



ENGLEWOOD

FALL 2022 | CITY MAGAZINE & RECREATION GUIDE

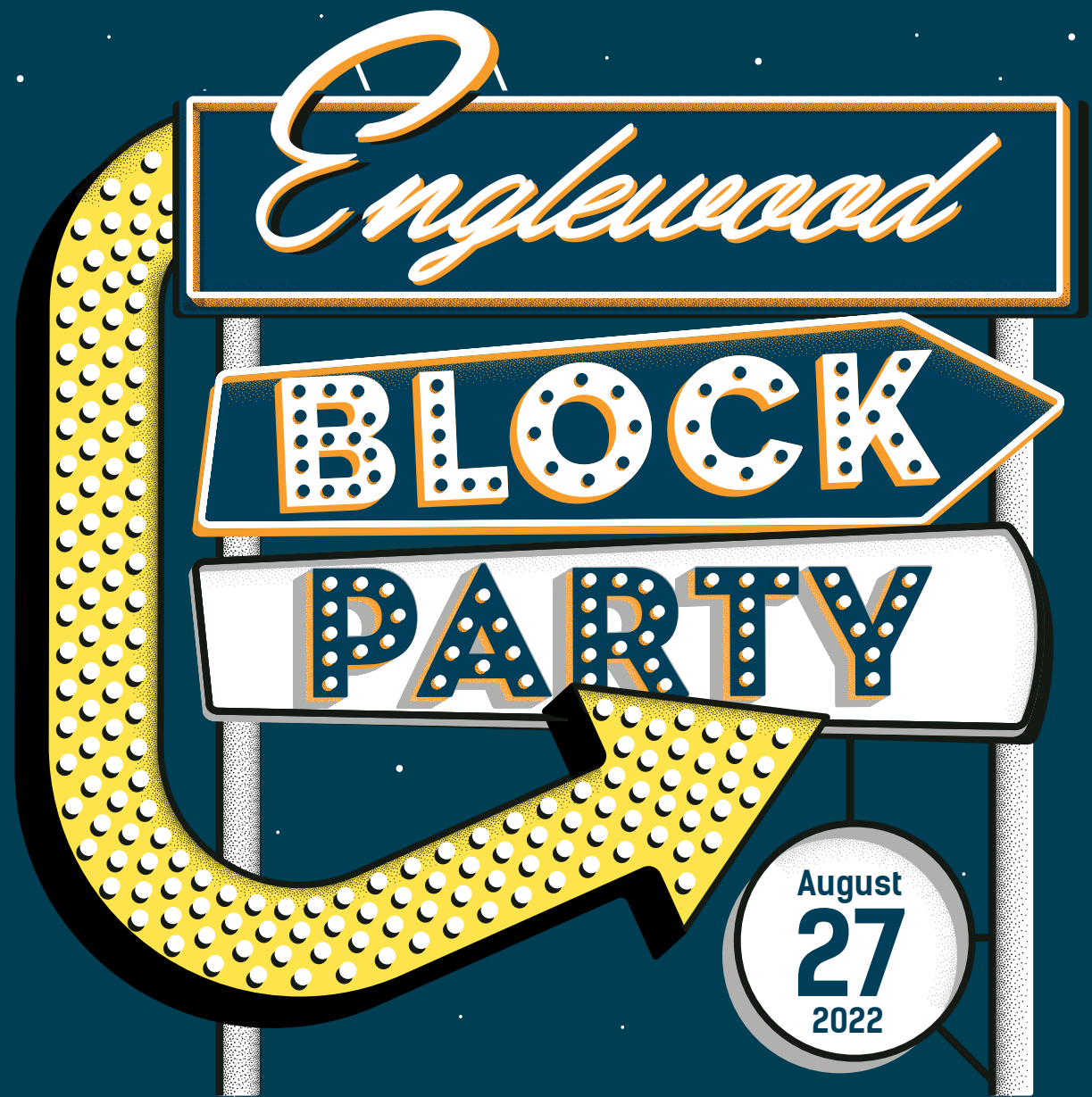
ENGLEWOOD NAMED
ONE OF AMERICA'S

BEST

SMALL CITIES
TO START A BUSINESS

Welcome to Your
Neighborhood p. 12

Recreation Guide



3400 S. BROADWAY
4-10 PM
englewoodco.gov/block-party

LIVE MUSIC ★ LOCAL VENDORS ★ INTERACTIVE ART
FOOD TRUCKS ★ BEER & COCKTAILS ★ FAMILY FUN

VOTERS DECIDE!

How should the City of Englewood fund better streets and alternative policing?

When the city asked residents about how to make the community better, they said that streets and public safety were a high priority.

BETTER STREETS

For 10+ years, Englewood's capital needs have outweighed available revenue. That means street improvements and maintenance have been underfunded, and the impact is starting to show. Road quality ratings have been declining and will continue to do so without additional investment.

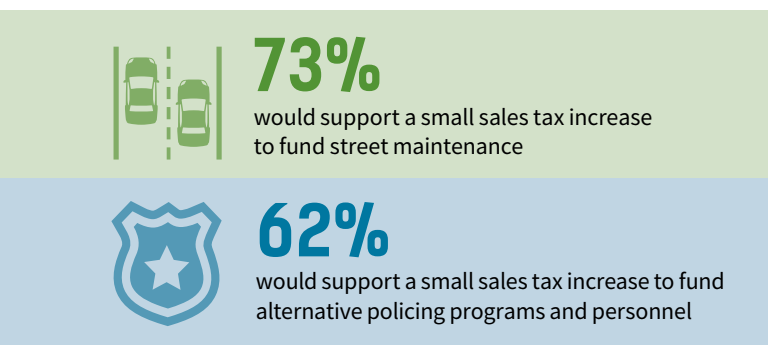
By investing an additional \$1.9 million a year, the city can not only maintain but improve road conditions.

ALTERNATIVE POLICING

Over the last five years, the city has seen dramatic increases in calls and costs related to homelessness, mental health and addiction services and yet does not have a dedicated funding source for alternative policing programs. Funds have been pulled away from other, equally-important police needs.

A STRONGER FUTURE

When asked, residents said that it was worth pursuing dedicated funding for street maintenance and alternative policing.



The proposed increases to Englewood's sales tax rate positions the city within the mid-range of the sales tax rate for several municipalities in the Denver Metro Area. A sales tax increase allows Englewood to provide more services to its residents while keeping its combined property tax rate as one of the lowest in the region.

CURRENT SALES TAX RATES	
ENGLEWOOD	3.5%
SHERIDAN	3.5%
LITTLETON	3.75%
AURORA	3.75%
FORT COLLINS	3.85%
BOULDER	3.86%
NORTHGLENN	4%
DENVER	4.8%

THAT'S WHY RESIDENTS WILL SEE TWO ISSUES FOR CONSIDERATION ON THE NOVEMBER BALLOT.

- 1 DEDICATED FUNDING FOR STREET MAINTENANCE.**
 A .2% increase to Englewood's sales tax rate to raise approximately \$1.9 million annually to fund repaving, repairing, maintaining and improving city streets.
- 2 DEDICATED FUNDING FOR ALTERNATIVE POLICING.**
 A .1% increase to Englewood's sales tax rate to generate approximately \$978,000 annually to create a dedicated funding source for alternative policing services to address homelessness, mental health and addiction.

WHAT CAN YOU DO WITH PENNIES?

Voting yes on both ballot issues would add 3 cents to every \$10 purchase. This new revenue can create a dedicated and long-term funding source for street maintenance and alternative policing.

WHAT CAN YOU BUY WITH \$.03 TODAY? WELL, NOT MUCH. HOWEVER, HERE'S WHAT YOU COULD BUY IN THE PAST:

- In 1870 - a cup of coffee
- In 1909 - 3 newspapers
- In 1950 - 20 grapes

It's important that residents, as voters, are informed of the pros and cons as they consider these issues in November.

PROS	Dedicated funding for street maintenance
	Improved street conditions/quality
	Dedicated funding for alternative policing, thereby freeing up resources for additional patrol officers
CONS	Permanent programs to address homelessness, mental health, and addiction
	An increase in the city sales tax rate which makes retail purchases more expensive
	Consumers who base shopping decisions on sales tax rates may choose to shop outside of Englewood

Visit englewoodco.gov/engage for more information!



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OTHONIEL SIERRA
MAYOR OF
ENGLEWOOD



One of the tougher decisions council must make is prioritizing certain capital projects when finalizing the budget each year. Even during times when the city's finances are growing, some infrastructure or operational priorities need to get pushed to a future year.

For that reason, the city council is considering putting a sales tax increase on the ballot to help in two areas that need additional funding; an increase to support improvements to our roads and a separate increase for a dedicated funding source for additional resources to our police department to support our co-responder program

for mental health, homelessness and addiction resources.

In 2021, an analysis was done on our city's roads and found the overall OCI rating, or Overall Condition Index, to be 59, which is considered fair condition. The analysis concluded Englewood would need to allocate \$3.3 million each year to keep our roads in our current condition and even more to get to a 70 OCI, which is considered good on their scale. Over the last several years, the city council has allocated about \$1.5 million each year to maintain city roads but did have a one-time increase in 2022 of \$2 million due to additional American Rescue Plan Act (ARPA) funding from the federal government. A sales tax increase of .20% would raise an additional \$1.8 million per year, which will allow us to keep our roads at a 59 OCI.

The second question would address additional resources for our growing needs surrounding homelessness, mental health and addiction. In recent years, our city and police department have invested in innovative ways to address these challenges and we have led the metro-area with effective alternative policing programs. These include our co-responder program, a case manager for homeless navigation, plus working closely with our regional partners on the Tri-Cities Homelessness Plan. These efforts are compassionate and help keep our community safe, but there is currently no long-term funding for them. An increase of .10% would raise just under \$1 million to support these needs and ensure our officers can focus on the security of our community.

If both of these questions are approved by voters, Englewood's sales tax rate would go from 3.50% to 3.80%, which would be an increase of less than 1/3 of a penny per dollar spent. This is right in line with other cities around us such as Littleton (3.75%) and Sheridan (3.50%) and lower than Denver's (4.81%). And because Englewood collects less than other municipalities for property tax (9.510 mills), a modest sales tax increase keeps our collective tax burden low compared to our neighbors. Asking for an increase is not something we take lightly, but please reach out to myself or members of the council with any questions you may have.

Othoniel Sierra, Mayor, District 1
osierra@englewoodco.gov • 720-551-3301

The views expressed in the city council member columns are the views of the individual council members and do not necessarily represent the views of the City of Englewood or the city council as a whole.

CITY OF Englewood
CITY COUNCIL



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Othoniel Sierra
District 1
720-551-3301



Mayor Pro Tem
Steven Ward
District 4
303-900-8811



Joe Anderson
District 3
720-998-6116



Chelsea Nunnenkamp
District 2
303-564-5816



Rita Russell
At Large
303-639-6181



Cheryl Wink
At Large
720-238-1575



Jim Woodward
At Large
720-761-0199

CHELSEA NUNNENKAMP
COUNCIL MEMBER,
DISTRICT 2



One of Englewood's greatest assets is our people. There are so many wonderful individuals in our community and I'm grateful to work for you and with you. As we head into the fall, here are five ways you can get engaged in Englewood:

1. Serve on a board or commission: Our citizen boards and commissions work closely

with city council and city staff, often making recommendations on ways to improve public services and the quality of life for the residents of Englewood. You don't have to have special qualifications and there are opportunities for an array of interests! Be on the lookout for applications coming in October.

2. Volunteer with us: Visit englewoodco.gov/volunteer to learn about all the ways you can invest in your community. From the Neighborhood Rehab Project to the Englewood Public Library to the Malley Recreation Center, there are multiple ways to give back.

3. Join an academy: Did you know that Englewood offers three citizen education programs geared toward engagement and activation? The Elevate Englewood Leadership Academy, Englewood Police Department's Citizen Police Academy and Community Development's Citizen Planning School all exist to empower residents to make a positive difference in Englewood. You can learn more on the city's website at englewoodco.gov.

4. Be a good neighbor: Connect with our Neighborhood Resources Program and bring your neighborhood together. Opportunities include organizing a neighborhood group, delivering "welcome to the neighborhood bags," applying for a neighborhood improvement grant, hosting a block party and more! We believe that strong neighborhoods make a strong city. Learn more at englewoodco.gov/neighborhoods.

5. Speak up: On city council, we are tasked with making important decisions about the future of our community and we rely on your input. We listen to comments from the public at every regular council meeting. Your voice matters and we want to hear it. Sign-up at englewoodco.gov/meetings.

I hope you'll consider one of these opportunities and reach out to me with your ideas to make our city an even better place to live and thrive. It's an honor to be on Team Englewood with you.

Chelsea Nunnenkamp, Council Member, District 2
cnunnenkamp@englewoodco.gov • 303-564-5816

RITA RUSSELL
COUNCIL MEMBER,
AT LARGE



In looking over past notes, I came across a list of my top priorities when I was first elected to the city council. My two priorities were public safety and cutting wasteful spending. I believe it's very timely to revisit this discussion once again.

Public safety has always been one of the priorities we care about most in Englewood. We all want

a safe environment to live and raise our families. To that end, the citizens of Englewood have been very supportive of our men and women in blue. In November of 2016, the electors in Englewood passed a ballot initiative approving a \$32M G.O. bond to build a state-of-the-art facility housing the latest technology for our police department. It's an amazing facility we can all be proud of!

In January 2018, the city council purchased a Lenco Bearcat armored rescue vehicle for our police department. The city council has supported additional police officers and approved alternative policing programs; including co-responders, case management personnel, restorative justice, substance abuse, crisis services and mental health services that have increased our budget by \$1.8M annually since 2018. These alternative policing programs account for a large portion of our general fund budget.

