

Learn the basics of this desktop publishing program that can be used to create a variety of publications like business cards, greeting cards, calendars, newsletters and much, much more. Registration required. Location: Library Tech Lab

6:30 - 8:00 PM

eMedia: Doing the Download!

Learn about the various eresources like audiobooks, eBooks, eMagazines, music, and movies available through Englewood Public Library. We'll show you how to sign up for services and download items to your device for free. No registration required. Location: Perrin Room

6.10 6:30 - 8:00 PM

Smartphones and Tablets: Let Go of the Fear

Learn how to navigate commonly used features on your Windows, Android, or Apple smartphone or tablet. Afterward, there will be time for answering questions. Please bring your own device. No registration required.

Location: Perrin Room

6:30 - 8:00 PM

Open Tech Labs

Get help with job applications, resumes, Microsoft Office, eBooks

Th 4:30 - 6:30 PM F 2:30 - 4:30 PM Sa 2:30 - 4:30 PM 2:30 - 4:30 PM





Englewood Parks and Recreation presents one of the finest public golf facilities in the Rocky Mountain Region: Broken Tee Golf Course.

This golf complex offers:

- Championship 18-hole course with Dye design front 9
- Par 3 course with multiple tee boxes a challenge for the serious golfer or simple fun for the entire family
- Large driving range and one of the best practice areas in Metro Denver
- · Offering FootGolf on the Par 3 course

In the 2018 Colorado Avid Golfer "Best of Colorado" magazine, Broken Tee was:

- Voted #1 Best Practice Facility & Driving Range AND also a Colorado Avid Golfer Staff Pick
- Voted #2 Best Course for Families
- Voted #2 Best Course for Seniors
- Voted #3 Best Course for Women
- Colorado Avid Golfer Staff Pick Best Course to Walk
- · Colorado Avid Golfer Staff Pick Best Ego-Booster

Advance Tee Times

Call 303-762-2670 after 2:00 PM or book your tee times online.

Residents: Book nine days in advance.

Non-residents: Book eight days in advance.

Visit the website for current pricing of green fees, carts, and driving range ball buckets.



Hole-n-One Junior Golf Program

Be a part of our award-winning Hole-n-One Junior Golf Program this summer for ages 5 – 15!

We focus on rules, etiquette, short and long game instruction with an emphasis on fun. Children learn and build on fundamentals of golf in a positive environment with top quality instruction.

Five lessons are offered each week! Choose from three different time options for each week:

Week One Option: June 3, 4, 5, 6, and 7

22430411	5-15 yrs	M-F	8:30 – 9:30 am	\$80/\$7
22430412	5-15 yrs	M-F	9:35 - 10:35 am	\$80/\$7
22430413	5-15 yrs	M-F	10:40 – 11:40 am	\$80/\$7

Week Two Option: June 10, 11, 12, 13, and 14

22430422	5-15 yrs	M-F	8:30 - 9:30 am	\$80/\$7
22430423	5-15 yrs	M-F	9:35 - 10:35 am	\$80/\$7
22430424	5-15 vrs	M-F	10:40 - 11:40 am	\$80/\$7

^{*}No change to the fee for the last two years!

Lessons will be held at Broken Tee Golf Course's driving range, practice area, Par 3 course, and at Colorado Journey Miniature Golf: 5150 S. Windermere St., Littleton, CO. Check out the details at www.brokenteegolf.com.

Special "Get Golf Going" offers will be available to pre-order at a discounted rate during registration for those looking for great deals on clubs and shoes!

As an extra bonus and part of this program, join us on Wednesday, June 19, for a Golf Day Celebration! All family members are welcome from 11:00 AM - 1:00 PM for a BBQ, games, contests, drawings, and much more!

Plan on CELEBRATING GOLF on June 19 by joining in a family fun day on the Par 3 all day long! More details to come.

BROKEN TEE GOLF COURSE



Toddler and Me Dance

Ages: 2 – 3 yrs

Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner. This class includes a loving adult who participates with the little dancer. Our teachers will keep the music and curriculum moving along while the adult takes an active role in encouraging, supporting and keeping the little dancer on track.

Location: ERC

Peewee Dance

Ages: 2½ – 3 yrs

Peewee dance classes are focused on dance techniques, safety, fun, movement, coordination, and self-esteem. Dancers develop the basics of tap, jazz and ballet steps while working on following directions and working with others. Adults of children who may require help changing their shoes are asked to remain outside of the classroom to assist with a mid-class shoe change. Location: ERC

Youth Dance

Ages: 6 – 9+ vrs

Youth dance classes are designed to help your child become a wellrounded dancer in different styles of dance including tap, jazz, hiphop, and ballet in a fun and energetic class! Classes focus on dance fundamentals and technique.

Location: ERC

NEW Poms Camp

Ages: 12 - 18 yrs

Poms Camp will help you feel prepared and confident for your upcoming pom team tryout! Dancers will learn pom and jazz technique, pom jumps and turns, game day material, fun combinations, as well as tryout tips and skills. All levels are welcome and dancers receive a pair of poms to keep! Kaitlin is a pre dance major at Colorado Mesa University and is on the Mavettes dance team. She has been dancing, competing and teaching for years.

Location: ERC Instructor: Kaitlin White

Toddler & Me Tumbling

Ages: 12 – 36 mos

Does your tot need a place to explore, play, and let out some energy in a fun and safe environment? Register for this class that teaches you and your child simple tumbling skills while meeting new friends. Location: ERC

Tumbling Tykes

Ages: 3 – 5 yrs

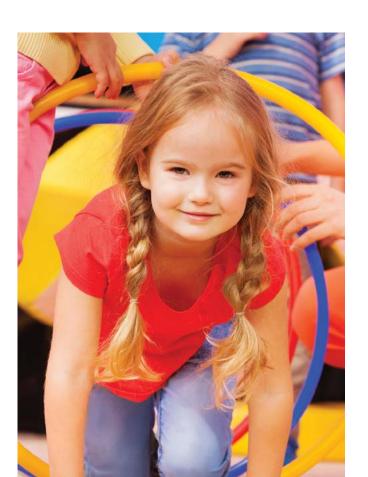
Join this interactive class and young tumblers will enhance their balance, strength, as well as learn new tumbling skills. While this class is designed for children to take independently, parents are asked to remain in the building.

Location: ERC

Gymnast Jubilee

Ages: 6 - 8 yrs

Kids will learn rolls, cartwheels and balance, all while having a blast and meeting new friends. While, this class is designed for children to take independently, parents are asked to remain in the building. Location: ERC



ACTIVE KIDS								
Class	Activity#	Ages	Dates	Days	Time	Location	Fee	Res Fee
Toddler and Me Dance	31820011	2 – 3 yrs	6/8 – 6/29	Sa	9:00 – 9:30 ам	ERC	\$19	\$15
	31820012	2 – 3 yrs	7/13 - 8/3	Sa	9:00 – 9:30 am	ERC	\$19	\$15
Peewee Dance	31820101	2½ – 3 yrs	6/5 – 7/31*	W	4:00 – 4:30 PM	ERC	\$28	\$22
	31820102	2½ – 3 yrs	6/8 – 8/3*	Sa	11:15 – 11:45 ам	ERC	\$28	\$22
	31820103	3 – 5 yrs	6/5 – 7/31*	W	4:30 - 5:15 PM	ERC	\$38	\$30
	31820104	3 – 5 yrs	6/8 – 8/3*	Sa	9:30 - 10:15 AM	ERC	\$38	\$30
	31820105	3 – 5 yrs	6/8 – 8/3*	Sa	10:15 – 11:00 АМ	ERC	\$38	\$30
Youth Dance	31820201	6 – 8 yrs	6/5 – 7/31*	W	5:15 - 6:15 PM	ERC	\$48	\$39
	31820202	9 yrs +	6/5 – 7/31*	W	6:15 – 7:15 PM	ERC	\$48	\$39
	31820203	6 – 8 yrs	6/8 - 8/3*	Sa	11:45 ам – 12:45 рм	ERC	\$48	\$39
	31820204	9 yrs +	6/8 – 8/3*	Sa	12:45 - 1:45 PM	ERC	\$48	\$39
NEW Poms Camp	31840111	12 – 18 yrs	6/3 – 6/27	M, Th	5:00 - 6:30 PM	ERC	\$53	\$42
	31840112	12 – 18 yrs	7/1 – 7/29*	M, Th	5:00 – 6:30 РМ	ERC	\$53	\$42
Toddler NEW	32310111	12 – 18 mos	6/5 – 6/26	W	2:30 - 3:00 PM	ERC	\$23	\$18
& Me Tumbling NEW	32310112	12 – 18 mos	7/10 - 7/31	W	2:30 - 3:00 PM	ERC	\$23	\$18
NEW	32310113	18 – 36 mos	6/5 - 6/26	W	3:00 – 3:30 РМ	ERC	\$23	\$18
NEW	32310114	18 – 36 mos	7/10 - 7/31	W	3:00 – 3:30 РМ	ERC	\$23	\$18
	32310115	18 – 36 mos	6/8 - 6/29	Sa	8:30 – 9:00 AM	ERC	\$23	\$18
	32310116	18 – 36 mos	7/13 – 8/3	Sa	8:30 - 9:00 AM	ERC	\$23	\$18
	32310117	18 – 36 mos	6/8 - 6/29	Sa	9:00 – 9:30 am	ERC	\$23	\$18
	32310118	18 – 36 mos	7/13 – 8/3	Sa	9:00 – 9:30 AM	ERC	\$23	\$18
Tumbling Tykes	32320211	3 – 5 yrs	6/8 – 6/29	Sa	9:30 - 10:15 AM	ERC	\$29	\$24
	32320212	3 – 5 yrs	7/13 – 8/3	Sa	9:30 - 10:15 AM	ERC	\$29	\$24
Gymnast Jubilee	32320311	6 – 8 yrs	6/8 – 6/29	Sa	10:15 – 11:00 ам	ERC	\$29	\$24
	32320312	6 – 8 yrs	7/13 - 8/3	Sa	10:15 - 11:00 AM	ERC	\$29	\$24

^{*} No Class 7/3, 7/4

Drama Class Ages: 8 – 12 yrs

These drama classes will build self-esteem, confidence and creativity through instructions in vocals, dance and acting in a theatrical setting. It's a great way to participate in live theater as the students will perform a smaller scale show of their own on the final day of class. By registering in the "class only" option the student will not participate in the production of Oklahoma! All children 8 -12 years old who audition and are selected to be in the show must register for class.

A \$20 Program Fee will be required by ALL participants ages 8 to 99 bv 6/3.

DRAMA PROGRAM FEE (FOR AGE 12+ PARTICIPANTS)

4/26 - 7/28 Su - Sa 7:00 - 10:00 PM \$20 31970211

ERC = Englewood Recreation Center

6/3 – 7/28	M, W, F	8:30 - 10:00 AM	\$60/\$55	31970111			
FAMILY RATE							
6/3 – 7/28	M, W, F	8:30 - 11:00 AM	\$55/\$50				

DRAMA CLASS ONLY

DRAMA CLASS AND PROGRAM FEE 31970113 \$100/\$95 6/3 - 7/28 M, W, F 8:30 - 11:00 AM **FAMILY RATE** 6/3 – 7/28 M, W, F 8:30 – 11:00 AM \$95/\$90

Location: Englewood Campus, Fischer Auditorium, 3800 S. Logan St.



Medicare 101

Making a decision can be hard! Attend this presentation and learn all your plan options and review the A, B, C and D's of Medicare. Allen will share important dates to remember and how to save money on prescriptions.

Location:	: MRC		Instructor: Allen M Gir		
6/13	Th	6:00 - 8:00 PM	FREE	31460211	
7/11	Th	1:30 - 3:30 PM	FREE	31460212	
8/8	Th	6:00 – 8:00 рм	FREE	31460213	

Writing Your Own Will

Ages: 55 yrs +

In a single sitting, you'll complete a simple will. You will also complete a living will, medical power of attorney, financial power of attorney, with the help of a licensed attorney. Fee includes all material, witnessing, notarizing, individual review and time for questions. Bring your ID and a snack. Cost \$100/payable to Rebecca Bennetti payable at the workshop.

 Location: MRC
 Instructor: Rebecca Bennetti

 8/1
 Th
 1:00 - 4:30 PM
 \$15/\$12
 31460411

Strategies for a Sustainable Income in Retirement

Making your nest egg last: Strategies for sustainable income in retirement. As boomers move toward retirement, they face new challenges--from rising health-care costs to sustaining assets in retirement. This presentation discusses strategies to help you fund a successful retirement, including asset allocation and risk management. *Location: MRC*

Instructor: Kimber Deloia, Financial Advisor, RICP, CRPC

6/12 W 10:00 - 11:30 AM FREE 31460811

Continuing Bridge

Take your Bridge playing to the next level. This class is designed for those who have been learning the game for a while and want a new challenge. Class includes instruction on play and defense, bidding skills, some lecture and supervised playing.

Location: MRC			Instructor: James Buck			
6/5 – 7/10	W	10:00 AM - NOON	\$57/\$46	31465011		
7/17 – 8/21	W	10:00 AM - NOON	\$57/\$46	31465012		

Espanol for Beginner

Que paso! In this introductory Spanish class you will learn phrases and vocabulary. Practice pronunciation and have simple conversations with your classmates. Printed learning materials are provided.

