

ENGLEWOOD

CITIZEN

SPRING 2022 | CITY MAGAZINE & RECREATION GUIDE

COMMUNITY AS ART.
ART AS COMMUNITY.

Ramping Up Our
Water Quality p. 10

Recreation Guide

 Englewood
COLORADO

Spring into Action

ENGLEWOOD'S SPRING 2022 EVENTS ARE COMING SOON!

POLICE CITIZENS ACADEMY

March 2 - April 27 | Wednesdays 6-9 PM

Englewood Police Department (3615 S. Elati St.)



Interested in learning more about police operations in Englewood? Join the Citizens Academy! This program is designed to provide an increased level of understanding and cooperation between the community and the police department.

COFFEE WITH A COP

Thursday, March 24 | 7:30-9:00 AM

Mango Tree Coffee (3498 S. Broadway)

Join your Englewood Police Department for an informative conversation over a cup of coffee. This is an opportunity for residents to learn more about the EPD and community programs that they offer.



SIGNATURE 2022 EVENTS:

- Celebrate Englewood | May 7
- Food Trucks and Fireworks Show | July 4
- Market Series | Starting the 3rd Saturday in May
- SunSET Concert Series | Thursdays in July, 6-8 PM
- Englewood Block Party | August 27
- Tree Lighting and Market | December 3



ENGLEWOOD ENGAGED!



Connect with ENGLEWOOD ENGAGED

SHARE INPUT ON UPCOMING CITY PROJECTS ONLINE

Englewood Engaged launched in spring 2021. It is a platform for community members to provide their input on upcoming projects, goals and initiatives set forth by the city. Englewood Engaged offers a variety of engagement tools that are carefully chosen depending on the level of community input that best fits the project. The online tools include quick polls, surveys, a guest book, news feeds, project timelines and video libraries. Whether it's a full-blown community engagement campaign or a landing page with project information, community members can log on to learn more and submit comments and feedback. Each project includes a description and the project pages are structured to allow meaningful engagement that conveniently empowers citizens to participate online from home.

To share your feedback or learn more about Englewood Engaged, visit englewoodco.gov/engage.

VACCINE CLINICS FOR COVID-19

To make an appointment, call 303-451-0123

It is easy to find a location to get your first or second vaccine or booster. Vaccines are **FREE** and available to everyone 5 and older regardless of insurance or immigration status.

ENGLEWOOD
4857 S. Broadway
WALK-IN FRIDAYS
8:30-11:30 a.m.

Additional
COVID-19
vaccine clinics.



Appointments available on select days.



tchd.org/COVIDvaccine

Do you know Englewood's next Citizen of the Year?

Nominate a deserving resident for Englewood's Citizen of the Year award. Any Englewood resident or business owner is eligible for nomination. The award recipient should exemplify outstanding volunteer or philanthropic dedication to the Englewood community.

Nomination deadline: March 25

Visit englewoodco.gov/2022-coty for details.





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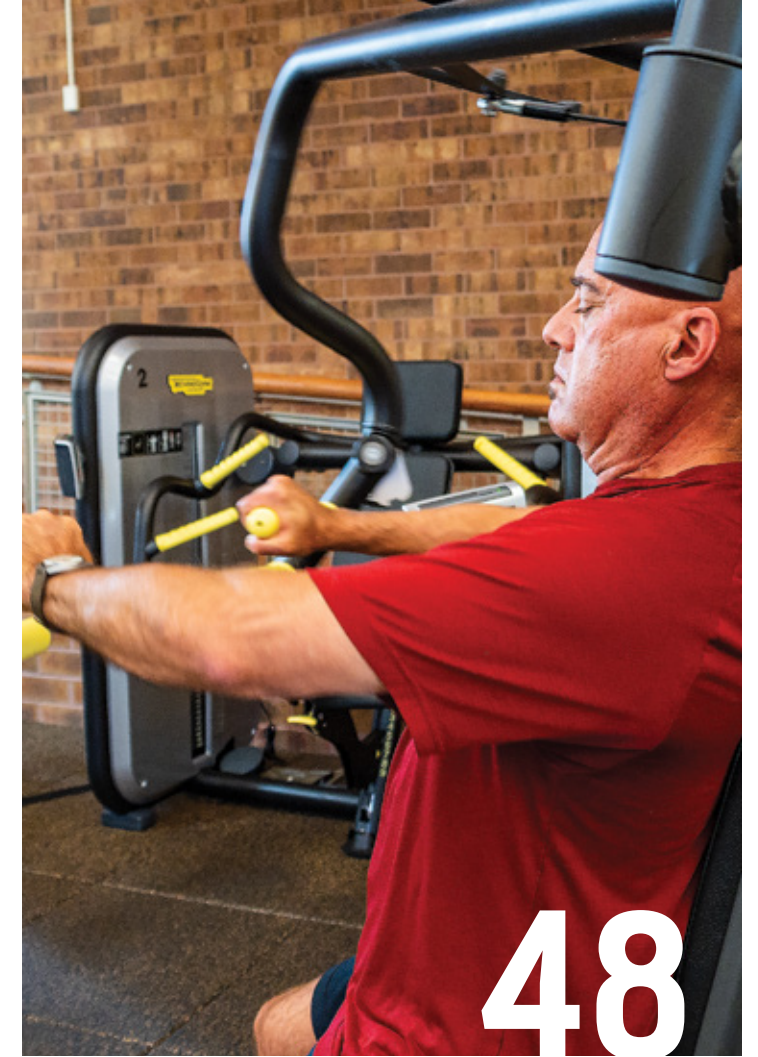
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OTHONIEL SIERRA
MAYOR OF
ENGLEWOOD



The root causes of homelessness vary widely and don't offer up easy solutions. While financial issues are a leading cause of homelessness, according to a University of Denver study conducted by Tri-Cities, mental health and domestic violence were also leading causes for those experiencing homelessness in Englewood. With a wide range of root causes, Englewood, along with Sheridan and Littleton, are working on a three-year action plan to form a regional approach to a national problem.

The Tri-Cities Homelessness Plan will consolidate disparate processes and provide an operational strategy across our

three cities, the county and our community partners to provide a unified approach. The plan is broken up into four areas, with each area including a series of subprojects prioritized by costs and dates. The four areas are: building the foundation, single adult system, workforce development and family system. The plan also includes an already existing list of providers for our unhoused neighbors.

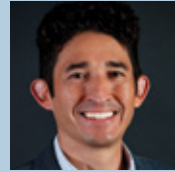
Building a strong foundation focuses on shared governance and the hiring of a regional homeless coordinator. The coordinator will be the single point of contact across all stakeholders at the local, regional and state level and will ensure systems and processes to help run a successful program while updating city council and the public on the progress of the plan. Single adult system and family system are focused on helping navigate the resources available, which includes diversion programs, interim housing, supportive services and employment services. Workforce development will focus on creating partnerships with transitional work programs such as Bridge House and Cross Purpose to strengthen financial independence.

The goal of this plan is to provide different levels of support depending on the root cause. The plan is based on the fact that there are many reasons why an individual experiences homelessness. Using data, strategies are identified to provide tailored services and solve the root cause of why someone is experiencing homelessness. Mental health challenges will be supported differently than an individual lacking in technical skills needed in today's job market. We will be taking a more proactive approach, and while there will always be a reactive component, we look to minimize the need for it.

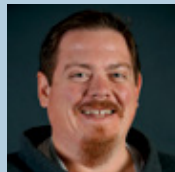
Homelessness is a regional challenge that we need to work on together. Partnerships between the cities, county, state, federal government, nonprofits, businesses, and individuals are critical for success. Please visit the city's webpage on homelessness to get more information on the Tri-Cities plan and to see how you can help at englewoodco.gov/homelessness.

With thanks,
Othoniel Sierra, Mayor, District 1
osierra@englewoodco.gov • 720-551-3301

CITY OF Englewood
CITY COUNCIL



Mayor
Othoniel Sierra
District 1
720-551-3301



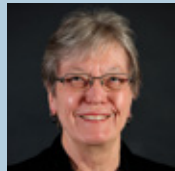
Mayor Pro Tem
Steven Ward
District 4
303-900-8811



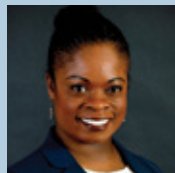
Joe Anderson
District 3
720-998-6116



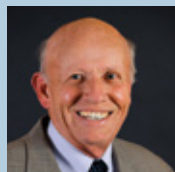
Chelsea Nunnenkamp
District 2
303-564-5816



Rita Russell
At Large
303-639-6181



Cheryl Wink
At Large
720-238-1575



Jim Woodward
At Large
720-761-0199

CHERYL WINK
COUNCIL MEMBER,
AT LARGE



This issue of the Englewood Citizen magazine features Englewood's chief asset, its water, begging a revisit of an article I shared previously. By reviewing it again today, I ask you to consider your relationship with our water. What do we believe we know about Englewood's water, but don't actually know as fact? How do we, as Englewood constituents, demonstrate care for our

municipality and our state, simply in the way we use and think about water? By reviewing the multifaceted, fascinating and challenging nature of water, it is my hope that we advance education, advocacy and preservation of this critical resource.

A Few Relevant Water Statistics

- 85% of water infrastructure spending occurs at the local level.
- More than 50% of residential water is used for outdoor landscaping.
- Water conservation and efficiency is the cheapest source of a new supply.
- In a national survey, 77% of voters did not know where their water came from.
- In Colorado, approximately 80% of precipitation falls West of the Continental Divide, while 87% of our population lives East of the Continental Divide.

People love Colorado, and our continued population growth is projected to increase by an additional three million residents—more than half our current population size—by the year 2050. This rate of growth not only impacts our water resources but is compounded by the effects of a challenged climate.

What does this mean for Englewood? As a community, we all must proactively care for this critical and beautiful resource. By thinking about our individual water use every day we care for our community and our Colorado, now and into the future. How will you help to support a water-secure Englewood?

Cheryl Wink, At Large
cwink@englewoodco.gov • 720-238-1575

JIM WOODWARD
COUNCIL MEMBER,
AT LARGE



It has been a very interesting and educational past couple of months since being elected and taking office as one of your at-large city council members. Having served on council in the past, I am amazed by the changes and evolution of our local government, physical building modifications, department consolidations, employee changes, technology upgrades and current issues. Like all change,

things can take a bit of time getting used to, and my initiation back to council has certainly been enhanced by the assistance and support of city staff, which I much appreciate.

I've had meetings with the city manager, city attorney, directors and/or staff from human resources, utilities, public works and community development. I've had the opportunity to share with them some of the issues and concerns brought up to me by citizens while campaigning for office. While not being totally satisfied with some of the answers, I left with a better understanding of the constraints and timing of expecting outcomes and results. 2022 promises to be an action year in the city of continued change with development code policy modifications through the citizen committee of CodeNext Englewood, infrastructure and parks improvements and upgrades, and the normal daily maintaining of a city.

My boards, commissions and committee liaison assignments are Water and Sewer Board, Parks and Recreation Committee, Malley Trust Fund, South Platte River Working Group and Colorado Municipal League Policy Committee. I have participated on all of these in the past as a citizen member or council liaison.

As we enter the new year and contemplate the future, I look forward with anticipation and positivity to meet the challenges of the coming year. If you have questions or concerns regarding our city and policies, please feel free to reach out to me via email or phone.

Jim Woodward, At Large
jwoodward@englewoodco.gov • 720-761-0199

The views expressed in the city council member columns are the views of the individual council members and do not necessarily represent the views of the City of Englewood or the city council as a whole.

Publisher:
Chris Harguth

Chief Editor:
Illianna Degollado

Creative Director:
John Litel

Art Director:
Mike Greenwald

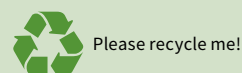
Senior Graphic Designer:
Peter Scholz

Contributors:
Amanda Arnce
Toni Arnoldy
Allison Boyd
Vanessa Davis-Walker
Julie Madden
Madeline Hinkfuss
Brenna Shafer

Photos by:
Lucia Magnuson
Vanessa Davis-Walker

Printed by:
Publication Printers

ON THE COVER:
Artist Dolan Geiman prepares salvaged metal for use in his well-known mixed-media sculptures at his Englewood studio.
Photo by: Idarado Media



ENGLEWOOD'S POLICE DEPARTMENT CELEBRATES MOVEMBER AND RAISES \$1,000

Members of the Englewood Police Department raised more than \$1,000 for participating in the national movement, "Movember." Movember is an annual event in which participants abstain from shaving their facial hair in November. The movement brings awareness to men's health in suicide prevention, prostate cancer, testicular cancer and other illnesses. As an added bonus, students in the cosmetology program at Colorado's Finest High School of Choice were able to sharpen their skills by shaving several of Englewood's finest on December 2. To learn more about Movember, visit us.movember.com.



The Englewood Police Department is

NOW HIRING

OPPORTUNITY AWAITS YOU!

APPLY TODAY!
englewoodco.gov/careers

Work for a fast-paced, community-oriented, dynamic and diverse organization located in the heart of the Denver Metropolitan Area. The department consists of 78 sworn officers and three divisions:

- Patrol Operations
- Special Operations
- Support Services

CITY OF ENGLEWOOD STRATEGIC PLAN

City council prioritizes goals and projects they hope to extend through the end of 2025

With significant public input, the city council adopted the City of Englewood strategic plan in the summer of 2020. This three-year plan was initially set to expire at the end of 2022 and included more than 50 goals and 180 projects.



Each quarter, the city publishes a dashboard that is shared with the council and posted on the city's website showing progress toward each goal in the plan at englewoodco.gov/strategicplan.

In fall 2021, staff met with city council to propose extending the plan through the end of 2025 and revise certain aspects of the plan. These revisions include:

- Highlighting major achievements in each outcome area
- Focusing projects on key initiatives that have definitive beginning and end dates
- Adding performance metrics to better understand how efficiently and effectively we are working toward key goals
- Merging infrastructure and transportation into one outcome area
- Establishing a new outcome area called community wellbeing to focus on our city's great work in areas such as the library, parks and recreation

In December 2021 and January 2022, community members weighed in on strategic plan priorities through Englewood Engaged. In January 2022, city council met in a retreat to set those priorities, guided by information collected from the public. Staff will present a final strategic plan to the city council for their approval in March 2022.

How will you stay safe in the event of an emergency?

Help us help you stay safe in an emergency. Sign up using **ARAPALERT**, the Arapahoe County Emergency Notification System. This system can provide you with critical information, such as:

- Severe Weather
- Police Activity
- Missing Person
- Unexpected Road Closures and More

Scan QR Code below to sign-up to receive notifications, via home, mobile, work phone or email. *You pick where, you pick how.*

SIGN UP FOR
ARAPALERT



ARAPAHOE COUNTY'S NEW HEALTH DEPARTMENT

With the counties of Douglas, Adams and Arapahoe voting to leave the Tri-County Health Department, Arapahoe County began taking steps to create a new single-county public health department. This process will involve resident and business feedback throughout 2022. The new public health department will deliver public health services beginning in January 2023.

WHAT TO EXPECT NOW:

- **Services will still be available:** The Tri-County Health Department will continue serving Arapahoe County residents through the end of 2022.
- **Consultants will help develop the department:** The county's core project team will take an in-depth look at the services a health department is legally required to provide.
- **A new board of health:** The board will have at least five members and will select a public health director.
- **Public input opportunities:** The county is currently developing mechanisms for residents and other stakeholders to provide feedback on prioritizing health department programs.
- **Staying engaged:** Residents can participate in the live-streamed meetings online and in person. Agendas and recordings are also available on Arapahoe County's website.

More information can be viewed at arapahoegov.com/health.

SAVING YOUR ASH

It's estimated that there are 22,600 ash trees in Englewood, and the survival of these trees is being threatened. The emerald ash borer (EAB) is an invasive, boring beetle that arrived in the U.S. in the 1990s. By 2015, Boulder experienced a total infestation of its ash trees. EAB was last reported in Arvada two years ago, spreading toward Englewood. This boring beetle has few to no enemies to keep it in check, so the potential for infestation is high without preventive measures. The City of Englewood will be implementing a community forestry program to help subsidize Englewood citizens for the treatment or removal of ash trees on private property. This program will be developing in the first quarter of 2022. If you need help identifying or determining if you have an ash tree on your property, visit the city's website at englewoodco.gov/eab.



UNDERSTANDING ENGLEWOOD'S FLOODPLAIN

Englewood's partnerships for floodplain management and how residents can help

Before 1968 when the National Flood Insurance Program was established, a standardized process for regulating development in floodplains did not exist. Development in many cities, including Englewood, occurred very close to urban creeks and streams, which often led to narrow or nonexistent floodplains. With changing weather patterns and aging infrastructure, there is always a risk for future flooding in Englewood. To help residents prepare for that risk, the City of Englewood is one of many cities across the nation participating in FEMA's Community Rating System (CRS), part of the National Flood Insurance Program. As a CRS community, Englewood has developed floodplain management practices to reduce the potential for flood damage, educate the public on the risks associated with flooding, and encourage residents to purchase flood insurance.

Residents can also help keep natural floodplains functioning and stormwater flowing by being aware of trash or debris dropped into the street or storm drain. Runoff from hard surfaces, like roofs and parking lots, carries pollutants, such as motor oil, pet waste or trash, down the street and into the nearest storm drain. These storm drains are then connected by pipes to the nearest stream or river without any treatment along the way. This harms water quality and can block the flow of water, which can worsen the effects of floods on nearby property.

If you see a buildup of trash, debris, or someone dumping materials or liquid into a storm drain, contact the city or submit a service request through EngleFix at englewoodco.gov/englefix.

SOUTH PLATTE RENEW COMPETES IN 34TH ANNUAL OPERATION CHALLENGE COMPETITION

This past fall, the South Platte Renew (SPR) Commode Commandos competed in the 34th annual Operations Challenge against 36 other teams. Operations Challenge, often explained as the "Wastewater Olympics," is held at the Water Environment Federation Technical

Exhibition & Conference, where teams of international and national wastewater professionals compete to earn the highest score in five events. These events include: collections systems, laboratory, process control, maintenance and safety. The 2021 Commode Commandos team, comprised of SPR staff members Byron Fortt, Matthew Tafoya, Doug Rivera, Peter West and coach Anna Schroeder, trained for months to compete nationally and represent SPR. One of SPR's employees, Brenna Durkin, also serves as the chair of the national Operations Challenge committee that plans and organizes the event. The team is looking forward to competing regionally and winning a spot to partake in the 2022 national competition in New Orleans.

| From L to R: Byron Fortt, Matthew Tafoya, Doug Rivera, Peter West



HOMEOWNERS REJOICE! SAVE BIG WITH HOME IMPROVEMENT PROGRAMS

The City of Englewood provides two housing programs for homeowners—the Energy Efficiency Englewood Grant and the Home Repair and Improvement Loan Program. The Energy Efficiency Englewood program offers grants, up to \$8,000, to low- and moderate-income Englewood homeowners for energy efficiency upgrades as determined by an energy audit. The Home Repair and Improvement Loan Program provides financial assistance to qualified Englewood homeowners for home repairs and improvements. To be eligible, the property must be owner-occupied. The homeowner's income may not exceed 80% of the area median income. All loans are zero percent interest and the loan is deferred until the home is sold. To apply or learn more about these programs, visit englewoodco.gov/housing.