However, budgets are not created in a vacuum. We have 20 more police officers today than we did 20 years ago. We need to explore alternatives that will address the rising crime rate without increasing costs to the community. I have heard from constituents that they would like to see more openness and transparency when police are interacting with the public—and integrating upper management into activities that are more visible in the community.

This brings me to my second top priority when things get tight for you and me; we must reevaluate our priorities and maximize our resources. In the current economic climate, I do not think it is unreasonable for you to expect your city government to do the same! Citizens expect a place to live where residents and businesses feel safe and can depend on their elected officials to live within their means.

I consider it a great honor and responsibility to be your public servant. Please do not hesitate to contact me with your questions and concerns.

Rita Russell, Council Member at Large
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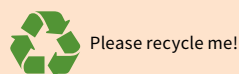
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ON THE COVER:

Katie Degroot, the owner of The Peace Place, stands proudly as one of Englewood's business owners. Photo by Todd Dobbs, dobbsphoto.com.



AUTUMN EVENTS



Silent Disco and Food Truck Frenzy
FRIDAY, AUGUST 12 • 6-10 P.M.
CivicCenter Amphitheater - 1000 Englewood Pkwy.

Come dance the night away at the Englewood Silent Disco. This is an awesome event where you get to pick the type of music you want to dance to and listen as loud as you want! If you don't feel like dancing, then just grab a snack from a food truck, a beer from the beer garden (Sponsored by Brewability) and watch everyone else show off their moves. This will be a fun night with food, beer, MC/DJ, dancing and hanging out with friends.

Englewood Market
3RD SATURDAY OF THE MONTH • 10 A.M.-2 P.M.



Saturday, August 20 • 3490 S. Sherman St.
Saturday, September 17 • 2955 S. Broadway

Stock up on hand-crafted delights at Englewood's farmers market.

TRUNK-OR-TREAT • 3-6 P.M.

Saturday, October 22 • 1000 Englewood Pkwy.
(Civic Center 2nd Floor Parking Lot)

Come dressed in your favorite Halloween costume and enjoy food trucks, vendors and candy.

Englewood Block Party
SATURDAY, AUGUST 27 • 4-10 P.M.

3400 S. Broadway

The Englewood Block Party will take place 4 - 10 p.m. The event will have live music, a different local band every hour, vendors from local businesses, food, fun, beer, cocktails and bites from local bars and restaurants.

Band lineup:

- 5 p.m. Delta Sonic
- 6 p.m. Julia Kirkwood
- 7 p.m. Trevor Michael
- 8- 9:30 p.m. Blankslate

The Englewood High School marching band will perform between sets. We hope to see you there!

Event Updates
englewoodco.gov/events



TWO TYPES OF FUNDS



GOVERNMENTAL

Governmental Funds are used to account for activities primarily supported by taxes, grants and similar revenue sources

ENTERPRISE

Enterprise Funds operate in a manner similar to private business and activity costs are recovered primarily through user fees and/or charges

FUNDING GOVERNMENT SERVICES



GENERAL FUND

The General Fund is Englewood's primary operating fund. It provides the following direct services to the community:

General government:

- City Council
- City Clerk
- Parks and Recreation
- Street and Infrastructure Maintenance
- Community Development: Planning, Building, Housing

Public safety:

- Police
- Fire

FUNDING UTILITIES & GOLF



ENTERPRISE FUNDS

Costs recovered primarily through user fees/charges and used for a specific purpose, such as for your drinking water or green fees at Broken Tee Golf Course.

These funds support:

- Water Treatment and Distribution
- Sewer Treatment and Collection System
- Storm Water Drainage System
- Broken Tee Golf Course
- Concrete Sidewalks, Curbs and Gutters

FUNDING PUBLIC IMPROVEMENTS



SPECIAL REVENUE FUNDS

Legally restricted funds for specified purposes only. These come from sources such as the Colorado State Lottery and Arapahoe County Open Space Tax.

These funds support:

- Parks, Recreation and Library Projects
- Police Services

FUNDING DEPARTMENT-TO-DEPARTMENT SERVICES



INTERNAL SERVICE FUNDS

Financing on a cost reimbursement basis, goods and/or services provided by one department to other departments of the city.

These funds support:

- Vehicles and Equipment
- Worker's Compensation
- Employee Insurance Premiums and Claims

Think of it this way



Fund	Checking Account	Fund
Fund Balance	→ Checking Account	→ Year-End Fund Balance plus Revenue or Funding Sources (taxes, fees, grants, etc.)
Fund Balance Reserve	→ Savings Account or Maintaining a Minimum Checkbook Balance	→ Expenditure/Expense or Uses of Funds
Fund Balance	→ Checkbook Balance	→ Fund Balance
	→ Savings Account or Minimum Checkbook Balance	→ Fund Balance Reserve

ENGLEWOOD'S CITIZEN OF THE YEAR!

Congratulations to Erika Zierke for being selected as Englewood's Citizen of the Year!



Recipients of the award exemplify outstanding volunteer or philanthropic dedication to the Englewood community, and that is evident in the many ways Zierke has donated her time to helping others.

Linda Olson, former Englewood mayor, nominated Zierke because "She is a role model that can make us proud as a community to say she's one of us. Erika has not only given her time, money and goods to improve our community — she has shared a listening ear to ensure diverse points of views are included. She has shared empathy, making sure there is dignity and gratefulness in her service to others. She has extended friendships to create a welcoming community in Englewood. She has used her leadership to bring collective impact. Her service and active concern for the common good of Englewood is a benchmark that I hope inspires us all."

SOME OF ZIERKE'S ACCOMPLISHMENTS INCLUDE:

- Serves on the Englewood Downtown Development Authority Board of Directors, and coordinated the successful bond authorization ballot measure for EDDA.
- Owner of the Englewood Grand, which serves as a gathering place for Englewood and surrounding residents
- Former volunteer board president for the Greater Englewood Chamber of Commerce
- Involved in creating a number of events and functions downtown
- Helped organize the first inaugural Englewood Block Party
- Advocate for the service industry at the state and local level



WHAT'S HAPPENING IN DOWNTOWN ENGLEWOOD?

SAFER CROSSWALK SIGNAL COMING TO SOUTH BROADWAY

Englewood Downtown Development Authority (EDDA) helped the city secure a \$315,000 grant from the Colorado Department of Transportation to enhance safety on South Broadway. A new high-intensity activated crosswalk signal will help people safely cross South Broadway at the two paseos.

WHAT'S GOING ON IN LITTLE DRY CREEK?

The city is improving Little Dry Creek to create a more welcoming and safe destination. The current phase of work includes adding boulders for seating along the water's edge, facilitating better pedestrian access to the water and constructing a creek crossing plus adding greenery. Future planned phases include pedestrian amenities and public art.

OLD HAMPDEN IMPROVEMENTS

EDDA is working with the city to make Old Hampden safer and easier to get around. A grant request for federal funding has been submitted to finalize plans and install improvements.



FLOWERS ON BROADWAY

Volunteers helped paint the flower sculptures on South Broadway. What a way to spruce up main street!



As a champion for Downtown Englewood, the EDDA is making our downtown economically vibrant, connected, safe and green. Find out more at englewooddowntown.com, and visit our Facebook and Instagram pages!

THANK YOU FOR HELPING US CELEBRATE ENGLEWOOD

Residents and city staff attended Celebrate Englewood on Saturday, May 7, at the Englewood Police Plaza/Denny Miller Field. The event was held for residents to meet city employees, learn about the city departments and start building connections with city officials and residents. Thank you to everyone who made this event such a success! Be on the lookout for this event next year by visiting englewoodco.gov/events.



IT'S THE END OF AN ERA AND AN ILLUSTRIOUS CAREER!

David W. Lee, open space manager, is retiring after more than 37 years of service to the City of Englewood. Lee joined the City of Englewood as the golf course superintendent, and over the years he's taken advantage of training opportunities within the entire department and served as the open space manager. His careful project planning skills have supported new playgrounds, fields, shelters and irrigation improvements. Lee has contributed to the cooperative effort that built River Run Park, the unique water feature project neighboring Broken Tee Golf Course on the South Platte River. This project was awarded the Colorado Project of the Year by the American Public Works Association.

Dave Lee is the perfect example of someone who deeply cares for the city and the residents he works for. Dave has spent his career making Englewood a better place for all.

— Christina Underhill, Director of Parks, Recreation, Library and Golf

In 2020, Lee received the 2020 Colorado Parks and Recreation Association Fellow Award (CPRA). The CPRA Fellow Award highlights

individuals who exemplify leadership, inspiration and noteworthy contributions to the park and recreation profession — the highest honor one can receive as a CPRA Parks and Recreation professional. The Colorado Parks and Recreation Association Awards Program recognizes recipients who have shown successful leadership, design, innovation, programming and what it means to be a true champion for their parks and recreation community in the state of Colorado.

Lee has demonstrated an unparalleled commitment to the profession and to our city's parks. His dedication to continuing education, extensive experience, high standards of professionalism and outstanding leadership speak highly of his qualifications. He is consistently responsive to citizen questions, concerns and suggestions and has earned the admiration of the community. Thank you! We will miss you, Dave!





ENGLEWOOD'S ON THE PATH TO IMPROVED PARKS

A 2023 bond initiative could fund parks and recreation projects

A new bond initiative under consideration for the ballot in 2023 will ensure the future of Englewood public parks, trails and recreational facilities. These irreplaceable assets contribute to residents' quality of life, physical and mental well-being and even finances—parks and trails attract visitors and employers to the area.

The 2016 Parks and Recreation Master Plan outlined priorities and recommendations for renovations and additions that can be made to improve the access to and quality of these assets as Englewood continues to grow and thrive.

We want to improve the quality of life for the residents and encourage people to get outdoors.

In 2001, Englewood voters approved a dedicated property tax mill levy to fund \$12.8 million to construct Pirates Cove and improvements to the Englewood and Malley Recreation Centers. The General Obligation Bond debt service mill levy assessed per year varies and is dependent upon the required debt service payment. The property tax and debt service will retire in 2023, which is approximately \$1.1 million annually.

The identified projects in 2016 totaled more than \$30 million. Currently, the parks and recreation department is in the process of updating the plan to better recognize today's costs for the projects. A more accurate cost estimate for the projects will allow better identification of what can be completed through a bond initiative and the exact amount needed for the bond.

Englewood parks, Englewood Recreation Center and Pirates Cove will be the focus of the initiative. If placed on the ballot and approved by voters, ten parks will receive new amenities, walking paths, irrigation system and landscape updates. Englewood Recreation Center updates will work toward improvements to the aquatics areas, and Pirates Cove will get a refresh of the water park.

If a bond initiative is successful, the implementation of renovations will begin in 2024 and completion is estimated in 2027.

"The overall goal of the improvements is to improve aesthetics and update amenities to make the parks and facilities attractive and sustainable," said Christina Underhill, director of parks, recreation, library and golf department. "Ultimately, we want to improve the quality of life for the residents and encourage people to get outdoors and enjoy all the recreational amenities Englewood has to offer."

Englewood Engaged will host information related to the bond starting in August. Along with progress reports of the bond and in-person meetings at engaged.engagewoodco.gov.

ENGLEWOOD NAMED IN THE TOP 2% NATIONALLY AS A BEST SMALL CITY TO START A BUSINESS!

According to a WalletHub study, the City of Englewood was named the 26th best small city in the country to start a new business. The data set of 18 key metrics ranged from average growth in the number of small businesses to investor access to labor costs. Englewood is the only city in Colorado to make the Top 30 list. **Here's what our small businesses owners are saying:**



Front Range Pharmacy
3401 South Broadway Unit 180 | fronrangepharmacy.com

"We opened our doors right in the middle of COVID. We had a lot of support from the city. We thought what better time to step up for our community than in a pandemic."

Bridget Logan, Front Range Pharmacy



Western Sky Bar and Taproom
4361 South Broadway Street | westernskybar.com

"We were grateful to meet Jackie with the city, who helped us with our liquor license transfer and gave us so much guidance on who to contact about different issues and tasks we needed to complete before opening up. She always took her time with us and answered any questions we had. That kind of support from an individual is invaluable for new business owners."

Whitney Bradford, Owner, Western Sky Bar and Taproom



Harmonic Media
2735 South Raritan Street | getharmonic.com

"The city of Englewood has supported us for many years. Most recently by providing us a Business Acceleration Grant to assist with offsetting the cost of capital improvements associated with Harmonic Media's expansion and relocation to a larger property. This is just one example of how the city has supported us over the last 15 years in Englewood."

Tyler Lindvall, Founder, Harmonic Media



The Peace Place
4300 South Broadway Street | peaceaddictlife.com

"The City of Englewood and the Chamber of Commerce have been great! The Chamber of Commerce has done so much to help promote small businesses in the area — from spotlights to hosting networking events and an annual banquet. I feel like my business and myself matter to the city! I am not sure that you find this level of care in bigger cities."