Location: MRC			Instructor:	Rissa Dickey
6/4 – 7/9	Tu	9:00 - 10:00 AM	\$41/\$33	31465411
7/16 – 8/20	Tu	9:00 - 10:00 AM	\$41/\$33	31465412

Spanish, the Next Level

This next level class includes expanding your vocabulary with dialogue or conversation. We will review and work on the most commonly used verbs. As always, we will keep it fun, interactive and simple. Printed learning materials are provided.

Location: MRC			Instructor:	Rissa Dickey
6/4 – 7/9	Tu	10:00 - 11:15 AM	\$52/\$41	31465511
7/16 - 8/20	Tu	10:00 - 11:15 AM	\$52/\$41	31465512

Spanish III

Bienvenidos! Continue to sharpen your Spanish speaking skills. This interactive class builds further on what you have learned. You will focus on more complex forms of conversation, using proper grammar, pronunciation, and a variety of new vocabulary. A background in Spanish is recommended.

Location: MRC Instructor: Jean Kunkel 6/10 - 8/12 M 8:30 - 10:30 AM \$68/\$56 31465611

Active Minds

Participate in this mind-stimulating program that delves into a current topic of interest in the world. Deepen your understanding and engage in thoughtful discussion of how the events have changed the world. You are guaranteed to leave with eye opening insights and understanding! Active Minds is a Denver based organization that provides instructor-lead educational seminars for seniors. Current monthly topics are announced at the beginning of each month.

Location:	MRC	Instruct	Instructor: Active Minds Instructor			
6/28	F	10:00 - 11:00 AM	FREE	31467411		
7/26	F	10:00 - 11:00 AM	FREE	31467412		
8/23	F	10:00 - 11:00 AM	FREE	31467413		

AARP Driving Safety Program

This driving course is specially designed for motorists age 50 and older. The course helps refine existing skills and develop safe, defensive, driving techniques. Upon successfully completing the course, you may be eligible to receive a discount on your auto insurance premium. Material fee: \$15 AARP members/\$20 non member payable to instructor, cash or check only. Call 303-762-2660 *Location: MRC*

7/11	Th	12:30 - 4:30 PM	FREE	31467511
8/8	Th	12:30 – 4:30 РМ	FREE	31467512



General Information

- KidConnections Day Camp sessions are held May 28 August 2, 2019, M–F, 7:00 AM 6:00 PM. Camp is closed July 4.
- KidConnections Day Camps are fully licensed day cares by the State of Colorado, Department of Human Services for children 5 years old (and have completed kindergarten) through 14 years old.
- Camp is held at Colorado's Finest High School of Choice, 300 W.
 Chenango Ave.
- Participants must bring their own lunch, snacks, and water bottle every day.
- Camper T-shirts included in registration

The program does not have an hourly rate and unscheduled drop-in care is not permitted. Reservations for additional days need to be made 48 hours in advance to ensure proper staffing. Late registration must be approved prior to day of attendance. No credits or refunds will be given for missed days of camp.

This program is on a first-come, first-served basis and enrollment is subject to availability.

Summer Camp Participants can take advantage of the Englewood Public Schools Summer Meal Program. For more information please visit www.englewoodeats.com.

Benefits of KidConnections Camp

- A FUN, SAFE environment for your child
- Opportunities for social and independent growth
- Create connections with new friends and a loving and caring staff
- Knock out summer boredom
- Social interaction
- A healthy, active summer
- New experiences

What Makes Us Unique

- A well-trained, experienced staff who are caring, fun, energetic, and organized
- A safe and welcoming environment
- Swimming at least once per week (either at Pirates Cove or ERC pool)
- At least one "big" field trip per week included in tuition
- Local field trips (price included in daily fee) to parks, hiking, and the Englewood Farm and Train
- Weekly themes and projects
- Arts and crafts projects
- Games and sports



Englewood Recreation Guide — englewoodrec.org



To register your team or find out more information, please visit teamsideline.com/englewoodrec. Looking to join a team or need a few more players to complete your team? Contact Sara about the Free Agent List! sstant@englewoodco.gov.

Men's Adult Summer Basketball Leagues

Ages 18+.

Recreational, Competitive, and Open Leagues. Nights: Sunday -Recreation, Competitive; Monday – Open. Registration Begins: 5/6. Deadline to Register: 6/28. Leagues Begin: 7/7.

Team Fee: \$460/\$425. League Format: 8 games + Tournament. Location: ERC

Men's Fall Softball Leagues

Ages 18+.

Recreational and Competitive Leagues, Nights: Thursdays. Registration Begins: 7/1. Deadline to Register: 8/2. Leagues Begin: 8/15.

Team Fee: \$510/\$475. League Format: 7 games + Tournament. Location: Spencer Field at Centennial Park or Jack Poole Field at Belleview Park

Tennis Lessons

Looking to learn something new or take your tennis game to the next level? Register today for our beginner or intermediate tennis lessons. Beginning students will learn the basics of the forehand, backhand, serve, and scoring. Intermediate students should be proficient in and looking to enhance these skills. Students must provide their own racquets and tennis shoes; tennis balls will be provided.

Adult Fall Volleyball Leagues

Ages 16+.

Co-Ed, Men's and Women's Leagues. Nights: Monday - Co-Ed, Tuesday - Co-Ed, Wednesday - Women's, Thursday - Men's. Registration Begins: 5/7/15. Deadline to Register: 6/28. Leagues

Team Fee: \$325/\$305. League Format: 10 weeks + Tournament. Location: ERC or MRC



Pickleball 101

Looking to learn how to play the fastest growing sport in America? Pickleball101isyouropportunitytolearntheinsandoutsofpickleball. The class is free to all, but participants must register by the deadline. Contact Sara at sstant@englewoodco.gov or 303-762-2694 for more information.

RACQUET SPORTS								
Class	Activity#	Ages	Dates	Days	Time	Location	Fee	Res Fee
Youth Beginner	32356007	6 – 15 yrs	6/4 – 6/27	Tu, Th	5:00 – 6:00 РМ	EHS	\$38	\$30
Tennis Lessons	32356008	6 – 15 yrs	7/9 – 8/1	Tu, Th	5:00 – 6:00 РМ	EHS	\$38	\$30
	32356009	6 – 15 yrs	8/6 - 8/29	Tu, Th	5:00 – 6:00 РМ	BELL	\$38	\$30
Beginner Tennis Lessons	32356013	16 yrs +	6/4 – 6/27	Tu, Th	6:00 – 7:00 РМ	EHS	\$38	\$30
	32356015	16 yrs +	7/9 – 8/1	Tu, Th	6:00 – 7:00 РМ	EHS	\$38	\$30
	32356019	16 yrs +	8/6 - 8/29	Tu, Th	6:00 – 7:00 РМ	BELL	\$38	\$30
Intermediate	32356014	16 yrs +	6/4 – 6/27	Tu, Th	7:00 – 8:00 РМ	EHS	\$38	\$30
Tennis Lessons	32356016	16 yrs +	7/9 – 8/1	Tu, Th	7:00 – 8:00 РМ	EHS	\$38	\$30
	32356018	16 yrs +	8/6 - 8/29	Tu, Th	7:00 – 8:00 РМ	BELL	\$38	\$30
Pickleball 101	32358011	55 yrs +	6/14	F	4:00 – 6:00 РМ	ERC	\$5	\$3
	32358012	55 yrs +	7/20	Sa	8:00 – 10:00 AM	CFHSC	\$5	\$3
	32358013	55 yrs +	8/16	F	4:00 - 6:00 PM	ERC	\$5	\$3



Field Rentals: Contact Lindsay at 303-762-2697 or Lpeterson@englewoodco.gov for more information.

Peewee Athletics Classes

In these four-week-long sessions, you and your child will learn basic skills of the sport along with teamwork and sportsmanship. Parents can play an active role in the class. Wear comfortable clothes, closed-toed shoes, sunscreen and bring water. Be ready for a lot of fun!

	PEEWEE ATHLETICS							
Class	Activity#	Ages	Dates	Days	Time	Location	Fee	Res Fee
Little Kickers Soccer	32331011	3 – 5 yrs	6/1 – 6/22	Sa	9:15 – 10:00 AM	JASON	\$55	\$45
	32331012	3 – 5 yrs	8/3 – 8/24	Sa	10:15 - 11:00 AM	JASON	\$55	\$45
Little Sluggers T-Ball	32331111	3 – 5 yrs	6/1 – 6/22	Sa	10:15 - 11:00 AM	JASON	\$55	\$45
	32331112	3 – 5 yrs	7/6 – 7/27	Sa	9:15 – 10:00 AM	JASON	\$55	\$45
Sport Sampler*	32331211	3 – 5 yrs	7/6 – 7/27	Sa	10:15 - 11:00 AM	JASON	\$55	\$45
	32331212	3 – 5 yrs	8/3 – 8/24	Sa	9:15 – 10:00 AM	JASON	\$55	\$45

^{*} Children will learn a different sport each week including soccer, T-ball, flag football, and basketball.

To register for the Peewee Athletic Classes and Racquet Sports, go to englewoodco.gov/register and click the Athletics tab.

MOUNTAIN ACADEMY OF MARTIAL ARTS

Taekwondo Classes **Englewood Recreation Center** \$59.99 for 6 weeks 720.648.6262





PIRATE YOUTH SPORTS

Building community, tradition, and excellence! Our vision is to develop the community of Englewood and its youth through high-quality youth sports programs.

BASEBALL • BASKETBALL • CHEERLEADING • FOOTBALL • FLAG FOOTBALL

LACROSSE • SOFTBALL • VOLLEYBALL • WRESTLING • NEW SOCCER

Join our email list and register for all youth sports programs at **pirateyouthsports.com** Contact us at president@pirateyouthsports.com or 303-907-3667

BELL = Belleview Park, CFHSC = Colorado's Finest High School of Choice, EHS = Englewood High School Tennis Courts, ERC = Englewood Recreation Center, JASON = Jason Park, MRC = Malley Recreation Center.



Recreation Supervisor: Kathy Wallace • kwallace@englewoodco.gov • 303-762-2679

Senior Recreation Supervisor: Brad Anderson • banderson@englewoodco.gov • 303-762-2659

Hours

AQUATICS

M - Th: 5:30 AM - 9:30 PM **F:** 5:30 AM - 7:30 PM **Sa/Su:** 8:00 AM - 4:30 PM

Pool Safety Guidelines

Children under 8 years old must be directly supervised by an adult in the pool area. Adults must provide in-water supervision of children unable to pass the swim test.

Supervise your children. No diving. No breath-holding games, please.

The Swim Test

Children under 8 years old must be able to swim 10 meters by themselves to go down the big slide or to be out of reach of an adult.

Pool Features

- 8 lanes, 25 meters
- Body slide (must pass a swim test)
- 2–3 ft. shallow children's area with easy access stairs
- Small slides
- Family changing rooms
- Dry sauna 180–200°
- ADA accessible
- Pool temp 86° year-round

Rec Swim

Head on down for an afternoon of fun. Toss the ball, dive for rings, or take a ride down the slides. Rec Swim

is not available
Saturday mornings.

Lap Swim

One to two lanes are available most days and times. Two swimmers, split the lane. Three or more, circle swim.

	ENGLEWOOD RECREATION CENTER POOL SCHEDULE								
CLASS	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Masters			5:30 – 7:00 ам		5:30 – 7:00 ам				
Lap Swim	0.00 1.00	5:30 – 7:00 ам	1.00	5:30 – 7:00 ам		5:30 – 7:00 ам	1.00		
(3 – 5 lanes)	8:00 AM - 1:00 PM	10:00 AM - 1:00 PM	NOON - 1:00 PM	10:00 АМ - 1:00 РМ	NOON - 1:00 PM	11:00 АМ - 1:00 РМ	NOON - 1:00 PM		
Modified	1:00 – 4:30 PM	7:00 – 10:00 AM	5:30 - 8:00 AM	7:00 – 10:00 AM	5:30 - 8:00 AM	7:00 – 11:00 AM	8:00 AM – 4:30 PM		
Lap (2 – 3 lanes)	1:00 - 4:30 PM	1:00 – 9:30 рм	1:00 - 9:30 РМ	1:00 - 9:30 РМ	1:00 - 9:30 PM	1:00 – 7:30 рм	6:00 AM - 4:30 PM		
Rec Swim	1:00 – 4:30 PM	1:00 - 4:30 PM	1:00 - 4:30 PM	1:00 - 4:30 PM	1:00 - 4:30 PM	1:00 - 4:30 PM	1:00 – 4:30 PM		
Rec Swiiii	1:00 - 4:30 PM	7:30 – 9:30 рм	7:30 – 9:30 рм	7:30 – 9:30 рм	7:30 – 9:30 рм	6:30 – 7:30 рм	1.00 - 4.30 PM		
Water		7:00 – 8:00 ам	8:00 AM - NOON	7:00 – 8:00 ам	8:00 AM - NOON	7:00 – 11:00 AM			
Fitness		9:00 – 10:00 AM	5:30 - 6:30 РМ	9:00 – 10:00 AM	5:30 - 6:30 РМ	7.00 - 11.00 AM			
Swim		5:00 – 7:15 рм	8:30 - 11:00 AM	8:30 - 11:00 AM	8:30 - 11:00 AM	_	8:30 am - NOON		
Lessons		3.00 - 7.13 PM	5:00 – 7:15 РМ	5:00 – 7:15 рм	5:00 – 7:15 РМ		8:30 AM - NOON		
Swim Team	6:00 – 7:00 ам								
Water Walking	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE		
Tot Area	NOON – CLOSE	NOON – CLOSE	NOON – CLOSE	NOON – CLOSE	NOON – CLOSE	OPEN – CLOSE	NOON – CLOSE		

Very limited lap lanes during swim lessons.