A "RAMP UP" YEAR FOR FLOW IT FORWARD

The pursuit of federal funding has helped to keep Englewood utility rates affordable

For years, Englewood residents have eagerly awaited upgrades to the quality of their drinking water. Taste, odor and hardness have been at the top of most people's list. Beginning this year, the city is embarking on an ambitious program, which includes several capital projects aimed at improving water aesthetics over the next five years.

Taste, odor and hardness are just the beginning – capital spending is also planned to bring about much-needed improvements to the city's aging water, sewer and stormwater infrastructure. City leadership has been aggressively working to secure federal funding in the form of grants and low-interest loans to accelerate investment in critical infrastructure, while easing the direct burden on ratepayers.

The near-term capital investment planned for the water and sewer systems is nearing \$200 million. The infusion of money to support this significant infrastructure investment need is helping to maintain affordability of our customers' water and sewer utility rates. Federal sources the city has either received or is currently pursuing include:

\$4.5 million	Grant funds from the American Rescue Plan Act (ARPA) of 2021
\$60.5 million	Low-cost loans from the Water Infrastructure Funding and Innovation Act (WIFIA) program
\$70 million	Low-cost loans and grant funds through the Infrastructure Investment and Jobs Act of 2021

This funding is being put to use immediately in 2022.

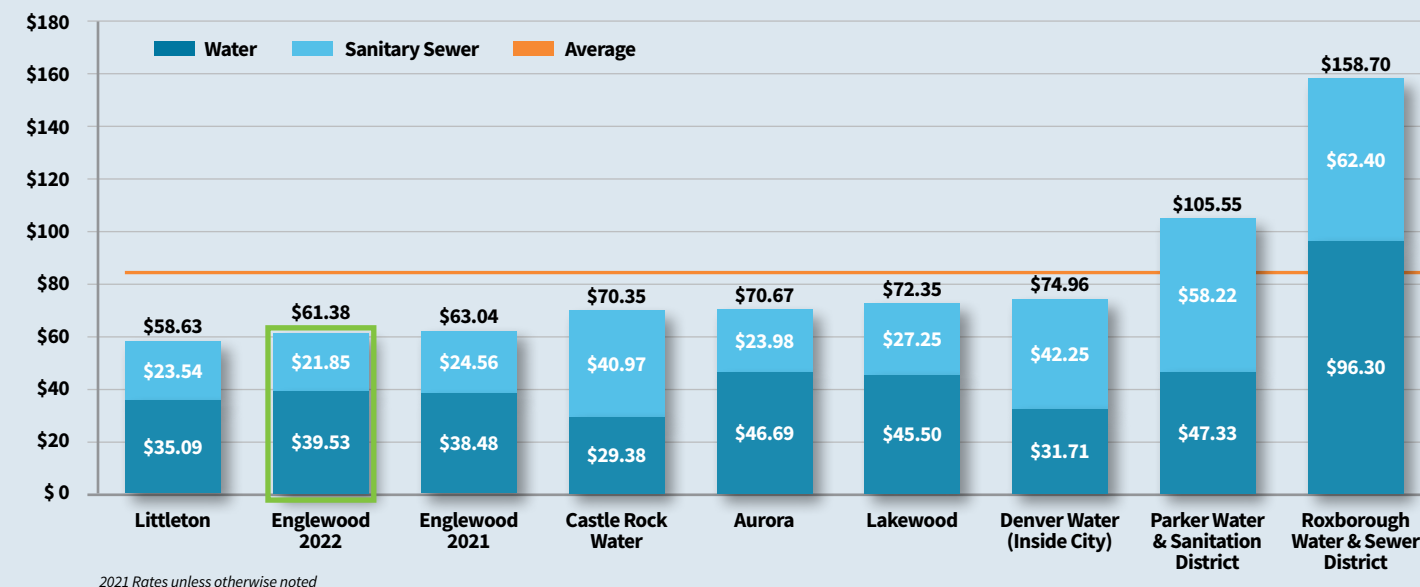
The utilities and public works departments are jointly participating in a project to replace the water, sewer and stormwater infrastructure on Hampden Avenue (between Clarkson Street and Logan Street). This multiyear project is funded from the ARPA money Englewood received in 2021. Design of this important project will begin in 2022, with construction likely beginning in spring 2023.

Significant treatment process improvements will continue over a five-year period at both the Allen Water Treatment Plant and South Platte Renew. The latter services 300,000 customers in the Denver metro area and is the third-largest wastewater treatment facility in Colorado. The WIFIA program, which is administered by the U.S. Environmental Protection Agency, is being used to accelerate investment at the city's critical treatment facilities.

Beginning in 2022, the city will inventory and begin to systematically replace lead service lines (the line between the city's water distribution line and the customer's home or business). The city estimates there could be up to 8,000 lead service lines, resulting in a potential replacement cost of \$80 million. Funds made available through the Infrastructure Investment and Jobs Act are critical for easing the burden on customers.

The city's efforts in securing this funding has allowed for stable and affordable utility rates in 2022.

Water & Sanitary Sewer Typical Bill with Water Usage of 6,000 Gallons



Englewood's water and sewer charges are among the lowest in the Denver-metro region. How rate changes impact individual customer bills will vary depending on where the customer lives in Englewood and how much water they use. Adjustments to other sewer rates assessed to some Englewood customers are not reflected above.

As planned, water usage rates increased by 4.5% this year while the capital investment fee remained \$15 per month. As a result, the typical Englewood residential customer using approximately 6,000 gallons per month will see an increase in their water charges of \$1.05 per month.

After a year-long study of the sanitary sewer treatment costs, a one-time sewer treatment rate decrease was made for City of Englewood customers. The treatment component of the sewer rate was decreased, which resulted in a lower overall sewer rate. This decrease means the typical Englewood residential customer using approximately 6,000 gallons a month will see lower sewer charges of \$2.70 per month.

The 2022 stormwater rate increase is consistent with the long-term financial planning conducted in 2019 to support necessary maintenance and capital investments identified in the Stormwater Master Plan. As a result, the typical Englewood residential customer will see an increase of \$4.31 in their monthly stormwater charge.

Moving forward, customers should expect routine annual rate increases for water, sewer and stormwater, which is in alignment with the city's long-term financial plans. Generally, water and sewer rates will each increase by approximately 4.5% per year, resulting in an additional \$2 to \$3 per month for water and sewer services. For stormwater, the typical residential customer should see increases of \$4 to \$5 on their monthly bill in 2023 followed by nominal increases in future years.

Current and future rate adjustments will enable the city to make much-needed investments in Englewood's water, sewer and stormwater infrastructure that have been long overdue. The city's ongoing strategy to pursue federal funds, grants and other low-cost loan opportunities have assisted in keeping utility rates among the lowest in the Denver-metro region.

Typical Monthly Stormwater Rates for Other Cities

Fort Collins	\$21.74
Boulder	\$19.64
Englewood	\$14.58
Denver	\$13.66
Aurora	\$10.46

A typical 2022 water and stormwater bill for residential usage of 6,000 gallons per month is \$72.41. This is lower than average for these services in other Denver regions.

Don't Forget to Tell Your Neighbor

ENGLEWOOD'S NEIGHBORHOOD GUIDE FOR NEW AND EXISTING RESIDENTS

NEIGHBORHOOD BLOCK PARTY TRAILER

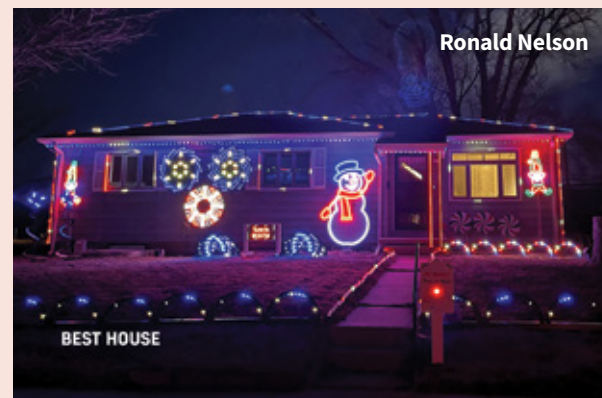


Become everyone's favorite neighbor! With a little help from the City of Englewood, you can bring the fun right to your front porch. Starting May 1, you can reserve the block party trailer online at englewoodco.gov/neighborhoods.

What you need to know:

- The trailer can be reserved once per weekend from June 1 to September 30.
- The trailer will have all of the party essentials including tables, chairs, coolers, trash cans and bags, as well as yard games like corn hole, jumbo Jenga, Bocce ball and soccer.
- Talk to your neighbors and decide when you are going to have a block party!

HOLIDAY DECORATING CONTEST WINNERS



- **Best House:** Ronald Nelson
- **Best Block/Neighborhood:** Nancy Foster and Gabby Torres
- **Best Business:** Kitschy Witch Vintage
- **Show Stopper:** Robert Jones and Ronald Kloewer

NEIGHBORHOOD NIGHTS



Guess what's coming back this summer? Neighborhood Nights! Enjoy live music, food trucks and good times. Grab your chairs and blankets. Check out the 2022 schedule at englewoodco.gov/neighborhood-nights.

VOLUNTEER SNOW BUDDIES NEEDED



We're looking for snow buddy volunteers that will lend a helping hand to their neighbors. Volunteers will shovel their snow buddy's sidewalk to their front door, plus the public sidewalk in front of their property within 24 hours of a snowfall. Apply at englewoodco.gov/neighborhoods.



CULTURAL ARTS COMMISSION: CALLING ALL ARTISTS IN 2022!

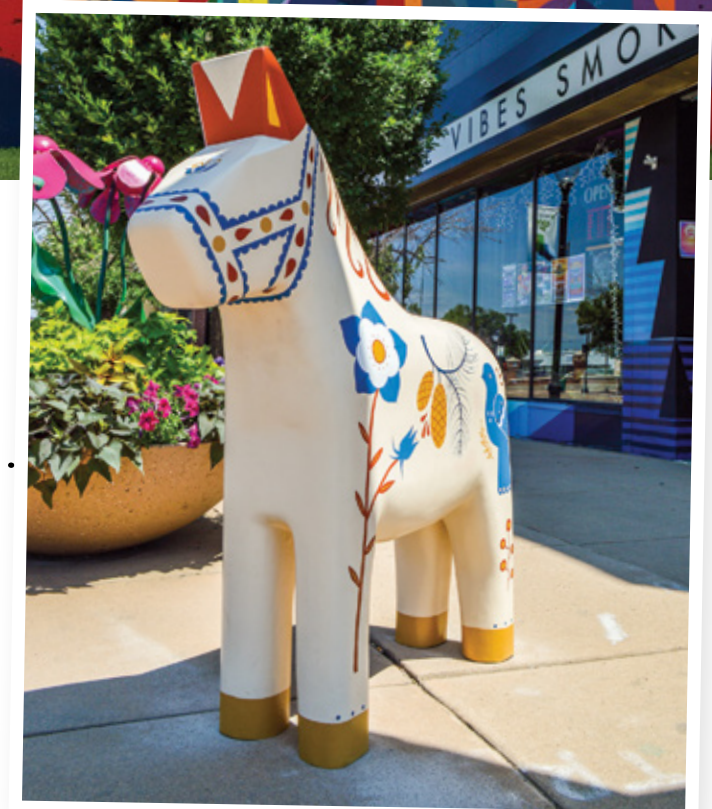
Put your personal artistic stamp on Englewood

If you or someone you know in Englewood is an artist (of any medium), the Cultural Arts Commission (CAC) wants to hear from you!

Since 1998 the city council's program, Arts in Public Places, allocates 1% of its funds to projects supporting the arts. The volunteer city residents who serve on the commission, in turn, scout for local talent and oversee the funds.

Reece Adams, chair of the CAC, reports, "We're committed to finding and highlighting artists and creatives whenever possible, rather than seek out from other municipalities. We have a lot of opportunities coming up, and we're always looking for artists and creatives of all mediums to get involved and leave their mark."

In 2022, CAC hopes to gain even more momentum by reimagining art and music events in new and dynamic ways. Plans are being discussed for new opportunities for artists and musicians to showcase their talent locally and connect with neighborhoods.



If you are ready to put your personal artistic stamp on Englewood, there are several ways you can get in touch with the CAC:

- Send an email to cac.englewood@gmail.com with your name and medium; the commission will put you on their list and notify you as soon as relevant opportunities come up.
- Follow the City of Englewood on social media (Instagram, TikTok and Facebook) to stay in the loop.
- Whether or not you are an artist, you can propose an idea or vision by filling out the application at englewoodco.gov/cac.

ART IN ENGLEWOOD

WAYS TO SUPPORT LOCAL ARTISTRY IS JUST NEXT DOOR

Our community is filled with opportunities to eat, explore and enjoy. The City of Englewood's new campaign, "Eat, Explore, Enjoy!," encourages residents and visitors to experience our community's active and fun food, drinks and arts scene. Englewood is home to an abundance of opportunities to taste, drink and enjoy life.

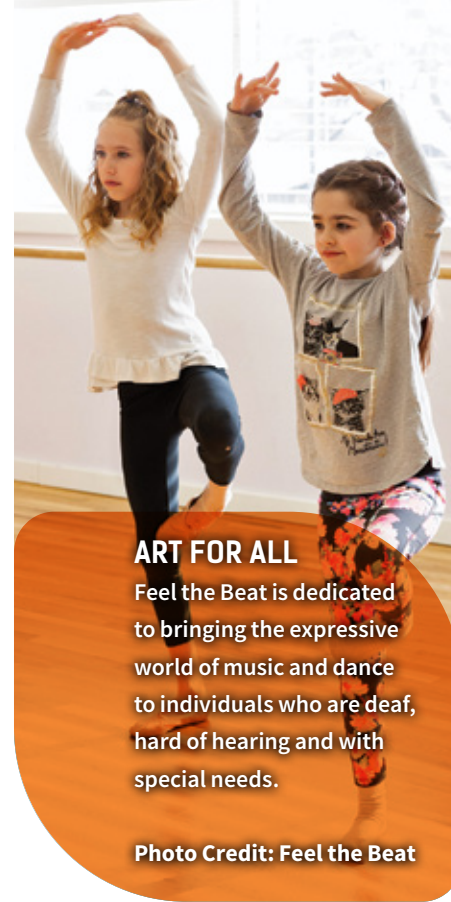
We've experienced many challenges over the last two years. The pandemic has taught us to appreciate each other, rely on our community and find inspiration in our resilience. We've learned to look at our community differently. The concept of art has grown into many areas of our lives, and if we look closely, we can see art represented throughout Englewood and our residents. Art can take many forms, brightening our day while inspiring us to look forward.

In 1868 the Watkins family arrived in Colorado in a covered wagon filled with tools of their trade. Originating in England, the art of creating intricate and beautiful stained glass has been in their blood since 1761. You can find their art in more than 380 churches and 4,000 homes and businesses in Colorado. Phil and Jane Watkins operate Watkins Stained Glass with the same principles handed down to them by their ancestors, "We believe that integrity, honesty and perfection are the most important values we hold." Phil's artistry and craftsmanship are recognized worldwide, but his home is in Englewood.

Since opening Grow+Gather in 2019, George Gastis has proven himself to be a valuable advocate for the local art and food scene. Their commitment to natural, healthy food and the local art scene is evident when you visit the restaurant on East Hampden Avenue. From local art and colorful murals to the detail in menu items and food preparation, art is at home here.

Watkins Stained Glass and Grow+Gather are just two examples of art found in our community. In Englewood, art also represents itself in highly engineered motorsports fabrication at 3R Racing, finely crafted cocktails at The Whiskey Biscuit, live music and stunning architecture at the Gothic Theater and in the shapely beauty of the Community Banks of Colorado's "spaceship bank."

Explore and embrace our local art scene. You may find something that surprises you, inspires you and makes you smile. Visit englewoodco.gov/eee to learn more about our community's amazing opportunities to eat, explore and enjoy life.



ART FOR ALL

Feel the Beat is dedicated to bringing the expressive world of music and dance to individuals who are deaf, hard of hearing and with special needs.

Photo Credit: Feel the Beat



AN ART LEGACY SINCE 1868

Phil and Jane Watkins operate Watkins Stained Glass Studio. Stained glass has been a Watkins family tradition since 1761. In Colorado since 1868, the Watkins family is proud to be the state's premier stained glass studio, as well as the finest and most respected stained glass company in the Rocky Mountain area.

Photo Credit: John Litel



ENGINEERED ART

Since 1985, 3R Racing, based in Englewood, has been elevating the art of motorsports. 3R Racing specializes in a wide variety of services including fabrication, performance, engineering and restoration.

Photo Credit: 3R Racing



AN ENGLEWOOD MUSIC LANDMARK

Originally built in the 1920s, The Gothic Theatre's grand, art deco style provides an extraordinary and beautiful background for live performances.

Artist: Julien Baker
Photo Credit: Jacki Vitetta



GROW+GATHER=ART

At Grow+Gather, the bold, fresh menu is supplied by food that's grown on site, using innovative and sustainable hydro-farming techniques.

Photo Credit: John Litel



ART IN A GLASS

Visitors to the Whiskey Biscuit enjoy a laid-back vibe in an industrial-chic atmosphere, and some of the best craft cocktails in the Denver area.

Photo Credit: John Litel



EAT · EXPLORE
ENJOY!
ENGLEWOOD

OUT OF THIS WORLD ARCHITECTURE

The Community Banks of Colorado "spaceship bank" on South Broadway is an endearing Englewood landmark. The bank was built in 1967 and is one of our community's most recognizable buildings and a great example of art in architecture.

Photo Credit: SheltonPhotoWorks.com

MENTAL HEALTH RESOURCES PROVIDED TO ENGLEWOOD TEACHERS

Funding will support teachers with tools and opportunities to seek mental health resources

After nearly two years, we all have endured the difficulties of the COVID-19 pandemic, but it's without doubt that our teachers and students have had some incredible challenges in the classrooms. The City of Englewood has partnered with Englewood Public Schools to provide \$26,400 for equipment and training resources for social-emotional learning and mental health support services for Englewood schools. Funding came from an allocation in the 2021 budget for \$50,000 to help address teen suicide and mental health.

In the spring of 2021, the district's mental health team recommended two additional days of professional development focused on the mental health of staff, students and the community as vital to a successful return to school. The school board approved the days, and the hours of training and team building were woven into the beginning of the school year to establish mental health as a priority for the year. The sessions presented tools for the following: Grief in the Classroom, Love and Logic, Trauma-Informed Training, and Mental Health First Aid. Connection Circles and the first-ever "Englewood Olympics" were two of the team-building activities.

Englewood Schools also worked with community partner, AllHealth Network, to hire a therapist, available to staff free of charge. The therapist is separate from the district's employee assistance program, allowing for choice and diversity. Along with the continued support of a staff therapist, the schools continue to provide reminders and training focused on mental health wellbeing.



Englewood teachers play tug of war during a two-day team building and mental health event.

WATER SHUTOFFS FOR NONPAYMENT

Assistance is available for customers who are struggling financially



As of February, the utilities department will begin assessing late fees for overdue utility bills in accordance with code E.M.C. 12-1D-4 and resume water shutoffs for nonpayment of utility bills in accordance with E.M.C. 12-1D-5. If your water is shut off for nonpayment, water service will be reinstated within 24 to 48 hours following

payment in full of the past-due balance. The City of Englewood is committed to helping our customers who are struggling financially in these difficult times, and we understand that some customers may need extra time to catch up on past-due utility bills. Payment arrangements can be made by contacting the utilities department at 303-762-2635 or utilities@englewoodco.gov. If you are experiencing hardship, help is available for those who qualify. Please visit englewoodco.gov/cap for more information.