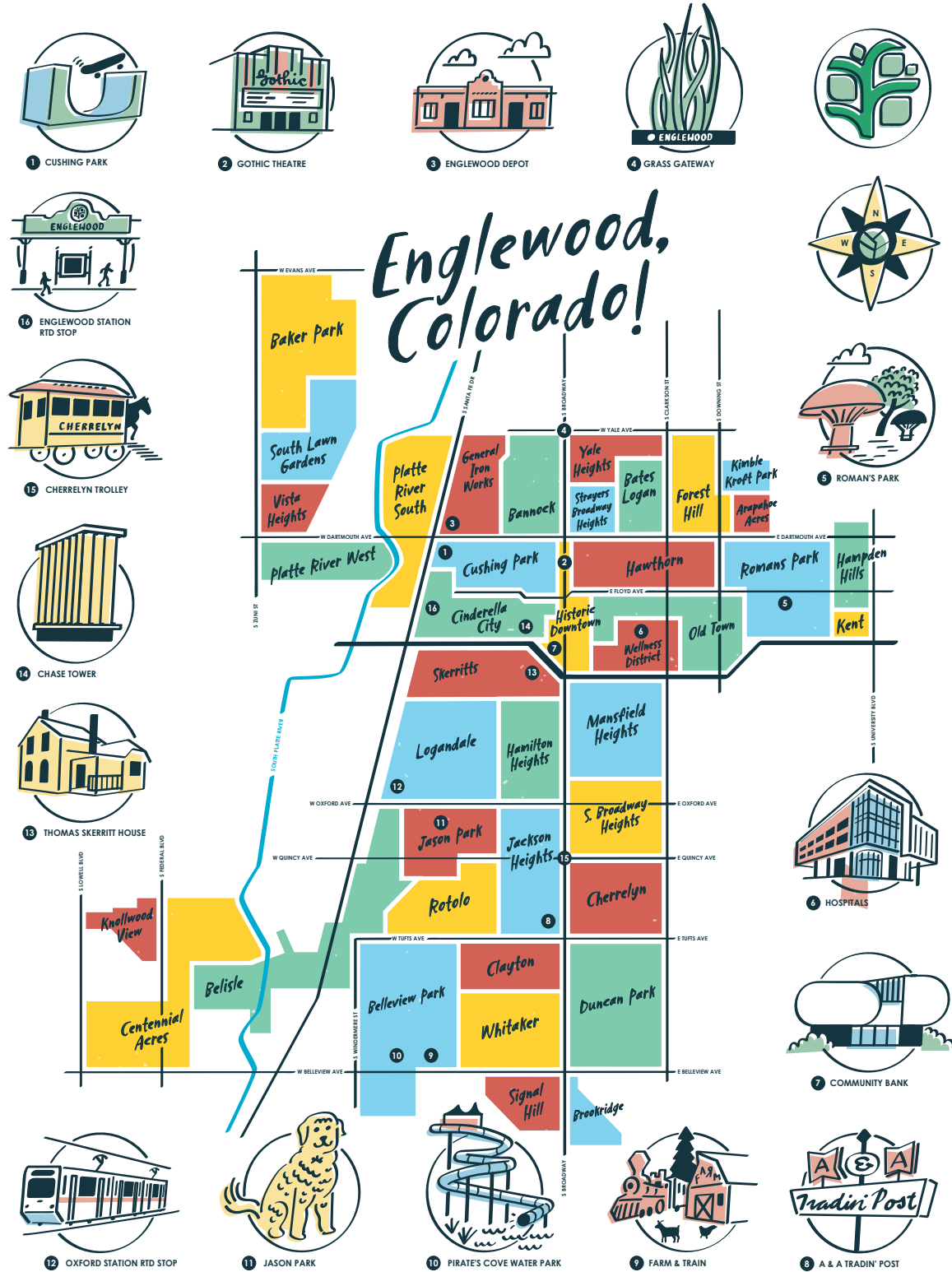
Katie DeGroot, Owner, The Peace Place

WELCOME TO YOUR NEIGHBORHOOD

A look into Englewood's neighborhood boundary map

In June 2022, the Englewood City Council adopted the Englewood Neighborhood map. The 40 neighborhood names and boundaries were chosen by the Historic Preservation Commission (HPC) after evaluating feedback from community members and combining

historic subdivision names and modern-day locations of significance. The city would like to thank the community and HPC for their work in creating a map that represents Englewood's new and existing history. Learn more at englewoodco.gov/neighborhoodmap.



Fall in Love with Englewood

PLAN YOUR FALL OUTINGS BY CHECKING OUT THESE NEIGHBORHOOD EVENTS

NEIGHBORHOOD REHAB PROJECT

On June 18, more than 50 volunteers came out for Englewood's bi-annual Neighborhood Rehab Project. Volunteers assisted in various home improvement projects for elderly, low-income and disabled homeowners. Among some of the beautification projects were concrete demolition, yard work, repairing fences, painting and more. If you're looking to help your fellow neighbors, participate in the next service day! Mark your calendars for Saturday, September 10. Residents can submit nominations for projects or sign up to volunteer by registering at englewoodco.gov/neighborhoods.



SUMMER FUN IN THE NEIGHBORHOOD

It was a busy summer for Englewood neighbors – from a park clean-up, parades, block parties, crawfish boils and backyard movie kits – residents successfully rocked this summer to the fullest. If you missed out on reserving a movie kit or didn't have a chance to host your first block party, you still have time! To reserve a movie kit, block party trailer or just learn more about the Neighborhood Resource Program, head over to englewoodco.gov/neighborhoods.



NEIGHBORHOOD NIGHTS

Rally your friends and family to enjoy the last two Neighborhood Nights at Centennial and Rotolo Parks. Visit englewoodco.gov/neighborhood-nights for additional information.

Thursday, Sept 1 Centennial Park
Food Truck: LB Tacos

Thursday, Sept 8 Rotolo Park
Food Trucks: LB Tacos and Sweet Cow





ENGLEWOOD CITYCENTER



by the shops and restaurants in the area. Two apartment buildings did not result in enough residents in the area to provide a lasting sense of vitality at CityCenter.

What worked with CityCenter?

- The element of CityCenter that has enjoyed the highest occupancy rate and provided a small, but stable customer base for successful businesses is the Artwalk Apartments. A high percentage of dense residential development in redevelopment projects provided by apartments, etc. is a way to guarantee long-term success for transit-oriented developments.

NEW VISION FOR CITY CENTER

	3.3	acres of open space for gathering and events
	150	room hotel
	1,070	new residential units
	62,000	sq feet of retail space and restaurants
	87,000	sq feet of new office space
	9,050	sq feet of cultural space
	42,000	sq feet for City Hall
	664,000	sq feet of structured parking and amenity decks



Rendering of the arrival from the Light Rail Station. Courtesy of Tryba Architects.

How did we get here?

CityCenter was one of the first contemporary transit-oriented developments in the country, winning awards from state and national development groups. It was founded on well-established principles, with the future development and densification anticipated in its original plan.

City leaders and developers at the time could not have foreseen the dramatic shift in retail development that has occurred over the last 20 years away from big boxes and toward specialty and niche retail with an emphasis on dense, residential development and a full mix of additional uses (e.g., office, hotel, small scale retail, restaurants, etc.) to anchor these new commercial areas and provide lasting positive impacts. The original plan also located RTD parking in areas of CityCenter that do not encourage commuters and visitors to stop

Why is the Civic Center a problem for redevelopment?

- The current location of the Civic Center Building in relation to the RTD station and nearby streets make it impossible to build up to four new buildings and add new pedestrian-friendly streets as part of the redevelopment plan.
- A former department store, the Civic Center is energy inefficient and does not provide good options for cost efficient and flexible city operations into the future. The redevelopment will offer the city the opportunity to consider alternative ways to effectively deliver services to the community.

What's happened so far? When will the redevelopment start?

Redevelopments are complex, expensive and time-consuming when they are owned entirely by private developers. When the redevelopment project is a public-private partnership such as CityCenter, the process needs to include community input and careful planning for public financing.

- **2019:** Initiated the award-winning Downtown Masterplan for CityCenter, historic downtown (S. Broadway) and the wellness district (near Craig and Swedish hospitals).
- **2020:** Established Englewood Downtown Development Authority

(EDDA) to partner with the city to facilitate future investment in downtown as well as plan and finance public improvements at the new CityCenter.

- **2020:** Rezoned CityCenter to provide developers with certainty of what can and cannot be built at CityCenter.
- **2021:** Activated three of six TIF (tax increment financing) districts to provide a source of long-term funding for both CityCenter and other improvements within the EDDA boundaries.
- **2021:** Business, property owners and residents in the downtown district voted to authorize \$70 million in debt authority for public financing of projects in the downtown district.

WHY SHOULD ENGLEWOOD'S CITYCENTER BE REDEVELOPED?



In 2000, the site of the Cinderella City Mall was redeveloped into CityCenter, which today has the highest commercial vacancy rate of any commercial area of the city.



To revitalize a key area of Englewood's downtown district and strengthen Englewood's transportation gateway to the entire Denver region.



With more types of development, inviting gathering places and community events, CityCenter will become a destination for the entire community.



Fifty-three years are left on the ground lease, but many of the retail spaces (i.e.: Office Depot, 24-Hour Fitness, stores along Englewood Parkway) are now vacant, with little revenue to the City of Englewood and little value to the residents of the city.



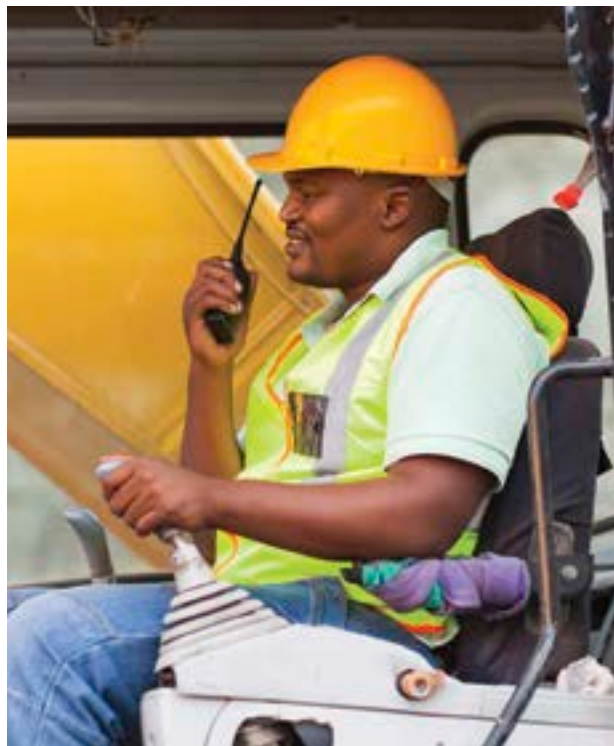
Redevelopment with more residents, workers and visitors in CityCenter will provide "eyes on the street", which will improve safety as CityCenter currently has the highest number of crime hotspots in the city.



The city's master developer is working to buy out the 53-year ground lease for a large portion of CityCenter, while working with Tryba Architects, the EDDA board and city council to create preliminary designs for a new CityCenter.

To see plans and share your thoughts about CityCenter with city staff, the EDDA board and city council, visit Englewood Engaged at englewood.gov/engage.

HOW IS INFLATION AFFECTING ENGLEWOOD?



WORKFORCE

With one of the lowest property tax rates in the Denver metro area and limited sales-tax generating retailers, the city has historically not had funding to keep up with market-rate increases for staff compared to surrounding cities.

HOW IS THE CITY RESPONDING?

City council has ordered a compensation and classification study, which will identify positions that are below the market rate for similar jobs in other cities. The funding to correct this issue could be substantial and will be considered as part of the 2023 city budget.

CAPITAL PROJECTS

The city's ability to maintain infrastructure, renovate parks and much more, depends on the availability of funding, mostly from sales and property taxes as well as the capital improvement fee on the city's monthly utility bill. Inflation has meant that many capital projects have increased significantly in cost.

HOW IS THE CITY RESPONDING?

The city will be considering a ballot initiative to raise additional funds through sales taxes for streets. See page 1 to find out more about the revenue options on the November ballot.



ENGLEWOOD RECEIVES THREE LOANS TO IMPROVE INFRASTRUCTURE



A step toward revitalizing Englewood's water quality and infrastructure

Englewood is advancing high-priority water, wastewater infrastructure and storm water projects to improve the protection of public health, the environment, the economy and to assure regulatory compliance now and in the future. Recently, the city closed on Water Infrastructure Financing and Innovation Act (WIFIA) loans. WIFIA incentivizes the acceleration of water and sewer infrastructure improvements by providing long-term, low-cost supplemental loans. The favorable loan conditions, such as locked interest rates less than 3% and a 40-year term, allow the city to advance critical infrastructure investment while gradually increasing the water and sewer rates annually to ensure adequate revenue is generated for loan repayment and continued investment into the water and sewer systems.

The near-term plan for capital investment in the water and sewer systems totals \$122.5 million. WIFIA has a maximum funding threshold of 49% of project costs, therefore other funding

mechanisms are necessary to fund the remaining 51%. The WIFIA loan for water improvements is \$38.4 million and \$21.6 million for the sewer system. Projects funded by the Water Fund WIFIA Loan include improvements to existing water pumping and treatment facilities, raw water supply improvements, lead service line replacement, metering improvements and a new operation complex. Various process improvements at the South Platte Renew treatment facility will be funded through the Sewer Fund WIFIA loan.

The city is also preparing to close on a loan agreement for the Stormwater Enterprise Fund with the Colorado Water Resources and Power Development Authority under the Water Pollution Control Revolving Fund (WPCRF) loan program. This loan agreement secures low-cost and flexible funding for critical investment in the city's storm sewer system. The primary project to be funded through the WPCRF loan proceeds is the South Englewood Flood Reduction Project.

YOUR ENGLEWOOD, YOUR VOTE

The 2022 Englewood Election

Englewood residents will have another opportunity to shape their city by participating in the local and statewide election this November. Election day is November 8, and there are a number of ways to cast your ballot.

The City of Englewood has two 24-hour drop box locations:

- Civic Center at 1000 Englewood Parkway
- Tri-County Health Clinic at 4857 S. Broadway

On election day, the city will host a voter service and polling center in the community room of the Civic Center. Information on the election, including details on the ballot issues, can be found at englewoodco.gov. General information for Arapahoe County elections can be found at arapahoevotes.com.

You can register to vote in advance through the Secretary of State at govotecolorado.gov, or in person at any voter service and polling center (VSPC). All VSPC locations can be found on the county website.