WATER FITNESS

Agua Power

Ages: 16 yrs +

Add water to your everyday routine and see the difference.

6/6 – 6/27	Th	5:30 - 6:30 PM	\$23/\$19/\$5	31250211
7/11 – 8/1	Th	5:30 - 6:30 PM	\$23/\$19/\$5	31250221
8/8 – 8/22	Th	5:30 - 6:30 PM	\$17/\$14/\$5	31250231

HIIT Aqua

Ages: 16 yrs +

High intensity followed by active recovery = all gain with no pain. 6/4 - 6/25 Tu 5:30 - 6:30 PM \$23/\$19/\$5 31250611 7/9 - 7/30 Tu 5:30 - 6:30 PM \$23/\$19/\$5 31250621 8/6 - 8/20 Tu 5:30 - 6:30 PM \$17/\$14/\$5 31250631

Senior Aqua

Ages: 55 yrs +

Rediscover the fountain of youth where splashing and smiling isn't just for kids.

6/3 – 8/23	M, W, F	7:00 - 8:00 AM	\$53/\$42/\$15	31260111
6/3 - 8/23	M, W, F	9:00 - 10:00 AM	\$53/\$42/\$15	31260112
6/4 - 8/23	Tu, Th, F	8:00 - 9:00 AM	\$53/\$42/\$15	31260113
6/4 - 8/23	Tu, Th, F	9:00 - 10:00 AM	\$53/\$42/\$15	31260114

Fees: Non-resident / Resident / SilverSneakers®

Arthritis Aqua

Ages: 55 yrs +

Do you suffer from arthritis? One of the best ways to control pain, increase flexibility, and improve daily function is through aquatic exercise.

6/4 - 8/23 Tu, Th 11:00 AM - NOON \$53/\$42/\$15 31260211 F 10:00 - 11:00 AM

Splash Aqua

Ages: 55 yrs +

Splash offers fun, shallow-water movement to improve agility and flexibility while addressing cardiovascular, strength, and endurance conditioning.

6/4 - 8/23 Tu, Th, F 10:00 - 11:00 AM \$53/\$42/\$15 31260311

Deep Water Fitness

Ages: 16 yrs +

Location: Pirates Cove

6/4 - 6/27 Tu, Th 8:30 - 9:30 AM \$46/\$38 31350211 7/9 - 8/1 Tu, Th 8:30 - 9:30 AM \$46/\$38 31350221

= SilverSneakers® eligible

ERC = Englewood Recreation Center

PARTY WITH US!

All parties include a host, paper products, lemonade, and your choice of cake and ice cream or pizza.



Pool Parties

Ages 3 yrs +

Saturdays & Sundays

12:30 PM or 2:30 PM

- All parties begin in the party room for 1 hour with your host, and end with unlimited swimming until close.
- Parties for children under 8 years old require 3 5 adults actively supervising in the water with swimsuits on.

\$135: 1 - 15 guests • \$150: 16 - 20 guests

Flip & Dip Parties

Ages 3 – 6 yrs

Sundays at 10:00 AM

- Kids will have a flipping good time that finishes with a splash! With this option, they'll spend the first hour tumbling, spend one hour in the party room, and then head off to the pool for more fun.
- This party requires 3 adults actively supervising in the water with swimsuits on.

\$185: 1 – 10 guests

Reservations require a \$75 deposit or full payment if within 10 days. Register online at www.englewoodrec.org or contact Kathy Wallace to make your reservation at 303-762-2680 or kwallace@englewoodco.gov.



Infant and Toddler

Babes & Tots (6 mos - 3 yrs)

Introduction to the water with a focus on safety and primary water skills including submersion, bubbles, and water play in a fun, family environment.

Jellyfish (2½ - 3½ yrs)

The next step for a toddler ready to explore the pool on their own, with an instructor. These little ones must be adventurous and ready to take instruction. These are graduates of the infant program and go under water willingly.

Preschool

Seahorse (3 - 5 yrs)

These little ones may be cautious, but are ready to start the basics. A gentle approach using songs and games is used to help them gain confidence and trust.

Seal (3 - 5 yrs)

These little ones are happiest going under water and are just starting to float on their own.

Otter (4 - 5 yrs)

These little ones can float for 10 seconds, roll over, and kick 10 meters to safety.

Sea Lion (4 - 5 yrs)

These are our most experienced little swimmers, working on freestyle and backstroke drills, with the goal of being able to swim 15 meters with ease.

School Age

Stingray (6 - 14 yrs)

Swimmers with limited experience or basic skills should start here. Cautious and adventurous alike will find success in this class. Floating, kicking, and breathing will be mastered here.

Dolphin (6 - 14 yrs)

Swimmers will be conditioned to float, kick, and breathe for longer distances while core swimming skills are introduced and mastered. Swimmers will master freestyle and backstroke drills for 15–25 meters.

Swordfish (6 - 14 yrs)

Swimmers at this level are well conditioned and beginning to swim up to 25 meters of freestyle, backstroke, and elementary backstroke with ease. Dolphin kick and treading water will be introduced.

Barracuda (6 – 14 yrs)

Swimmers are working toward 50 meters of freestyle and backstroke with efficiency and ease. Butterfly and breaststroke drills are introduced and refined. Open turns, treading water for time, and advanced safety skills are included.

Shark (6 – 14 yrs)

Swimmers completing this class will have all the skills necessary to swim for fitness, join a swim team, or take lifeguard training.

Aquatic Personal Training

Need to kick it up a notch, somewhere to start, or rehab an injury?

Private Swim Lessons

If you need more flexibility or an individualized approach to your unique needs sign up for private swim lessons. Please allow up to 2 weeks for placement with an available instructor.

Call 303-762-2680 or email kwallace@englewoodco.gov to schedule your lesson.

	Private Swim 1 Student	Semi Private Swim 2 Students
	30 Min	30 Min
1 lesson	\$27	\$35
4 lessons	\$92	\$112

Masters Swim Team

Ages: 15 yrs +

Coach led workouts to fit the goals of novice swimmers or long time devotees to the 5 AM workout. Must love flip flops and early mornings.

Location: ERC

T/Th 5:30 - 7:00 AM Daily: \$8/\$10 20 punches: \$150/\$120

Instructor: David Lee, ASCA Certified

Tidal Waves

Ages: 6 – 17 yrs

Take your swimming skills to the next level on our year-round CARA recreational swim team. Swimmers must be proficient in freestyle and backstroke for 25 meters.

Location: Pirates Cove

6/3 - 7/29* M – Th 7:00 - 8:00 AM \$94/\$75 31330911

See World's Largest Swim Lesson info on page 41.

No AM classes on 6/20. Swim classes rescheduled make up Friday, June 21.

PM lessons are not affected and continue as planned.

WEEKDAY SWIM LESSONS AT ERC Monday – Thursday • 2 weeks, 8 lessons

Fee: \$55/\$44	Session:	1	2	3	4
Class	Time	6/3 - 6/13	6/17 - 6/27*	7/8 - 7/18	7/22 - 8/1
Babes & Tots (6 mos – 3 yrs w/adult)	10:35 – 11:05 ам	31210111	-	_	31210141
Jellyfish	8:50 - 9:15 AM	31210211	31210221	_	31210241
(2½ – 3½ yrs)	5:00 – 5:25 РМ	31210213	31210223	31210233	31210243
	9:20 – 9:50 ам	31220111	31220121	31220131	31220141
Seahorse _	10:00 - 10:30 AM	31220112	31220122	_	31220142
(3 – 5 yrs)	11:10 - 11:40 AM	_	-	31220132	_
	5:00 – 5:25 РМ	31220113	31220123	31220133	31220143
	9:20 – 9:50 ам	31220211	31220221	31220231	31220241
Seal	10:00 - 10:30 AM	31220212	31220222	_	31220242
(3 – 5 yrs)	11:10 - 11:40 AM	_	_	31220232	_
	5:30 – 6:00 РМ	31220213	31220223	31220233	31220243
011 - 10 - 11	10:35 - 11:05 AM	31220311	31220321	_	31220341
Otter/Sea Lion	11:10 - 11:40 AM	-	_	31220331	_
(4 – 5 yrs) –	6:05 - 6:35 PM	31220313	31220323	31220333	31220343
	9:20 – 9:50 ам	31230111	31230121	31230131	31230141
Stingray	10:00 - 10:30 AM	31230112	31230122	_	31230142
(6 – 14 yrs)	11:10 - 11:40 AM	_	_	31230132	_
	5:30 – 6:00 РМ	31230113	31230123	31230133	31230143
	9:20 – 9:50 ам	31230211	31230221	31230231	31230241
Dolphin	10:00 - 10:30 AM	31230212	31230222	_	31230242
(6 – 14 yrs)	11:10 - 11:40 AM	-	-	31230232	_
	6:05 - 6:35 PM	31230213	31230223	31230233	31230243
6 16.1	8:30 - 9:15 AM	31230311	31230321	_	31230341
Swordfish -	9:20 – 9:50 ам	-	_	31230331	_
(6 – 14 yrs) –	6:40 – 7:10 РМ	31230313	31230323	31230333	31230343
D	8:30 - 9:15 AM	31230411	31230421	_	31230441
Barracuda/Shark (6 – 14 yrs) -	10:35 - 11:05 AM	_	_	31230431	_
(0 – 14 yrs) –	6:40 – 7:10 РМ	31230413	31230423	31230433	31230343

^{*} No classes 6/20

SATURDAY SWIM LESSONS AT ERC 4 weeks, 4 lessons Fee: \$27/\$22 Session: 1 Time 6/8 - 6/29 Class 7/13 - 8/3 10:00 - 10:30 AM 31210114 31210124 Babes & Tots 10:35 - 11:05 AM 31210115 31210125 Jellyfish 9:30 - 9:55 AM 31210214 31210224 10:00 - 10:30 AM 31220114 31220124 Seahorse 10:35 - 11:05 AM 31220115 31220125 31220214 31220224 10:00 - 10:30 AM Seal 31220215 10:35 - 11:05 AM 31220225 31220314 Otter 8:50 - 9:20 AM 31220324 11:10 - 11:50 AM 31220414 31220424 Sea Lion 9:15 - 9:55 AM 31230114 31230124 Stingray 11:10 - 11:50 AM 31230115 31230125 9:15 - 9:55 AM 31230214 31230224 Dolphin 11:10 - 11:50 AM 31230215 31230225 31230314 31230324 Swordfish 8:30 - 9:10 AM Barracuda/Shark 8:30 - 9:10 AM 31230414 31230424



Senior Recreation Supervisor: Brad Anderson • banderson@englewoodco.gov • 303-762-2659 Aquatic Coordinator: Brittany Osbon • osbon@englewoodco.gov • 303-783-6974

Operating Hours

10:00 AM - 6:00 PM Daily 5/25 - 8/9

10:00 AM – 6:00 PM Weekends only beginning 8/10

10:00 AM – 6:00 PM Labor Day, 9/2

Ahoy ye Mateys! We would like to welcome you to a swashbuckling good time at our Waterpark; Pirates Cove offers a leisure pool with a large interactive play structure, a 25-meter, 6-lane pool with drop slide and diving board, a 35-foot slide tower with three slides, a lazy river, concessions and more for your summer fun.

Pirates Cove has National Pool and Waterpark trained lifeguards licensed by Jeff Ellis and Associates to ensure your safety throughout the park.

2019 Admission Rates

Pirates Cove accepts: Visa, MasterCard, Discover, American Express and Cash

	Child/Sr (2-	17 / 55+ yrs)	Adult (18	3-54 yrs)
	Non-Res	Res	Non-Res	Res
Daily	\$13	\$8	\$14	\$9
Weekends/ Holidays	\$15	\$9	\$16	\$10

SEASON PASS	Fee	Res Fee
Child/Senior	\$99	\$68
Adult	\$110	\$76
FAMILY PASS	Fee	Res Fee
3 or more in same household	\$282	\$185

Price includes three or more people in same household. All passes expire 9/2/19. For discount price, each individual must present a current Englewood Recreation ID. South Suburban residents can receive discount price on daily admission by each person presenting a South Suburban Recreation Photo ID Card.

Rain Policy: Safety is our top priority and we will close the facility in case of severe weather, but will re-open 30 minutes after severe weather passes. If we happen to close for the reminder of the day, guests on site can have their admission receipt stamped to use for admission on a future day during the current operating season. If the weather is below 65° and the forecast calls for 65° or below, we will not open the facility. No refunds.

Parties at Pirates Cove!!!

Birthday Parties! Sports Teams! Special Events! Pirates Cove is the best place to celebrate. Choose the Captain Cook party for 1-15 guests for only \$324 or the Billy Bones package for 16-25 guests for \$394. Packages include full day admission to Pirates Cove, private tables on our party patio, court yard or Riverside for 2 hours, cake, ice cream, soda, paper products, goodie bag, Big Squirt for the Birthday person. Pizza can be added to either of the two packages. Go to our web site www.piratescovecolorado.com to book your party online.