MOA MUSEUM OF OUTDOOR ARTS

Outdoor Art in Englewood

Explore Over 45 Artworks in Englewood

Artworks are located throughout the downtown and CityCenter Englewood areas. Visit the outdoor exhibitions section on our home page to learn more.

[@OutdoorArts](https://www.instagram.com/OutdoorArts)

MOAonline.org

Supported in Part By: [Logos for various sponsors]



59 OVERALL CONDITION INDEX OF ENGLEWOOD STREETS

FINANCIAL NEEDS FOR STREETS AND ALLEYS

Restoration costs should be considered to prevent expensive repairs in the future

The public works department recently completed a pavement rating analysis to determine the overall condition index (OCI) on a scale of 0 to 100, with 100 being the best, for each pavement segment in the city.

According to the pavement rating analysis, the current OCI of the city's entire street network is 59. The goal is to maintain the OCI of all streets in the city to be no less than 60, which is the minimum to be considered in the "good" category on the OCI rating scale. The average funding level for the annual pavement maintenance work has been approximately \$1.7M. The needed annual funding to maintain all street segments at an OCI of no less than 60 is roughly \$3.3M. This leaves a funding gap of \$1.6M.

Currently, there are 330 unpaved alley segments, totaling roughly 37 miles. The total cost to pave all unpaved alley segments in the city with concrete is estimated to be \$28 million. The city does not currently have a designated funding source for alley paving and has instead been focusing on fine grading each unpaved alley segment. The fine grading creates a v-shaped channel in the alley, which allows for improved drainage and reduces the amount of rutting and potholes.

"The primary goal of the city's pavement maintenance program is to correct street segments before they become so deteriorated that they require a more expensive repair strategy. This approach treats the highest percentage of the street network and is the most cost-effective use of available funds," says Tim Hoos, deputy director, engineering and asset management.

TALK'N TRASH

Changes to your trash could be coming

The city is evaluating the possibility of changing to an organized collection system for garbage pickup. In an organized collection system, the city would contract with one vendor who would provide service to all residential properties in Englewood. Recycling would be provided for all households. The city received two proposals from trash haulers in November 2021 and are currently being evaluated by staff and a citizen's committee formed by the city council to delve into this initiative more closely. Under the proposed "Base Service," all residential households in the city would receive:

- Weekly collection and disposal of garbage
- Bi-weekly collection and processing of recycling
- Large item (furniture, non-freon appliances, etc.) disposal (up to three items plus additional bags and yard waste) two times per year
- Yard waste collection events



Costs would be included on the city's monthly utility bill sent to each property owner, thus eliminating the need for each household to contract with a company for garbage disposal services.

An online survey is being developed along with public meetings in March to gauge community interest. Public feedback along with recommendations from the committee will be presented to the council in spring.



PARK ENHANCEMENTS COMING TO BAKER, CENTENNIAL, CUSHING AND JASON PARKS

In 2022, four of our community parks will be renovated to increase accessibility and safety, improve aesthetics and expand passive and active recreation opportunities.

The four parks – Baker, Centennial, Cushing and Jason – will complete the Americans with Disabilities Act (ADA) projects to improve accessibility and mobility. ADA project elements include increasing connecting paths from the neighborhoods and parking lots, constructing appropriate grade and material of walking paths, and installing ADA restrooms to meet our community’s needs.

All four park projects will include brand new restrooms and shelters for gatherings. The total budget for these park projects is estimated to be \$3.5M. For more project details, visit [Englewood Engaged at englewoodco.gov/park-renovations](http://englewoodco.gov/park-renovations).



WHAT'S COMING SOON:

BAKER PARK

Restrooms and picnic shelter
New age-appropriate playground

CENTENNIAL

Restrooms and picnic shelter
Playgrounds and basketball court

CUSHING PARK

Restrooms and picnic shelter
Fitness Court® coming soon!
New skatepark

JASON

Restrooms and picnic shelter
Full basketball court



WHAT IS A FITNESS COURT?

The Fitness Court® at Cushing Park will include seven functional training zones, bodyweight exercises and digital programming for all ages and abilities. A \$25,000 grant will provide nearly 25% of the \$130,000 total cost to install the Fitness Court. The city’s contribution will be \$105,000. The Fitness Court® was included in the planned 2021 park renovations, which are budgeted and in the planning stage.

RECREATION GUIDE

SPRING 2022 | ENGLEWOODREC.ORG

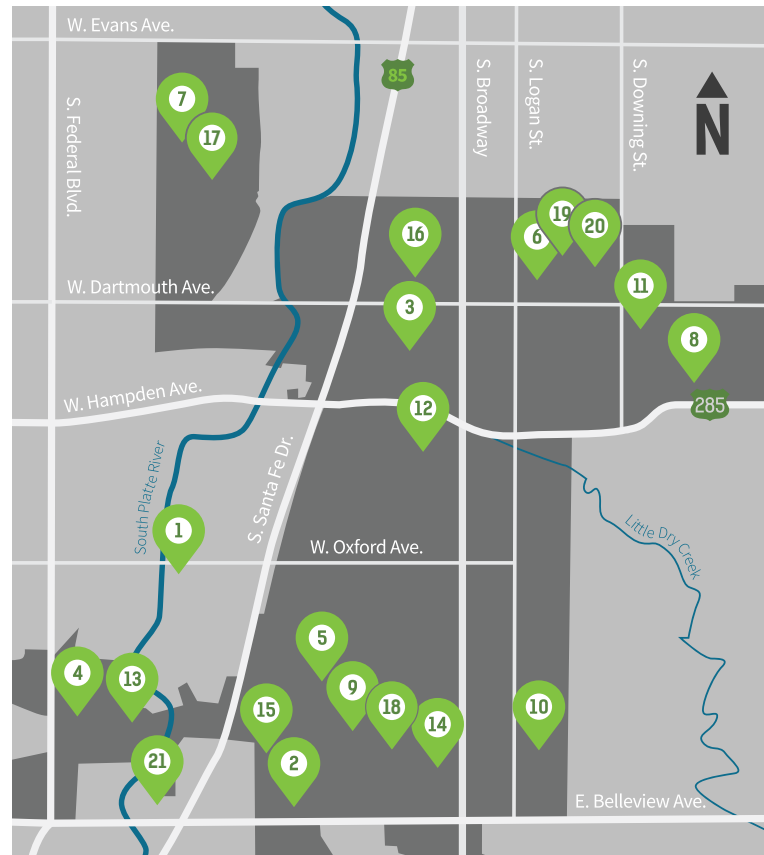


STORIES INSPIRE IMAGINATION

Registration info
on page 23



GET OUT AND EXPLORE!



- | | |
|---|--|
| 1. RiverRun Trailhead
2101 W. Oxford Ave. | 13. Brent Mayne & Union Fields
3501 W. Union Ave. |
| 2. Belleview Park
5001 S. Inca Dr. | 14. Colorado's Finest High School of Choice
300 W. Chenango Ave. |
| 3. Cushing Park
700 W. Dartmouth Ave. | 15. Canine Corral
4848 S. Windermere St. |
| 4. Centennial Park
4630 S. Decatur St. | 16. Englewood Community Garden
601 W. Dartmouth Ave. |
| 5. Jason Park*
4299 S. Jason St. | 17. Northwest Greenbelt*
Zuni St. to Pecos St. |
| 6. Bates/Logan Park
2938 S. Logan St. | 18. Southwest Greenbelt
Huron St. to Bannock St. |
| 7. Baker Park
2200 W. Wesley Ave. | 19. Clarkson Park
2795 S. Clarkson St. |
| 8. Romans Park
1800 E. Floyd Ave. | 20. Emerson Park
2929 S. Emerson St. |
| 9. Rotolo Park
4401 S. Huron St. | 21. Big Dry Creek Trail Access
4700 S. Wyandot St. |
| 10. Duncan Park*
4880 S. Pennsylvania St. | |
| 11. Barde Park
3150 S. Downing St. | |
| 12. Miller Fields
3600 S. Elati St. | |

*Off-Leash Areas

Park and Open Space Area Hours: 7 days a week, 6:00 AM – 11:00 PM.

Park Use Permits: Required for groups of 15+ people who will use the park but do not require a pavilion. Commercial use of a park, including individuals or businesses organizing classes or services, requires a Park Use Permit, \$100 permit fee and evidence of additional insurance. No more than four Park Use Permits will be issued to the same group or individual during a calendar year. Call 303-762-2684 for more details about Park Use Permits.

Special Event Licenses: Call 303-762-2490 for Special Event requirements, fees and licenses.

Athletic Field Use: Athletic fields must be reserved in advance for any organized play or practice. Call 303-762-2697 for field rental information and availability.

Drug and Alcohol Policy: Alcohol and marijuana are prohibited in all Englewood Parks and Open Spaces.

No Smoking: All Englewood parks are smoke- and vape-free.

Reserve your park shelter online at englewoodco.gov/shelters. Shelters are available to reserve April 16 – October 16. For assistance, call the Englewood Recreation Center at 303-762-2680.

DOGS IN YOUR PARKS

Please pick up after your dog and follow posted guidelines so everyone can enjoy your parks at all times.

Canine Corral: 4848 S. Windermere St. Open daily from 6 AM–11 PM. Dogs must be under voice command at all times and have current vaccinations. Additional requirements can be found online.

Off-Leash Areas: Dogs may be off leash and under voice control during posted hours at Canine Corral, Jason Park, Duncan Park and Northwest Greenbelt. Dogs must have current vaccinations and remain out of playgrounds, pavilions and athletic fields. Visit englewoodco.gov/offleash for additional information. **Note:** Jason Park is closed until May for turf restoration due to drought conditions.



PARKS AT A GLANCE

	BASEBALL/SOFTBALL FIELD	BASKETBALL COURT	MULTI-USE FIELD	OFF-LEASH DOG AREA	OPEN SPACE AREA	PAVILION	PICKLEBALL COURT	PLAYGROUND	RESTROOMS	SKATE PARK	TENNIS COURTS	SLACK LINE POLES
BAKER PARK 2200 W. Wesley Ave.					✓	✓		✓	✓			
BARDE PARK 3150 S. Downing St.					✓							
BATES/LOGAN PARK 2938 S. Logan St.		✓	✓			✓		✓	✓			
BELLEVIEW PARK 5001 S. Inca Dr.	✓	✓	✓		✓	✓		✓	✓		✓	
CENTENNIAL PARK 4630 S. Decatur St.	✓	✓	✓		✓	✓		✓	✓			
COLORADO'S FINEST HIGH SCHOOL OF CHOICE 300 W. Chenango Ave.		✓	✓				✓					
CUSHING PARK 700 W. Dartmouth Ave.		✓	✓		✓	✓		✓	✓	✓		
DUNCAN PARK 4880 S. Pennsylvania St.		✓	✓	✓	✓	✓	✓	✓	✓			
JASON PARK 4299 S. Jason St.		✓	✓	✓	✓	✓		✓	✓			
NORTHWEST GREENBELT 2222 W. Vassar Ave.				✓	✓			✓				
RIVERRUN TRAILHEAD 2101 W. Oxford Ave. Access to Mary Carter Greenway Trail. "Surf the Platte" on Colorado's only river wave shaper. Learn more at endlesswaves.net/waves/river-run-park .					✓	✓		✓	✓			
ROMANS PARK 1800 E. Floyd Ave.		✓	✓		✓	✓		✓	✓		✓	✓
ROTOLO PARK 4401 S. Huron St.			✓		✓	✓		✓				
SOUTHWEST GREENBELT 4485 S. Fox St.					✓							



Park use and pavilion reservations will follow the most up-to-date health guidelines. Visit englewoodco.gov/play for details.



RECREATION FACILITIES

ID Card

All program and center participants 5 years and older are required to obtain an ID card for access. (No card needed for spectators or rental guests.)

Resident ID Cards: \$3 – valid 3 years from date of purchase. Englewood residents must obtain a Resident ID card for each member of the family who wishes to receive the discounted Resident Fee rate. A valid photo ID with current address or documentation verifying current City of Englewood address (vehicle registration, utility bill or phone bill, etc.) must be provided. To receive Resident rates for online registrations, household must be set up in person.

Non-Resident ID Cards: Non-residents will receive their first ID Card for free. Must present valid photo ID.

Gymnasium

Full-size gym for basketball, volleyball and other court activities. Visit our website for current gym schedules.

Fitness Amenities

Cardiovascular rooms including ellipticals, stationary cycles and treadmills. Comprehensive weight rooms including free weights and weight-bearing machines.

The ZONE

Check out this functional training system that will elevate your workout. Multiple exercise stations can be customized to meet your level of training. Stations include squat rack, renegade station, high-low pulleys, heavy bag, monkey bars, traversing walls, rebounder, jump platform and dozens of attachment points for straps. Tetro Performance offers a variety of fitness classes using The ZONE room. Register online at tetroperformance.com and check out page 47 for current classes.

Locker Rooms

Showers and lockers available to all paid guests; bring your own lock and towel.

Facility Rentals

Our Recreation Centers and Community Parks offer individual and group rentals (classrooms, pools, gym, multipurpose rooms, kitchen and park shelters) to host your next meeting, gathering or celebration. Please visit englewoodco.gov for current rental information.

Corporate Rates

Englewood business owners, officers and directors of a corporation located within the legal city limits are eligible to apply for significantly discounted Corporate Rates. Please contact 303-762-2680 or recreation@englewoodco.gov.

Individuals with Disabilities Program

The City of Englewood strives to mainstream individuals with disabilities into our recreation programs. Qualified individuals with disabilities are provided with reasonable accommodation to receive equal opportunity of inclusion. For additional information, contact 303-762-2680 or recreation@englewoodco.gov.

Financial Assistance for Recreation Programs for Englewood Residents

Please contact 303-762-2680 or recreation@englewoodco.gov.

Wellness Insurance Programs (WIP)

Englewood and Malley Recreation Centers honor Wellness Insurance Programs, including SilverSneakers, Renew Active and One Pass. Please check with your insurance provider to determine which program they offer so you can participate in fitness, swim classes and other activities for free. These programs can be purchased through Medicare Advantage or a Medicare supplement plan (Medigap). Contact your health insurance provider for eligibility.



RECREATION & EVENT STAFF

Recreation Managers	Brad Anderson – Aquatics Allison Boyd – Facility/Programs	banderson@englewoodco.gov aboyd@englewoodco.gov
Englewood Recreation Center Supervisors	Avery Akers Joyce Musgrove Sara Stant Kathy Wallace – Aquatics	aakers@englewoodco.gov jmusgrove@englewoodco.gov ssant@englewoodco.gov kwallace@englewoodco.gov
Malley Recreation Center Supervisors	Cheryl Adamson Shelly Fritz-Pelle	cadamson@englewoodco.gov sfritz@englewoodco.gov
Open Space Activities Supervisor	Lindsay Peterson	lpeterson@englewoodco.gov
Events Supervisor	Toni Arnoldy	tarnoldy@englewoodco.gov



ENGLEWOOD RECREATION CENTER

Fun for all ages • 303-762-2680 • 1155 W. Oxford Avenue

The Englewood Recreation Center is a full-service community facility with activities for all ages. The center offers an indoor track, 25-meter eight-lane pool, The ZONE functional training center, four racquetball/wallyball courts, gymnasium, cardiovascular and weight training rooms.

Hours of Operation	Holidays
M–Th: 6:00 AM – 9:00 PM F: 6:00 AM – 8:00 PM Sa & Su: 8:00 AM – 5:00 PM POOL CLOSSES 30 MIN BEFORE CENTER	4/17 CLOSED: EASTER 5/30 CLOSED: MEMORIAL DAY

Center Admission

Admission includes use of fitness amenities: pool, weight rooms, cardio, The ZONE functional training room, running track (6.5 laps = 1 mile), gymnasium and racquetball/walleyball/handball courts.

Type	GENERAL: 3 – 54 Years		ACTIVE ADULT: 55 – 82 Years	
	Non-Resident	Resident	Non-Resident	Resident
Daily Admission (Recreation ID Required)	\$6.00	\$4.75	\$5.50	\$4.00
25-Visit Pass	\$105.00 (CPV \$4.20)	\$84.00 (CPV \$3.36)	\$80.00 (CPV \$3.20)	\$64.00 (CPV \$2.56)
Fitness Drop-In Class	\$10.00	\$8.00	\$10.00	\$8.00
Annual Pass Active adults ages 55–82 can enjoy use of both Recreation Centers with this pass for drop-in use.	\$390.00 (\$32.50/mo)	\$312.00 (\$26.00/mo)	\$356.00 (\$29.67/mo)	\$225.00 (\$18.75/mo)
Premier Annual Pass* Upgrade your ERC annual pass to include eligible group fitness classes, one personal training session and four guest passes. (See pages 49 through 53 for eligible fitness classes.)	\$465.00 (\$38.75/mo)	\$387.00 (\$32.25/mo)	\$430.00 (\$35.83/mo)	\$300.00 (\$25.00/mo)
Platinum Pass (83+) Ages 83 and up are free to enjoy drop-in use of the Englewood and Malley Recreation Centers.	—	—	FREE	FREE

Racquetball/Walleyball/Handball Recognized User Groups see Center Supervisor for rates.	Courts are reserved by the hour. Reservations are accepted two days in advance.	Fee included in center admission.
Corporate Rates	Call for pricing; pricing based on residency and number of visits purchased.	

*All Annual passes are eligible for monthly auto-debit program. Annual & Platinum Active Adult pass good for both ERC and Malley Recreation Centers.

HOW TO REGISTER



ONLINE: Submit registrations anytime at englewoodrec.org. Payments must be made with Visa, MasterCard, Discover Card or American Express.



WALK-IN: Registrations are accepted at the Englewood Recreation Center or Malley Recreation Center during regular business hours.



PHONE: Call 303-762-2680 or 303-762-2660 during regular business hours.

Policies and Enrollment

All registrations are processed in the order they are received. At the beginning of each registration period, Englewood Resident ID cardholders are given priority and are able to enroll two days before non-residents. During this period, non-resident registrations are accepted and prioritized by date/time. After this process, all registrations are handled on a first-come, first-served basis. All checks are payable to the City of Englewood. Checks are accepted for payment, provided they are for the amount of purchase only, local (Colorado), preprinted with customer's name and address, and have a valid Colorado driver's license or Colorado ID card number on them. A \$25 service charge will be assessed on any returned check.

MALLEY RECREATION CENTER – Where Fun Never Gets Old!

For ages 55 and better • 303-762-2660 • 3380 S. Lincoln Street

The Malley Recreation Center and programs promote healthy lifestyle and social activity. Enriching programs including fitness, outdoor adventures, education, excursions, extended travel, special events, VOA lunch, drop-in activities, arts and crafts, and more. Home to the highest quality Pilates Reformer machines.

Hours of Operation	
M-F	8:00 AM – 5:00 PM
Sa	9:00 AM – NOON
Su	CLOSED
5/30	CLOSED FOR MEMORIAL DAY

Participants 55 years of age and older receive class/program registration priority; adults 18 years and older may register for classes/programs based on availability. The Malley Fitness area and computer access are not available for those under age 55. All classes and special events are available to all ages.

12:15 PM. Reservations are required and must be made by noon two days in advance. Please call 303-762-2660 to reserve your space. Monthly menus are available online at englewoodco.gov or at the front desk. Suggested donation is \$2.50 for ages 60 and over or a spouse of an eligible person. For guests under 60 years, it is \$8.50.