MUSEUM OF
OUTDOOR
ARTS

Outdoor Art in Englewood

Explore MOA Artworks in Englewood

MOA may be relocating its headquarters, but we are happy to continue to offer our outdoor art in Englewood! Artworks are located throughout the downtown and CityCenter areas. Visit the tours page on our website to learn more and download walking tours.

MOAonline.org

Supported in Part By:

@OutdoorArts

LET'S TALK TRASH

City ends exploration of single-source garbage collection following extensive public input

An initiative that started back in 2019, the Talk n' Trash campaign began to collect public feedback regarding an organized collection system. The key concerns for citizens were cost, service reliability and yard waste as a part of the base service. This year on April 18,

the city council met to discuss the future of garbage and recycling collection for the city. Following a lengthy discussion at its May 9 study session, the Englewood City Council decided to end the exploration of converting to a single-source organized collection

system for garbage and recycling. According to intensive survey results, residents were divided on the issue. Results can be found at englewoodco.gov/talk-trash.

CUSHING PARK'S NEW AMENITIES

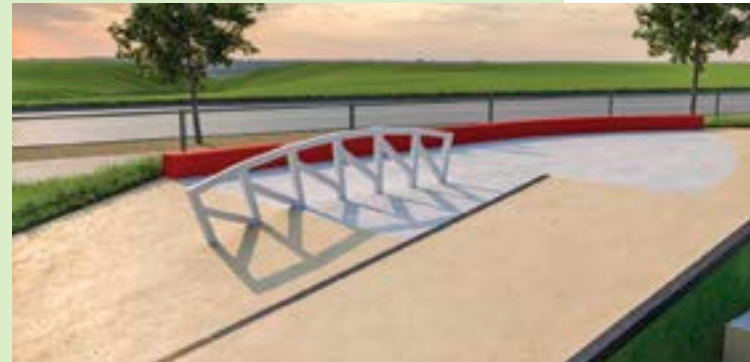
A skate park with historical elements and new ways to work out for free

Two major updates are coming to Cushing Park this fall. After an overwhelming number of responses at an open house in December 2021, residents spoke on features they wished to see at the skate park, along with helping choose the final design. Funding from the city and state grants added another feature,

the Fitness Court®, that will bring an innovative outdoor circuit experience for adults of all ages and abilities. The skate park and Fitness Court® are expected to be completed by September 2022, just in time to welcome the fall season.

Skate Park

The updated skate park includes a half-pipe — a U-shaped platform where a sloping channel meets the middle and extends up towards two drop-in spots. The half-pipe design received an overwhelming number of votes from the public as the current half-pipe is an iconic feature of the skate park. Additionally, the skate park incorporates historical elements modeled to be skater-friendly obstacles. The historical elements include a miniature reproduction of the Cherrelyn Trolley as a horizontal beam to grind on as well as a cement and steel structure resembling the former Englewood logo. The final historical element is a mini RTD light rail pedestrian bridge.



Fitness Court®

The Fitness Court® includes seven functional training zones, thousands of bodyweight exercises and digital programming. To access the digital programming and workouts, signage will be available at the site and accessed through a QR code. Visitors will be able to scan the QR code with their smartphones and participate in these workouts for free.

Be sure you are following the City of Englewood's social media channels for announcements of Cushing Park's skate park and the Fitness Court®'s grand openings!

FALL 2022 | ENGLEWOODREC.ORG

RECREATION GUIDE

TRUNK-OR-TREAT THIS FALL

Registration info
on page 23



PARKS AT A GLANCE

	BASEBALL/SOFTBALL FIELD	BASKETBALL COURT	MULTI-USE FIELD	OFF-LEASH DOG AREA	OPEN SPACE AREA	PAVILION	PICKLEBALL COURT	PLAYGROUND	RESTROOMS	SKATE PARK	TENNIS COURTS	SLACK LINE POLES
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BAKER PARK 2200 W. Wesley Ave.					✓	✓		✓	✓			
BARDE PARK 3150 S. Downing St.					✓							
BATES/LOGAN PARK 2938 S. Logan St.		✓	✓			✓		✓	✓			
BELLEVIEW PARK 5001 S. Inca Dr.	✓	✓	✓		✓	✓		✓	✓		✓	
CENTENNIAL PARK 4630 S. Decatur St.	✓	✓	✓		✓	✓		✓	✓			
COLORADO'S FINEST HIGH SCHOOL OF CHOICE 300 W. Chenango Ave.		✓	✓			✓						
CUSHING PARK 700 W. Dartmouth Ave.		✓	✓		✓	✓		✓	✓	✓		
DUNCAN PARK 4880 S. Pennsylvania St.		✓	✓	✓	✓	✓	✓	✓	✓			
JASON PARK 4299 S. Jason St.		✓	✓	✓	✓	✓		✓	✓			
NORTHWEST GREENBELT 2222 W. Vassar Ave.				✓	✓			✓				
RIVERRUN TRAILHEAD 2101 W. Oxford Ave. Access to Mary Carter Greenway Trail. "Surf the Platte" on Colorado's only river wave shaper. Learn more at endlesswaves.net/waves/river-run-park .					✓	✓		✓	✓			
ROMANS PARK 1800 E. Floyd Ave.		✓	✓		✓	✓		✓	✓		✓	✓
ROTOLO PARK 4401 S. Huron St.			✓		✓	✓		✓				
SOUTHWEST GREENBELT 4485 S. Fox St.					✓							



GET OUT AND EXPLORE!



Park and Open Space Area Hours: 7 days a week, 6:00 a.m. – 11:00 p.m.

Park Use Permits: Required for groups of 15+ people who will use the park but do not require a pavilion. Commercial use of a park, including individuals or businesses organizing classes or services, requires a Park Use Permit, \$100 permit fee and evidence of additional insurance. No more than four Park Use Permits will be issued to the same group or individual during a calendar year. Call 303-762-2684 for more details about Park Use Permits.

Special Event Licenses: Call 303-762-2490 for Special Event requirements, fees and licenses.

Athletic Field Use: Athletic fields must be reserved in advance for any organized play or practice. Call 303-762-2697 for field rental information and availability.

Drug and Alcohol Policy: Alcohol and marijuana are prohibited in all Englewood Parks and Open Spaces.

No Smoking: All Englewood parks are smoke- and vape-free.

Reserve your park shelter online at englewoodco.gov/shelters. Shelters are available to reserve April 16 – October 16. For assistance, call the Englewood Recreation Center at 303-762-2680.

Park use and pavilion reservations will follow the most up-to-date health guidelines. Visit englewoodco.gov/play for details.

- | | |
|---|--|
| 1. RiverRun Trailhead
2101 W. Oxford Ave. | 13. Brent Mayne & Union Fields
3501 W. Union Ave. |
| 2. Belleview Park
5001 S. Inca Dr. | 14. Colorado's Finest High School of Choice
300 W. Chenango Ave. |
| 3. Cushing Park
700 W. Dartmouth Ave. | 15. Canine Corral
4848 S. Windermere St. |
| 4. Centennial Park
4630 S. Decatur St. | 16. Englewood Community Garden
601 W. Dartmouth Ave. |
| 5. Jason Park*
4299 S. Jason St. | 17. Northwest Greenbelt*
Zuni St. to Pecos St. |
| 6. Bates/Logan Park
2938 S. Logan St. | 18. Southwest Greenbelt
Huron St. to Bannock St. |
| 7. Baker Park
2200 W. Wesley Ave. | 19. Clarkson Park
2795 S. Clarkson St. |
| 8. Romans Park
1800 E. Floyd Ave. | 20. Emerson Park
2929 S. Emerson St. |
| 9. Rotolo Park
4401 S. Huron St. | 21. Big Dry Creek Trail Access
4700 S. Wyandot St. |
| 10. Duncan Park*
4880 S. Pennsylvania St. | |
| 11. Barde Park
3150 S. Downing St. | |
| 12. Miller Fields
3600 S. Elati St. | |

*Off-Leash Areas

DOGS IN YOUR PARKS

Please pick up after your dog and follow posted guidelines so everyone can enjoy your parks at all times.

Canine Corral: 4848 S. Windermere St. Open daily from 6:00 a.m. – 11:00 p.m. Dogs must be under voice command at all times and have current vaccinations. Additional requirements can be found online.



Off-Leash Areas: Dogs may be off leash and under voice control during posted hours at Canine Corral, Jason Park, Duncan Park and Northwest Greenbelt. Dogs must have current vaccinations and remain out of playgrounds, pavilions and athletic fields when fields are programmed with activities. Visit englewoodco.gov/offleash for additional information.



RECREATION FACILITIES

ID Card

All program and center participants 5 years and older are required to obtain an ID card for access. (No card needed for spectators or rental guests.)

Resident ID Cards: \$3 – valid 3 years from date of purchase. Englewood residents must obtain a Resident ID card for each member of the family who wishes to receive the discounted Resident Fee rate. A valid photo ID with current address or documentation verifying current City of Englewood address (vehicle registration, utility bill or phone bill, etc.) must be provided. To receive Resident rates for online registrations, household must be set up in person.

Non-Resident ID Cards: Non-residents will receive their first ID Card for free. Must present valid photo ID.

Gymnasium

Full-size gym for basketball, volleyball and other court activities. Visit our website for current gym schedules.

Fitness Amenities

Cardiovascular rooms including ellipticals, stationary cycles and treadmills. Comprehensive weight rooms including free weights and weight-bearing machines.

The ZONE

Check out this functional training system that will elevate your workout. Multiple exercise stations can be customized to meet your level of training. Stations include squat rack, renegade station, high-low pulleys, heavy bag, monkey bars, traversing walls, rebounder, jump platform and dozens of attachment points for straps. Tetro Performance offers a variety of fitness classes using The ZONE room. Register online at tetroperformance.com and check out page 47 for current classes.

Locker Rooms

Showers and lockers are available to all paid guests; bring your own lock and towel.

Facility Rentals

Our Recreation Centers and Community Parks offer individual and group rentals (classrooms, pools, gym, multipurpose rooms, kitchen and park shelters) to host your next meeting, gathering or celebration. Please visit englewoodco.gov for current rental information.

Corporate Rates

Englewood business owners, officers and directors of a corporation located within the legal city limits are eligible to apply for significantly discounted corporate rates. Please contact 303-762-2680 or recreation@englewoodco.gov.

Individuals with Disabilities Program

The City of Englewood strives to mainstream individuals with disabilities into our recreation programs. Qualified individuals with disabilities are provided with reasonable accommodation to receive equal opportunity of inclusion. For additional information, contact 303-762-2680 or recreation@englewoodco.gov.

Financial Assistance for Recreation Programs for Englewood Residents

Please contact 303-762-2680 or recreation@englewoodco.gov.

Wellness Insurance Programs (WIP)

Englewood and Malley Recreation Centers honor Wellness Insurance Programs, including SilverSneakers, Renew Active, One Pass and One Pass Commercial. Please check with your insurance provider to determine which program they offer so you can participate in fitness, swim classes and other activities for free. These programs can be purchased through Medicare Advantage or a Medicare supplement plan (Medigap). Contact your health insurance provider for eligibility.



Englewood Public Library wants to hear from you!

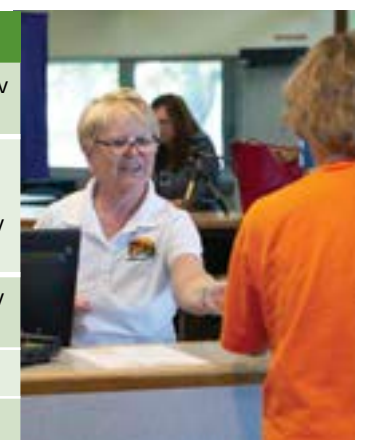
Please take a few short moments to complete this brief survey on how you interact with the Englewood Public Library.

<https://forms.gle/dr8eVDnFr7Kq5yRg7>



RECREATION & EVENT STAFF

Recreation Managers	Brad Anderson – Aquatics Allison Boyd – Facility/Programs	banderson@englewoodco.gov aboyd@englewoodco.gov
Englewood Recreation Center Supervisors	Avery Akers Brenna LeBlanc – Aquatics Joyce Musgrove Sara Stant	aakers@englewoodco.gov bleblanc@englewoodco.gov jmusgrove@englewoodco.gov sstant@englewoodco.gov
Malley Recreation Center Supervisors	Cheryl Adamson Shelly Fritz-Pelle	cadamson@englewoodco.gov sfritz@englewoodco.gov
Open Space Activities Supervisor	Lindsay Peterson	lpeterson@englewoodco.gov
Events Supervisor	Toni Arnoldy	tarnoldy@englewoodco.gov



ENGLEWOOD RECREATION CENTER

Fun for all ages • 303-762-2680 • 1155 W. Oxford Avenue

The Englewood Recreation Center is a community facility with activities for all ages. The center offers an indoor track, 25-meter eight-lane pool, The ZONE functional training center, four racquetball/wallyball courts, gymnasium, cardiovascular and weight training rooms.

Hours of Operation	Center Closures
M–Th: 6:00 a.m. – 9:00 p.m. F: 6:00 a.m. – 8:00 p.m. Sa & Su: 8:00 a.m. – 5:00 p.m. POOL CLOSING 30 MIN BEFORE CENTER	8/22 – 9/10 POOL CLOSURE FOR MAINTENANCE 8/29 – 9/5 ERC ANNUAL MAINTENANCE WEEK 9/5 LABOR DAY 11/24 THANKSGIVING

Center Admission

Admission includes use of fitness amenities: pool, weight rooms, cardio, The ZONE functional training room, running track (approx. 6.5 laps = 1 mile), gymnasium and racquetball/walleyball/handball courts.