Class Registration

Class registrations are taken at the Englewood Recreation Center, 1155 W. Oxford Ave. and online at www.englewoodrec.org. Dropoff registrations will also be accepted at Pirates Cove. Classes not meeting the minimum requirement will be canceled three days prior to the class start date. If the class you want is full, ask to be put on the waiting list. Classes are often added if a sufficient number of names appear on the list. Please check the Accelerated Swimming class descriptions on page 38 prior to enrolling in a class. If you have questions on your child's placement for Pirates Cove classes contact Kathy Wallace at 303-762-2680.

Cove Cabanas

Rent a private cabana for up to 8 people. Cabanas include 2 lounge chairs, 2 regular chairs and a small table. Weekday pricing: \$90/100. Weekend and holiday pricing: \$100/\$110. Price does not include park admission. Reserve online or call 303-783-6924.

Patio Rental

During the week we have a couple of areas that are available to call your own. Each area is equipped with tables and umbrellas. It's the perfect spot to hold that special event for family or friends. Call 303-783-6924 to reserve or for more information.

See Tidal Waves & Deep Water on page 38. See Tidal Waves Swim Team on page 38. See Deep Water Fitness on page 37.

Water and Sun Safety

At Pirates Cove our priority is your safety. Although we have lifeguards stationed throughout the park, it is important that you remain with your child at all times if they are under eight years of age or unable to swim. Skin cancer is the fastest growing form of cancer in the United States, with one million new cases diagnosed each year. It's widely known that protection from the sun's rays could prevent about 90% of all skin cancer cases. Youth are the most at risk for overexposure and have the highest rates of disease due to overexposure before the age of 18. Look for posters inside Pirates Cove.

The Treasure Chest

Did you forget your sunscreen, maybe misplace your towel? Not to worry, Pirates Cove has you covered. Located inside the entrance, we carry swim goggles, sunscreen, towels, sunglasses, swim diapers, disposable cameras, souvenirs and of course Pirates Cove T-Shirts and hats.

Barnacle Café

Fun in the sun can sure work up an appetite! Join us for lunch or snacks at our very own Barnacle Café. We offer hot dogs, hamburgers, French fries, and fresh made pizza. Cool off during the day with a Pirates Favorite, Blue Bunny ice cream. Enjoy an ice cold soda or ICEE in one of our souvenir cups. Purchase the cup and get \$1 refills all summer long. Visit our Shaved Ice stand and select from over 50 flavors.

Pre-purchase tickets

Mateys can avoid the pay lines. Pre-purchase your tickets for Pirates Cove at the Englewood Recreation Center, as you leave the Cove or online at www.piratescovecolorado.com for your next walking of the plank.

SUMMER EVENTS

FREE Englewood Open House: 5/29

Summer is warming up, so on 5/29 we are holding an open house for the community to come to Pirates Cove and enjoy an evening of swimming and visit with some of our community business partners.

World's Largest Swim Lesson: 6/20

Drowning remains the second leading cause of unintended injury related death of children 1–14. Pirates Cove is proud to be one of hundreds of facilities promoting Learn to Swim. Come to Pirates Cove on 6/20 for a free half hour swim lesson. After the lesson, feel free to stay and work on the skills you learned and play for a reduced rate.

Christmas in July: 7/25

Come celebrate Christmas in Pirate style on 7/25. Pirates Cove will be decked out in Christmas style on this day and yes, you can expect a special visit from Santa.

Adult Nights: 6/19, 7/17 and 8/7

These three nights are set aside for adults only to enjoy Pirates Cove without the little buccaneers. Grab a friend and come out and play from 6:30 - 8:30 PM for only \$6.

Food Drive: 7/7 - 7/13

Pirates Cove is teaming up once again this year with IFCS. 7/7 – 7/13 bring in a non-perishable food item and receive a coupon for a free 22 oz. soda at our Barnacle Café.

WEEKDAY SWIM LESSONS AT PIRATES COVE M-Th • 2 weeks, 8 lessons Fee: \$55/\$44 Class Time 6/3 - 6/13 6/17 - 6/27* 7/8 - 7/18 7/22 - 8/1 Babes & Tots 9:00 - 9:30 AM 31310121 31310131 (6 mos – 3 yrs w/adult) Seahorse 9:00 - 9:30 AM 31320111 31320121 31320131 31320141 (3 - 5 yrs)31320211 31320221 31320231 31320241 8:25 - 8:55 AM Seal (3-5 yrs)9:00 - 9:30 AM 31320212 31320222 31320232 31320242 Otter 8:25 - 8:55 ам 31320311 31320321 31320331 31320341 (4 - 5 yrs)**Stingray** 9:00 - 9:30 AM 31330111 31330141 31330121 31330131 (6 - 14 yrs)8:25 - 8:55 AM 31330211 31330221 31330231 31330241 Dolphin (6 - 14 yrs)9:00 - 9:30 AM 31330212 31330222 31330232 31330242 **Swordfish** 8:25 - 8:55 ам 31330311 31330321 31330331 31330341 (6 - 14 yrs)Barracuda/Shark 8:25 - 8:55 AM 31330411 31330421 31330431 31330441 (6 - 14 yrs)

^{*} No classes 6/20 – (World's Largest Swim Lesson) Swim classes rescheduled make up Friday 6/21



Mountain Hiking Adventures - All Levels

Enjoy Colorado as she blooms into spring with one of our many levels of hiking adventures. For any hike, come prepared with a daypack, hiking boots, sack lunch, water (more if it's hot), rain gear, hat, sun lotion, insect repellent, whistle, walking stick, warm clothing and money for a possible ice cream stop. During hikes each participant will be asked to hike with a partner. Please pick a hike appropriate to your ability and fitness level. Hikes depart from the Malley Recreation Center, 3380 S. Lincoln St. Locations are subject to change depending on weather or trail conditions.

Fee: \$21, Resident: \$17

Activity#	Date	Day	Time	Location	Length	Elev Start	Elev Gain	Difficulty	y Near
32162011	6/4	Tu	7:00 АМ – 5:00 РМ	Forgotten Valley	4+ mi	7,800′	600'	М	Golden Gate St. Park
32162012	6/12	W	7:00 АМ – 5:00 РМ	Ceran St. Vrain	4 mi	8,000′	300'	E-M	Boulder
32162013	6/18	Tu	7:00 АМ – 5:00 РМ	Grass Creek	4.2 mi	8,700'	700′	М	Evergreen
32162014	6/26	W	7:00 АМ – 5:00 РМ	Tenderfoot/Oro Grande	2.5 mi	9,208'	639'	E	Dillon
32162015	7/2	Tu	7:00 AM - 5:00 PM	TBD					
32162016	7/10	W	7:00 АМ – 5:00 РМ	Crystal Lake	2.8 mi	11,539′	309′	E-M	Hoosier Pass
32162017	7/16	Tu	7:00 AM - 5:00 PM	Straight Creek	4.6 mi	11,200'	1,700′	М	Eisenhower Tunnel
32162018	7/24	W	7:00 AM - 5:00 PM	Shrine Ridge/Mtn.	4.8 mi	10,080′	900'	E-M	Vail Pass
32162019	7/30	Tu	7:00 АМ – 5:00 РМ	McCullough Gulch	6.0 mi	11,100′	800′	М	Breckenridge
32162020	8/7	W	7:00 AM - 5:00 PM	Silver Dollar Lake	5.0 mi	11,160′	1,581'	E-M	Guanella Pass
32162012	8/13	Tu	7:00 AM - 5:00 PM	Second Creek	3.0+ mi	10,585′	815′	М	Berthoud Pass
32162022	8/21	W	7:00 АМ – 5:00 РМ	Turquoise Lake	1-6 mi	10,100′	0'	E	Leadville
32162023	8/27	Tu	7:00 ам – 5:00 рм	Jones Pass	8.0 mi	10,000′	2,600′	M-D	Idaho Springs

Easy Hikes

If you love to walk in the mountains, check out these easy hikes! The easy hikers will go with the other hikers, but will walk easier trails of 1–3 miles with little or no elevation gain. However, be aware of the starting elevations. Please determine how long of a hike you can walk based on your current fitness level. Come prepared with a daypack, hiking boots, sack lunch, water (more if it's hot), rain gear, hat, sun lotion, insect repellent, whistle, walking stick, warm clothing, and money for an ice cream stop. Bring a good book or sitting activity that you can do while enjoying the outdoors.

Fee: \$21, Resident: \$17

Activity#	Date	Day	Time	Location	Elevation	Near
22163011	6/12	W	7:00 AM – 5:00 PM	Ceran St. Vrain	8,000′	Boulder
22163012	6/25	W	7:00 ам – 5:00 рм	Tenderfoot	9,280′	Dillon
22163013	7/10	W	7:00 ам – 5:00 рм	Crystal Lake	11,539′	Hoosier Pass
22163011	7/2	W	7:00 ам – 5:00 рм	Shrine Ridge	10,080′	Vail Pass
22163012	8/7	W	7:00 ам – 5:00 рм	Silver Dollar Lake	11,160′	Guanella Pass
22163013	8/21	W	7:00 ам – 5:00 рм	Turquoise Lake	10,100′	Leadville



Drop-in Rates

Daily Group Fitness / Yoga Pass \$10/\$8

Drop-in not available for Pilates Reformer, Tai Chi for Balance, or Group Personal Training Classes. See page 44 for drop-in childcare.

ERC Fitness Orientation

Ages: 13 yrs +

Ready to get started? Learn to correctly operate the Technogym weight machines and cardiovascular equipment in a group setting. Please register at least two days in advance to assure your place in class. This orientation is a prerequisite for all 13 and 14 yrs. old wishing to utilize the weight and cardiovascular areas within the Recreation Center.

Location: ERC

6/8	Sa	9:00 - 10:30 AM	FREE	32253511
7/11	Th	5:30 – 7:00 рм	FREE	32253512
8/6	Tu	6:00 – 7:30 рм	FREE	32253513

Personal Training

Get inspired, boost your confidence, and accomplish your goals!
The benefits of working with a personal trainer include:

- Individualized fitness program specifically designed for you
- Efficient workout program with innovative ways to improve your health
- Professional assistance in improving strength, flexibility, endurance, posture, balance, coordination, and cardiovascular health
- Instruction on correct form and technique for cardiovascular exercise and strength training
- Progressive assistance as you progress

To schedule an appointment, please call our Personal Training line at 303-762-2678. Each session is 60 minutes.

	Sessions	Fee	Res Fee	
Private	3	\$154	\$123	
60-minute	6	\$278	\$222	
sessions	10	\$425	\$340	
Private	3	\$109	\$87	
30-minute	6	\$210	\$168	
sessions	10	\$325	\$260	

Small group sessions of 2–3 people are available. Please call the Personal Training Line for pricing. *Note: No-shows and cancellations not made with your personal trainer at least 24 hours in advance will result in loss of the session.*

Nutrition Counseling

The registered dietitians on our referral list offer individualized nutritional counseling for all ages. They can assist with weight management, chronic disease prevention, vegetarian and sports nutrition, medical nutrition therapy, women's health issues, and pediatric nutrition. Call 303-762-2678 for our Registered Dietitian Referral list.

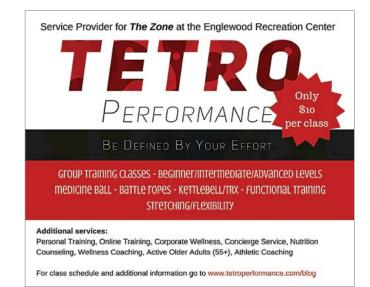
THE ZONE AT ERC CLASS SCHEDULE

DAY	TIME	CLASS
М	6:00 рм	Ultimate Fitness
Tu	10:00 ам	FUNctional FITness
W	6:00 рм	Burn and Build
Th	10:00 АМ	Balance, Core & More
F	7:30 ам	Sports Explosion
Sa	9:00 ам	Ultimate Fitness

d Build e, Core ore cplosion
Fitness

Classes now in session! Only \$10 per class!

Join Tetro Performance and their certified coaches for a variety of challenging and motivational classes. Be sure to check the front desk or visit **TetroPerformance.com/blog** for class times and descriptions.



ADULT FITNESS (continued)

TRX Boot Camp

Ages: 13 yrs +

Fire up your metabolism, burn calories and get stronger and leaner, faster! TRX Suspension Trainers will be incorporated into the workout.

Instructor: Libby Butler

Zumba

ADULT FITNESS

Ages: 13 yrs +

Zumba is a Latin-inspired dance-fitness class that combines energizing music and easy-to-follow moves for a fun, effective cardiovascular workout. Rhythms in this class will tone and sculpt your body.

Instructor: Lisa Pope

Indoor Cycling

Ages: 13 yrs +

Optimum fat burning awaits you on this journey which will simulate varied terrain and drills to give you a great interval workout. Class participants assist with equipment set- up and breakdown. Bike pedals compatible with athletic shoes, SPD and Lock cleats.

Instructors: Faith Gregorchik (Tu), Erica Krier (W) & Libby Butler (Th)

Barre Sculpt

Ages: 13 yrs +

Use the ballet barre, light weights, isometric exercises, and your body's balance, to firm, lengthen, lift, and sculpt graceful arms, thighs, abs, and glutes. It's gentle on the joints but gives powerful

Instructor: Stacy Lochowicz

Pop Pilates

Ages: 13 yrs +

A total body workout that sculpts a rock-solid core and a lean body. Develop strength and flexibility through resistance work using your own body weight and a yoga mat. Class is for all levels.