Wellness Insurance Programs (WIP)

Englewood and Malley Recreation Centers honor Wellness Insurance Programs including SilverSneakers, Renew Active and One Pass. See page 24 for more information.

Visiting Nurse Association

Provides quality, affordable health care including foot care, blood pressure checks and monitoring of chronic conditions. Appointment only. Call 303-698-6496.

Volunteers of America (VOA) Nutrition Program

The Malley Recreation Center and Volunteers of America have teamed up to provide lunch Monday through Friday. Dine-in or to-go options are available. Doors open at 11:30 AM and lunch is served from 11:45 AM – 12:15 PM. For to-go, lunch must be picked up by

Social Pass – FREE in 2022

This pass allows 12 months of access to all the Malley Recreation programs that do not include a class number. Activities with this pass include fitness center, game room, computers, bridge, bunco, billiards, lobby access, table tennis, pickleball and drop-in gym.

Type	ACTIVE ADULT: 55 – 82 Years	
	Resident	Non-Resident
Social Pass	FREE (see p. 24)	FREE (see p. 25)
Annual Pass (Multi-Facility)	\$225.00 (\$18.75/mo)	\$356.00 (\$29.67/mo)
Premier Annual Pass	\$300.00 (\$25.00/mo)	\$430.00 (\$35.83/mo)
Platinum Pass (83+)	FREE	FREE



Pickleball

Pickleball is a low-impact, active game combining elements of badminton, tennis and table tennis. Players use paddles and a plastic ball in a court with a low net. It's easy to learn this quick, fast-paced, competitive game. Equipment is available. Annual or daily pass required. Due to COVID-19 guidelines, hours of operation are subject to change. For hours of operation, call 303-762-2660 or visit englewoodco.gov/play.

DROP-IN PICKLEBALL SCHEDULE		Courts are subject to availability.						
	Level	Su	M	Tu	W	Th	F	Sa
MRC	Beg./Int.	—	11:30 AM – 1:30 PM	—	—	—	11:30 AM – 1:30 PM	—
	Adv.	—	1:30 – 5:00 PM	—	2:30 – 5:00 PM	—	1:30 – 5:00 PM	—
ERC	Beg./Int.	—	—	—	—	—	3 – 5 PM	—
CFHSC	Beg./Int.	—	—	1 – 5 PM	—	1 – 5 PM	NOON – 4:30 PM	—
	Adv.	1 – 5 PM	—	8 AM – NOON	—	8 AM – NOON	—	—

MRC = Malley Recreation Center, ERC = Englewood Recreation Center, CFHSC = Colorado's Finest High School of Choice

MALLEY RECREATION CENTER SOCIAL PASS

SELF-LED PROGRAMS – REQUIRES SOCIAL PASS

Class	Activity #	Dates	Days	Time	Location	Fee	Res
BYOC Crafters Group							
Do you start projects and have difficulty finishing them? If you answered “yes,” then this is the group for you! Bring your supplies and join others who love to craft too! Large tables and sewing machines are provided.							
	21760611	3/7 – 5/23	M	1:00 – 3:00 PM	MRC	\$17	\$14
Open Paint Studio							
Looking to finish or start a painting? And make new friends? Then Open Paint Studio is for you! Bring your supplies and join others who love to paint. Easels are available for student use.							
	21761411	3/8 – 5/31	Tu	1:00 – 3:00 PM	MRC	\$17	\$14
Drop-in Woodcarving							
For carvers with some experience. A carving glove and thumb guard are required.							
	21762511	3/9 – 5/25	W	2:00 – 4:00 PM	MRC	\$17	\$14

DROP-IN PROGRAMS – FREE OR REQUIRES SOCIAL PASS

Class	Dates	Days	Time	Fee
Mahjong Group				
Join us for this Chinese-originated game using various designed tiles. No partner needed. Bring your Mahjong set, if you have one.				
	3/7 – 5/30	M	12:30 – 3:30 PM	SOCIAL PASS
Table Tennis				
The sport can be played as single or doubles. Great for beginners and more advanced levels.				
	3/8 – 5/26	Tu/Th	12:30 – 4:30 PM	SOCIAL PASS
Retirement Support Group				
Gather with other retirees to share thoughts and stories about retirement topics such as friendship, loss, leisure, purpose and much, much more.				
	3/9 – 5/25	W	10:00 – 11:00 AM	SOCIAL PASS
Movie Time				
Join us the second Friday of the month to watch a free movie on the big screen. Popcorn available for 25 cents. Watch for monthly flyers or call 303-762-2660 the week of the movie.				
	3/11			
	4/8	F	1:00 PM	FREE
	5/13			

To verify if drop-in programs are happening, please call 303-762-2660 or visit englewoodco.gov/play.

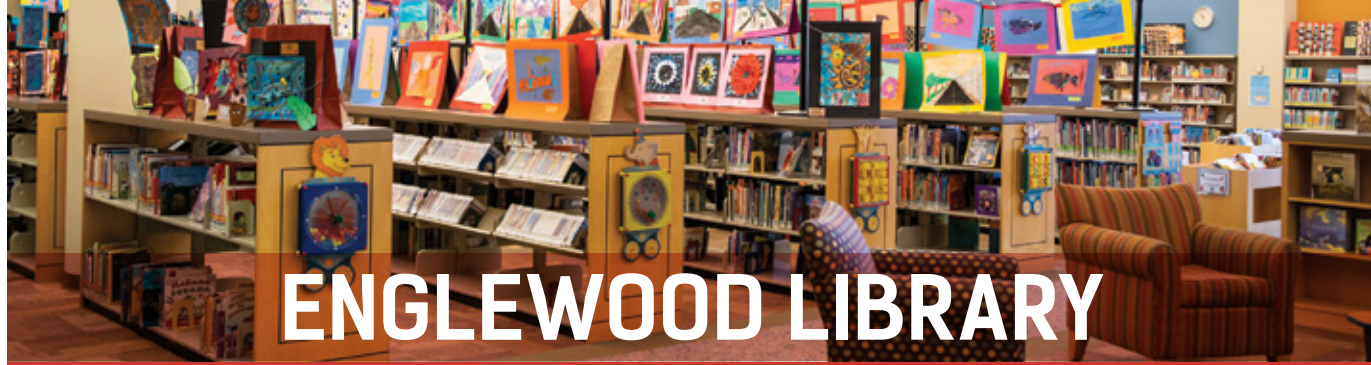
FREE MALLEY SOCIAL PASS

Beginning January 1, 2022, we're providing FREE Malley Social Passes thanks to a generous contribution from the Malley Center Trust Fund. The Malley Social Pass provides 12 months of access to select programs and includes use of our fitness center with cardio, weight and strength equipment. Other Center amenities include game room, computers, bridge, bunco, billiards, table tennis, pickleball and gym. The pass is available for residents and non-residents. Please visit Guest Services for details!

Sponsored by the Malley Center Trust Fund

The Malley Center Trust Fund Trustees approved funds to provide 2022 Social Passes to increase usage of the Malley Recreation Center. Come see what we're all about!





ENGLEWOOD LIBRARY

1000 Englewood Parkway • 303-762-2560 • englewoodco.gov/library

ADULT PROGRAMMING

Book Clubs Galore!

You've always wanted to join a book club. Go ahead, admit it. We have three book clubs hosted by the library. Come check one out.

Sack Lunch Sagas	4th Wednesday of the month from 12:30 – 2:00 PM
Novels@Night	2nd Thursday of the month from 6:00 – 7:30 PM
Books@the Bar!	3rd Monday of the month from 6:30 – 8:00 PM at various locations

Introduction to Genealogy

Saturday, March 5 • 2:00 – 3:30 PM

Have you always wanted to research your ancestors but didn't know where to start? If so, this basic class will give you resources and valuable local connections. In partnership with the Columbine Genealogical & Historical Society, Englewood Public Library invites you to attend this free class so you can get started with researching your family tree.

Location: Anderson Room

Local Author Showcase

Saturday, March 19 • 2:00 – 5:00 PM

Englewood Public Library will be highlighting the talents of local Colorado authors. Seize your opportunity to talk directly with authors, find out about their books, and enjoy the library while you're here.

Location: throughout the library

Change Your Life by Tidying Your Home

Saturday, March 26 • 10:30 AM – NOON

Learn about this life-changing method from Kate, a certified KonMari consultant, on the tidying method written about in *The Life Changing Magic of Tidying Up* and *Spark Joy* by Marie Kondo. For adults & teens. Registration required.

Location: Anderson Room

Easy Meals With a Dutch Oven

Saturday, April 9 • 2:00 – 3:30 PM

Learn how to use this versatile cooking tool that's older than our nation. Boiling, baking, frying and roasting are all options for creating various culinary delights. Monica Kadillak will be sharing recipes and explaining best practices.

Location: Perrin Room

Resource Connect

Every Monday • 11:30 – 2:30 PM

Resource Connect is a group of local organizations that engage with individuals who are experiencing poverty and/or homelessness. They connect people with resources to meet needs for medical and mental health, food and nutrition, family wellness, training and employment. Drop by to see how we can help.

Location: Anderson Room

Memory Café

2nd Monday of the month • 2:00 – 4:00 PM

A fun place to socialize, relax and engage for people experiencing memory loss and their caregivers. Each cafe has an activity to facilitate social connection for individuals with shared experiences. Just be yourself!

Location: Perrin Room

March – Bubble Wrap Art

April – Playing Clay

May – Boulder Museum of Contemporary Art

Day Dreamers Writing Group

2nd & 4th Tuesdays of the month • 2:00 – 4:00 PM

Join our daytime writers' group! This is a patron-led writing group that meets twice monthly to share work and writing discussion. All experience levels welcome. For adults. No registration required.

Location: Perrin Room

Let's Get Crafty

2nd Saturday of the month • 2:00 – 3:30 PM

Seize your opportunity to broaden your crafting horizons. Join us on the first Sunday afternoon each month to learn a new craft. We'll provide the space and the supplies. For adults. No registration required.

Location: Anderson Room

Please visit our website to grab all the details on our regularly scheduled programs and services.

- Citizenship Tutoring
- Creative Writing Group
- English Language Tutoring
- French Conversation Circle
- Your Next Read!

CHILDREN'S PROGRAMMING

Storytime

Children learn naturally when they read, sing, write, talk and play! Our interactive storytimes combine books, songs, rhymes and fun. No registration required.

TODDLER STORYTIME:

This storytime taps into the boundless energy of toddlers. It will engage children with short stories, fingerplays, action rhymes and songs. Your toddler will learn sounds, letter recognition and new words that will help them grow into pre-readers, all while having fun.

Every Monday and Tuesday at 10:30 AM

For children 18 months to 3 years old

BABY STORYTIME:

This lap-sit storytime focuses on developing a love of reading using books, songs, movement and rhyme. The program will help improve motor, sensory and social skills with caregiver and baby interactions.

Every Wednesday at 10:30 AM

For children up to 18 months

VIRTUAL PAJAMA STORYTIME:

Join us live via Facebook every Wednesday as we enjoy books, songs and activities designed to help children settle their minds and bodies to get ready for bedtime.

Live on Facebook – Every Wednesday at 7:00 PM

For children of all ages

PRESCHOOL/FAMILY STORYTIME:

Pre-readers will improve literacy skills needed in preschool and kindergarten. This storytime features longer books accompanied by a variety of activities, including simple crafts, flannel boards, puppetry and dramatics. Children will learn letter recognition and new words all while having fun.

Every Thursday and Friday at 10:30 AM

For children of all ages

Storytime Extra Programs

These programs are designed as an extra special storytime for toddlers and preschool-aged children. Along with a story, these programs include crafts and games! This program replaces storytime. No registration required.

3/9	M	10:30 AM	Winter Wiggles
4/29	F	10:30 AM	Preschool Prom

After-School Programs for Children of All Ages

Head to the library after school for fun programs for kids of all ages. No registration required.

3/10	Th	4:00 PM
3/17	Th	4:00 PM
3/31	Th	4:00 PM
4/14	Th	4:00 PM
4/28	Th	4:00 PM
5/5	Th	4:00 PM



TWEEN PROGRAMMING

Tween Programming is geared toward children ages 8–11.

Science Fun

Thursday, March 3 • 4:00 PM

Join us as we engage in a variety of fun science experiments and exploration.

Peeps Dioramas

Thursday, April 7 • 4:00 PM

Join us as we create diorama scenes using Peeps (you know, those cute marshmallow bunnies and chicks) and a variety of craft supplies. There might even be a few Peeps left over to eat!

SUMMER READING IS ALMOST HERE!

Summer is right around the corner and, the Children and Teen Librarians at the Englewood Public Library are busy planning for our summer reading program, “Oceans of Possibilities.”

WHEN: Registration for the summer reading program will begin on Thursday, May 26th.

WHO: The summer reading program will include programs for

- Babies (0 to 12 months)
- Children (1 to 11)
- Teens (12 to 18)

Each baby, child and teen that completes the reading program will receive a book and fun prizes.

WHAT ELSE: Since summer isn’t just about reading, we are planning lots of fun programs for all ages. Programs will begin on June 1st.

WHY: Our summer reading program is a fun way to help students keep their reading skills solid while encouraging them to read what interests them and explore new genres. Allowing kids to read what interests them will increase their desire to read and thus their overall love of reading. And what about the little ones who cannot read on their own? Reading to pre-readers is just as important for building reading skills as reading on their own is for elementary, middle and high school students. Spending time together while reading aloud helps to create strong family bonds and promotes healthy brain development.



TEEN PROGRAMMING

Teen programming is geared toward teens ages 12–18.

Teen Hangouts:

Join us for weekly hangouts in the Teen Room.

Every Tuesday at 5:00 PM.

- Writer’s Group:** 3/1, 4/5, 5/3
- Game Night:** 3/8, 3/29, 4/12, 5/10, 5/31
- Dungeons and Dragons:** 3/15, 4/19, 5/17
- Movie/TV Night:** 3/22, 4/26, 5/24

Email englewoodteen@gmail.com for information on which movies/ TV series we will be showing and which books we will be discussing.

Teen Dungeons & Dragons Club

Join us as we continue our D&D campaign in person and via Zoom.

- 3/1 Tu 6:00 PM
- 3/15 Tu 5:00 PM
- 4/5 Tu 6:00 PM
- 4/19 Tu 5:00 PM
- 5/3 Tu 6:00 PM
- 5/17 Tu 5:00 PM

Email englewoodteen@gmail.com for information on how to join.

Teen Monthly Events:

AFTER HOURS! Game Night

Friday March 18 • 6:00 PM

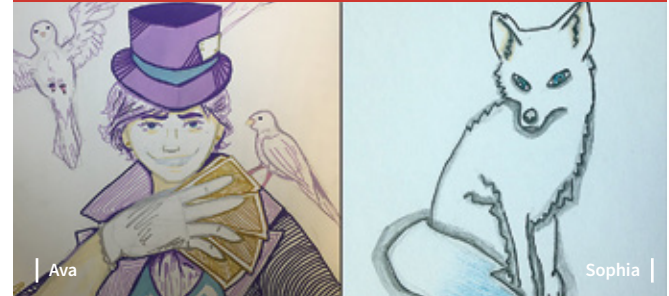
Join us for an evening of classic board games like Clue, Battleship, Apples to Apples, Cards Against Humanity (family friendly version) and Uno. Don’t know how to play these games? Don’t worry, we will teach you. This program will be after the library closes, so please drop off and pick up on the garage side of the library.

AFTER HOURS! Escape Room

Friday April 22 • 6:00 PM

Could you hack it as an international spy? Test your skills in our Teen Escape Room. We’ll crack codes, explore different countries, and outwit our enemies. Let’s hope we can break out in time to save the world! This program will be after the library closes, so please drop off and pick up on the garage side of the library.

Teen Art Exhibit!
Come check out the artwork of a few of our very talented teen artists. Three teens currently have their art displayed in our teen display case. Thanks to Ava, Riona and Sophia for sharing their art with us.



PLEASE NOTE: Computer classes take place in the Englewood Public Library. In most cases, registration is required: 303-762-2560. All computer classes in the library are free of charge.

MS Excel: The Basics

Excel spreadsheets allow you to easily store, organize and manipulate data. This class teaches the basics of Excel (inserting text, basic functions, AutoSum, AutoFill and more) by creating a budget and making Excel do all the math for you!

Registration required.

3/5 Sa 10:30 AM – NOON LIBRARY TECH LAB

MS Excel: Formatting and Functions

Have you taken our basics class? It’s time to move on and expand your Excel knowledge. Learn about conditional formatting, freezing rows and using tables. Basic Excel skills necessary.

Registration required.

3/19 Sa 10:30 AM – NOON LIBRARY TECH LAB

MS Excel: Formulas

Learn how to make Excel do the work for you by using commonly accessed formulas and functions. Basic Excel skills necessary.

Registration required.

4/2 Sa 10:30 AM – NOON LIBRARY TECH LAB

Google: Email/Calendar

Students new to email will receive help signing up for a free Gmail account. Learn how to send and receive emails, manage your inbox, and practice downloading and attaching files. We will also delve into the basics of Google Calendar. Basic computer skills necessary. Registration required.

4/16 Sa 10:30 AM – NOON LIBRARY TECH LAB

eMedia: Doing Downloadables

Step into the wonderful world of eResources! Learn about downloading audiobooks, eBooks, eMagazines, eNewspapers and streaming music and movies. For adults and teens.

Registration required.

5/7 Sa 10:30 AM – NOON LIBRARY TECH LAB

MS Publisher

Learn the basics of this desktop publishing program that can be used to create a variety of publications like business cards, greeting cards, calendars, newsletters and much, much more.

Registration required.

5/21 Sa 10:30 AM – NOON LIBRARY TECH LAB





BROKEN TEE GOLF COURSE

Broken Tee Golf Course • 303-762-2670 • 2101 W. Oxford Ave. • englewoodco.gov/brokentee

Englewood Parks and Recreation hosts one of the finest public golf facilities in the Rocky Mountain region: Broken Tee Golf Course. Broken Tee offers:

- Championship 18-hole course with Dye design front 9
- Par-3 course with multiple tee boxes – a challenge for the serious golfer or simple fun for the entire family
- Large driving range and one of the best practice areas in Metro Denver
- Offering FootGolf on the Par-3 course

Refreshment Update

Currently, Broken Tee is not providing food or beverages in the clubhouse or on the course via beverage carts. Golfers can purchase water, Gatorade and soda in the Pro Shop and are welcome to bring their own food and non-alcohol beverages, but please remember, alcohol is not permitted at this time. Thank you for your support!



Broken Tee is in full swing this spring!

- JOIN A LEAGUE - FIND THE RIGHT LEAGUE FOR YOU AT ENGLEWOODCO.GOV/LEAGUES
- COMING SOON - NEW AND EXPANDED EVENTS FOR ALL LEVELS OF GOLFERS!
- KEEP AN EYE OUT FOR JUNIOR GOLF LEAGUES AND CLINICS.



OUTDOOR / HIKING

Mountain Hiking Adventures

Enjoy Colorado and all its mountain beauty with one of our many hiking adventures, which include moderate and easy levels (see below). For all hikes, come prepared with a daypack, hiking boots, sack lunch, water (more if it's hot), rain gear, hat, sun lotion, insect repellent, whistle, walking stick, warm clothing and money for an ice cream stop. **Please pick hikes appropriate to your ability and fitness level.** Locations are subject to change depending on weather or trail conditions.