Type	GENERAL: 3 – 54 Years		ACTIVE ADULT: 55 – 82 Years	
	Non-Resident	Resident	Non-Resident	Resident
Daily Admission (Recreation ID Required)	\$6.00	\$4.75	\$5.50	\$4.00
25-Visit Pass	\$105.00 (CPV \$4.20)	\$84.00 (CPV \$3.36)	\$80.00 (CPV \$3.20)	\$64.00 (CPV \$2.56)
Fitness Drop-In Class	\$10.00	\$8.00	\$10.00	\$8.00
Annual Pass Active adults ages 55–82 can enjoy use of both Recreation Centers with this pass for drop-in use.	\$390.00 (\$32.50/mo)	\$312.00 (\$26.00/mo)	\$356.00 (\$29.67/mo)	\$225.00 (\$18.75/mo)
Premier Annual Pass* Upgrade your ERC annual pass to include eligible group fitness classes, one personal training session and four guest passes. (See pages 49 through 53 for eligible fitness classes.)	\$465.00 (\$38.75/mo)	\$387.00 (\$32.25/mo)	\$430.00 (\$35.83/mo)	\$300.00 (\$25.00/mo)
Platinum Pass (83+) Ages 83 and up are free to enjoy drop-in use of the Englewood and Malley Recreation Centers.	—	—	FREE	FREE
Racquetball/Walleyball/Handball Recognized User Groups see Center Supervisor for rates.	Courts are reserved by the hour. Reservations are accepted two days in advance.		Fee included in center admission.	

Corporate Rates Call for pricing; pricing based on residency and number of visits purchased.

*All Annual passes are eligible for monthly auto-debit program. Annual & Platinum Active Adult pass good for both ERC and Malley Recreation Centers.

HOW TO REGISTER

ONLINE: Submit registrations anytime at englewoodrec.org. Payments must be made with Visa, MasterCard, Discover Card or American Express.

WALK-IN: Registrations are accepted at the **Englewood Recreation Center** or **Malley Recreation Center** during regular business hours.

PHONE: Call 303-762-2680 or 303-762-2660 during regular business hours.

Policies and Enrollment

All registrations are processed in the order they are received. At the beginning of each registration period, Englewood Resident ID cardholders are given priority and are able to enroll two days before non-residents. During this period, non-resident registrations are accepted and prioritized by date/time. After this process, all registrations are handled on a first-come, first-served basis. All checks are payable to the City of Englewood. Checks are accepted for payment, provided they are for the amount of purchase only, local (Colorado), preprinted with customer's name and address, and have a valid Colorado driver's license or Colorado ID card number on them. A \$30 service charge will be assessed on any returned check.

MALLEY RECREATION CENTER – Where Fun Never Gets Old!

For ages 55 and better • 303-762-2660 • 3380 S. Lincoln Street

The Malley Recreation Center and programs promote healthy lifestyle and social activity. Enriching programs include fitness, arts and crafts, outdoor adventures, education, excursions, extended travel, special events, VOA lunch, drop-in activities and more. Home to the highest quality Pilates Reformer machines.

Hours of Operation	
M–Th	8:00 a.m. – 7:00 p.m.
F	8:00 a.m. – 5:00 p.m.
Sa	9:00 a.m. – 1:00 p.m.
Su	CLOSED
CENTER CLOSURES	
M 9/5	Labor Day
Th 11/24	Thanksgiving

Participants 55 years of age and older receive class/program registration priority; adults 18 years and older may register for classes/programs based on availability. The Malley Fitness area and computer access are not available for those under age 55. All classes and special events are available to all ages.

12:15 p.m. Reservations are required and must be made by noon two days in advance. Please call 303-762-2660 to reserve your space. Monthly menus are available online at englewoodco.gov or at the front desk. Suggested donation is \$2.50 for ages 60 and over or a spouse of an eligible person. For guests under 60 years, it is \$11.00.

Wellness Insurance Programs (WIP)

Englewood and Malley Recreation Centers honor Wellness Insurance Programs, including SilverSneakers, Renew Active, One Pass and One Pass Commercial. See page 24 for more information.

Visiting Nurse Association

Provides quality, affordable health care including foot care, blood pressure checks and monitoring of chronic conditions. Appointment only. Call 303-698-6496.


Volunteers of America (VOA) Nutrition Program

The Malley Recreation Center and Volunteers of America have teamed up to provide lunch Monday through Friday. Dine-in or to-go options are available. Doors open at 11:30 a.m., and lunch is served from 11:45 a.m. – 12:15 p.m. For to-go, lunch must be picked up by

Social Pass – FREE in 2022

This pass allows 12 months of access to all the Malley Recreation programs that do not include a class number. Activities with this pass include fitness center, game room, computers, bridge, bunco, billiards, lobby access, table tennis, pickleball and drop-in gym.

Type	ACTIVE ADULT: 55 years and over	
	Resident	Non-Resident
Social Pass	FREE	FREE
Annual Pass (Multi-Facility)	\$225.00 (\$18.75/mo)	\$356.00 (\$29.67/mo)
Premier Annual Pass	\$300.00 (\$25.00/mo)	\$430.00 (\$35.83/mo)
Platinum Pass (83+)	FREE	FREE



Pickleball

Pickleball is a low-impact, active game combining elements of badminton, tennis and table tennis. Players use paddles and a plastic ball in a court with a low net. It's easy to learn this quick, fast-paced, competitive game. Equipment is available. Annual or daily pass required. Due to COVID-19 guidelines, hours of operation are subject to change. For hours of operation, call 303-762-2660 or visit englewoodco.gov/play.

DROP-IN PICKLEBALL SCHEDULE

Courts are subject to availability. No play 9/5, 11/4 and 11/5

	Level	Su	M	Tu	W	Th	F	Sa
MRC	Beg./Int.	—	11:30 a.m. – 2:00 p.m.	—	11:30 a.m. – 2:00 p.m.	—	11:30 a.m. – 2:00 p.m.	9:15 a.m. – 12:15 p.m.
	Adv.	—	2:00 – 4:45 p.m.	—	2:00 – 4:45 p.m.	—	2:00 – 4:45 p.m.	9:15 a.m. – 12:15 p.m.
ERC	Beg./Int.	—	—	—	—	—	3 – 5 p.m.	—
CFHSC	Beg./Int.	—	—	1 – 5 p.m.	—	1 – 5 p.m.	NOON – 4:30 p.m.	—
	Adv.	1 – 5 p.m.	—	8 a.m. – NOON	—	8 a.m. – NOON	—	—

MRC = Malley Recreation Center, ERC = Englewood Recreation Center, CFHSC = Colorado's Finest High School of Choice

MALLEY RECREATION CENTER SOCIAL PASS

SELF-LED PROGRAMS – REQUIRES SOCIAL PASS

Class	Activity #	Dates	Days	Time	Location	Fee	Res
BYOC Crafters Group Do you start projects and have difficulty finishing them? If you answered “yes,” then this is the group for you! Bring your supplies and join others who love to craft too! Large tables and sewing machines are provided.							
	41760611	9/12 – 11/28	M	1:00 – 3:00 p.m.	MRC	\$17	\$14
Open Paint Studio Looking to finish or start a painting? And make new friends? Then Open Paint Studio is for you! Bring your supplies and join others who love to paint. Easels are available for student use.							
	41761411	9/6 – 11/29	Tu	1:00 – 3:00 p.m.	MRC	\$17	\$14
Drop-in Woodcarving For carvers with some experience. A carving glove and thumb guard are required.							
	41762512	9/7 – 11/30	W	2:00 – 4:00 p.m.	MRC	\$17	\$14

DROP-IN PROGRAMS – FREE OR REQUIRES SOCIAL PASS

Class	Dates	Days	Time	Fee
Mahjong Group Join us for this Chinese-originated game using various designed tiles. No partner needed. Bring your mahjong set, if you have one.				
	9/12 – 11/28	M	12:30 – 3:30 p.m.	SOCIAL PASS
Table Tennis The sport can be played as single or doubles. Great for beginners and more advanced levels.				
	9/6 – 11/30 No play 11/24	Tu/Th	NOON – 4:30 p.m.	SOCIAL PASS
Retirement Support Group Gather with other retirees to share thoughts and stories about retirement topics such as friendship, loss, leisure, purpose and much, much more.				
	9/7 – 11/30	W	10:00 – 11:00 a.m.	SOCIAL PASS
Movie Time Join us the second Friday of the month to watch a free movie on the big screen. Popcorn available for 25 cents. Watch for monthly flyers or call 303-762-2660 the week of the movie to find out what’s playing.				
	9/9 10/14 11/11	F	1:00 p.m.	FREE

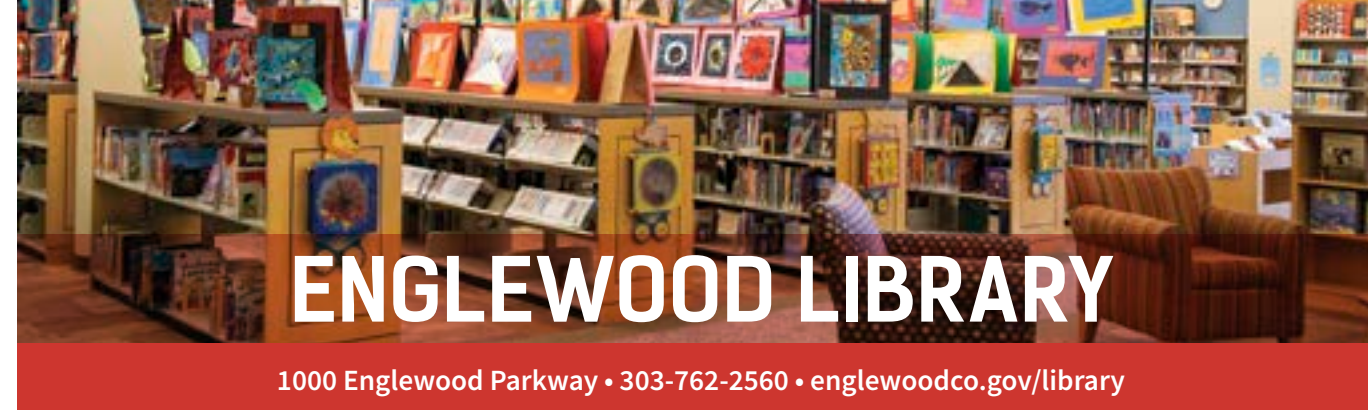
To verify if drop-in programs are happening, please call 303-762-2660 or visit englewoodco.gov/play.

FREE MALLEY SOCIAL PASS

Beginning January 1, 2022, we’re providing FREE Malley Social Passes thanks to a generous contribution from the Malley Center Trust Fund. The Malley Social Pass provides 12 months of access to select programs and includes use of our fitness center with cardio, weight and strength equipment. Other center amenities include game room, computers, bridge, bunco, billiards, table tennis, pickleball and gym. The pass is available for residents and non-residents. Please visit Guest Services for details!

Sponsored by the Malley Center Trust Fund

The Malley Center Trust Fund Trustees approved funds to provide 2022 Social Passes to increase usage of the Malley Recreation Center. Come see what we’re all about!



ENGLEWOOD LIBRARY

1000 Englewood Parkway • 303-762-2560 • englewoodco.gov/library

ADULT PROGRAMMING

Book Clubs Galore!

You’ve always wanted to join a book club. Go ahead, admit it. Come check out one of these three book clubs hosted by the library.

Novels@Night	2nd Thursday of the month from 6:00 – 7:30 p.m.
Books@the Bar!	3rd Monday of the month from 6:30 – 8:00 p.m. at various locations
Sack Lunch Sagas	4th Wednesday of the month from 12:30 – 2:00 p.m.

Resource Connect

Every Monday, 11:30 a.m. – 2:30 p.m.

Resource Connect is a library program geared toward bringing individuals together with local resources that can help them get their needs met. Multiple organizations will be available to help with medical and mental health, food and nutrition, family wellness, employment training/certification and placement, housing and supportive services around the house. Drop by to see how we can help. No registration required.

Location: Hampden Hall, 2nd Floor

Creative Writing Group

First and third Wednesdays of the month, 6:00 – 7:30 p.m.

Join our writers group! We meet twice monthly for writing discussions and practice with prompts and exercises. All experience levels are welcome. For adults. No registration required.

Location: Anderson Room

The Daydreamerz Writing Group

2nd & 4th Tuesdays of the month, 2:00 – 4:00 p.m.

A collective of mindful creators, forming a community to facilitate unique expression of our individual abilities and perspectives in an open space. Any way that creativity can be expressed is welcome here: writers, podcasters, comedians, performers, artists, cartoonists. All disciplines, all skill levels, all forms of communicating ideas are valid in this place. For adults. No registration required.

Location: Perrin Room

Memory Café

2nd Tuesday of the month, 2:00 – 3:30 p.m.

A fun place to socialize, relax and engage for people experiencing memory loss and their caregivers. Each cafe has an activity to facilitate social connection for individuals with shared experiences. Just be yourself!

Location: Perrin Room

Let’s Get Crafty

Second Saturday of the month, 2:00 – 3:30 p.m.

Seize your opportunity to broaden your crafting horizons. Join us on the second Saturday afternoon of each month to learn a new craft. We’ll provide the space, supplies and guidance. No registration required. Space limited.

Location: Anderson Room

Life, the Universe and Everything

Third Tuesday of the month, 6:00 – 7:30 p.m.

The Library, in conjunction with the Masonic Philosophical Society, invites you to delve into the arena of philosophy, exploring a new topic every month and inspiring individuals to self-awareness. For adults. No registration required. Call for more information on the monthly discussion topics.

Location: Perrin Room

Sit N Knit

Last Wednesday of the month, 6:00 – 7:30 p.m.