Instructor: Lisa Pope

Essentrics

Ages: 13 yrs +

A low impact, moving and stretching class with a full body workout. It is a combination of Yoga, Pilates, Tai Chi and ballet to help you stay flexible and less stiff. Great for athletes seeking an increase in range of motion and an increase in speed and agility.

Location: ERC Instructor: Paulette Fara-Schembri

Zumba Toning

Ages: 13 yrs +

Perfect for those who want to party, but put extra emphasis on toning and sculpting to define those muscles! Dance to great Latin music while toning arms, legs and core...and have fun!

Instructor: TBD

Fit Body Express

Ages: 13 yrs +

A high intensity endurance based workout. Shed fat, define muscle, transform the look of your entire physique, and dramatically enhance your overall health and athletic performance. If you are looking for results and are willing to put in the effort, this class is for you!

Instructor: Libby Butler

Fitness Fusion

Ages: 13 yrs +

You will never get bored with this eclectic blend of exercises. TRX Suspension and Rip Training will be used along with BOSUs, glides, dumbbells and body weight training. You will get the ideal mix of strength, endurance, balance, coordination, flexibility, power, and core stability.

Instructor: Libby Butler

Retro Step

Ages: 13 yrs +

Step up and back into the 90's. Bring step back into your life with fun moves and great music. Strengthen, tone and improve coordination.

Location: ERC Instructor: Libby Butler

ERC Drop-In Child Care

Conveniently located on site at the Englewood Recreation Center, the drop-in child care is a fun environment for children 6 months to 8 years while parents/guardians utilize the Recreation Center.

Hours:

M-Th: 4:00-8:00 PM Sa: 8:00 AM - 1:00 PM

\$6 for up to 2 hours of care. Discounted rate of \$5 for up to 2 hours for residents. Premier pass holders: Included.

STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 22.

ADULT FITNESS									
Class		Activity #	Dates	Days	Time	Location	Fee	Res Fe	
★ TRX	(Boot Camp	32250411	6/3 – 6/24	М	5:25 - 6:25 PM	ERC	\$22	\$17	
		32250412	7/1 – 7/29	М	5:25 - 6:25 PM	ERC	\$26	\$21	
		32250413	8/5 – 8/19	M	5:25 - 6:25 PM	ERC	\$16	\$13	
	3 MONTHS OF CLASSES	32250414	6/3 – 8/19	М	5:25 - 6:25 PM	ERC	\$64	\$51	
Zum	nba	32250911	6/3 – 6/24	М	6:35 - 7:35 PM	ERC	\$22	\$17	
		32250912	7/1 – 7/29	М	6:35 - 7:35 PM	ERC	\$26	\$21	
		32250913	8/5 – 8/19	M	6:35 - 7:35 PM	ERC	\$16	\$13	
	3 MONTHS OF CLASSES	32250914	6/3 – 8/19	М	6:35 - 7:35 PM	ERC	\$64	\$51	
Indo	oor Cycling	32250311	6/4 – 6/25	Tu	6:35 – 7:35 PM	ERC	\$22	\$17	
		32250312	7/2 – 7/30	Tu	6:35 - 7:35 PM	ERC	\$26	\$21	
		32250313	8/6 – 8/20	Tu	6:35 - 7:35 PM	ERC	\$16	\$13	
Barı	re Sculpt	32251011	6/4 – 6/25	Tu	5:30 - 6:30 PM	ERC	\$22	\$17	
		32251012	7/2 – 7/30	Tu	5:30 - 6:30 PM	ERC	\$26	\$21	
		32251013	8/6 – 8/20	Tu	5:30 - 6:30 PM	ERC	\$16	\$13	
	3 MONTHS OF CLASSES	32251014	6/4 – 8/20	Tu	5:30 - 6:30 PM	ERC	\$64	\$51	
Pop	Pilates	32251111	6/4 – 6/25	Tu	5:30 - 6:30 PM	ERC	\$22	\$17	
		32251112	7/2 – 7/30	Tu	5:30 - 6:30 PM	ERC	\$26	\$21	
		32251113	8/6 – 8/27	Tu	5:30 - 6:30 PM	ERC	\$22	\$17	
	3 MONTHS OF CLASSES	32251114	6/4 – 8/27	Tu	5:30 - 6:30 PM	ERC	\$70	\$55	
↑ Indoor Cycling	32250321	6/5 – 6/26	W	5:30 - 6:30 PM	ERC	\$22	\$17		
	32250322	7/3 – 7/31	W	5:30 – 6:30 рм	ERC	\$26	\$21		
		32250323	8/7 - 8/21	W	5:30 – 6:30 РМ	ERC	\$16	\$13	
Esse	entrics	32251411	6/5 – 6/26	W	6:35 – 7:35 PM	ERC	\$26	\$22	
		32251412	7/3 – 7/31	W	6:35 – 7:35 РМ	ERC	\$38	\$27	
		32251413	8/7 - 8/21	W	6:35 – 7:35 PM	ERC	\$19	\$16	
•	3 MONTHS OF CLASSES	32251414	6/5 - 8/21	W	6:35 – 7:35 PM	ERC	\$83	\$65	
Zum	nba Toning	32251611	6/5 – 6/26	W	5:30 – 6:30 РМ	ERC	\$22	\$17	
		32251612	7/3 – 7/31	W	5:30 – 6:30 РМ	ERC	\$26	\$21	
		32251613	8/7 - 8/21	W	5:30 – 6:30 РМ	ERC	\$16	\$13	
	3 MONTHS OF CLASSES	32251614	6/5 - 8/21	W	5:30 – 6:30 РМ	ERC	\$64	\$51	
Indo	oor Cycling	32250331	6/6 – 6/27	Th	6:35 – 7:35 PM	ERC	\$22	\$17	
		32250332	7/11 – 7/25	Th	6:35 – 7:35 PM	ERC	\$16	\$13	
-	D. d. F	32250333	8/1 - 8/22	Th	6:35 – 7:35 PM	ERC	\$22	\$17	
FITE	Body Express	32250811	6/6 - 6/27	Th	5:45 – 6:30 PM	ERC	\$22	\$17	
		32250812	7/11 – 7/25	Th	5:45 – 6:30 PM	ERC	\$16	\$13	
		32250813	8/1 - 8/22	Th	5:45 – 6:30 PM	ERC	\$22	\$17	
-	3 MONTHS OF CLASSES	32250814	6/6 - 8/22	Th	5:45 – 6:30 PM	ERC	\$60	\$47	
• FITN	ness Fusion	32250611	6/1 - 6/29	Sa	9:10 - 10:10 AM	ERC	\$26	\$21	
		32250612	7/6 - 7/27	Sa	9:10 - 10:10 AM	ERC	\$22	\$17	
	2 MONTHS OF STARS	32250613	8/3 - 8/24	Sa	9:10 - 10:10 AM	ERC	\$22	\$17	
Date	3 MONTHS OF CLASSES	32250614	6/1 - 8/24	Sa	9:10 - 10:10 AM	ERC	\$70	\$55	
Retro Step	10 Step	32251911 32251912	6/1 – 6/29 7/6 – 7/27	Sa Sa	8:05 – 9:05 AM 8:05 – 9:05 AM	ERC ERC	\$26 \$22	\$21 \$17	
11001			1/0 - 1/21	34	0:U2 - 9:U2 AM	FK!	3//	51/	
, itel		32251912	8/3 - 8/24	Sa	8:05 – 9:05 AM	ERC	\$22	\$17	

ERC = Englewood Recreation Center

Englewood Recreation Guide — englewoodrec.org



Fitness Club

Improve your level of fitness with low impact aerobics and flexibility training, followed by strengthening exercises. SilverSneakers welcome.

Instructor: Kristy Lone

Beginning Weight Training

A personal trainer will introduce you to the basics of weight training for 1 hour twice a week. They will also teach you to utilize the circuit and free weight equipment safely and effectively. Receive one-on-one attention in a group setting.

Instructor: Marty Grims

Continuing Weight Training

This self-guided class allows you to work-out in the weight room with access to a personal trainer between 8:15 – 10:30 AM, M – Th. Prerequisite: Three months of Beginning Weight Training or fitness staff approval. SilverSneakers members use the special number listed to register in person and swipe your card each time you come in. All others, please use the class number to register.

Instructor: Marty Grims

Total Body Fitness

Stay fit, agile and active while increasing muscle strength, cardiovascular function, coordination, balance and range of motion in both the upper and lower body. SilverSneakers welcome.

Instructor: Doug Smith

Forever Fit

Charge your heart and engage your body with strengthening, cardio and stretching moves. Use hand weights, bands and small balls as well as a chair for support.

Instructor: TBD

SilverSneakers Classic ERC

Increase strength and range of movement. Hand held weights, elastic tubing with handles and a ball will be used. A chair is used for support. Class is open to all.

Instructor: Catherine Glenn & Kristy Lone

= SilverSneakers® eligible

Step Smart

Focus on walking basics through motion & body awareness. Students learn to improve their gait, posture & balance in a safe and fun community atmosphere. Liz is B.Sc., Certified Exercise Physiologist and an International Masters USATF Race Walker.

Instructor: Liz Shepard

Mobile and Agile

Focus on improving your mobility, agility, and coordination with strengthening, balancing, and toning exercises. Improve your overall level of fitness while having fun. This class uses bands, balls, and a chair if needed. SilverSneakers welcome.

Instructor: Kristy Lone Walk for Fitness

Ages: 40 yrs +

Powerful walking is a great way to burn calories while improving your cardiovascular fitness. Join Exercise Physiologist and International Masters USATF Race Walker, Liz Shepard, in learning proper walking technique in a fun atmosphere. Set your goal – enjoying summer walks or trying your hand at competition – and challenge yourself. You should be able to walk a mile in 25 minutes or less.

Instructor: Liz Shepard

GZ Sobol Parkinson's Network Foundations

This 75-minute class incorporates exercises targeting deficits specific to people with Parkinson's Disease or multiple sclerosis, stroke recovery or movement disorders. This class emphasizes strength, balance and flexibility movement that targets dexterity, rigidity, akinesia, bradykinesia, postural stability, cognition and gait. Class includes a head-to-toe 20-minute seated warm-up, followed by unique standing exercises and routines. Participants are encouraged to rest when necessary. Participants who use a walker or wheelchair are required to have a caregiver or driver with them during the class. This class is continuous; new participants can join at any time.

Instructor: Claire Martin

Malley Fitness Orientation

If you are new to the Malley Fitness Center, we suggest attending an orientation. Learn weight room safety, etiquette and receive an introduction to equipment adjustment and proper exercise techniques. This is not a weight training class.

Instructor: Marty Grims

6/26	W	4:00 - 5:00 PM	FREE	32263511
7/20	Sa	9:30 - 10:30 AM	FREE	32263512
8/7	W	12:00 - 1:00 PM	FREE	32263513

EW STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 22.