Fee: \$22/\$18



Moderate Hikes

Number	Date	Day	Time	Location	Length	Elev. Start	Elev. Gain	Difficulty	Near
22162011	5/3	Tu	8:00 AM – 5:00 PM	Paint Mines	2–4 mi	6,655'	450'	E–M	Calhan
22162012	5/11	W	8:00 AM – 5:00 PM	Red Rock Canyon	3+ mi	6,000'	375'	E–M	Colorado Springs
22162013	5/17	Tu	8:00 AM – 5:00 PM	Hall Ranch	7.2–10.2 mi	5,480'	1,100'	M	Lyons
22162014	5/25	W	8:00 AM – 5:00 PM	Rutherford Trail	2.0+ mi	8,553'	798'	M	Georgetown
22162015	5/31	Tu	8:00 AM – 5:00 PM	Ralph Price Reservoir	5.5 mi	5,940'	800'	E–M	Lyons

Easy Hikes

Number	Date	Day	Time	Location	Length	Elev. Start	Elev. Gain	Difficulty	Near
22163011	5/3	Tu	8:00 AM – 5:00 PM	Paint Mines	2–4 mi	6,655'	450'	E	Calhan
22163012	5/11	W	8:00 AM – 5:00 PM	Red Rock Canyon	3+ mi	6,000'	375'	E–M	Colorado Springs
22163013	5/31	Tu	8:00 AM – 5:00 PM	Ralph Price Reservoir	5.5 mi	5,940'	800'	E–M	Lyons

E = Easy, M = Moderate



City of Englewood is an equal opportunity service provider and employer. City of Englewood operates under special use permit from the USDA Forest Service, White River National Forest.



AQUATICS

Hours

M – Th: 6:00 AM – 8:30 PM
F: 6:00 AM – 7:30 PM
Sa/Su: 8:00 AM – 4:30 PM



Pool Safety Guidelines

Children under 8 years old must be directly supervised by an adult in the pool area. Adults must provide in-water supervision of children unable to pass the swim test.

Supervise your children. No diving.
 No breath-holding games, please.

The Swim Test

Children under 8 years old must be able to swim 10 meters by themselves to go down the big slide or to be out of reach of an adult.

Pool Features

- 8 lanes, 25 meters
- Body slide (must pass a swim test)
- 2–3 ft. shallow children’s area with easy-access stairs
- Small slides
- Family changing rooms
- Dry sauna
- ADA accessible
- Pool temp 86° year-round

Open Swim

Head on down for an afternoon of fun. Toss the ball, dive for rings or take a ride down the slides. Some features may not be available due to shared programming.

M – F: 1:00 – 4:00 PM
Sa/Su: 1:00 – 4:30 PM
Tot Pool: Open daily until close (except 8:00 AM – NOON weekends). Check online for more details.

Lap Swim

At least one lane is available at all times of the day. Circle swimming and lap swim etiquette applies. Please check online for a more detailed schedule.

M – Th: 6:00 AM – 8:30 PM
F: 6:00 AM – 7:30 PM
Sa/Su: 8:00 AM – 4:30 PM

Following COVID-19 guidelines, schedules and policies may change at any time. There is no evidence that COVID-19 can spread to humans through the use of pools and hot tubs.



SWIMMING LESSONS

Englewood Recreation Center • 1155 W. Oxford Ave.

Infant and Toddler

Babes & Tots (6 mos – 3 yrs)

Introduction to the water with a focus on safety and primary water skills, including submersion, bubbles and water play in a fun, family environment.

Jellyfish (2½ – 3½ yrs)

This class is for advanced toddlers who go under water willingly and are nearly floating on their own. Instructor approval requested.

Preschool

Seahorse (3 – 5 yrs)

These little ones may be cautious, but are ready to start the basics. A gentle approach using songs and games helps them gain confidence and trust.

Seal (3 – 5 yrs)

These little ones are happiest going under water and are just starting to float on their own.

Otter (3 – 5 yrs)

These little ones can float for 10 seconds, roll over and kick 10 meters to safety.

Sea Lion (3 – 5 yrs)

These are our most experienced little swimmers, working on freestyle and backstroke drills, with the goal of being able to swim 15 meters with ease.

School Age

Stingray (6 – 14 yrs)

Swimmers with limited experience or basic skills should start here. Cautious and adventurous alike will find success in this class. Floating, kicking and breathing will be mastered here.

Dolphin (6 – 14 yrs)

Swimmers will be conditioned to float, kick and breathe for longer distances while core swimming skills are introduced and mastered. Swimmers will master freestyle and backstroke drills for 15–25 meters.

Swordfish (6 – 14 yrs)

Swimmers at this level are well conditioned and beginning to swim up to 25 meters of freestyle, backstroke and elementary backstroke with ease. Dolphin kick and treading water will be introduced.

Barracuda/Shark (6 – 14 yrs)

Swimmers are working toward 50 meters of freestyle and backstroke with efficiency and ease. Butterfly and breaststroke drills are introduced and refined. Open turns, treading water for time and advanced safety skills are included.

WATER FITNESS

Aqua Power

Ages: 16 yrs +

Add water to your everyday routine and see the difference.

3/3 – 3/24	Th	5:00 – 5:50 PM	\$25/\$21	21250211
3/31 – 4/21	Th	5:00 – 5:50 PM	\$25/\$21	21250221
4/28 – 5/19	Th	5:00 – 5:50 PM	\$25/\$21	21250231

HIIT Aqua

Ages: 16 yrs +

High intensity followed by active recovery = all gain with no pain.

3/1 – 3/22	Tu	5:00 – 5:50 PM	\$25/\$21	21250611
3/29 – 4/19	Tu	5:00 – 5:50 PM	\$25/\$21	21250621
4/26 – 5/17	Tu	5:00 – 5:50 PM	\$25/\$21	21250631

Senior Aqua

Ages: 55 yrs +

Rediscover the fountain of youth, where splashing and smiling isn’t just for kids.

2/28 – 5/16	M	9:00 – 9:50 AM	\$30/\$24	21260121
3/1 – 5/17	Tu	9:00 – 9:50 AM	\$30/\$24	21260122
3/1 – 5/17	Tu	10:00 – 10:50 AM	\$30/\$24	21260123
3/2 – 5/18	W	9:00 – 9:50 AM	\$30/\$24	21260124
3/3 – 5/19	Th	9:00 – 9:50 AM	\$30/\$24	21260125
3/4 – 5/20	F	9:00 – 9:50 AM	\$30/\$24	21260126

Arthritis Aqua

Ages: 55 yrs +

Improve your daily function and reduce pain through aquatic exercise. Reduced impact on your joints will allow for a full body workout focused on strength, flexibility and range of motion. A great option for beginners, pre-surgery and post-surgery.

3/2 – 5/18	W	11:15 AM – 12:10 PM	\$30/\$24	21260211
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We're Hiring!

Lifeguards, Swim Instructors
 and Water Fitness positions.
 Apply online. Training provided.
 Must be 15 years or older.



EVENING SWIMMING LESSONS AT ERC

Fee: \$48/\$40		MARCH	APRIL	MAY
		Tuesdays & Thursdays		
Class	Time	3/1 - 3/24	3/29 - 4/21	4/26 - 5/19
Jellyfish	4:30 - 4:55 PM	21210211	21210212	21210213
Seahorse	4:30 - 4:55 PM	21220111	21220112	21220113
Seal	5:00 - 5:30 PM	21220211	21220212	21220213
Otter/Sea Lion	5:35 - 6:05 PM	21220311	21220312	21220313
Stingray	5:00 - 5:30 PM	21230111	21230112	21230113
Dolphin	5:35 - 6:05 PM	21230211	21230212	21230213
Swordfish	6:10 - 6:40 PM	21230311	21230312	21230313
Barracuda/Shark	6:10 - 6:40 PM	21230411	21230412	21230413

WEEKEND SWIMMING LESSONS AT ERC

Fee: \$25/\$20		MARCH		APRIL		MAY	
*Fee: \$18/\$15 (No class 4/17)		Saturdays	Sundays	Saturdays	Sundays	Saturdays	Sundays
Class	Time	3/5 - 3/26	3/6 - 3/27	4/2 - 4/23	4/3 - 4/24*	4/30 - 5/21	5/1 - 5/22
Babes & Tots	10:00 - 10:30 AM	21210131	21210133	21210135	21210137	21210139	21210141
	10:35 - 11:05 AM	21210132	21210134	21210136	21210138	21210140	21210142
Jellyfish	9:30 - 9:55 AM	21210231	21210232	21210233	21210234	21210235	21210236
Seahorse	10:00 - 10:30 AM	21220131	21220133	21220135	21220137	21220139	21220141
	10:35 - 11:05 AM	21220132	21220134	21220136	21220138	21220140	21220142
Seal	10:00 - 10:30 AM	21220231	21220233	21220235	21220237	21220239	21220241
	10:35 - 11:05 AM	21220232	21220234	21220236	21220238	21220240	21220242
Otter	8:50 - 9:20 AM	21220331	21220332	21220333	21220334	21220335	21220336
Sea Lion	11:10 - 11:50 AM	21220431	21220432	21220433	21220434	21220435	21220436
Stingray	9:15 - 9:55 AM	21230131	21230133	21230135	21230137	21230139	21230141
	11:10 - 11:50 AM	21230132	21230134	21230136	21230138	21230140	21230142
Dolphin	9:15 - 9:55 AM	21230231	21230233	21230235	21230237	21230239	21230241
	11:10 - 11:50 AM	21230232	21230234	21230236	21230238	21230240	21230242
Swordfish	8:30 - 9:10 AM	21230331	21230332	21230333	21230334	21230335	21230336
Barracuda/Shark	8:30 - 9:10 AM	21230431	21230432	21230433	21230434	21230435	21230436

POOL PARTIES

Bring your party to us! You'll have two hours to set up and host your own party followed by two hours of swimming. Parties for children under 8 years old require 3-5 adults actively supervising in the water with swimsuits on. Call 303-762-2680 or register online.

Saturdays and Sundays

12:15 - 2:15 PM: Room rental
(you set up and clean up)

1:30 - 4:30 PM: Pool time

1-15 Guests: \$125
16-25 Guests: \$150



PRIVATE SWIMMING LESSONS

Sign up for private lessons with our experienced instructors who will provide hands-on instruction in or out of the water based on your preferences. For an additional fee, a second person can be added to the lesson at the payment screen. Check online for more days and times.

Ages: 3 years - adult

18 months - 3 years, parent assisted at the instructor's discretion

	1 student	2 students
3 classes *No class 4/17	\$72	\$87
4 classes	\$96	\$116

4 classes	MARCH		APRIL		MAY	
	Mondays	Wednesdays	Mondays	Wednesdays	Mondays	Wednesdays
Time	2/28 - 3/21	3/2 - 3/23	3/28 - 4/28	3/30 - 4/20	4/25 - 5/16	4/27 - 5/18
4:00 - 4:30 PM	231211	231221	231231	231241	231251	231261
4:30 - 5:00 PM	231212	231222	231232	231242	231252	231262
5:00 - 5:30 PM	231213	231223	231233	231243	231253	231263
5:30 - 6:00 PM	231214	231224	231234	231244	231254	231264
6:00 - 6:30 PM	231215	231225	231235	231245	231255	231265
6:30 - 7:00 PM	231216	231226	231236	231246	231256	231266

4 classes	MARCH		APRIL		MAY	
	Saturdays	Sundays	Saturdays	Sundays	Saturdays	Sundays
Time	3/5 - 3/26	3/6 - 3/27	4/2 - 4/23	4/3 - 4/24*	4/30 - 5/21	5/1 - 5/22
11:55 AM - 12:25 PM	231227	231229	231247	231249	231267	231269
12:30 - 1:00 PM	231228	231230	231248	231250	231268	231270

HOME SCHOOL SWIMMING

Class	Fee	Time	Wednesdays	
			3/2 - 3/23	3/30 - 4/20
3-7 yrs	\$31	1:00 - 3:30 PM	21230811	21230821
8-14 yrs	\$26	1:00 - 3:30 PM	21230812	21230822

Home School Swimming

Home school and remote students wanted. Your child will receive a 30-minute lesson during this 2-hour block and have additional time to practice with a parent before or after their lesson or just play around. Parents should expect to join their child in the pool when they are not active in a swim lesson. Children able to pass 10-meter swim test may swim on their own.

Webelos Aquanaut (Scouts)

For the Aquanaut adventure, Webelos learn about water safety while swimming and boating, and practice their aquatic skills. Sign up as a group or individual. Badge not included.

3/21	M	7:00-8:00 PM	\$7.50/\$6	21230721
4/18	M	7:00-8:00 PM	\$7.50/\$6	21230722
4/25	M	7:00-8:00 PM	\$7.50/\$6	21230723
5/16	M	7:00-8:00 PM	\$7.50/\$6	21230724



Make A Splash swim lesson grants may still be available. Call 303-762-2680 or stop by the front desk to inquire.



PIRATES COVE

Pirates Cove Water Park • 1225 W. Belleview • 303-762-COVE (2683) • piratescovecolorado.com

Operating Hours

10:00 AM – 5:30 PM Daily 5/28 – 8/12
 10:00 AM – 5:30 PM Weekends only beginning 8/13
 10:00 AM – 5:30 PM Labor Day, 9/5

AVAST MATEY, purchase your season or family pass before May 1 and save 10%. Season and family pass holders are also eligible for a 10% discount on classes at Pirates Cove and our birthday party packages. Passes will be available to purchase online or at the Englewood Recreation Center.

2022 Daily Admission Rates

	Child/Sr (2 – 17 / 55+ yrs)		Adult (18 – 54 yrs)	
	Non-Res	Res	Non-Res	Res
Daily	\$15	\$10	\$16	\$12
Weekends/ Holidays	\$17	\$11	\$18	\$11

SEASON PASS	Fee	Res Fee
Child/Senior	\$120	\$83
Adult	\$133	\$91

FAMILY SEASON PASS	Fee	Res Fee
Up to 4 in same household	\$298	\$201

Each additional person in same household is \$35

Resident ID Cards must be presented to receive discounts. Some restrictions apply on family passes.

Parties at Pirates Cove

It's not too early to book your birthday or sports party at Pirates Cove. Choose from:



CAPTAIN COOK PARTY
for 1–15 guests: \$340



BILLY BONES PARTY
for 16–25 guests: \$413

Parties include admission, cupcakes, ice cream, soda, paper goods and our party patio for two hours. Book your party online by visiting our website piratescovecolorado.com.

Follow us on Facebook and Instagram:
Piratescovecolorado



Teen Buccaneers

Enjoy Pirates Cove this summer by becoming a Jr. Lifeguard. Jr. Lifeguards assist patrons and lifeguards throughout the facility while learning the duties that lifeguards perform. This volunteer program is designed for youth 13–14 years old who aspire to become lifeguards when they reach the age of 15. For more information, contact Brittany at 303-783-6974.

Online Tickets

Pirates Cove has online ticketing. Purchase your tickets at piratescovecolorado.com, then print the tickets or show the tickets on your mobile device and avoid the pay line at the park.

Cove Cabana Rentals

Rent your own cabana for up to 8 people, and avoid having to worry about finding shade or having a place to sit. Cabanas come with two lounge chairs, four chairs and a small table. Price does not include park admission. Visit our website for more information and to book your cabana.

May Is Swim Safety Month

All month long, look for safety tips at the Recreation Center and our Pirates Cove Facebook page. Aquatics staff is always happy to discuss the various tips on staying safe around the water.

UPCOMING SUMMER EVENTS

World's Largest Swim Lesson: Thursday, June 23

Drowning remains the second-leading cause of unintended injury related to the death of children ages 1–14. Pirates Cove is proud to be one of hundreds of facilities around the globe promoting Learn to Swim. Come to Pirates Cove on June 23 for a free half-hour swim lesson. After the lesson, feel free to stay and work on the skills you learned and play for free.

Adult Nights: June 15, July 6 & 20 and August 3

Food Drive: July 11 – 15

Dog Plunge: September 10



LICENSED CHILD CARE & CAMPS

General Information

- KidConnections Day Camp sessions are held May 31 – August 5, 2022, Monday – Friday, 7:00 AM – 6:00 PM.
- KidConnections Day Camps are a fully licensed day care by the State of Colorado, Department of Human Services, for children 5 years old (and have completed kindergarten) through 14 years old.
- Camps offered:
 - 5–9 years old
 - 10–14 years old
- Camp is held at Colorado's Finest High School of Choice, 300 W. Chenango Ave.
- Participants must bring their own lunch, snacks and water bottle every day.
- Priority registration date for returning 2021 participants: March 17, 2022.
- New family registration: April 4, 2022.
- Camper T-shirts included in registration.

Registration and Fees

Annual Registration Fee: \$10 per child due at registration (includes camp T-shirt). Registration will be completed online at englewoodco.gov/summercamp.

MARCH 17: Priority registration will begin for families who participated in our 2019 Summer Camp Program.

APRIL 4: New Family registration will begin.

Fees		Resident Fees	
Weekly	Daily	Weekly	Daily
\$228	\$57	\$188	\$47

*10% Sibling discount for families with 2 or more children enrolled, discount applied to oldest child

To ensure resident rate, Englewood residents must have a current resident ID card (\$3, purchased at the ERC). To

Benefits of KidConnections Camps

- A FUN, SAFE environment for your child.
- Small group sizes.
- Opportunities for growth, both socially and emotionally.
- Campers create connections with new friends and a loving and caring staff.
- Knock out summer boredom with social interaction and active, new experiences.

What Makes Us Unique

- A well-trained, experienced staff, who are caring, fun, energetic and organized.
- A safe and welcoming environment.
- Swimming at least once per week (either at Pirates Cove or ERC pool).
- At least one “big” field trip per week included in tuition.
- Local field trips (price included in daily fee) to local parks, hiking and Belleview Farm and Train.
- Weekly themes and projects.
- Arts and crafts projects.
- Games and sports.

receive resident coupon, you must contact the Program Administrator to confirm household status. You must complete all required paperwork prior to your child attending camp. Payment plans available.

The program does not have an hourly rate, and unscheduled drop-in care is not permitted. Reservations for additional days need to be made 48 hours in advance to ensure proper staffing. Drop-ins must be approved prior to day of attendance. No credits or refunds will be given for missed days of camp.

This program is on a first come, first served basis, and enrollment is subject to availability.

Contact Avery Akers at aakers@englewoodco.gov and 303-762-2652



CULTURAL PROGRAMS

Creative Pottery

Ages: 16 yrs +
Use different methods of handbuilding and/or sculpting to create three pieces of art. Glazes included. Open to all skill levels. Supply fee: \$15 per 12 lbs. of clay used, payable to instructor.

Location: MRC *Instructor: Michael McGrath*
3/8 - 4/12 Tu 10:00 AM - NOON \$72/\$67 21760411
4/19 - 5/24 Tu 10:00 AM - NOON \$72/\$67 21760412

Open Paint Studio

Ages: 55 yrs +
Learn some of the different techniques used by some of the Masters, such as Michelangelo, DaVinci and others. Class supplies should be purchased by each student prior to the second week of class. Supply list will be provided by the instructor during the first week of class. Materials should not exceed \$75. Easels are available for student use.

Location: MRC
3/8 - 5/31 Tu 1:00 - 3:00 PM \$17/\$14 21761411

Drawing & Painting Class

Ages: 16 yrs +
Whether you like to paint, smatter, draw or sketch, this class will bring out creativeness. Use different mediums such as watercolors, acrylics or pencils. Pick your favorite and enrich your skills in this class. All levels of experience welcome. Bring any works in progress or start something new.