Whether you’re an expert or don’t know how to cast on, this group could be just what you’re looking for! Join us for a relaxing evening to build your skills, share your knowledge and make new friends. For adults and teens. No registration required.

Location: Perrin Room



ENGLEWOOD HOLIDAY EXPRESS 2022

SANTA • TRAIN RIDES
CRAFTS • SMORES
HOT COCOA

DECEMBER
9 10 16 17
3:30 - 8:30 P.M.

ENGLEWOOD FARM AND TRAIN 5001 S. INCA DR.
TICKETS: ENGLEWOODCO.GOV/HOLIDAY-EXPRESS

save-the-date

Trunk
-or-
Treat

SATURDAY
OCT 22
3 - 6 p.m.
Englewood Civic Center

Trunk hosts and sponsors wanted!
Visit englewoodco.gov/events for more info.

PIRATE YOUTH SPORTS

Building community, tradition and excellence!

Our vision is to develop the community of Englewood and its youth through high-quality youth sports programs.

**BASEBALL • BASKETBALL • CHEERLEADING
FOOTBALL • FLAG FOOTBALL • LACROSSE
SOCCER • SOFTBALL • RUGBY
VOLLEYBALL • WRESTLING**

Join our email list and register for all youth sports programs at pirateyouthsports.com. Contact us at president@pirateyouthsports.com or 303-907-3667.
Subject to change due to COVID-19.

CHILDREN'S PROGRAMMING

Storytime

Children learn naturally when they read, sing, write, talk and play! Our interactive storytimes combine books, songs, rhymes and fun. No registration required.

Storytimes in the Park

Join us every Friday in September at 9:30 a.m. or 10:30 a.m. for storytime in a local park. Please bring a blanket to sit on. Registration is not required.

9/2	F	9:30 and 10:30 a.m.	Bates Logan Park
9/9	F	9:30 and 10:30 a.m.	Duncan Park
9/16	F	9:30 and 10:30 a.m.	River Run Park
9/23	F	9:30 and 10:30 a.m.	Romans park
9/30	F	9:30 and 10:30 a.m.	Duncan Park

Friday Storytimes will transition to the library for October and November.

Storytimes at the Library

TODDLER STORYTIME

This storytime will engage your children with short stories, finger plays, action, rhymes and songs. Your child will learn sounds, letter recognition and new words, all while having fun.

Every Monday and Tuesday at 10:30 a.m.
For children 18 months to 3 years old

BABY STORYTIME

This lap sit storytime will develop a love of reading using books, songs, movement and rhyme. The program will help improve motor, sensory and social skills with caregiver and baby interactions.

Every Wednesday at 10:30 a.m.
For children up to 18 months

VIRTUAL PAJAMA STORYTIME

Join us live via Facebook every Wednesday to enjoy books, songs and activities designed to help children settle their minds and bodies to get ready for bedtime.

Live on Facebook – Every Wednesday at 7:00 p.m.
For children of all ages

PRESCHOOL/FAMILY STORYTIME

This storytime features longer books accompanied by a variety of activities, including songs, flannel boards, finger plays, puppetry and dramatics.

Every Thursday at 10:30 a.m.
Every Friday in October and November at 10:30 a.m.
For children of all ages

Storytime Extra Programs

These programs are designed as an extra special storytime for toddler- and preschool-aged children. Along with a story, these programs include crafts and games! This program replaces storytime. No registration required.

9/9	F	10:30 a.m.
10/7	F	10:30 a.m.
11/4	F	10:30 a.m.

Messy Process Art Programs

The purpose of this program is to encourage children to be creative by focusing on the process as opposed to the end result. Be sure to dress for the mess! This program replaces storytime. No registration required.

9/19	M	10:30 a.m.
10/17	M	10:30 a.m.
11/14	M	10:30 a.m.

After-School Programs for Children of All Ages

Head to the library after school for fun programs for kids of all ages. No registration required.

9/15	Th	4:00 p.m.
9/29	Th	4:00 p.m.
10/12	Th	4:00 p.m.
11/10	Th	4:00 p.m.

Special Programs for Children of All Ages

JAMBOOREE – HALLOWEEN PARTY

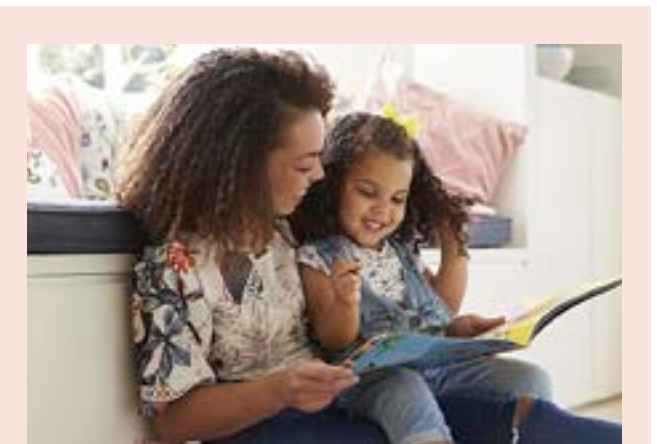
Join us for our annual JamBOOree event! Featuring gruesome games, creepy crafts and more. Don't forget to wear your costume! No Registration required.

10/29	Sa	10:00 a.m.
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FALL BREAK PROGRAMS

Staying in town for fall break? Need to get the kids out of the house? Join us for some fun afternoon activities.

11/21	M	2:00 p.m.	Movie
11/22	Tu	2:00 p.m.	Fall Crafts
11/23	W	2:00 p.m.	Fort Building



EARLY READER BOOK CLUB

The Early Reader Book Club is geared toward children in kindergarten through 2nd grade. We will read books together and individually as we work on reading skills; then we will end with a craft or fun activity. Each month will be a different theme. No registration required.

9/22	Th	10:30 a.m.
10/20	Th	10:30 a.m.
11/17	Th	10:30 a.m.



TWEEN PROGRAMMING

Tween programming is geared toward children ages 8–11.

Mythbusters

Join us as we explore science the Mythbusters way. Get curious, get messy and be prepared to test your hypothesis!

Thursday, September 8th, 4:00 p.m.

Minute to Win It Games ... Halloween Style

Come in costume and test your skills at a variety of timed challenges.

Thursday, October 6th, 4:00 p.m.

Book Tasting

Having trouble figuring out what to read? In a rut with your reading? Sample a variety of books in different genres to jumpstart your reading.

Thursday, November 3rd, 4:00 p.m.

TEEN PROGRAMMING

Teen programming is geared toward teens ages 12–18.

Teen Hangouts:

Join us for weekly hangouts in the Teen Room. Every Tuesday at 5:00 p.m.

Email englewoodteen@gmail.com to get more information on which movies we will be showing and books we will be discussing.

Teen Monthly After-Hours Events:

GAME NIGHT [AFTER HOURS!]

Join us for an evening of classic tag games like Freeze Tag, Hide and Seek, Ghost in the Graveyard, Blind Man’s Bluff, Capture the Flag and more. Don’t know how to play these games? Don’t worry, we will teach you. This program will be after the library closes, so please drop off and pick up on the garage side of the library.

Friday, September 23rd, 6:00 p.m.

HALLOWEEN PARTY [AFTER HOURS!]

Ready for Halloween? After the library closes, we will be hosting a teen-only Halloween party! Dress up in your best Halloween costume and join us for a variety of spooky Halloween activities and scary good snacks. This program will be after the library closes, so please drop off and pick up on the garage side of the library.

Friday, October 21st, 6:00 p.m.

FRIENDSGIVING [AFTER HOURS!]

Join us for our first-ever Friendsgiving event. We will start with a variety of service projects to support our local community. Then we will gather to enjoy some time with good friends and good food. Dinner will be served. This program will be after the library closes, so please drop off and pick up on the garage side of the library.

Friday, November 18th, 6:00 p.m.

PERSONAL DEVELOPMENT

Community Restorative Justice Skills

In celebration of Colorado’s Conflict Resolution Month, the Englewood Municipal Court Restorative Justice (EMC-RJ) program is offering this introductory Community Restorative Justice Skills class. Registration required.

Saturday, October 22, 2:00 – 4:00 p.m.

Location: Anderson Room

Introduction to Nonviolent Communication

In partnership with the Rocky Mountain Compassionate Communication Network, the Library is offering this introductory class to Non-Violent Communication. Registration encouraged.

Saturday, November 19, 1:00 – 4:00 p.m.

Location: Perrin Room

COMPUTER / TECH CLASSES

Computer Classes: 303-762-2560

PLEASE NOTE: Computer classes take place in the Englewood Public Library. In most cases, registration is required: 303-762-2560. All computer classes in the library are free of charge.

Computer Basics: Just Getting Started

Learn the basics of using a computer and practice using a mouse. No computer experience required. Registration required.

First Saturday each month, 10:30 a.m. – NOON

Location: Tech Lab

MS Word: Fundamentals

Learn how to create and edit a document with Microsoft Word. This class will cover creating a new document and a few of the basic formatting tools like bolding text, changing your font and page alignment. Registration required.

Saturday, September 17, 10:30 a.m. – NOON

Location: Tech Lab

Introduction to Canva

Learn the basics of Canva, a free-to-use online graphic design tool. Create social media posts, presentations, posters and more. Registration required.

Saturday, October 15, 10:30 a.m. – NOON

Location: Tech Lab

Google Drive & Calendar: The Essentials

We will cover the basics of two of Google’s most powerful applications, Google Drive and Google Calendar. Learn how to create documents and collaborate with others online as well as how to create events and invite attendees. Email address required. Registration required.

Saturday, November 19, 10:30 a.m. – NOON

Location: Tech Lab

Technology Assist!

One of our technology assist volunteers will help you with all sorts of devices such as laptops, smartphones and tablets or even the library’s public computers. Bring your technology questions and let’s see what we can do. Volunteers and library staff cannot offer tax preparation or legal advice. No registration required.

Tuesdays from 11:00 a.m. – 2:00 p.m.

Location: Tech Lab

GENEALOGY SERIES

In partnership with the Columbine Genealogical & Historical Society, Englewood Public Library invites you to join this series of programs to get started researching your family tree. See Library website for full details and registration instructions.

Introduction to Genealogy

This basic class will give you some resources and valuable local connections.

Saturday, September 10, 2:00 – 3:30 p.m.

Location: Perrin Room

Genealogy: Research Plans and Source Documentation

Tuesday, September 20, 1:00 – 3:00 p.m.

Location: Anderson Room

YDNA and mtDNA and How They Impact your Genealogy Research

YDNA is being used to construct a “Tree of Mankind” showing our interrelatedness going back 210,000 years.

Tuesday, October 18, 1:00 – 3:00 p.m.

Location: Anderson Room

Using Fold 3 and Other Military Records

This class will trace a few surnames through military records to show you what information can be obtained.

Tuesday, November 15, 1:00 – 3:00 p.m.

Location: Anderson Room



BROKEN TEE GOLF COURSE

Broken Tee Golf Course • 303-762-2670 • 2101 W. Oxford Ave. • englewoodco.gov/brokentee

Englewood Parks and Recreation presents one of the finest public golf facilities in the Rocky Mountain region: Broken Tee Golf Course.

This golf complex offers:

- Championship 18-hole course with Dye design front 9
- Par-3 course with multiple tee boxes – a challenge for the serious golfer or simple fun for the entire family
- Large driving range and one of the best practice areas in Metro Denver
- Offering FootGolf on the Par-3 course

Food & Beverage Update

We are excited to introduce Wyatt's at Broken Tee as the new concessionaire at Broken Tee. Food service started late June with a limited "snack bar" menu. Breakfast burritos and sandwiches, lunch sandwiches and salads will be available. Please visit their website for info: wyattsbrokentee.com.



Please Note:

- No alcohol will be available for purchase at this time due to the application process.
- No outside alcohol is allowed. No outside food or beverages are allowed.

FOLDS OF HONOR GOLF MARATHON



On Labor Day, September 5, Broken Tee will be hosting a golf marathon in partnership with Folds of Honor.

Folds of Honor provides scholarships to spouses and children of America's fallen and disabled service members. So, what is a golf marathon? Golfers on a three-person relay team will be able to play as many holes as possible for only \$125 per team while raising funds benefiting the scholarship program. The fee also includes a swag bag, water, snacks and a box lunch.

Learn more about the event at: englewoodco.gov/foldsofahonor

Thank You
CELEBRATE GOLF DAY

SPONSORS



ADULT & YOUTH ATHLETICS

Adult Athletic Leagues

Adult athletic league registration, schedules and standings: teamsideline.com/englewoodrec

MEN'S AND WOMEN'S ADULT ATHLETIC LEAGUES						
SPORT	SEASON	REGISTRATION	LEAGUES BEGIN	FEES	FORMAT	OFFERINGS
Volleyball	Winter	10/24 – 12/20	Mid-January	\$335/team	10 Games + Single Elimination Playoff	Tuesday Coed, Wednesday Women's, Thursday Men's
	Fall	7/11 – 9/2	Mid-September			
Basketball	Winter	10/24 – 12/20	Mid-January	\$475/team	8 Games + Single Elimination Playoff	Sunday Men's Comp, Sunday Men's Rec, Monday Men's Open
	Spring	1/17 – 3/18	Late March			
	Summer	5/2 – 6/24	Mid-July			
Softball	Fall	8/1 – 9/16	Late September	\$525/team	10 Games + Single Elimination Playoff	Thursday Men's Competitive and Recreational
	Summer	3/14 – 5/6	Mid-May			
	Fall	6/27 – 7/29	Mid-August	\$425/team		

Don't have a team or need a few more players to complete your team? Go to teamsideline.com/englewoodrec to be added to the Free Agent List. You will be contacted by teams looking to add to their roster. If you have any questions regarding team registration, please call Sara Stant at 303-762-2694 or email ssstant@englewoodco.gov.