				DULT FITNES				
Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee	SS Fee
🛨 Fitness Club	32260111	6/3 – 6/26	M, W	9:00 – 10:00 AM	MRC	\$25	\$20	\$5
-	32260112	7/1 – 7/31	M, W	9:00 – 10:00 AM	MRC	\$32	\$25	\$5
	32260113	8/5 – 8/28	M, W	9:00 – 10:00 AM	MRC	\$25	\$20	\$5
3 MONTHS OF CLASSES	32260114	6/3 – 8/28	M, W	9:00 - 10:00 AM	MRC	\$82	\$65	\$15
★ SilverSneakers 🍑	32261011	6/3 – 6/26	M, W	10:15 - 11:15 AM	MRC	\$25	\$20	FREE
Classic MRC	32261012	7/1 – 7/31	M, W	10:15 - 11:15 AM	MRC	\$32	\$25	FREE
	32261013	8/5 – 8/28	M, W	10:15 - 11:15 AM	MRC	\$25	\$20	FREE
3 MONTHS OF CLASSES	32261014	6/3 – 8/28	M, W	10:15 - 11:15 AM	MRC	\$82	\$65	FREE
🖈 Total Body 💛 🥌	32260511	6/4 – 6/27	Tu, Th	9:00 - 10:00 AM	MRC	\$29	\$23	\$5
Fitness	32260512	7/2 – 7/30*	Tu, Th	9:00 – 10:00 AM	MRC	\$29	\$23	\$5
	32260513	8/1 - 8/29	Tu, Th	9:00 – 10:00 AM	MRC	\$33	\$26	\$5
3 MONTHS OF CLASSES	32260514	6/4 – 8/29*	Tu, Th	9:00 – 10:00 AM	MRC	\$91	\$72	\$15
★ Forever Fit	32260811	6/4 – 6/27	Tu, Th	8:30 - 9:30 AM	ERC	\$29	\$23	\$5
	32260812	7/2 – 7/30*	Tu, Th	8:30 - 9:30 AM	ERC	\$29	\$23	\$5
	32260813	8/1 - 8/22	Tu, Th	8:30 - 9:30 AM	ERC	\$25	\$20	\$5
3 MONTHS OF CLASSES	32260814	6/4 - 8/22*	Tu, Th	8:30 - 9:30 AM	ERC	\$83	\$66	\$15
🖈 SilverSneakers 🛸	32261111	6/4 – 6/27	Tu, Th	9:45 – 10:45 AM	ERC	\$25	\$20	FREE
Classic	32261112	7/2 – 7/30*	Tu, Th	9:45 – 10:45 AM	ERC	\$25	\$20	FREE
_	32261113	8/1 - 8/29	Tu, Th	9:45 – 10:45 AM	ERC	\$28	\$23	FREE
3 MONTHS OF CLASSES	32261114	6/4 – 8/29*	Tu, Th	9:45 – 10:45 AM	ERC	\$78	\$63	FREE
🖈 Mobile and Agile 🛸	32260611	6/5 – 6/26	W	1:15 - 2:15 PM	MRC	\$16	\$13	\$5
_	32260612	7/3 – 7/31	W	1:15 - 2:15 PM	MRC	\$21	\$17	\$5
_	32260613	8/7 - 8/28	W	1:15 - 2:15 PM	MRC	\$16	\$13	\$5
3 MONTHS OF CLASSES	32260614	6/5 – 8/28	W	1:15 - 2:15 PM	MRC	\$53	\$43	\$15
🖈 GZ Sobol 🛸	32260911	6/1 – 6/29	Sa	10:45 AM - NOON	MRC	\$21	\$17	\$5
Parkinson's Network Foundations	32260912	7/6 – 7/27	Sa	10:45 AM - NOON	MRC	\$16	\$13	\$5
- Journations	32260913	8/3 - 8/31	Sa	10:45 AM – NOON	MRC	\$21	\$17	\$5
3 MONTHS OF CLASSES	32260914	6/1 - 8/31	Sa	10:45 AM – NOON	MRC	\$58	\$47	\$15
Beginning	32263211	6/3 – 6/26	M,W	9:00 – 10:00 AM	MRC	\$29	\$23	_
Weight Training	32263212	7/1 – 7/31	M, W	9:00 – 10:00 AM	MRC	\$36	\$29	_
	32263213	8/5 - 8/28	M, W	9:00 - 10:00 AM	MRC	\$29	\$23	
3 MONTHS OF CLASSES	32263214	6/3 - 8/28	M, W	9:00 – 10:00 AM	MRC	\$94	\$75	
Beginning	32263231	6/4 – 6/27	Tu, Th	8:30 - 9:30 AM	MRC	\$29	\$23	
Weight Training	32263232	7/2 – 7/30*	Tu, Th	8:30 - 9:30 AM	MRC	\$29	\$23	
	32263233	8/1 - 8/29	Tu, Th	8:30 - 9:30 AM	MRC	\$32	\$26	
3 MONTHS OF CLASSES	32263234	6/4 – 8/29*	Tu, Th	8:30 - 9:30 AM	MRC	\$90	\$72	_
Continuing	32263311	6/3 – 6/27	M – Th	8:15 - 10:30 AM	MRC	\$33	\$26	\$5
Weight Training	32263312	7/1 – 7/31*	M – Th	8:15 - 10:30 AM	MRC	\$33	\$26	\$5
	32263313	8/1 - 8/29	M – Th	8:15 - 10:30 AM	MRC	\$33	\$26	\$5
3 MONTHS OF CLASSES	32263314	6/3 – 8/29*	M – Th	8:15 - 10:30 AM	MRC	\$99	\$78	\$15
Step Smart	32260311	6/5 – 6/26	W	8:00 - 9:00 AM	ERC	\$22	\$17	_
	32260312	7/3 – 7/31	W	8:00 - 9:00 AM	ERC	\$26	\$21	
	32260313	8/7 – 8/28	W	8:00 - 9:00 AM	ERC	\$22	\$17	
3 MONTHS OF CLASSES	32260314	6/5 - 8/28	W	8:00 - 9:00 AM	ERC	\$70	\$55	_
Walk for Fitness	32260711	6/5 – 6/26	W	9:00 – 10:00 AM	ERC	\$22	\$17	_
	32260712	7/3 – 7/31	W	9:00 – 10:00 AM	ERC	\$26	\$21	_
	32260713	8/7 - 8/21	W	9:00 – 10:00 AM	ERC	\$22	\$17	_
3 MONTHS OF CLASSES	32260714	6/5 – 8/28	W	9:00 - 10:00 AM	ERC	\$70	\$55	_

*No classes 7/4



Yoga Drop-in Rates

Daily Yoga

\$10/\$8

Drop-in not available for Pilates Reformer, Tai Chi for Balance, or Group Personal Training classes.

Tai Chi Yoga Fusion

Ages: 16 yrs +

Blending the best of both ancient arts, your practice will be filled with gently, fluid movements, stretches and peaceful poses. Gain physical strength and flexibility, increase energy, inner quietness and more.

Instructor: Erin Mathiason

Energize Yoga

Ages: 16 yrs +

Start your day energized without the caffeine jitters. This combination of hatha and vinyasa moves will leave you stretched, focused and balanced for the day ahead.

Instructor: Erin Mathiason

Foundations Yoga

Ages: 13 yrs +

Learn the basic Yoga poses and breathing techniques. Improve strength, flexibility and stress relief. This is the perfect class for someone with little or no previous Yoga experience.

Instructor: Roseanna Frechette

Flow Yoga

Ages: 13 yrs +

Alignment of the body in a sequence of poses linked together with the breath make the Vinyasa Yoga class an energizing and uplifting choice. Build endurance, flexibility and strength. Some Yoga experience recommended.

Instructor: Wendy Bradshaw

Core Yoga

Ages: 13 yrs +

Improve flexibility, balance and strength, especially in the core to protect the back. Modifications and props available. Appropriate for beginner to intermediate.

Instructor: Stephanie Turner

Tai Chi for Better Balance

Ages: 55 yrs +

Improve your balance while enhancing your agility and coordination with Tai Chi based movements. The class format and design have been acknowledged as one of the few evidence based interventions for the prevention of falls by the Centers for Disease Control and National Center for Injury Prevention and Control. Beginning and advanced classes are offered. Advanced class participation must be approved by the instructor. No class 7/2, 7/4, 7/9, 7/11.

Light Yoga

Instructor: Patty Vogt

Ages: 55 yrs +

For individuals who desire a traditional Yoga practice but require modifications for mobility limitations. Gently ease your way through stretches and poses and feel light on your feet. You must be able to get down and up from the floor. SilverSneakers welcome. *Instructor: Barbara Meadows*

Chair Yoga

Ages: 55 yrs +

Move your whole body through a complete series of seated and standing Yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance, and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity.

Instructor: Catherine Glenn

Therapeutic Tai Chi

Ages: 55 yrs +

Better manage chronic health conditions better and improve overall well-being based on a variety of true evidence based Tai Chi styles and forms. Movements are performed in a slow, relaxed manner with continual deep breathing to improve concentration and quiet the body. Strengthen muscles and joints, increase flexibility and coordination, improve posture and balance while integrating the mind, body, and spirit.

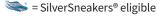
Instructor: Phred Hall

Hatha Yoga

Age: 15 yrs +

Cultivate full-body awareness through the combination of breathing techniques, standing postures, twists, forward folds, hip openers and meditation, while working on balance, alignment, strength and flexibility. Beginners are welcome to attend; this is anall-levels class.

Instructor: Ilka Omdahl



	ACTIVE YOGA & TAI CHI								
Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee	SS Fee	
Tai Chi Yoga Fusion	32255511	6/3 - 6/24	М	4:00 – 5:00 РМ	MRC	\$31	\$25	_	
	32255512	7/1 – 7/29	М	4:00 – 5:00 РМ	MRC	\$40	\$31	_	
	32255513	8/5 – 8/26	М	4:00 – 5:00 PM	MRC	\$31	\$25	_	
3 MONTHS OF CLASSES	32255514	6/3 – 8/26	М	4:00 – 5:00 PM	MRC	\$102	\$81	_	
Energize Yoga	32258011	6/3 – 6/24	М	7:00 – 8:00 AM	ERC	\$39	\$32	_	
	32258012	7/1 – 7/29	М	7:00 – 8:00 AM	ERC	\$50	\$40	_	
	32258013	8/5 – 8/19	М	7:00 – 8:00 AM	ERC	\$30	\$24	_	
3 MONTHS OF CLASSES	32258014	6/3 – 8/19	М	7:00 – 8:00 ам	ERC	\$119	\$96	_	
Hatha Yoga	32256911	6/11 – 7/2	Tu	6:15 – 7:30 РМ	MRC	\$34	\$27	_	
	32256912	7/9 – 8/6	Tu	6:15 – 7:30 рм	MRC	\$42	\$33	_	
Foundations Yoga	32256211	6/5 – 6/26	W	6:45 – 8:00 РМ	ERC	\$34	\$27	_	
	32256212	7/3 – 7/31	W	6:45 – 8:00 РМ	ERC	\$42	\$33	_	
	32256213	8/7 - 8/28	W	6:45 – 8:00 РМ	ERC	\$34	\$27	_	
3 MONTHS OF CLASSES	32256214	6/5 – 8/28	W	6:45 – 8:00 рм	ERC	\$110	\$81	_	
Flow Yoga	32257011	6/6 – 6/27	Th	5:45 – 6:45 рм	MRC	\$31	\$25	_	
	32257012	7/11 - 7/25	Th	5:45 – 6:45 рм	MRC	\$23	\$19	_	
-	32257013	8/1 - 8/29	Th	5:45 – 6:45 рм	MRC	\$40	\$31	_	
3 MONTHS OF CLASSES	32257014	6/6 – 8/29	Th	5:45 – 6:45 РМ	MRC	\$94	\$75	_	
Core Yoga	32257111	6/1 - 6/29	Sa	9:15 - 10:30 AM	MRC	\$42	\$33	_	
	32257112	7/6 – 7/27	Sa	9:15 - 10:30 AM	MRC	\$34	\$27	_	
	32257113	8/3 - 8/31	Sa	9:15 - 10:30 AM	MRC	\$42	\$33	_	
3 MONTHS OF CLASSES	32257114	6/1 - 8/31	Sa	9:15 - 10:30 AM	MRC	\$118	\$93	-	

		GE	NTLE \	OGA & TAI C	НІ			
Class	Activity#	Dates	Days	Time	Location	Fee	Res Fee	SS Fee
Chair Yoga	32258311	6/4 - 6/27	Tu, Th	11:00 AM - NOON	ERC	\$42	\$33	\$5
	32258312	7/2 – 7/30	Tu, Th	11:00 AM - NOON	ERC	\$42	\$33	\$5
	32258313	8/1 - 8/29	Tu, Th	11:00 AM - NOON	ERC	\$47	\$37	\$5
3 MONTHS OF CLASSES	32258314	6/4 – 8/29	Tu, Th	11:00 AM - NOON	ERC	\$131	\$103	\$15
Chair Yoga	32258321	6/7 - 6/28	F	8:30 – 9:30 ам	MRC	\$21	\$17	\$5
	32258322	7/12 - 7/26	F	8:30 - 9:30 AM	MRC	\$16	\$13	\$5
	32258323	8/2 – 8/30	F	8:30 - 9:30 AM	MRC	\$26	\$21	\$5
3 MONTHS OF CLASSES	32258324	6/7 – 8/30	F	8:30 – 9:30 ам	MRC	\$63	\$51	\$15
Light Yoga	32258211	6/4 - 6/28	Tu, F	8:45 - 10:00 AM	MRC	\$43	\$35	\$5
	32258212	7/2 – 7/30	Tu, F	8:45 - 10:00 AM	MRC	\$49	\$40	\$5
	32258213	8/6 – 8/27	Tu, F	8:45 - 10:00 AM	MRC	\$49	\$40	\$5
3 MONTHS OF CLASSES	32258214	6/4 – 8/27	Tu, F	8:45 – 10:00 AM	MRC	\$141	\$115	\$15
Beginning Tai Chi for Better Balance	32255311	6/11 - 8/29	Tu, Th	2:15 – 3:15 РМ	MRC	\$94	\$75	_
Advanced Tai Chi for Better Balance	32255411	6/11 - 8/29	Tu, Th	1:15 – 2:15 РМ	MRC	\$94	\$75	_
Therapeutic Tai Chi	32255111	6/6 – 6/27	Th	10:00 – 11:00 AM	MRC	\$31	\$25	_
	32255112	7/11 - 7/25	Th	10:00 – 11:00 AM	MRC	\$23	\$19	_
	32255113	8/1 - 8/29	Th	10:00 – 11:00 AM	MRC	\$40	\$31	_
3 MONTHS OF CLASSES	32255114	6/6 – 8/29	Th	10:00 – 11:00 AM	MRC	\$96	\$77	_

MRC = Malley Recreation Center, ERC = Englewood Recreation Center



STEP ONE: Essential Pilates Orientation

Ages: 16 yrs +

Explore Pilates! Pilates is a method of exercise and physical movement designed to stretch, strengthen and balance the body. Learn the history and how the reformer works. Exercises are low impact and may be adapted for individuals of any fitness level. When completed, your instructor will determine which step will be best for you based on your level. Please register in advance.

STEP TWO: Pilates Reformer Principals

Ages: 16 yrs +

In these two private sessions learn the core principles and concepts of the Pilates method. Once you have completed the private sessions and meet the requirements, you may move into Beginning Pilates Reformer class. As an extra benefit you will receive a \$10 discount coupon on future classes. Call 303-762-2678 to schedule your first private session.