Location: MRC *Instructor: Eileen Hoffman*
3/10 - 4/14 Th 10:00 AM - NOON \$60/\$55 21761011
4/21 - 5/26 Th 10:00 AM - NOON \$60/\$55 21761012



Ultra Beginning Line Dance

Ages: 55 yrs +
This class is a good place to start for those interested in learning how to line dance and enjoy moving to a variety of music.

Location: MRC *Instructor: Judy Curtis*
3/9 - 3/30 W 2:00 - 3:00 PM \$17/\$14 21860311
3/9 - 3/30 W 3:30 - 4:30 PM \$17/\$14 21860314
4/6 - 4/27 W 2:00 - 3:00 PM \$17/\$14 21860312
4/6 - 4/27 W 3:30 - 4:30 PM \$17/\$14 21860315
5/4 - 5/25 W 2:00 - 3:00 PM \$17/\$14 21860313
5/4 - 5/25 W 3:30 - 4:30 PM \$17/\$14 21860316

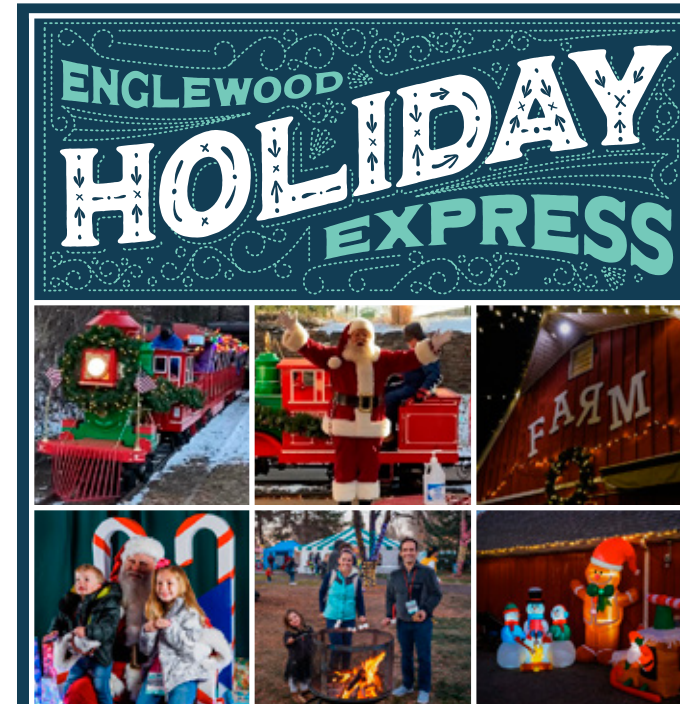
Beginning Line Dance

Ages: 55 yrs +
Step up the pace. Learn more difficult steps to new choreography and continue learning.

Location: MRC *Instructor: Judy Curtis*
3/9 - 3/30 W 10:00 - 11:00 AM \$17/\$14 21860411
4/6 - 4/27 W 10:00 - 11:00 AM \$17/\$14 21860412
5/4 - 5/25 W 10:00 - 11:00 AM \$17/\$14 21860413



Come join us for meals at the Malley Recreation Center daily at 11:45 AM (donations accepted). Please call 303-762-2660 for more information.



Thank You

to all who attended,
all the volunteers and all
the sponsors who made the
Englewood Holiday Express
a memorable one!

2021





ENRICHMENT & EDUCATION

Spanish III

Ages: 55 yrs +
 Bienvenidos! Continue to sharpen your Spanish speaking skills. This interactive class builds further on what you have learned. You will focus on more complex forms of conversation, using proper grammar, pronunciation and a variety of new vocabulary. A background in Spanish is recommended.

Location: MRC Instructor: Jean Kunkel
 3/7 – 5/23 M 8:30 – 10:30 AM \$68/\$56 21465611

Continuing Bridge Lessons

Ages: 55 yrs +
 Take your bridge playing to the next level. This class is designed for those who have been learning the game for a while and want a new challenge. Class includes instruction on play and defense, bidding skills, some lecture and supervised playing.

Location: MRC Instructor: James Buck
 3/9 – 4/13 W 10:00 AM – NOON \$57/\$46 21465011
 4/20 – 5/25 W 10:00 AM – NOON \$57/\$46 21465012

Maintaining Muscle Mass

Keeping healthy muscles is important! So, come learn how to maintain muscle mass now and well into the future with key foods and supplements all recommended by science-based research.

Location: MRC Instructor: Kelly Andis, Nutritional Health Coach, Natural Grocers
 3/12 Sa 10:00 – 11:00 AM \$7/\$5 21460311

Wills, Trusts & Power of Attorney

Planning for disability and death can give you peace of mind, reduce burdens for your loved ones, and help you leave a legacy instead of a mess. Learn about some of the tools available to you, including powers of attorney, advance medical directives, wills and trusts. We'll also touch on the probate process and long-term care considerations.

Location: MRC Instructor: Kim Evans and Panel of RoadMap for Aging Experts
 3/14 M 10:00 – 11:30 AM \$7/\$5 21460611



Englewood Recreation Guide — englewoodrec.org

Personal Safety and Self-Defense Class

Ages: 15 yrs +
 Stay safe and get empowered, as this class will focus on self-preservation and the protection of friends and family, with practical safety practices for all ages. Class will be interactive and provide simple means of empty-handed self-defense techniques, plus ways to self-protect with everyday objects. Wear comfortable clothing.

Location: MRC Instructor: Sherrel Price, Outi Gomez, 5th Degree Black Belt, Tae Kwon Do Chung Do Kwan Schools
 3/15 Tu 1:00 – 3:00 PM \$15/\$12 21460711
 4/30 Sa 9:30 – 11:30 AM \$15/\$12 21460811

Passwords and Protecting Your Identity

People use various apps and online services, most of which require a user account. Have you developed bad habits when it comes to your passwords? You could be an easy target for identity theft. Join us to discuss tools and strategies for managing your passwords and ways to stay protected.

Location: MRC Instructor: Patrick Baker, Prime of Life Tech
 3/24 Th 1:30 – 2:30 PM \$7/\$5 21461011

The Will Maker – Legal Seminar

In a single sitting, you'll complete a simple will. You'll also complete a living will, medical power of attorney and financial power of attorney with the help of a licensed attorney. Fee includes all material, witnessing, notarizing, individual review and time for questions. Bring your ID and a snack. Cost: \$100, payable to Rebecca Bennetti at the workshop.

Location: MRC Instructor: Rebecca Bennetti, Lawyer
 3/30 W 12:30 – 4:30 PM \$15/\$12 21460411
 4/19 Tu 12:30 – 4:30 PM \$15/\$12 21460412

It's in the Air: Problems with Pollen?

Is the sneezing and coughing getting to you? Well, wave goodbye to your problem with pollen by learning what nutrients and foods help support a balanced immune response to airborne irritants.

Location: MRC Instructor: Kelly Andis, Nutritional Health Coach, Natural Grocers
 4/14 Th 10:00 – 11:00 AM \$7/\$5 21460911

The Probate Process

What do you do when someone passes away? Do you need to open probate? If you are the personal representative or executor of the estate, what will be expected of you? What should you know if you are a beneficiary? We will answer these questions and talk about some of the tools available to you to avoid probate of your estate.

Location: MRC Instructor: Ryan Scott, Law Office of Ryan B. Scott, LLC
 4/18 M 10:00 – 11:30 AM \$7/\$5 21461111

Cutting the Cord and Streaming

Are you tired of paying the high cost for cable or satellite TV when you only watch a fraction of the programming? Join us to discuss streaming services and learn how to enjoy your favorite shows over the internet. We'll explore the kinds of programming you can access without using traditional cable, satellite or broadcast TV services.

Location: MRC Instructor: Patrick Baker, Prime of Life Tech
 4/21 Th 1:30 – 2:30 PM \$7/\$5 21461211

Good4u Foods on a Budget

Discover how to support your optimal health – without breaking the bank. We will show you our tips and tools for staying on track, using our Menu Planner, Shopping & Pantry list, Healthy Meal Wheel and more!

Location: MRC Instructor: Kelly Andis, Nutritional Health Coach, Natural Grocers
 5/5 Th 10:00 – 11:00 AM \$7/\$5 21461311

FREE PROGRAMS

Reverse Mortgage Myths – Real Stories Behind the Loans

Your friend has said her reverse mortgage is the best thing she ever did, but your cousin says he would never consider one. What are these loans all about? Is this a financial tool you could use? Get expert answers to your questions and gain a solid understanding of how these loans can be structured to fit unique situations.

Location: MRC Instructor: Don Opeka, Orion Mortgage, Inc.
 3/8 Tu 10:00 – 11:00 AM FREE 21460511
 4/12 Tu 10:00 – 11:00 AM FREE 21460512

I Can't Find My Car Keys, Do I Have Dementia?

What's normal memory loss and what is concerning? This discussion will dispel some of the myths and help you understand the real facts about the relation of Dementia and Alzheimer's. Plus, how it can be reversed in many situations.

Location: MRC Instructor: Mindy Sterling and Roger Rhodes, Homewatch CareGivers
 3/9 W 1:00 – 2:00 PM FREE 11461711

Medicare 101

Making a decision can be hard! Attend this presentation to learn all your plan options and review the A, B, C and D's of Medicare. Allen will share important dates to remember and how to save money on prescriptions.

Location: MRC Instructor: Allen McGill, McGill Insurance
 3/10 Th 1:30 – 3:30 PM FREE 21460011
 4/14 Th 1:30 – 3:30 PM FREE 21460111
 5/12 Th 1:30 – 3:30 PM FREE 21460211

Medicaid and Long-Term Care

How are you going to pay for long-term care? Given the rising costs, what can you do to preserve and protect your estate and assets? Come learn about options and common ways to pay for care. We'll discuss types of insurance, key elements to consider in evaluating policies, and how and when Medicaid can be part of your planning.

Location: MRC Instructor: Ryan Scott, Law Office of Ryan B. Scott, LLC
 5/16 M 10:00 – 11:30 AM \$7/\$5 21461511

Personal Safety Tech for Older Adults

What technology options help older adults stay safe and help with daily routines? Join us to discuss the technology that helps older adults remain safe and live independently for longer while enabling adult children to know from anywhere that their parents are safe.

Location: MRC Instructor: Patrick Baker, Prime of Life Tech
 5/19 Th 1:30 – 2:30 PM \$7/\$5 21461611

Never B-4 Bingo

Have some fun, and prizes are included! Play in person or via Zoom (a working email is needed). Bingo cards need to be picked up at Malley prior or request them to be mailed.

3/14 M 1:00 – 2:00 PM FREE
 VIRTUAL 21450011, IN PERSON 21450111
 4/11 M 1:00 – 2:00 PM FREE
 VIRTUAL 21450211, IN PERSON 21450311
 5/9 M 1:00 – 2:00 PM FREE
 VIRTUAL 21450411, IN PERSON 21450511



What Your Heirs Should Know if You Have a Reverse Mortgage

No one has a crystal ball, so making plans for a long life can be challenging. Questions of health, longevity, lifestyle and legacy all require consideration in planning for the amount of money necessary. This in-depth and candid conversation with financial, health and senior living experts will help uncover the mysteries about deciding how much is enough when it comes to budgeting for retirement living into your 80s and beyond.

Location: MRC Instructor: Don Opeka, Orion Mortgage, Inc.
 5/10 Tu 10:00 – 11:00 AM FREE 21461411



ACTIVE KIDS

Toddler & Me Tumbling

Ages: 1 – 3 yrs
Does your tot need a place to explore, play and let out some energy in a fun and safe environment? Register for this class that teaches your child and you simple tumbling skills while meeting new friends.

Tumbling Tykes

Ages: 3 – 5 yrs
Join this interactive class where young tumblers will enhance their balance and strength, and learn beginning tumbling skills. While this class is designed for children to take independently, parents are asked to remain in the building.

Gymnast Jubilee

Ages: 6 – 9 yrs
Kids will learn rolls, cartwheels and balance, all while having a blast and meeting new friends. While this class is designed for children to take independently, parents are asked to remain in the building.



ACTIVE KIDS								
Class	Activity #	Ages	Dates	Days	Time	Location	Fee	Res Fee
Toddler & Me Tumbling	22310111	1 – 3 yrs	3/2 – 4/6*	W	4:00 PM – 4:30 PM	ERC	\$30	\$24
	22310112	1 – 3 yrs	4/13 – 5/11	W	4:00 PM – 4:30 PM	ERC	\$30	\$24
	22310121	1 – 3 yrs	3/5 – 4/9*	Sa	9:45 – 10:15 AM	ERC	\$30	\$24
	22310122	1 – 3 yrs	4/16 – 5/14	Sa	9:45 – 10:15 AM	ERC	\$30	\$24
Tumbling Tykes	22320211	3 – 5 yrs	2/28-4/4*	M	5:30 – 6:00 PM	ERC	\$31	\$26
	22320212	3 – 5 yrs	4/11-5/9	M	5:30 – 6:00 PM	ERC	\$31	\$26
	22320221	3 – 5 yrs	3/5 – 4/9*	Sa	9:15 – 9:45 AM	ERC	\$31	\$26
	22320222	3 – 5 yrs	4/16 – 5/14	Sa	9:15 – 9:45 AM	ERC	\$31	\$26
Gymnast Jubilee	22320311	6 – 9 yrs	2/28-4/4*	M	4:45 – 5:30 PM	ERC	\$39	\$31
	22320312	6 – 9 yrs	4/11-5/9	M	4:45 – 5:30 PM	ERC	\$39	\$31
	22320321	6 – 9 yrs	3/5 – 4/9*	Sa	8:30 – 9:15 AM	ERC	\$39	\$31
	22320322	6 – 9 yrs	4/16 – 5/14	Sa	8:30 – 9:15 AM	ERC	\$39	\$31

*No class: 3/14, 3/16, 3/17, 3/19



PIRATE YOUTH SPORTS



Building community, tradition and excellence! Our vision is to develop the community of Englewood and its youth through high-quality youth sports programs.

- BASEBALL • BASKETBALL • CHEERLEADING
- FOOTBALL • FLAG FOOTBALL • LACROSSE • SOFTBALL
- RUGBY • VOLLEYBALL • WRESTLING • SOCCER

Join our email list and register for all youth sports programs at pirateyouthsports.com. Contact us at president@pirateyouthsports.com or 303-907-3667. Subject to change due to COVID-19.

SUMMER DRAMA AUDITIONS!

Friday, April 22 • 5:00 – 9:00 PM
Saturday, April 23 • 9:30 AM – NOON

Malley Recreation Center • 3380 S. Lincoln St.

Calling actors ages 8 to 98 to participate in the Englewood Summer Drama Program! This year's musical is still to be determined. To audition, please prepare a one-minute song. An accompanist will be available. Call Sara at 303-762-2680 for more information.

SAVE THE DATE:
The curtain rises **JULY 22** at Englewood High School!



ADULT & YOUTH ATHLETICS

Adult Athletic Leagues

Adult athletic league registration, schedules and standings: teamsideline.com/englewoodrec

MEN'S AND WOMEN'S ADULT ATHLETIC LEAGUES						
SPORT	SEASON	REGISTRATION	LEAGUES BEGIN	FEES	FORMAT	OFFERINGS
Volleyball	Winter	10/24 – 12/20	Mid-January	\$335/team	10 Games + Single Elimination Playoff	Tuesday Coed, Wednesday Women's, Thursday Men's
	Fall	7/11 – 9/2	Mid-September			
Basketball	Winter	10/24 – 12/20	Mid-January	\$475/team	8 Games + Single Elimination Playoff	Sunday Men's Comp, Sunday Men's Rec, Monday Men's Open
	Spring	1/17 – 3/18	Late March			
	Summer	5/2 – 6/24	Mid-July			
	Fall	8/1 – 9/16	Late September			
Softball	Summer	3/14 – 5/6	Mid-May	\$625/team	10 Games + Single Elimination Playoff	Thursday Men's Competitive and Recreational
	Fall	6/27 – 7/29	Mid-August	\$525/team		

Don't have a team or need a few more players to complete your team? Go to teamsideline.com/englewoodrec to be added to the Free Agent List. If you have any questions regarding team registration, please call Sara Stant at 303-762-2694 or email ssant@englewoodco.gov.



Tennis & Pickleball Lessons!

Indoor and outdoor classes and instruction for all ages and a wide range of levels. Quality instructors from Hitman Sports Management. Visit [Play Englewood](https://playenglewood.com) for info!



Skyhawks and SuperTots

Teaching life skills through sports

Skyhawks provides sports instruction in our Englewood Parks for ages 4–14. Classes include basketball, volleyball and multi-sport focuses. For more info, visit skyhawks.com.

SuperTots is perfect for ages 2–5. These classes will meet weekly in our parks. Children will learn the basics of baseball, basketball, football or soccer. For more information, visit supertotsports.com.



ADULT FITNESS

Drop-In Rates

Daily Group Fitness / Yoga Pass \$10/\$8
Drop-in not available for Pilates Reformer, Tai Chi for Balance or Group Personal Training Classes.

ERC Fitness Orientation

Ages: 13 yrs +

Learn to correctly operate the Technogym weight machines and cardiovascular equipment in a group setting. Please register at least two days in advance to ensure your place in class. This orientation is a prerequisite for all 13- and 14-year-olds wishing to utilize the weight and cardiovascular areas within the Recreation Center.

Location: ERC

3/5	Sa	9:00 – 10:15 AM	FREE	22253511
4/14	Th	5:30 – 6:45 PM	FREE	22253512
5/18	W	6:00 – 7:15 PM	FREE	22253513

Personal Training

Get inspired, boost your confidence and accomplish your goals!

The benefits of working with a personal trainer include:

- Individualized fitness program specifically designed for you
- Efficient workout program with innovative ways to improve your health
- Professional assistance in improving strength, flexibility, posture, endurance, balance, coordination and cardiovascular health
- Instruction on correct form and technique for cardiovascular exercise and strength training

To schedule an appointment, please call our Personal Training line at 303-762-2678.

	Sessions	Fee	Res Fee
Private 60-minute sessions	3	\$154	\$123
	6	\$278	\$222
	10	\$425	\$340
Private 30-minute sessions	3	\$109	\$87
	6	\$210	\$168
	10	\$325	\$260

Small group sessions of 2–3 people are available. Please call the Personal Training line for pricing. *Note: No-shows and cancellations not made with your personal trainer at least 24 hours in advance will result in loss of the session.*

Pilates Reformer and Yoga Personal Training available. See page 56 for more information and rates.

Nutrition Counseling

The registered dietitians on our referral list offer individualized nutritional counseling for all ages. They can assist with weight management, chronic disease prevention, vegetarian and sports nutrition, medical nutrition therapy, women's health issues and pediatric nutrition. Call 303-762-2678 for our Registered Dietitian Referral list.

The ZONE at ERC Class Schedule

DAY	TIME	CLASS
M	6:00 PM	Ultimate Fitness
W	6:00 PM	Burn and Build
Sa	9:00 AM	Ultimate Fitness



Classes now in session!
Only \$10 per class!

Join Tetro Performance and their certified coaches for a variety of challenging and motivational classes. Be sure to check the front desk or visit TetroPerformance.com/blog for class times and descriptions.



Indoor Cycle

Ages: 13 yrs +

Morning Classes Added.

Get a jump start on your morning with two new rides! Optimum fat burning awaits you on this journey, which will simulate varied terrain and drills to give you a great interval workout. Class participants assist with equipment setup and breakdown. Bike pedals compatible with athletic shoes, SPD and Look cleats.