TENNIS & PICKLEBALL LESSONS!

Indoor and outdoor classes and instruction for all ages and a wide range of levels. Quality instructors from Sabre Tennis Management. Visit Play Englewood for info!



Skyhawks and SuperTots

Teaching life skills through sports

Skyhawks provides sports instruction in our Englewood Parks for ages 4–14. Classes include basketball, volleyball, soccer and multi-sport focuses. For more info, visit skyhawks.com.

SuperTots is perfect for ages 2–5. These classes will meet weekly in our parks. Children will learn the basics of baseball, basketball or soccer. For more information, visit supertotsports.com.





AQUATICS

Hours

M – Th: 6:00 a.m. – 8:30 p.m.
F: 6:00 a.m. – 7:30 p.m.
Sa/Su: 8:00 a.m. – 4:30 p.m.



Pool Safety Guidelines

Children under 8 years old must be directly supervised by an adult in the pool area. Adults must provide in-water supervision of children unable to pass the swim test.

Supervise your children. No diving.
 No breath-holding games, please.

The Swim Test

Children under 8 years old must be able to swim 10 meters by themselves to go down the big slide or to be out of reach of an adult.

Pool Features

- 8 lanes, 25 meters
- Body slide (must pass a swim test)
- 2–3 ft. shallow children’s area with easy-access stairs
- Small slides
- Family changing rooms
- Dry sauna
- ADA accessible
- Pool temp 86° year-round

Open Swim

Head on down for an afternoon of fun. Toss the ball, dive for rings or take a ride down the slides. Some features may not be available due to shared programming.

M – F: 1:00 – 4:00 p.m.
Sa/Su: 1:00 – 4:30 p.m.
Tot Pool: Open daily until close (except 8:00 a.m. – noon weekends). Check online for more details.

Lap Swim

At least one lane is available at all times of the day. Circle swimming and lap swim etiquette applies. Please check online for a more detailed schedule.

M – Th: 6:00 a.m. – 8:30 p.m.
F: 6:00 a.m. – 7:30 p.m.
Sa/Su: 8:00 a.m. – 4:30 p.m.

Following COVID-19 guidelines, schedules and policies may change at any time. There is no evidence that COVID-19 can spread to humans through the use of pools and hot tubs.



SWIMMING LESSONS

Englewood Recreation Center • 1155 W. Oxford Ave.

Infant and Toddler

Babes & Tots (6 mos – 3 yrs)

Introduction to the water with a focus on safety and primary water skills, including submersion, bubbles and water play in a fun, family environment.

Jellyfish (2½ – 3½ yrs)

This class is for advanced toddlers who go under water willingly and are nearly floating on their own. Instructor approval requested.

Preschool

Seahorse (3 – 5 yrs)

These little ones may be cautious, but are ready to start the basics. A gentle approach using songs and games helps them gain confidence and trust.

Seal (3 – 5 yrs)

These little ones are happiest going under water and are just starting to float on their own.

Otter (3 – 5 yrs)

These little ones can float for 10 seconds, roll over and kick 10 meters to safety.

Sea Lion (3 – 5 yrs)

These are our most experienced little swimmers, working on freestyle and backstroke drills, with the goal of being able to swim 15 meters with ease.

School Age

Stingray (6 – 14 yrs)

Swimmers with limited experience or basic skills should start here. Cautious and adventurous alike will find success in this class. Floating, kicking and breathing will be mastered here.

Dolphin (6 – 14 yrs)

Swimmers will be conditioned to float, kick and breathe for longer distances while core swimming skills are introduced and mastered. Swimmers will master freestyle and backstroke drills for 15–25 meters.

Swordfish (6 – 14 yrs)

Swimmers at this level are well conditioned and beginning to swim up to 25 meters of freestyle, backstroke and elementary backstroke with ease. Dolphin kick and treading water will be introduced.

Barracuda/Shark (6 – 14 yrs)

Swimmers are working toward 50 meters of freestyle and backstroke with efficiency and ease. Butterfly and breaststroke drills are introduced and refined. Open turns, treading water for time and advanced safety skills are included.

WATER FITNESS

Aqua Power

Ages: 16 yrs +

Add water to your everyday routine and see the difference.

9/15 – 10/13	Th	6:00 – 6:50 p.m.	\$25/\$21	41250211
10/20 – 11/17	Th	6:00 – 6:50 p.m.	\$25/\$21	41250221

HIIT Aqua

Ages: 16 yrs +

High intensity followed by active recovery = all gain with no pain.

9/13 – 10/11	Tu	5:00 – 5:50 p.m.	\$25/\$21	41250611
10/18 – 11/22	Tu	5:00 – 5:50 p.m.	\$25/\$21	41250621

Arthritis Aqua

Ages: 55 yrs +

Improve your daily function and reduce pain through aquatic exercise. Reduced impact on your joints will allow for a full body workout focused on strength, flexibility and range of motion.

9/15 – 11/17	Th	11:30 a.m. – 12:20 p.m.	\$30/\$24	41260211
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Senior Aqua

Ages: 55 yrs +

Rediscover the fountain of youth, where splashing and smiling isn't just for kids.

9/12 – 11/21	M	8:00 – 8:50 a.m.	\$30/\$24	41260120
9/12 – 11/21	M	9:00 – 9:50 a.m.	\$30/\$24	41260121
9/13 – 11/22	Tu	9:00 – 9:50 a.m.	\$30/\$24	41260122
9/13 – 11/22	Tu	10:00 – 10:50 a.m.	\$30/\$24	41260123
9/14 – 11/23	W	9:00 – 9:50 a.m.	\$30/\$24	41260124
9/15 – 11/17	Th	8:00 – 8:50 a.m.	\$30/\$24	41260125
9/15 – 11/17	Th	9:00 – 9:50 a.m.	\$30/\$24	41260126
9/16 – 11/18	F	9:00 – 9:50 a.m.	\$30/\$24	41260127

EVENING SWIMMING LESSONS AT ERC

5 weeks, 10 lessons

Fee: \$55/\$44		Tuesdays & Thursdays	
		Session 1	Session 2
Class	Time	9/13 - 10/13	10/22 - 11/19
Jellyfish	4:00 - 4:25 p.m.	41210211	41210212
Seahorse	4:00 - 4:25 p.m.	41220111	41220112
Seal	4:30 - 5:00 p.m.	41220211	41220212
Otter/Sea Lion	5:05 - 5:35 p.m.	41220311	41220312
Stingray	4:30 - 5:00 p.m.	41230111	41230112
Dolphin	5:05 - 5:35 p.m.	41230211	41230212
Swordfish	5:40 - 6:10 p.m.	41230311	41230312
Barracuda/Shark	5:40 - 6:10 p.m.	41230411	41230412

WEEKEND SWIMMING LESSONS AT ERC

5 weeks, 5 lessons

Fee: \$30/\$25		Session 1		Session 2	
		Saturday	Sunday	Saturday	Sunday
Class	Time	9/17 - 10/15	9/18 - 10/16	10/22 - 11/19	10/23 - 11/20
Babes & Tots	10:00 - 10:30 a.m.	41210131	41210133	41210135	41210137
	10:35 - 11:05 a.m.	41210132	41210134	41210136	41210138
Jellyfish	9:30 - 9:55 a.m.	41210231	41210232	41210233	41210234
Seahorse	10:00 - 10:30 a.m.	41220131	41220133	41220135	41220137
	10:35 - 11:05 a.m.	41220132	41220134	41220136	41220138
Seal	10:00 - 10:30 a.m.	41220231	41220233	41220235	41220237
	10:35 - 11:05 a.m.	41220232	41220234	41220236	41220238
Otter	8:50 - 9:20 a.m.	41220331	41220332	41220333	41220334
Sea Lion	11:10 - 11:50 a.m.	41220431	41220432	41220433	41220434
Stingray	9:15 - 9:55 a.m.	41230131	41230133	41230135	41230137
	11:10 - 11:50 a.m.	41230132	41230134	41230136	41230138
Dolphin	9:15 - 9:55 a.m.	41230231	41230233	41230235	41230237
	11:10 - 11:50 a.m.	41230232	41230234	41230236	41230238
Swordfish	8:30 - 9:10 a.m.	41230331	41230332	41230333	41230334
Barracuda/Shark	8:30 - 9:10 a.m.	41230431	41230432	41230433	41230434



PRIVATE SWIMMING LESSONS

Sign up for private lessons with our experienced instructors, who will provide hands-on instruction in or out of the water based on your preferences. For an additional fee, a second person can be added to the lesson at the payment screen. Check online for more days and times.

Ages: 3 years - adult
18 months - 3 years, parent assisted at the instructor's discretion

	1 student	2 students
5 classes	\$115	\$140

Time	SEPTEMBER / OCTOBER			OCTOBER / NOVEMBER		
	Monday	Wednesday	Friday	Monday	Wednesday	Friday
	9/12 - 10/10	9/14 - 10/12	9/16 - 10/14	10/17 - 11/14	10/19 - 11/16	10/21 - 11/18
4:00 - 4:30 p.m.	41231201	41231211	41231221	41231241	41231251	41231261
4:30 - 5:00 p.m.	41231202	41231212	41231222	41231242	41231252	41231262
5:00 - 5:30 p.m.	41231203	41231213	41231223	41231243	41231253	41231263
5:30 - 6:00 p.m.	41231204	41231214	41231224	41231244	41231254	41231264
6:00 - 6:30 p.m.	41231205	41231215	41231225	41231245	41231255	41231265
6:30 - 7:00 p.m.	41231206	41231216	41231226	41231246	41231256	41231266
	Saturday	Sunday		Saturday	Sunday	
	9/17 - 10/15	9/18 - 10/16		10/22 - 11/19	10/23 - 11/20	
11:55 a.m. - 12:25 p.m.	41231227	41231229		41231267	41231269	
12:30 - 1:00 p.m.	41231228	41231230		41231268	41231270	

Home School Swimming

Ages: 3 - 14 yrs

This popular lesson option is back at a new day and time! Assessments will be done on the first day, and students will be grouped by age and ability. Your child will receive a 30-minute lesson during this two-hour block and have additional time to practice with a parent before or after their lesson or just play around. Parents should expect to join their child in the pool when they are not active in a swim lesson. Children able to pass a 10-meter swim test may swim on their own.

Location: ERC

9/16 - 10/14	F	NOON - 2:00 p.m.	3 - 8 yrs	\$40/\$30	41230811
9/16 - 10/14	F	NOON - 2:00 p.m.	8 - 14 yrs	\$40/\$30	41230812
10/21 - 11/18	F	NOON - 2:00 p.m.	3 - 8 yrs	\$48/\$36	41230821
10/21 - 11/18	F	NOON - 2:00 p.m.	8 - 14 yrs	\$48/\$36	41230822

Tidal Waves

Ages: 6 - 17 yrs

Take your swimming skills to the next level on our year-round CARA recreational swim team. Swimmers must be proficient in freestyle and backstroke for 25 meters.

Location: ERC

9/12 - 11/23	M, W	5:30 - 6:30 p.m.		\$100/\$80	41230911
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Through our partnership with the USA Swimming Foundation, Englewood Residents can sign up for group swim lessons for as little as \$5 with a Make A Splash grant. Reduce your risk of drowning by signing up for swim lessons. Visit our website for details.





ACTIVE KIDS

DANCE

Toddler and Me Dance

Ages: 2 – 3 yrs

Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner. This class includes mom, dad or another loved one who participates with the little dancer. Our teachers will keep the music and curriculum moving while parents take an active role in encouraging, supporting and keeping the little dancer on track.

Youth Dance

Ages: 6 – 9 yrs

Youth dance classes are designed to help your child become a well-rounded dancer in different styles of dance including tap, jazz, hip-hop and ballet in a fun and energetic class! Classes focus on dance fundamentals and technique. Recitals during spring and winter season require a costume rental fee, which is usually \$15 for two costumes. This fee is in addition to the class participation fee.

PeeWee Dance

Ages: 3 – 5 yrs

Dance classes are focused on dance techniques, safety, fun, movement, coordination and self-esteem. Dancers develop the basics of tap, jazz and ballet steps while working on following directions and working well with others. Classes focus on dance fundamentals and technique, building up to the spring and winter seasons, which include a recital. Parents of children who may require help changing their shoes are asked to remain outside of the classroom to assist with a mid-class shoe change.

Recitals during spring and winter season classes require a costume rental fee, which is usually \$15 for two costumes. This fee is in addition to the class participation fee.