STEP THREE: Beginning Pilates Reformer

Ages: 16 vrs +

Beginning Pilates Reformer will start you on your Pilates road to success. Beginning Pilates Reformer is designed for those who have taken at least two sessions of Essential Pilates Principles or instructor's permission.

STEP FOUR: Continuing Pilates Reformer

Ages: 16 yrs +

Build upon your skills to learn more dynamic exercises. Enroll in Continuing Pilates Reformer upon completion of four months of Beginning Pilates Reformer classes.

Location: MRC

Pilates Personal Training

Perfect for: beginners needing one-on-one instruction; experienced exercisers ready for advanced move; athletes wanting to improve performance; and individuals in post-rehab following an injury. Each session is 60 minutes. To schedule, call 303-762-2678. Your call will be returned within two business days. Yoga Personal Training also available.

Private: One-on-One				
Fee	1 Session	\$59		
	3 Sessions	\$163		
	6 Sessions	\$300		
Res. Fee	1 Session	\$47		
	3 Sessions	\$130		
	6 Sessions	\$240		

Small group sessions of 2-3 people are available. Please call the Personal Training line for pricing. Note: No-shows and cancellations not made with your personal trainer at least 24 hours in advance result in loss of the session.

EXPERIENCE RIVERRUN TRAILHEAD THIS SUMMER

Land Amenities:

- Nature-themed playground
- Pavilion, picnic areas and restrooms
- A natural environment for birds and vegetation
- Trail access to the Mary Carter Greenway

Water Amenities:

- South Platte River access
- Wave-shaper technology that controls the flow and shape of the water current
- Features for kayaking, paddleboarding, river surfing, inner tubes and wading
- Bio retention demonstration pond to study the effects of stormwater runoff

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PILATES								
Class	Activity#	Dates	Days	Time	Instructor	Location	Fee	Res Fee
STEP ONE	32254111	6/4	Tu	2:30 – 3:30 рм	Catherine G.	MRC	F	REE
Essential Pilates Orientation	32254112	6/5	W	6:40 – 7:40 РМ	Michael D.	MRC	FREE	
	32254113	7/10	W	6:40 – 7:40 РМ	Michael D.	MRC	FREE	
	32254114	7/12	F	1:30 – 2:30 РМ	Catherine G.	MRC	FREE	
	32254115	8/6	Tu	2:30 – 3:30 РМ	Catherine G.	MRC		
	32254116	8/7	W	6:40 – 7:40 рм	Michael D.	MRC	FREE	
STEP TWO Pilates Reformer Principals	32254211	6/3 – 8/30	M – F	8:00 ам – 7:00 рм		MRC	\$86	\$69
STEP THREE	32254311	6/3 - 6/24	М	7:10 – 8:10 РМ	Michael D.	MRC	\$64	\$51
Beginning Pilates Reformer	32254312	7/1 – 7/29	М	7:10 – 8:10 РМ	Michael D.	MRC	\$80	\$64
	32254313	8/5 - 8/26	М	7:10 – 8:10 РМ	Michael D.	MRC	\$64	\$51
	32254321	6/7 - 6/28	F	9:40 – 10:40 AM	Catherine G.	MRC	\$64	\$51
	32254322	7/12 - 7/26	F	9:40 – 10:40 AM	Catherine G.	MRC	\$49	\$39
	32254323	8/2 - 8/30	F	9:40 - 10:40 AM	Catherine G.	MRC	\$80	\$64
	32254331	6/7 – 6/28	F	11:50 ам – 12:50 рм	Catherine G.	MRC	\$64	\$51
	32254332	7/12 - 7/26	F	11:50 ам – 12:50 рм	Catherine G.	MRC	\$49	\$39
	32254333	8/2 – 8/30	F	11:50 ам – 12:50 рм	Catherine G.	MRC	\$80	\$64
Active Adult Beginning Pilates Reformer	32254341	6/4 - 6/25	Tu	1:20 – 2:20 РМ	Catherine G.	MRC	\$64	\$51
	32254342	7/2 – 7/30	Tu	1:20 – 2:20 РМ	Catherine G.	MRC	\$80	\$64
	32254343	8/6 – 8/27	Tu	1:20 – 2:20 РМ	Catherine G.	MRC	\$64	\$51
STEP FOUR	32254411	6/3 – 6/24	М	9:00 – 10:00 AM	Catherine G.	MRC	\$64	\$51
Continuing Pilates Reformer	32254412	7/1 – 7/29	М	9:00 – 10:00 AM	Catherine G.	MRC	\$80	\$64
	32254413	8/5 - 8/26	М	9:00 – 10:00 AM	Catherine G.	MRC	\$64	\$51
	32254421	6/3 – 6/24	М	5:00 – 6:00 РМ	Michael D.	MRC	\$64	\$51
	32254422	7/1 – 7/29	М	5:00 – 6:00 РМ	Michael D.	MRC	\$80	\$64
	32254423	8/5 - 8/26	М	5:00 – 6:00 РМ	Michael D.	MRC	\$64	\$51
	32254431	6/3 – 6/24	М	6:05 – 7:05 рм	Michael D.	MRC	\$64	\$51
	32254432	7/1 - 7/29	М	6:05 – 7:05 РМ	Michael D.	MRC	\$80	\$64
	32254433	8/5 - 8/26	М	6:05 – 7:05 РМ	Michael D.	MRC	\$64	\$51
	32254441	6/4 - 6/25	Tu	12:15 – 1:15 РМ	Catherine G.	MRC	\$64	\$51
	32254442	7/2 – 7/30	Tu	12:15 – 1:15 РМ	Catherine G.	MRC	\$80	\$64
	32254443	8/6 - 8/27	Tu	12:15 – 1:15 РМ	Catherine G.	MRC	\$64	\$51
	32254451	6/5 - 6/26	W	5:30 – 6:30 рм	Michael D.	MRC	\$64	\$51
	32254452	7/3 - 7/31	W	5:30 – 6:30 рм	Michael D.	MRC	\$80	\$64
	32254453	8/7 - 8/28	W	5:30 – 6:30 рм	Michael D.	MRC	\$64	\$51
	32254461	6/7 - 6/28	F	10:45 - 11:45 AM	Catherine G.	MRC	\$64	\$51
	32254462	7/12 - 7/26	F	10:45 - 11:45 AM	Catherine G.	MRC	\$49	\$39
	32254463	8/2 - 8/30	F	10:45 - 11:45 AM	Catherine G.	MRC	\$80	\$64

MRC = Malley Recreation Center

Englewood Recreation Guide — englewoodrec.org



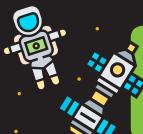
1000 Englewood Parkway • 303-762-2560 • www.englewoodco.gov/library

AUDIVERSE OF STORIES

SUMMER OF READING will challenge you to read, experience, and learn. Geared towards children, teens, and adults, there are programs and prizes for each age group as we explore new worlds together!



- Movie Days
- Planet Parties
- Performers
- Interactive Programs
- Lego Builder Days
- Saturday Activities



Teen Programs include:

- Movie Nights
- Book Club
- Tuesday Activities
- Mystery Nights
- Teen Tech Lab Takeovers

Adult Programs include:

- Art Exhibits
- Book Clubs
- Computer & Educational Classes
- Memory Cafés



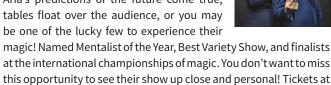


Please visit www.englewoodco.gov/library for summer reading details along with our ongoing programming information.



Magic, Music & Mind Reading with Anthem & Aria

Ever wanted to see if mind reading was real? Or are you just looking to have your mind blown? This is the show for you! As seen on TV and all over the world, watch Anthem and Aria's predictions of the future come true, tables float over the audience, or you may be one of the lucky few to experience their



Location: MRC

englewoodco.gov.

6/19 W 2:00 PM \$6

History of the Colorado Rockies

Scott Perry played hooky from Metro State in April of '93 to attend the very first game of Pro-baseball played in Denver Join Scott as he runs down the history of the Rockies as they chased their elusive 1st division title and World Championship. The Rockies are trying to extend their playoff streak to 3 straight seasons and that means they need knowledgeable fans to back them up. So come get excited with Scott as he attempts to send fans into the 2nd half of the season with a renewed passion for our local boys of Summer! Tickets at englewoodco.gov.

Location: MRC

7/18 Th 10:30 AM \$6

Englewood Summer Drama Production Presents:

Oblahoma!

Rodgers & Hammerstein's OKLAHOMA!

For production details and to purchase tickets please visit: **englewoodco.gov/summerdrama**. Tickets go on sale Monday, 6/24. Call Sara, 303-762-2694 for more information. Supported by SCFD.

The Englewood Campus, Fisher Auditorium, 3800 S. Logan St.

 7/26
 F
 7:00 PM
 \$12/ADVANCE, \$14/AT DOOR

 7/27
 Sa
 7:00 PM
 \$12/ADVANCE, \$14/AT DOOR

 7/28
 Su
 2:00 PM
 \$12/ADVANCE, \$14/AT DOOR

 * Ticket fees apply

Malley Membership Appreciation Ice Cream Social

Come help us celebrate YOUR Malley center! Enjoy a delicious ice cream sundae with sprinkles, syrup and whipped cream and live entertainment! Sign-up at the Front Desk. Sponsored in part by: Allen McGirl Insurance & Hallmark Nursing.

Location: Malley Recreation Center

8/14 W 2:00 – 3:00 PM FREE

HAVE SOME FUN IN THE SUN THIS SUMMER IN BELLEVIEW PARK!

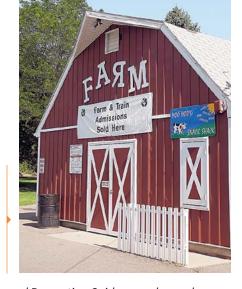


Englewood Train and Farm

5001 S. Inca Dr. • 303-798-6927

- \$2.00 per person (under 2 years free)
- Opens Saturday, 5/25 through Monday, 9/2
- Monday Saturday, 10:00 AM 4:00 PM
- Sunday, 11:00 AM 4:00 PM
- All Aboard! Come ride our train and enjoy the views of Belleview Park!

Enjoy getting to know our farm animals! Our farm hosts: rabbits, cows, pigs, goats, chickens, sheep and more. All of our barn animals are loaned to us from area farms and then returned to their owners at the end of summer. Children must be accompanied by an adult at all times. Concessions are available at the farm.



Englewood Recreation Guide — englewoodrec.org



JUNE

Coors Field Tour - Denver

Get a view of the field from the press box and take a seat in the dugout during this behind-the-scenes look at one of the premier ballparks in Major League Baseball on our private tour. Coors Field attempts to combine the comforts of a modern stadium with the atmosphere of the old-time ballparks. Wear comfortable shoes for the 1-mile walk. Lunch on your own at Ian's Pizza. Fee includes tour, escort and transportation.

6/5 W 9:15 AM - 2:45 PM \$32/\$27 32060111

Florissant Fossil Beds National Monument

You can stand where redwood trees stood 34 million years ago, herds of miniature three-toed horse roamed, and a giant volcano buried the ancient landscape. Huge petrified redwoods and incredibly detailed fossils of ancient insects and plants await you. Spend time in the Visitor Center and take the ½ mile walk on a self-guided tour. Bring a picnic lunch to enjoy plus water, hat, sun lotion, insect repellent, jacket and closed shoes. Bring \$3 for park admission. On the way home we'll stop at Mtn. View Yogurt in Woodland Park for a cold treat. Fee includes escort and transportation.

6/7 F 8:30 AM - 4:30 PM \$30/\$25 32060211

National Ice Core Laboratory - Lakewood

The U.S. National Ice Core Laboratory is a facility for storing, curating and studying meteoric ice cores recovered from the glaciated regions of the world. The ice cores are recovered and studied for a variety of scientific investigations. Note: bring a jacket for cold rooms. Lunch will be at the Olive Garden, on your own. Fee includes tour, escort and transportation.

6/10 M 10:15 AM - 3:00 PM \$16/\$13 32060311

Arts in the Afternoon - Lone Tree

"Where the Time Goes" with Marta Burton! Marta Burton gives voice to the beautiful and provocative songs of the folk singer/songwriters of the 60's including Joan Baez, Judy Collins and Leonard Cohen. Arts in the Afternoon is a series of concerts and performances designed to transport you to out of the ordinary. Time afterwards to talk with the performer, reflect and enjoy social time. Departure time TBA one week prior. Fee includes RTD transportation and performance.

6/12 W 12:30 - 4:00 PM \$35/\$29 32060411

Tell Me on a Sunday - Silverthorne

Heading to the mountains to the Lake Dillon Theater Company for the Andrew Lloyd Webber and Don Black's classic "Tell Me on a Sunday". It charts the course of a young English girl arriving in New York. Brimming with optimism, she sets out to seek success, companionship and love. But, as she weaves her way through the city, with anxieties, frustrations and heartaches she begins to wonder whether she's been looking for love in all the wrong places. Some mild language and sappy ballads. Fee includes appetizers, complimentary drink, show, escort and transportation.