Location: ERC

Instructors: David Meadows, Erica Krier & Libby Butler

TRX Boot Camp

Ages: 13 yrs +

Fire up your metabolism and burn calories. Use your own body weight to create resistance and improve strength and endurance.

Location: ERC

Instructor: Libby Butler

Zumba

Ages: 13 yrs +

Zumba is a Latin-inspired dance-fitness class that combines energizing music and easy-to-follow moves for a fun, effective cardiovascular workout. Rhythms in this class will tone and sculpt your body.

Location: ERC

Instructor: Lisa Pope



Pop Pilates

Ages: 13 yrs +

A total body workout that sculpts a rock-solid core and a lean body. Develop strength and flexibility through resistance work using your own body weight and a yoga mat. Class is for all levels.

Location: ERC

Instructor: Lisa Pope

Essentrics

Ages: 13 yrs +

A low-impact moving and stretching class with a full-body workout. It is a combination of yoga, Pilates, tai chi and ballet to help you stay flexible and less stiff. Great for athletes seeking an increase in range of motion and an increase in speed and agility.

Location: ERC

Instructor: Paulette Fara-Schembri

Zumba Toning

Ages: 13 yrs +

Perfect for those who want to party, but put extra emphasis on toning and sculpting to define those muscles! Dance to great Latin music while toning arms, legs and core – and have fun!

Location: ERC

Instructor: Lisa Pope

Fit Body Express

Ages: 13 yrs +

A high-intensity endurance-based workout. Shed fat, define muscle, transform the look of your entire physique, and dramatically enhance your overall health and athletic performance. If you are looking for results and are willing to put in the effort – this class is for you!

Location: ERC

Instructor: Libby Butler

Barre Sculpt

Ages: 13 yrs +

Use the ballet barre, light weights, isometric exercises and your body's balance to firm, lengthen, lift and sculpt graceful arms, thighs, abs and glutes. It's gentle on the joints but gives powerful results.

Location: ERC

Instructor: Stacy Lochowicz

Muscle-Gaining Functional Training

Ages: 13 yrs +

Focus on building strength and endurance to improve your everyday life by utilizing body weight, dumbbells and resistance bands in this class for all fitness levels.

Location: ERC

Instructor: Kyle Shisler

Fitness Fusion

Ages: 13 yrs +

You will never get bored with this eclectic blend of exercises! TRX Suspension and Rip Training will be used along with BOSUs, glides, dumbbells and body weight training. You will get the ideal mix of strength, endurance, balance, coordination, flexibility, power and core stability.

Location: ERC

Instructor: Libby Butler

STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 25.

ADULT FITNESS

Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
NEW Indoor Cycle	22250311	3/7 – 3/28	M	6:30 – 7:30 AM	ERC	\$23	\$18
	22250312	4/4 – 4/25	M	6:30 – 7:30 AM	ERC	\$23	\$18
	22250313	5/2 – 5/23	M	6:30 – 7:30 AM	ERC	\$23	\$18
★ TRX Boot Camp	22250411	3/7 – 3/28	M	5:25 – 6:25 PM	ERC	\$23	\$18
	22250412	4/4 – 4/25	M	5:25 – 6:25 PM	ERC	\$23	\$18
	22250413	5/2 – 5/23	M	5:25 – 6:25 PM	ERC	\$23	\$18
★ Zumba	22250911	3/7 – 3/28	M	6:35 – 7:35 PM	ERC	\$23	\$18
	22250912	4/4 – 4/25	M	6:35 – 7:35 PM	ERC	\$23	\$18
	22250913	5/2 – 5/23	M	6:35 – 7:35 PM	ERC	\$23	\$18
NEW ★ Indoor Cycle	22250321	3/1 – 3/29	Tu	6:45 – 7:45 PM	ERC	\$27	\$22
	22250322	4/5 – 4/26	Tu	6:45 – 7:45 PM	ERC	\$23	\$18
	22250323	5/3 – 5/31	Tu	6:45 – 7:45 PM	ERC	\$27	\$22
★ Pop Pilates	22251111	3/1 – 3/29	Tu	5:30 – 6:30 PM	ERC	\$27	\$22
	22251112	4/5 – 4/26	Tu	5:30 – 6:30 PM	ERC	\$23	\$18
	22251113	5/3 – 5/31	Tu	5:30 – 6:30 PM	ERC	\$27	\$22
★ Indoor Cycle	22250331	3/2 – 3/30	W	5:45 – 6:45 PM	ERC	\$27	\$22
	22250332	4/6 – 4/27	W	5:45 – 6:45 PM	ERC	\$23	\$18
	22250333	5/4 – 5/25	W	5:45 – 6:45 PM	ERC	\$23	\$18
Essentrics	22251411	3/2 – 3/30	W	6:00 – 7:00 PM	ERC	\$35	\$28
	22251412	4/6 – 4/27	W	6:00 – 7:00 PM	ERC	\$28	\$23
	22251413	5/4 – 5/25	W	6:00 – 7:00 PM	ERC	\$28	\$23
★ Zumba Toning	22251611	3/2 – 3/30	W	5:30 – 6:30 PM	ERC	\$27	\$22
	22251612	4/6 – 4/27	W	5:30 – 6:30 PM	ERC	\$23	\$18
	22251613	5/4 – 5/25	W	5:30 – 6:30 PM	ERC	\$23	\$18
★ Indoor Cycle	22250341	3/3 – 3/31	Th	6:35 – 7:35 PM	ERC	\$27	\$22
	22250342	4/7 – 4/28	Th	6:35 – 7:35 PM	ERC	\$23	\$18
	22250343	5/5 – 5/26	Th	6:35 – 7:35 PM	ERC	\$23	\$18
★ Fit Body Express	22250811	3/3 – 3/31	Th	5:45 – 6:30 PM	ERC	\$27	\$22
	22250812	4/7 – 4/28	Th	5:45 – 6:30 PM	ERC	\$23	\$18
	22250813	5/5 – 5/26	Th	5:45 – 6:30 PM	ERC	\$23	\$18
Barre Sculpt	22251011	3/10 – 3/31	Th	9:00 – 10:00 AM	ERC	\$38	\$30
	22251012	4/7 – 4/28	Th	9:00 – 10:00 AM	ERC	\$38	\$30
	22251013	5/5 – 5/26	Th	9:00 – 10:00 AM	ERC	\$38	\$30
★ Muscle Gaining Functional Training	22251311	3/3 – 3/31	Th	6:30 – 7:30 AM	ERC	\$26	\$21
	22251312	4/7 – 4/28	Th	6:30 – 7:30 AM	ERC	\$22	\$17
	22251313	5/5 – 5/26	Th	6:30 – 7:30 AM	ERC	\$22	\$17
NEW Indoor Cycle	22250351	3/4 – 3/25	F	6:30 – 7:30 AM	ERC	\$23	\$18
	22250352	4/1 – 4/29	F	6:30 – 7:30 AM	ERC	\$27	\$22
	22250353	5/6 – 5/27	F	6:30 – 7:30 AM	ERC	\$23	\$18
★ Fitness Fusion	22250611	3/5 – 3/26	Sa	9:15 – 10:15 AM	ERC	\$23	\$18
	22250612	4/2 – 4/30	Sa	9:15 – 10:15 AM	ERC	\$27	\$22
	22250613	5/7 – 5/28	Sa	9:15 – 10:15 AM	ERC	\$23	\$18
★ Pop Pilates	22251121	3/5 – 3/26	Sa	8:05 – 9:00 AM	ERC	\$23	\$18
	22251122	4/2 – 4/30	Sa	8:05 – 9:00 AM	ERC	\$27	\$22
	22251123	5/7 – 5/28	Sa	8:05 – 9:00 AM	ERC	\$27	\$22



ACTIVE ADULT FITNESS

All of the classes on this page are designed for ages 55 and older; there is space available for ages 18–54.

Fitness Club

Ages: 55 yrs +
 Improve your level of fitness with low-impact aerobics and flexibility training, followed by strengthening exercises. SilverSneakers welcome.
 Location: MRC Instructor: Stacy Lochowicz

SilverSneakers Classic

Ages: 55 yrs +
 Increase strength and range of movement. Handheld weights, elastic tubing with handles, and a ball will be used. A chair is used for support. Class is open to all.
 Location: MRC Instructor: Stacy Lochowicz

Muscle, Core and Balance Training

Ages: 55 yrs +
 This class will incorporate machine and free weights, core, balance and flexibility exercises in a small group. Formerly known as Beginning Weight Training. Join us for a complete body workout.
 Location: MRC Instructor: Doug Smith, Stacy Lochowicz

Total Body Fitness

Ages: 55 yrs +
 Stay fit, agile and active while increasing muscle strength, cardiovascular function, coordination, balance and range of motion in both the upper and lower body. SilverSneakers welcome.
 Location: VIRTUAL Instructor: Doug Smith

NEW Indoor Cycling for Life

Ages: 18 yrs +
 Remember riding your bike? Benefits abound from riding a stationary bike: increased movement, less joint pain and more smiles. Learn correct alignment and varied hand positions. Participants assist with equipment setup and breakdown. Bike pedals compatible with athletic shoes, SPD and Look cleats.
 Location: ERC Instructor: Barbara Meadows

NEW Fitness Foundations

Ages: 18 yrs +
 Low to moderate exercise options geared toward seniors but available to anyone, especially those new to exercise. Use a variety of equipment for a whole-body workout with a focus on strength, endurance and balance.
 Location: ERC Instructor: Kyle Shisler

Parkinson's, MS & More Fitness

Ages: 55 yrs +
 This class incorporates exercises targeting deficits specific to people with Parkinson's disease, multiple sclerosis, stroke recovery or movement disorders by emphasizing strength, balance and flexibility movement that targets dexterity, rigidity, akinesia, bradykinesia, postural stability, cognition and gait. The class includes a head-to-toe seated warm-up, followed by unique standing exercises and routines. Participants who use a walker or wheelchair are required to have a caregiver or driver with them during the class. This class is continuous and new participants can join at any time.
 Location: MRC Instructor: Liz Shepard

Malley Fitness Orientation

If you are new to the Malley Fitness Center, we suggest attending an orientation. Learn weight room safety, etiquette and receive an introduction to equipment adjustment and proper exercise techniques. This is not a weight training class.

3/9	W	11:00 AM – NOON	22263511
4/6	W	11:00 AM – NOON	22263512
5/4	W	11:00 AM – NOON	22263513



ERC = Englewood Recreation Center, MRC = Malley Recreation Center



STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 25.

ACTIVE ADULT FITNESS

Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
★ Fitness Club	22260111	3/7 – 3/30	M, W	9:00 – 10:00 AM	MRC	\$30	\$24
	22260112	4/4 – 4/27	M, W	9:00 – 10:00 AM	MRC	\$30	\$24
	22260113	5/2 – 5/25	M, W	9:00 – 10:00 AM	MRC	\$30	\$24
★ SilverSneakers Classic	22261011	3/7 – 3/30	M, W	10:15 – 11:15 AM	MRC	\$30	\$24
	22261012	4/4 – 4/27	M, W	10:15 – 11:15 AM	MRC	\$30	\$24
	22261013	5/2 – 5/25	M, W	10:15 – 11:15 AM	MRC	\$30	\$24
★ Parkinson's, MS & More Fitness	22260911	3/12 – 3/26	Sa	10:30 AM – 11:45 AM	MRC	\$17	\$14
	22260912	4/2 – 4/30	Sa	10:30 AM – 11:45 AM	MRC	\$27	\$22
	22260913	5/7 – 5/28	Sa	10:30 AM – 11:45 AM	MRC	\$22	\$18
★ Total Body Fitness	22260511	3/8 – 3/31	Tu, Th	8:30 – 9:30 AM	VIRTUAL	\$30	\$24
	22260512	4/5 – 4/28	Tu, Th	8:30 – 9:30 AM	VIRTUAL	\$30	\$24
	22260513	5/3 – 5/31	Tu, Th	8:30 – 9:30 AM	VIRTUAL	\$34	\$27
Muscle, Core and Balance Training	22263311	3/7 – 3/30	M – Th	1:00 – 2:00 PM	MRC	\$47	\$38
	22263312	4/4 – 4/27	M – Th	1:00 – 2:00 PM	MRC	\$47	\$38
	22263313	5/2 – 5/25	M – Th	1:00 – 2:00 PM	MRC	\$47	\$38
NEW Indoor Cycling for Life	22260811	3/1 – 3/29	Tu	11:15 AM – 12:15 PM	ERC	\$27	\$22
	22260812	4/5 – 4/26	Tu	11:15 AM – 12:15 PM	ERC	\$23	\$18
	22260813	5/3 – 5/31	Tu	11:15 AM – 12:15 PM	ERC	\$27	\$22
NEW Fitness Foundations	22260411	3/4 – 3/25	F	10:00 – 11:00 AM	ERC	\$23	\$18
	22260412	4/1 – 4/29	F	10:00 – 11:00 AM	ERC	\$23	\$18
	22260413	5/6 – 5/27	F	10:00 – 11:00 AM	ERC	\$23	\$18

THESE CLASSES ARE NOT INCLUDED IN THE PREMIER ANNUAL PASS.



NOW OPEN!
 Hours: 8:00 AM – 5:00 PM

Located at the Malley Recreation Center, stop in and check out what all the BUZZ is about!

Discover information and resources about transportation, finances, healthcare, senior services, insurance, volunteering, caregiving, housing and recreation.

Call 303-762-2660 for more information or for an appointment.





YOGA & TAI CHI

GENTLE YOGA AND TAI CHI

Beginning/Advanced Tai Chi for Better Balance

Ages: 55 yrs +
 Improve your balance while enhancing your agility and coordination with tai chi-based movements. The class format and design have been acknowledged as one of the few evidence-based interventions for the prevention of falls by the Centers for Disease Control and National Center for Injury Prevention and Control. Beginning and advanced classes are offered. Advanced class participation must be approved by the instructor. *No class on 3/17 or 4/23
 Location: MRC Instructor: Patty Vogt

Light Yoga

Ages: 55 yrs +
 For individuals who desire a traditional yoga practice but require modifications for mobility limitations, this class is a perfect fit. Gently ease your way through stretches and poses and feel light on your feet. You must be able to get down and up from the floor. SilverSneakers welcome.
 Location: MRC Instructor: Barbara Meadows

Seated Yoga – Virtual

Ages: 55 yrs +
 Move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity.
 Location: VIRTUAL Instructor: Sky Headland

Gentle Yoga – Virtual

Ages: 55 yrs +
 Let go of stress through a full spectrum of gentle standing, seated and floor poses. Practice with your body. Get detailed explanations of the poses, with time to listen to your body and focus on your alignment in each pose. Focus more on the breath and practice breath work (pranayama). Finish your practice in Savasana with guided relaxation.
 Location: VIRTUAL Instructor: Erin Mathiason

Therapeutic Tai Chi

Ages: 55 yrs +
 Better manage chronic health conditions and improve overall well-being using a variety of evidence-based tai chi styles and forms. Movements are performed in a slow, relaxed manner with continual deep breathing to improve concentration and quiet the body. Strengthen muscles and joints, increase flexibility and coordination, improve posture and balance while integrating the mind, body and spirit.
 Location: MRC Instructor: Phred Hall

ACTIVE YOGA AND TAI CHI

Tai Chi Yoga Fusion – Virtual

Ages: 16 yrs +
 Blending the best of both ancient arts, your practice will be filled with gentle, fluid movements, stretches and peaceful poses. Gain physical strength and flexibility, increased energy, inner quietness and more.
 Location: VIRTUAL Instructor: Erin Mathiason

Foundations Yoga

Ages: 13 yrs +
 Learn the basic yoga poses and breathing techniques. Improve strength, flexibility and stress relief. This is the perfect class for someone with little or no previous yoga experience.
 Location: ERC Instructor: Roseanna Frechette

Hatha Yoga – Virtual

Ages: 13 yrs +
 Increase flexibility, build strength, calm the mind and open the heart with hatha yoga. Hatha yoga is a balanced combination of sustained poses with attention to alignment principles and integrated with the breath. Beginners are welcome to attend; this is an all-level class.
 Location: VIRTUAL Instructor: Erin Mathiason

Core and Hip Yoga

Ages: 13 yrs +
 Improve flexibility, balance and strength, with a focus on hips and core to protect the back. Modifications and props available. Appropriate for beginner to intermediate.
 Location: MRC Instructor: Stephanie Turner



ERC = Englewood Recreation Center, MRC = Malley Recreation Center

GENTLE YOGA AND TAI CHI

Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
Beginning Tai Chi for Better Balance	22255311	3/8 – 5/26*	Tu, Th	2:30 – 3:30 PM	MRC	\$100	\$80
Advanced Tai Chi for Better Balance	22255411	3/8 – 5/26*	Tu, Th	1:30 – 2:30 PM	MRC	\$100	\$80
Light Yoga	22258211	3/8 – 3/29	Tu, F	8:45 – 10:00 AM	MRC	\$39	\$31
	22258212	4/1 – 4/29	Tu, F	8:45 – 10:00 AM	MRC	\$49	\$40
	22258213	5/3 – 5/31	Tu, F	8:45 – 10:00 AM	MRC	\$49	\$40
Seated Yoga	22258311	3/1 – 3/31	Tu, Th	10:00 – 11:00 AM	VIRTUAL	\$54	\$43
	22258312	4/5 – 4/28	Tu, Th	10:00 – 11:00 AM	VIRTUAL	\$43	\$34
	22258313	5/3 – 5/31	Tu, Th	10:00 – 11:00 AM	VIRTUAL	\$48	\$39
Gentle Yoga – Virtual	22258511	3/8 – 3/29	Tu	10:30 – 11:45 AM	VIRTUAL	\$40	\$31
	22258512	4/5 – 4/26	Tu	10:30 – 11:45 AM	VIRTUAL	\$40	\$31
	22258513	5/3 – 5/31	Tu	10:30 – 11:45 AM	VIRTUAL	\$49	\$39
Therapeutic Tai Chi	22255111	3/10 – 3/31	Th	10:00 – 11:00 AM	MRC	\$31	\$25
	22255112	4/7 – 4/28	Th	10:00 – 11:00 AM	MRC	\$31	\$25
	22255113	5/5 – 5/26	Th	9:00 – 10:00 AM	MRC	\$31	\$25

ACTIVE YOGA AND TAI CHI

Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
Tai Chi Yoga Fusion – Virtual	22255511	3/7 – 3/28	M	4:00 – 5:00 PM	VIRTUAL	\$34	\$26
	22255512	4/4 – 4/25	M	4:00 – 5:00 PM	VIRTUAL	\$34	\$26
	22255513	5/2 – 5/23	M	4:00 – 5:00 PM	VIRTUAL	\$34	\$26
Foundations Yoga	22256211	3/1 – 3/29	Tu	5:45 – 7:00 PM	ERC	\$44	\$35
	22256212	4/5 – 4/26	Tu	5:45 – 7:00 PM	ERC	\$35	\$28
	22256213	5/3 – 5/31	Tu	5:45 – 7:00 PM	ERC	\$44	\$35
Hatha Yoga – Virtual	22256911	3/9 – 3/30	W	4:00 – 5:00 PM	VIRTUAL	\$34	\$26
	22256912	4/6 – 4/27	W	4:00 – 5:00 PM	VIRTUAL	\$34	\$26
	22256913	5/4 – 5/25	W	4:00 – 5:00 PM	VIRTUAL	\$34	\$26
Core and Hip Yoga	22257111	3/12 – 3/26	Sa	9:15 – 10:15 AM	MRC	\$23	\$19
	22257112	4/2 – 4/30	Sa	9:15 – 10:15 AM	MRC	\$41	\$32
	22257113	5/7 – 5/28	Sa	9:15 – 10:15 AM	MRC	\$32	\$26





PILATES

Pilates exercises with controlled movement improve flexibility, build strength, and develop control and endurance within the entire body. Throughout the class, the priority is to promote alignment and breathing to develop a strong core, which will help improve coordination and balance. The core, which consists of the muscles of the abdomen, lower back and hips, often called the “powerhouse,” is thought to be the key to a person’s stability. Our program provides safe modifications that range from beginning to advanced, specific to the participant’s goals or limitations.

Our 4-Step Pilates Program takes you from an initial orientation to an advanced level for an additional challenge. This program will provide a safe, enjoyable, challenging workout for both the new and experienced Pilates participants.

ENGLEWOOD’S PREMIER 4-STEP PILATES PROGRAM

STEP ONE: Essential Pilates Orientation

Ages: 16 yrs +

Explore Pilates! Pilates is a method of exercise and physical movement designed to stretch, strengthen and balance the body. Learn the history and how the Reformer works. Exercises are low impact and may be adapted for individuals of any fitness level. When completed, your instructor will determine which step will be best for you based on your level. Please register in advance. Once complete, the fee from this class will be applied toward the appropriate next class.

Location: MRC

STEP TWO: Pilates Reformer Principles

Ages: 16 yrs +

In these two private sessions, learn the core principles and concepts of the Pilates method. Once you have completed the private sessions satisfactorily, you may move into the Beginning Pilates Reformer class, and as an extra benefit, receive a \$10 discount coupon on future classes. Call 303-762-2678 to schedule your first private session.

Location: MRC

STEP THREE: Beginning Pilates Reformer

Ages: 16 yrs +

Beginning Pilates Reformer will start you on your Pilates road to success. This class is designed for those who have completed Essential Pilates Orientation and one session of Pilates Reformer Principles or with instructor’s permission.

Location: MRC

STEP FOUR: Continuing Pilates Reformer

Ages: 16 yrs +

Build upon your skills to learn more dynamic exercises. Enroll in Continuing Pilates Reformer upon completion of four months of Beginning Pilates Reformer classes or with instructor’s permission.

Location: MRC



PILATES								
Class	Activity #	Dates	Days	Time	Instructor	Location	Fee	Res Fee
STEP ONE Essential Pilates Orientation	22254111	3/7	M	6:05 – 7:05 PM	Michael M.	MRC	\$10	\$10
	22254112	3/28	M	6:05 – 7:05 PM	Michael M.	MRC	\$10	\$10
	22254113	4/25	M	6:05 – 7:05 PM	Michael M.	MRC	\$10	\$10
STEP TWO Pilates Reformer Principles	22254211	3/7 – 5/31	M – F	8:15 AM – 7:15 PM (Call to schedule)	Michael M.	MRC	\$86	\$69
STEP THREE Beginning Pilates Reformer	22254311	3/7 – 3/28	M	11:00 AM – NOON	Michael M.	MRC	\$68	\$54
	22254312	4/4 – 4/25	M	11:00 AM – NOON	Michael M.	MRC	\$68	\$54
	22254313	5/2 – 5/23	M	11:00 AM – NOON	Michael M.	MRC	\$68	\$54
	22254314	3/7 – 3/28	M	12:05 – 1:05 PM	Michael M.	MRC	\$68	\$54
	22254315	4/4 – 4/25	M	12:05 – 1:05 PM	Michael M.	MRC	\$68	\$54
	22254316	5/2 – 5/23	M	12:05 – 1:05 PM	Michael M.	MRC	\$68	\$54
STEP FOUR Continuing Pilates Reformer	22254417	3/7 – 3/28	M	5:00 – 6:00 PM	Michael M.	MRC	\$68	\$54
	22254418	4/4 – 4/25	M	5:00 – 6:00 PM	Michael M.	MRC	\$68	\$54
	22254419	5/2 – 5/23	M	5:00 – 6:00 PM	Michael M.	MRC	\$68	\$54
	22254420	3/9 – 3/30	W	6:05 – 7:05 PM	Michael M.	MRC	\$68	\$54
	22254421	4/6 – 4/27	W	6:05 – 7:05 PM	Michael M.	MRC	\$68	\$54
	22254422	5/4 – 5/25	W	6:05 – 7:05 PM	Michael M.	MRC	\$68	\$54
	22254423	3/10 – 3/31	Th	11:00 AM – NOON	Michael M.	MRC	\$68	\$54
	22254424	4/7 – 4/28	Th	11:00 AM – NOON	Michael M.	MRC	\$68	\$54
	22254425	5/5 – 5/26	Th	11:00 AM – NOON	Michael M.	MRC	\$68	\$54



PILATES PERSONAL TRAINING

Pilates is the perfect exercise for beginners needing one-on-one instruction, experienced exercisers ready for advanced moves, athletes looking to improve performance and individuals in post-rehab following an injury. Each session is 60 minutes.

To schedule, call 303-762-2678 and leave a message requesting either Reformer or mat instruction. Your call will be returned within two business days. Yoga personal training is also available.

PRIVATE: ONE-ON-ONE		
	Fee	Res. Fee
1 Session	\$59	\$47
3 Sessions	\$163	\$130
6 Sessions	\$300	\$240

Small group sessions for 2–3 people are available. Please call the Personal Training Line for pricing. **Note:** No-shows and cancellations not made with your personal trainer at least 24 hours in advance result in loss of the session.



EXCURSIONS

Excursion fee includes escort, transportation, tour and admission tickets, unless otherwise stated. Restaurant meals and snacks/treats are on your own, unless otherwise stated. For outdoor excursions, bring closed-toed shoes, jacket, hat, sunscreen and water.

Some excursions include significant walking. Please do not register for an excursion if you are unable to walk more than ¼ mile.

Excursion Refunds and Transfers

Excursion cancellations or transfers will be refunded less a \$5 administrative fee. NO refunds are granted if you miss the trip due to being late, no-show or a cancellation within five business days prior to trip. There are NO refunds given after listed early cancellation dates.

MARCH

The Abbey Tavern – Denver

With its Irish hospitality and the Irish way of comfort, the Abbey Tavern is a bring-your-family-and-friends kind of hangout. Their comfort foods include Guinness BBQ wings, corned beef Reuben, shepherd's pie and Irish potato skins. A great way to celebrate St. Patrick's Day!

3/8 Tu 4:30 PM – 7:00 PM \$13/\$11 22060011

Discovering Antarctica – Lone Tree Art Center

Set during The Golden Age of Antarctic Exploration (1901–16), discover the riveting true stories of Shackleton and Scott through the eyes of Tom Crean. This one-man production is an intimate piece of theater that reenacts the heroic endeavors with a blend of drama, humor and a rich Irish storytelling that takes you to the edge of your seat. Refreshments included.

3/9 W 12:45 PM – 4:30 PM \$53/\$42 22060111

Black Hawk and Central City

Chose Blackhawk or Central City – the bus will drop you off and pick you up in the heart of it all. You may choose to visit your favorite casino, visit historic sites or simply enjoy the mountain air. Activities are on your own.

3/14 M 9:00 AM – 3:00 PM \$17/\$14 22060511

4/11 M 9:00 AM – 3:00 PM \$17/\$14 22060611

5/9 M 9:00 AM – 4:00 PM \$20/\$16 22060711

Colorado Cherry Company – Lyons

A 4th-generation family business specializing in everything cherry and berry! Enjoy a delicious sub or bison pot-pie with some cherry cider. Then grab a slice of pie (or a whole pie) and a cup of coffee, and take in the views.

3/18 F 10:00 AM – 1:45 PM \$14/\$11 22060211

Brunch at Simms Steakhouse – Lakewood

Take in Denver's famous view while enjoying an award-winning all-you-can-eat brunch buffet. Featuring made-to-order omelets, prime rib, seafood stations, quiche, eggs Benedict, French toast, waffles, pancakes and much more. Buffet on your own, \$32 plus tax and gratuity.

3/20 Su 10:00 AM – 2:30 PM \$14/\$11 22060311

A Day in Frisco

Escape the city and go to the mountains filled with the winter spirit! A stop at the Frisco Historic Park and Museum is on the itinerary. Then stop at the local baker, enjoy some wine tasting, stop at art galleries and delight in lunch in rustic downtown Frisco.

3/23 W 8:30 AM – 3:30 PM \$28/\$23 22060411



Mines Museum of Earth Science – Golden

Our tour will take us in the over 15,000 sq. ft. museum of rocks, minerals, fossils and other fascinating Earth science-related objects. This includes the 6,000 gemstones and 21 diamonds on the Miss Colorado Crown. Plus, marvel at the restored Irwin Hoffman mining murals and pass through the indoor cave. You'll be amazed. Lunch at a restaurant of your choice in downtown Golden.

3/29 Tu 9:00 AM – 2:30 PM \$26/\$21 22060811

Molly Brown House Museum – Denver

Take a trip back in time and take a self-guided tour of the 1899 home of the Titanic's most famous survivor. Hear fascinating tales of Molly Brown's incredible life, from instant mining-town wealth, to labor reform and the stages of New York. This tour includes stairs and walking. Lunch will be at the traditional British Pints Pub.

3/31 Th 9:30 AM – 1:30 PM \$36/\$30 22060911

APRIL

Butterfly Pavilion – Westminster

Visit the premier invertebrate education, research and conservation institution in the world. Embark on an adventure to the realm of Rosie, the famous tarantula. Explore the tropical rainforest, where 1,600 butterflies rule the sky, and experience the wonder of coral reefs! End your journey in the gardens and nature trail. Lunch at the Old Spaghetti Factory.

4/4 M 9:00 AM – 2:30 PM \$36/\$30 22061011

Travel Film – Northglenn

Exploring Japan and The Land of the Rising Sun is the featured documentary. This carefully crafted multimedia presentation provides not only a visual feast, but it is also sure to educate and inform the viewer about this magical land, its sometimes turbulent history, deep-rooted traditions, vibrant culture and determined people. A Japanese cuisine lunch is included on location.

4/6 W 9:00 AM – 1:45 PM \$45/\$36 22061111

Fortunes in Fort Collins

Ranked one of the best places to live in the USA more than once, Ft. Collins has a rich history and much more to offer than just its beautiful campus. From its walkable Old Town to the fantastic view of the city from the drive along Horsetooth Reservoir, we'll explore this beautiful city. Join step-on guide Kevin Snow to trek through time to this not-so-hidden gem on the Cache La Poudre. A stop for lunch included.

4/13 W 9:00 AM – 4:00 PM \$42/\$34 22061211

African Grill & Bar – Lakewood

AKWAABA! Welcome to the Osei-Fordwo family restaurant, specializing in the most popular, authentic and finest cuisine from Africa, like pap, samosa, chapatti, fufu and jollof. Enjoy native beer, wine, bitters and root drinks as well.

4/20 W 5:00 PM – 7:45 PM \$14/\$11 22061311



Fiske Planetarium – Boulder

Experience the universe in the large 65-foot dome. Opening in 1975, the CU campus hosts this Sky-Skan projection with cutting-edge content, dazzling visuals and sound system. With 10 million stars, it creates one of the most beautiful indoor skies. Dinner at a restaurant of your choice on Pearl Street.

4/22 F 3:00 PM – 9:15 PM \$38/\$31 22061411

ReVision – Denver Art Museum

Held in the renovated Martin Building and hailed as one of the best in the country, ReVision will tell a visually compelling narrative about the formation of the Americas from 100 B.C. to today. A selection of nearly 180 objects from the museum's Ancient American and Latin American Art collections included. Lunch at the museum's Cafe Gio.

4/25 M 9:15 AM – 1:30 PM \$30/\$25 22061511

Colorado Wolf and Wildlife Center – Divide

This sanctuary is special, and you will get an up-close experience, seeing and meeting with the rescued wolves, wolf-hybrids, foxes and coyotes that call this place home. Brunch will be at the Grandmother's Kitchen in Woodland Park. Wear appropriate outdoor clothing.

4/27 W 9:15 AM – 5:30 PM \$66/\$53 22061611

MAY

Tesero Lecture and The Fort

White Thunder, Cheyenne Holy Man presented by Dee Cordry is a detailed look at the life of White Thunder from 1830–1838, when he died in combat in northwestern Oklahoma. We will look at his connection to his descendant, South Cheyenne Peace Chief Harvey Pratt. Enjoy a four-course dinner of bread, salad, chips and guac, buffalo tenderloin, veggies, potatoes, chocolate ganache and prickly pear lemonade.

5/1 Su 5:15 PM – 9:00 PM \$100/\$80 22061811

Adult Lecture Series: Beginning Birdwatching at Pace Center

New to birding? Wondering where to begin? Join Denver Audubon as they introduce the art and science of bird identification. Learn tips and tricks for how to identify birds by sight, sound and habitat, as well as advice on choosing and using binoculars, field guides and phone apps. Early dinner at the Black-Eyed Pea.

5/4 W 3:45 – 8:45 PM \$18/\$15 22061911

Batter Up!

Take me out to the ballgame! Root for the Rockies with us as they take on the Washington Nationals. We have great seats along the baseline. Food and drinks available to purchase at the ballfield. If you need a special needs seat, see Cheryl. Early cancellation date: April 20.

5/5 Th 11:30 AM – 5:30 PM \$32/\$26 22061711

Miramont Castle and Queen's Parlour Tea Room

Take a self-guided tour of the 4-story, 36-room Victorian-style castle with authentic Victorian furnishings. Included are five different exhibits, such as the Fire Department Museum, the Nurnberg exhibit, Spoils of War, Little London Miniatures, and the Sawyer and Garstin Map Collection. Then enjoy a multi-course Victorian tea in the glass-enclosed room with mountain views. A visit to the gift shop will be a must.

5/12 Th 8:45 AM – 4:00 PM \$86/\$69 22062011

Capital Prize Gold Mine Tour – Georgetown

One of the most authentic mine tours in Colorado, venture over 1,000 ft. into the mine to see, feel and experience what it was like to be a hard rock miner over 100 years ago. Still a working mine, you will see how the miners extract valuable metals using modern technology. Plus, a chance to mine on your own. Lunch on your own in town.

5/18 W 9:30 AM – 3:30 PM \$48/\$39 22062111

Longhopes Donkey Shelter – Bennett

Let's meet, pet, hug and interact with Axel, Grizz, Sandee and all the beautiful donkeys rescued and now living at Longhopes. Founders Alan Miller and Kathy Dean have rescued, rehabilitated and rehomed over 1,000 donkeys in need since 1999. Bring a sack lunch to enjoy after the tour.

5/20 F 8:45 AM – 2:00 PM \$19/\$15 22062211

I-70 Road Trip

We'll head to the semi-ghost town of Silver Plume and visit the George Rowe Museum, originally a schoolhouse from 1894–1959. Displays include exhibits from local 19th century life and the silver mining boom and bust. Then, a delicious lunch at Cooper's on the Creek in Georgetown for some duck pot pie or maple bourbon pork tenderloin. Finish the afternoon with a treat at Lewis Sweet Shop in Empire.

5/24 Tu 12:30 PM – 3:30 PM \$25/\$20 22062311

Aspen Peak Cellars Winery – Bailey

We are taking the scenic drive down Hwy. 285 to the winery owned by trained chefs Marcel and Julie Flukiger. We'll see how they make 1,700+ cases a year of handcrafted award-winning wines. The tour concludes with wine samples. Then enjoy lunch from their kitchen with gourmet flatbread, soups, Swiss cheese fondue or grilled skewers. Lunch and wine purchases are on your own.

5/26 Th 10:15 AM – 2:00 PM \$17/\$14 22062411

CELEBRATE ARBOR DAY 2022!

ENGLEWOOD PARKS PRESENTS

Arbor Day Tree Sale

\$35 PER TREE

SALE RUNS MARCH 14 – APRIL 4, 2022

Trees delivered to your house on Friday, April 15, between 7:30 AM and 2 PM.

AVAILABLE TO ENGLEWOOD RESIDENTS ONLY.

VISIT ENGLEWOODCO.GOV/ARBOR-DAY
FOR ADDITIONAL INFORMATION!



Questions? Contact Tim at tholt@englewood.gov.





SPECIAL EVENTS

May is Older Americans Month! Look for fun and engaging programs and get involved.
Visit PlayEnglewood.com for details.

GUEST SPEAKER SERIES

Tickets can be purchased at englewoodrec.org or at the Malley Recreation Center

Sloan Lake Soliloquies

Wednesday, March 16 • 1:30 – 2:30 PM

Kevin Snow, Denver History Tours • Tickets \$6

Some tales from history sound just too unlikely to be real. Is the story of the creation of Sloan Lake one of those? Let's explore the area around Sloan Lake together to see if we may dredge up the truth from its watery depths. With changes on all sides, there's history lost and history being made. Though we won't be riding any dragon boats, our day around Sloan Lake will be a roaring-good time.

There's Gold in Them Thar Hills

Monday, May 2 • 1:30 – 2:30 PM

Kevin Snow, Denver History Tours • Tickets \$6

We will head into the hills to see the boomtowns that filled the Front Range and the mines that gave them their reason to be! Mountain boomtowns like Idaho Springs and Georgetown became rich on metals and the people (who might have, or not, become rich as well) in some of the towns that have given Colorado so much of its history. Stories aplenty, some shameful, some shocking, will make our time a memorable one.

St. Patrick's Day Lunch

Thursday, March 17 • 11:30 AM

Tickets \$8/\$10 at the door • Malley Recreation Center

Wear your green and enjoy an Irish lunch of corned beef and cabbage. Sit back and enjoy the Wick School of Irish Dancers performance. Purchase your tickets at the Malley Front Desk or online at englewoodrec.org. All tickets sales are final. Sponsored in part by: Bright HealthCare

**Active Aging EXPO**

Thursday, April 28 • 3 – 6 PM • FREE

Malley Recreation Center

Get informed, get active and get moving at the 6th Annual Active Aging EXPO for seniors, boomers and other older adults! Meet with more than 70 agencies that provide nutrition, wellness, health, active aging programs, aging in place, pampering, local community services, safety and much more. Professionals will be on hand to answer your questions and provide you with a multitude of information to go home with. Refreshments and door prizes included. For more information, go to englewoodco.gov/expo.



5001 S. Inca Dr. • 303-798-6927

Sunday – Saturday, 9:30 AM – 3:30 PM
\$2.50 per person (under 24 months free)

Opens Saturday, May 28, 2022

(Subject to change due to COVID-19 guidelines)

**ALL ABOARD!**

Come ride our train and enjoy the scenic views of Belleview Park while you're visiting our farm animals. Our farm hosts rabbits, pigs, goats and chickens, just to name a few. All of our barn animals are loaned to us for the summer from surrounding farms. Children must be accompanied by an adult at all times.



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The City of Englewood
1000 Englewood Parkway
Englewood, Colorado 80110
303-762-2300
www.engagewoodco.gov

FREE EVENT!

**SATURDAY
APRIL 9, 2022**

Belleview Park • 10 AM-2 PM

EGGS * TREMELY
Sprungy
FESTIVAL

Bring a basket or bag to scoop up goodies!
Bring the family out to Belleview Park for fun games, vendors and crafty activities.

Egg Hunt • Market Vendors • Fun!
Crafts for all ages • Free Garden Seeds