6/16 Su 10:15 AM - 6:00 PM \$79/\$64 32060511

Black Hawk and Central City

Bus will drop you off and pick you up in the heart of it all. You may choose to visit your favorite casino, visit historic sites, or enjoy the mountain air. Activities are on your own. Fee includes escort and transportation

6/17	M	9:00 ам – 4:00 рм	\$20/\$16	32060611
7/15	M	9:00 am - 4:00 pm	\$20/\$16	32060711
8/12	M	9:00 AM - 4:00 PM	\$20/\$16	32060811

Humphrey History Park, Museum & Tea - Evergreen

This outing begins with a tour of the historic Humphrey Home and a delicious Tea (Chai Tea, Spinach & Water Chestnut Salad, Asparagus roll, ham sandwich & muffin bread). After take a self-guided look of Kinnickinnic Ranch and see the daily activities as they would have happened in the 1930s. Explore the original summerhouse, croquet court, cattery, playhouse and more. Plus, shop for the one-of-kind homemade jelly at the Trading Post. Fee includes tour, tea, escort and transportation.

6/20 Th 10:45 AM - 3:30 PM \$43/\$35 32060911

Pueblo Riverwalk and Boat Ride

Spend some time on your own strolling and shopping along Union Avenue District. Then off to lunch at the Brews Ale House, cost on your own. Then we will get on our private boat for a 1-hour private float along the Arkansas River and listen to the guide's tales of this historic area. This River-walk returned the Arkansas River to its original channel through the center of downtown Pueblo after the 1921 flood. Fee includes boat ride, escort and transportation.

6/25 Tu 8:00 AM - 5:45 PM \$52/\$42 32061011

Denver Trolley & Confluence Park

Let's take an open trolley car ride along the scenic South Platte Greenway and see Denver from an open-air Breezer! The operator will give us some history of the trolley and surrounding area while we are heading south bound. Bring a picnic lunch as after the ride you'll have time to enjoy Confluence Park. Watch the kayakers, enjoy the panoramic views of downtown, dip your toes in the river or just relax. Fee includes escort, trolley ride and transportation.

6/27 Th 9:00 AM - 12:45 PM \$28/\$23 32061111

JULY

Thoroughbred Horse Racing - Aurora

Get on your mark, get set, GO! We are heading down to Arapahoe Park for some horse racing fun. Try your luck betting on the horse or just have fun watching them run. Bring money for lunch, the track serves concessions such as hot dogs, hamburger and bratwurst, as well as beer and mixed nuts. Fee includes admission, race program, tip sheet, air conditioned clubhouse seating, escort and transportation.

7/1 M 11:30 AM - 5:00 PM \$39/\$31 32061211

RMNP in the Cool Summer with Dave Lively

Spend the day with Step-On tour guide Dave Lively. We'll escape the heat and enjoy the cool refreshing mountain air and bright, warm high-altitude sunshine. Dave will share hidden narratives of the native Americans and pioneers settlers scratching out a living in the short summer of the high Rockies. The scenic drive to Grand Lake, through the National Park and then back home through Estes Park will include inspiring views of Long's Peak, canyon and high alpine lakes. A catered box lunch is provided for our picnic. Bring your Golden Pass or \$10 for park entrance fee. Fee includes guide, tour, lunch, escort and transportation.

7/9 Tu 8:00 AM - 6:00 PM \$77/\$62 32061311

Heritage Lavender Fields - Berthoud

Experience a unique personal boutique farm of full bloom lavender fields. With over 600 plants of 30 different varieties of lavender, field flowers and herbs, you'll leave feeling calm and refreshed and even with a few bouquets! Start off with a 45-minute educational tour followed by tea in the shade. The tea includes traditional English cucumber sandwiches, culinary lavender sweet delights and ice tea or lemonade accompanied by lavender simple syrup. Owners Bob & Trudy grow everything without using synthetic chemical herbicides or pesticides, making the fields Certified Naturally Grown. Fees include tour, escort and transportation.

7/11 Th 9:00 AM - 3:00 PM \$43/\$35 32061411

Romeo and Juliet - CU Boulder

The Colorado Shakespeare Festival has delighted audiences with professional theatre under the stars in the historic Mary Rippon Outdoor Theatre since 1958. Revisit one of the most breathtaking romances ever written, brought to life on stage with gorgeous poetry and explosive swordplay. From the moment Romeo and Juliet first meet, they fall passionately in love despite their families' historic feud. Complimentary seatbacks included. Bring a picnic lunch to enjoy prior to the show. Fee includes show, escort and transportation.

7/14 Su 4:45 – 10:00 PM \$60/\$48 32061511

Batter Up!

Take me out to the ballgame! Root for the home team as our Rockies take on the Cincinnati Reds! Seating along the 3rd base line. Food and drinks are available for you to purchase at the ballpark. Need a special needs seat? See Cheryl. Fee includes game ticket, escort, and transportation. Early cancellation date: July 1.

7/14 Su 11:30 AM - 5:00 PM \$32/\$26 32061611

Morning Fresh Dairy Farm - Bellevue

Visiting a fifth-generation dairy farm located in the beautiful Pleasant Valley with the happiest cows in Colorado. We'll take a ¼-mile tour of the farm, meet the cows, see the milking process and the beautiful countryside. Note, there are stairs to the top of the rotary (not required) and walking in unpaved areas. The tour will end with a sample of fresh milk products and a Noosa yogurt! Lunch, on your own, will be on site at the Howling Cow Cafe to enjoy an espresso drink, sweet treat or bagel sandwich. Fee includes tour, samples, escort and transportation.

7/17 W 7:45 AM - 2:30 PM \$26/\$21 32061711

Wilderness on Wheels and Georgetown - Grant

Roll, stroll and walk your way up the 1-mile, 8 ft. wide wooden boardwalk that rises to 9,000 ft. and allows everyone to enjoy the beautiful Colorado outdoors on the edge of the Continental Divide and the base of Kenosha Pass. Enjoy the trout stream, wetland tundra, mountain peaks, wildflowers, moss covered rocks, aspen and blue spruce trees. There are plenty of places to rest along the way! Bring a sack lunch. Plus, water, good walking shoes, sunscreen, hat and camera. The drive home will be via a scenic drive over Guanella Pass with a stop in Georgetown for some shopping, people watching or a treat. Fee includes escort and transportation.

7/19

F 9:30 AM – 2:45 PM \$21/\$17 32061811

Pearl Street Arts Festival - Boulder

For 40 years Boulder has hosted one of the premier art festivals in Colorado! Explore on your own more than 100 artists from around the country who gather to display their work ranging from jewelry and paintings to sculpture and recycled-repurposed art. The festival included performers, food and much more. You might choose to shop and eat at one of the many Pearl Street stores and restaurants too. Fee includes escort and transportation.

7/21 Su 9:15 AM - 2:45 PM \$20/\$16 32061911

The Exchange & New Belgium Brewery – Ft. Collins

Head north to the unique Ft. Collins Exchange. This open-air central plaza is full of delicious cuisine and re-purposed shipping containers that house small food vendors. Choose your lunch at the Chick'nCone, Vatos Tacos or the Pizza Press. Then get an ice cream dessert at The Little Man's 26-ft.-tall ice cream churn. Afterwards we are off for the Tour de New Belgium a live storytelling, beer-sampling, art-gazing tour! Home of the famous Fat Tire beer. This brewery tour lasts 90 minutes. Fee includes tour, escort and transportation.

7/25 Th 9:45 AM - 5:00 PM \$27/\$22 32062011

Willow Creek Restaurant - Evergreen

The best view in town! Sit on the patio or look out the large windows at the stunning Evergreen Lake and mountains and have a first class lunch. Chef Curtis and Chef Kristopher will delight your taste buds with entrées such as Brandade Fritters, Smoked Salmon or Wild Mushroom Gnocchi. Lunch on your own. Fee includes escort and transportation.

7/31 W 10:45 AM - 2:15 PM \$15/\$12 32062111

AUGUST

A Dav in Vail

Spend the summer day in the fresh air of this gorgeous mountain village. Smells the flowers, take in view of the Gore Range, take a gondola ride (\$31), visit the Betty Ford Gardens or the Ski and Snowboard Museum, shop for a souvenir, dine along the creek or enjoy some gelato. The options are limitless...a truly great way to get away from the hustle and bustle of the city. Fee includes escort and transportation.

8/1 Th 8:30 AM - 4:00 PM \$31/\$26 32062211

The Great Escape Mustang Sanctuary - Deer Trail

Spend some time with the Mustangs at GEMS! Meet the beauties in the training and adoption program, get up-close and personal with the Ambassador Burros and Mustangs. Venture out to the sanctuary pasture to find wild herds! Enjoy exploring the sanctuary, complete with stories about the animals and discussions about the challenges they face both on and off the range! Bring a sack lunch, water, sunscreen and good walking shoes. Fees include tour, escort and transportation.

8/6 Tu 7:45 AM - 2:45 PM \$91/\$73 32062311

Manitou Springs & Miramont Castle

By request! We'll start the day off with a scenic drive through Garden of the Gods. Then a self-guided tour of the 4-story, 36-room Victorian-style castle with authentic Victorian furnishings. Included are five different exhibits such as the Fire Department Museum, the Nuremberg exhibit, Spoils of War, Little London Miniatures, and the Sawyer & Garston Map Collection. Then it is time on your own in historic Manitou Springs. Enjoy this summer day shopping, relaxing and having lunch at one of the many restaurant choices. Fee includes castle tour, escort and transportation.

8/9 F 8:30 am - 4:00 pm \$41/\$33 32062611

Lazy B Chuckwagon Dinner & Show - Estes Park

Boy howdy! Experience the taste of the West at the historic Elkhorn Lodge. Dinner includes beef brisket, pulled pork, cowboy beans, potato, a cold peach, brownie and a drink. The live music includes acoustic guitars, western fiddle, and mandolin and song by Roy Rogers, Marty Robbins, Willie Nelson and Johnny Cash. Plus, plenty of family-friendly humor. Tonight's show will feature Special Guest, entertainer Brad Fitch. Fee includes dinner, entertainment, escort and transportation.

8/13 Tu 3:00 – 10:15 PM \$72/\$58 32062411

National Fish Hatchery - Leadville

Established in 1889, this fish hatchery is the second oldest Federally operated fish hatchery in existence today, occupying 3,072 acres near the city of Leadville, Colorado. Experience a tour and explore the hatchery, bird and wildlife watching, fish viewing and feeding, and nature trails! Be sure to bring binoculars, good walking shoes, a sack lunch and water as we will picnic on-site. Elevation is 10,200'. We'll stop in town at City on the Hill Coffee & Bakery for beverage, brownie or muffin, on your own. Fees include tour, escort and transportation.

8/15 Th 8:00 AM - 4:00 PM \$31/\$26 32062513

Lowery Beer Garden & Wings Over the Rockies

With over 50 iconic aircraft and the most realistic flight simulators, this museum has something for everyone. Walk alongside the majestic former warbirds, a ¾ scale X-Wing Starfighter and a homemade helicopter. View an 8-minute film and then a museum docent will lead us on a walking tour of this unique museum. Then we'll head to lunch at the 45,000 sq. ft. outdoor, open air seating and covered pavilion garden. Soak in the sun while dining on a gourmet brat with all the toppings, a giant pretzel or healthy salad and a cold beverage. Lunch on your own. Fee includes tour, escort and transportation.

8/22 Th 9:45 AM - 2:45 PM \$34/\$27 32062711

Aspen Peak Winery – Bailey

We are taking the scenic drive down Hwy. 285 to the winery owned by trained chefs Marcel & Julie Flukiger. We will get a firsthand look at how they make 1700 cases a year of handcrafted award winning wines with grapes from around the world. The tour concludes with wine samples. Then enjoy lunch from their kitchen that includes gourmet flatbread, homemade soups, Swiss cheese fondue or grilled sausage skewers. Lunch and wine purchases are on your own. Fee includes tour, escort and transportation.

B/28 W 10:15 AM - 2:15 PM \$17/\$14 32062811

Cripple Creek Mayhem

Enjoy the ride to Cripple Creek, a historic gambling and mining town that's one of the most scenic tourism destinations in Colorado. The restored Old West brick buildings along Bennett Avenue, surrounded by majestic mountains, boast nine unique casinos, as well as great restaurants and shops. Spend the day sightseeing, wandering the town or visiting a casino. For those of you who would like to visit the Mollie Kathleen Gold Mine (\$25), the bus will take you. All activities are on your own. Fee includes escort and transportation.

8/30 F 8:00 AM - 6:00 PM \$36/\$29 32062911

EXTENDED TRAVEL

For information on our exciting getaways, pick up flyers at the Malley Recreation Center



SCOOP THE POOP

Protect our Water

1.4 million dogs in Colorado generate **12 oz. of waste** per day. That's a total of **390 million pounds** of poop each year. If dog owners don't clean up after their pooches, that creates a potential of 390 million pounds of poop washing into our waterways every year.

Why does it matter?

Phosphates and nitrates in pet waste contribute to algae growth, causing low oxygen in the water that can kill fish and other aquatic life.

What you can do!



PICK UP:

Carry extra pet waste bags on every walk



PITCH IT:

Throw pet waste bags in the garbage



PAY A SCOOPER:

There are local and affordable pooper scooper businesses available online







The City of Englewood 1000 Englewood Parkway Englewood, Colorado 80110 303-762-2300 www.englewoodco.gov PRSRT STD U.S. POSTAGE PAID Englewood, CO Permit No 534