ACTIVE KIDS – DANCE

Class	Activity #	Ages	Dates	Days	Time	Location	Fee	Res Fee
Toddler and Me Dance	41820011	2 – 3 yrs	9/14 – 9/28	W	3:45 – 4:15 p.m.	ERC	\$15	\$12
	41820012	2 – 3 yrs	9/14 – 9/28	W	4:15 – 4:45 p.m.	ERC	\$15	\$12
	41820013	2 – 3 yrs	10/5 – 10/26	W	3:45 – 4:15 p.m.	ERC	\$20	\$16
	41820014	2 – 3 yrs	10/5 – 10/26	W	4:15 – 4:45 p.m.	ERC	\$20	\$16
	41820015	2 – 3 yrs	11/2 – 11/30*	W	3:45 – 4:15 p.m.	ERC	\$20	\$16
	41820016	2 – 3 yrs	11/2 – 11/30*	W	4:15 – 4:45 p.m.	ERC	\$20	\$16
	41820017	2 – 3 yrs	9/10 – 9/24	Sa	11:00 – 11:30 a.m.	ERC	\$15	\$12
	41820018	2 – 3 yrs	10/1 – 10/22	Sa	11:00 – 11:30 a.m.	ERC	\$20	\$16
	41820019	2 – 3 yrs	10/29 – 11/19	Sa	11:00 – 11:30 a.m.	ERC	\$20	\$16
PeeWee Dance	41820111	3 – 5 yrs	9/12 – 12/5*	M	3:45 – 4:15 p.m.	ERC	\$70	\$56
	41820112	3 – 5 yrs	9/12 – 12/5*	M	5:00 – 5:30 p.m.	ERC	\$70	\$56
	41820121	3 – 5 yrs	9/10 – 12/3*	Sa	9:15 – 9:45 a.m.	ERC	\$70	\$56
	41820122	3 – 5 yrs	9/10 – 12/3*	Sa	9:45 – 10:15 a.m.	ERC	\$70	\$56
	41820131	3 – 5 yrs	9/14 – 12/7*	W	4:45 – 5:15 p.m.	ERC	\$70	\$56
	41820141	3 – 5 yrs	9/15 – 12/8*	Th	4:00 – 4:30 p.m.	ERC	\$70	\$56
Youth Dance	41820211	6 – 9 yrs	9/12 – 12/5*	M	4:15 – 5:00 p.m.	ERC	\$79	\$63
	41820221	6 – 9 yrs	9/10 – 12/3*	Sa	10:15 – 11:00 a.m.	ERC	\$79	\$63
	41820241	6 – 9 yrs	9/15 – 12/8*	Th	4:30 – 5:15 p.m.	ERC	\$79	\$63

* No class 11/22

TUMBLING

Toddler & Me Tumbling

Ages: 1 – 3 yrs

Does your tot need a place to explore, play and let out some energy in a fun and safe environment? Register for this class that teaches your child and you simple tumbling skills while meeting new friends.

Tumbling Tykes

Ages: 3 – 5 yrs

Join this interactive class for young tumblers to enhance their balance, strength and learn beginning tumbling skills.

Gymnast Jubilee

Ages: 6 – 9 yrs

Kids will learn rolls, cartwheels and balance, all while having a blast and meeting new friends.

ACTIVE KIDS – TUMBLING

Class	Activity #	Ages	Dates	Days	Time	Location	Fee	Res Fee
Toddler & Me Tumbling	42310111	1 – 3 yrs	9/10 – 9/24	Sa	9:30 – 10:00 a.m.	ERC	\$21	\$17
	42310112	1 – 3 yrs	10/1 – 10/22	Sa	9:30 – 10:00 a.m.	ERC	\$28	\$22
	42310113	1 – 3 yrs	10/29 – 11/19	Sa	9:30 – 10:00 a.m.	ERC	\$28	\$22
	42310114	1 – 3 yrs	9/10 – 9/24	Sa	10:30 – 11:00 a.m.	ERC	\$21	\$17
	42310115	1 – 3 yrs	10/1 – 10/22	Sa	10:30 – 11:00 a.m.	ERC	\$28	\$22
	42310116	1 – 3 yrs	10/29 – 11/19	Sa	10:30 – 11:00 a.m.	ERC	\$28	\$22
	42310121	1 – 3 yrs	9/16 – 9/30	F	4:30 – 5:00 p.m.	ERC	\$21	\$17
	42310122	1 – 3 yrs	10/7 – 10/28	F	4:30 – 5:00 p.m.	ERC	\$30	\$24
	42310123	1 – 3 yrs	11/4 – 11/18	F	4:30 – 5:00 p.m.	ERC	\$21	\$17
	42310124	1 – 3 yrs	9/16 – 9/30	F	5:00 – 5:30 p.m.	ERC	\$21	\$17
	42310125	1 – 3 yrs	10/7 – 10/28	F	5:00 – 5:30 p.m.	ERC	\$30	\$24
	42310126	1 – 3 yrs	11/4 – 11/18	F	5:00 – 5:30 p.m.	ERC	\$21	\$17
Tumbling Tykes	42320211	3 – 5 yrs	9/12 – 9/26	M	4:30 – 5:00 p.m.	ERC	\$22	\$18
	42320212	3 – 5 yrs	10/3 – 10/24	M	4:30 – 5:00 p.m.	ERC	\$30	\$24
	42320213	3 – 5 yrs	10/31 – 11/28*	M	4:30 – 5:00 p.m.	ERC	\$30	\$24
	42320214	3 – 5 yrs	9/12 – 9/26	M	5:45 – 6:15 p.m.	ERC	\$22	\$18
	42320215	3 – 5 yrs	10/3 – 10/24	M	5:45 – 6:15 p.m.	ERC	\$30	\$24
	42320216	3 – 5 yrs	10/31 – 11/28*	M	5:45 – 6:15 p.m.	ERC	\$30	\$24
	42320221	3 – 5 yrs	9/10 – 9/24	Sa	9:00 – 9:30 a.m.	ERC	\$22	\$18
	42320222	3 – 5 yrs	10/1 – 10/22	Sa	9:00 – 9:30 a.m.	ERC	\$30	\$24
	42320223	3 – 5 yrs	10/29 – 11/19	Sa	9:00 – 9:30 a.m.	ERC	\$30	\$24
	42320224	3 – 5 yrs	9/10 – 9/24	Sa	10:00 – 10:30 a.m.	ERC	\$22	\$18
	42320225	3 – 5 yrs	10/1 – 10/22	Sa	10:00 – 10:30 a.m.	ERC	\$30	\$24
	42320226	3 – 5 yrs	10/29 – 11/19	Sa	10:00 – 10:30 a.m.	ERC	\$30	\$24
42320231	3 – 5 yrs	9/16 – 9/30	F	5:30 – 6:00 p.m.	ERC	\$22	\$18	
42320232	3 – 5 yrs	10/7 – 10/28	F	5:30 – 6:00 p.m.	ERC	\$30	\$24	
42320233	3 – 5 yrs	11/4 – 11/18	F	5:30 – 6:00 p.m.	ERC	\$22	\$18	
Gymnast Jubilee	42320311	6 – 9 yrs	9/12 – 9/26	M	5:00 – 5:45 p.m.	ERC	\$22	\$18
	42320312	6 – 9 yrs	10/3 – 10/24	M	5:00 – 5:45 p.m.	ERC	\$30	\$24
	42320313	6 – 9 yrs	10/31 – 11/28*	M	5:00 – 5:45 p.m.	ERC	\$30	\$24
	42320321	6 – 9 yrs	9/10 – 9/24	Sa	11:00 – 11:45 a.m.	ERC	\$22	\$18
	42320322	6 – 9 yrs	10/1 – 10/22	Sa	11:00 – 11:45 a.m.	ERC	\$30	\$24
42320323	6 – 9 yrs	10/29 – 11/19	Sa	11:00 – 11:45 a.m.	ERC	\$30	\$24	

* No class 11/22



CULTURAL PROGRAMS

Creative Pottery

Ages: 18 yrs +

Use different methods of handbuilding and/or sculpting to create three pieces of art. Glazes included. Open to all skill levels. Supply fee: \$15 per 25 pounds of clay used, payable to instructor.

Location: MRC		Instructor: Michael McGrath		
9/6 - 10/11	Tu	10:00 a.m. - NOON	\$72/\$67	41760411
9/7 - 10/12	W	10:00 a.m. - NOON	\$72/\$67	41760311
10/18 - 11/22	Tu	10:00 a.m. - NOON	\$72/\$67	41760412
10/19 - 11/30	W	10:00 a.m. - NOON	\$72/\$67	41760312



The Englewood Summer Drama Program would like to THANK our Community Sponsors and for the support of the Scientific & Cultural Facilities District for our 2022 production of Rodgers & Hammerstein's



Gold Sponsor:



Silver Sponsor:



Bronze Sponsors:



Drawing & Painting Class

Ages: 18 yrs +

Whether you like to paint, smatter, draw or sketch, this class will bring out creativeness using different mediums such as watercolors, acrylics or pencils. Pick your favorite, and enrich your skills in this class. All levels of experience welcome. Bring any works in progress or start something new.

Location: MRC		Instructor: Eileen Hoffman		
9/1 - 10/6	Th	10:00 a.m. - NOON	\$60/\$55	41761011
10/13 - 12/1	Th	10:00 a.m. - NOON	\$60/\$55	41761012

Open Painting Studio

Ages: 55 yrs +

Looking to finish or start a painting? And make new friends? Then Open Paint Studio is for you. This class is a self-led activity. Bring your supplies and join others who love to paint. Easels are available for student use.

Location: MRC				
9/6 - 11/29	Tu	1:00 - 3:30 p.m.	\$17/\$14	41761411

Ultra Beginning Line Dance

Ages: 55 yrs +

This class is a good place to start for those interested in learning how to line dance and enjoy country music.

Location: MRC		Instructor: Judy Curtis		
9/7 - 9/28	W	2:00 - 3:00 p.m.	\$17/\$14	41860311
9/7 - 9/28	W	3:30 - 4:30 p.m.	\$17/\$14	41860314
10/5 - 10/26	W	2:00 - 3:00 p.m.	\$17/\$14	41860312
10/5 - 10/26	W	3:30 - 4:30 p.m.	\$17/\$14	41860315
11/2 - 11/30	W	2:00 - 3:00 p.m.	\$17/\$14	41860313
11/2 - 11/30	W	3:30 - 4:30 p.m.	\$17/\$14	41860316

Advanced Beginner Line Dance

Ages: 55 yrs +

Step up the pace. Learn more difficult steps to new choreography and continue learning.

Location: MRC		Instructor: Judy Curtis		
9/7 - 9/28	W	10:00 - 11:00 a.m.	\$17/\$14	41860411
10/5 - 10/26	W	10:00 - 11:00 a.m.	\$17/\$14	41860412
11/2 - 11/30	W	10:00 - 11:00 a.m.	\$17/\$14	41860413



ENRICHMENT & EDUCATION

The Will Maker - Legal Seminar

Ages: 18 yrs +

In a single sitting, you'll be able to complete a simple will, plus, a living will, medical power of attorney and financial power of attorney, all with the help of a licensed attorney. Fee includes material, witnessing, notarizing and individual review and time for questions. Bring your ID and a snack. Material fee: \$100 payable to Rebecca Bennetti at the workshop.

Location: MRC		Instructor: Rebecca Bennetti, Lawyer		
9/7	W	12:30 - 4:30 p.m.	\$15/\$12	41460411
10/19	W	12:30 - 4:30 p.m.	\$15/\$12	41460511
11/15	Tu	12:30 - 4:30 p.m.	\$15/\$12	41460611

Photography Techniques

Ages: 18 yrs +

This photography course is designed to help you capture better images of the people and places around you using the basic rules of composition in photography. Bring your phone or camera and get ready to have fun.

Location: MRC		Instructor: Cynthia Slade		
10/3 - 10/24	M	1:00 - 2:00 p.m.	\$27/\$22	41460711

The Fundamentals for Health

Ages: 18 yrs +

Vitamins and minerals are essential for life, and every biological process in the body is driven by a nutrient. A single nutrient may be involved in hundreds of different biochemical reactions throughout the body. Unfortunately, due to food processing, most of our food is devoid of nutrition. Take the fundamentals to help balance your intake of nutrients.

Location: MRC		Instructor: Kelly Andis, Nutritional Health Coach, Natural Grocers		
9/8	Th	10:00 - 11:00 a.m.	\$7/\$5	41460811

Digital Camera Techniques

Ages: 18 yrs +

It is time to stop shooting in automatic mode and take control of your camera. No more letting the camera make decisions for you that do not give you the photo you wanted. Learn the Exposure Triangle and start taking better photos. Bring your camera and get ready to enjoy using your camera's settings.

Location: MRC		Instructor: Cynthia Slade		
10/3 - 10/24	M	2:30 - 4:00 p.m.	\$27/\$22	41460911

Wills, Trusts & Power of Attorney

Ages: 18 yrs +

Planning for disability and death can give you peace of mind, reduce burdens for your loved ones, and help you leave a legacy instead of a mess. Learn about tools available to you, including powers of attorney, advance medical directives, wills and trusts.

Location: MRC		Instructor: Ryan Scott, Law Office of Ryan B. Scott, LLC		
9/19	M	10:00 - 11:30 a.m.	\$7/\$5	41461111

Demystifying Hospice: Providing an Understanding

Ages: 18 yrs +

Hospice and palliative care are services that focus on care, comfort and quality of life for a person with a serious illness or who is approaching the end of life. Care often includes emotional and spiritual support for both the patient and their loved ones. Deciding whether and when to start these services can be difficult and confusing. Get answers to questions about the benefits of this important care.

Location: MRC		Cammy Smith, RN, MSN, Director of Clinical Services Danielle Cleary, RN, Manager of Hospice		
9/23	F	10:00 - 11:00 a.m.	\$7/\$5	41461211





Continuing Bridge

Ages: 55 yrs +
Take your bridge playing to the next level. This class is designed for those who have been learning the game for a while and want a new challenge. Class includes instruction on play and defense, bidding skills, some lecture and supervised playing.

Location: MRC Instructor: James Buck
9/7 – 10/12 W 10:00 a.m. – NOON \$57/\$46 41465011
10/19 – 11/30 W 10:00 a.m. – NOON \$57/\$46 41465012

Spanish III

Ages: 55 yrs +
Bienvenidos! Continue to sharpen your Spanish speaking skills. This interactive class builds further on what you have learned. You will focus on more complex forms of conversation, using proper grammar, pronunciation and a variety of new vocabulary. A background in Spanish is recommended.

Location: MRC Instructor: Jean Kunkel
9/12 – 11/28 M 8:30 – 10:30 a.m. \$68/\$56 41465611

Then and Now: Denver Metro Real Estate

Ages: 18 yrs +
Take a look back in history at Denver's real estate market. See for yourself how much the Metro area has progressed. Discover the state of our current, thriving real estate market and what we expect moving forward. Leave with useful pro tips on selling and buying in our dynamic market.

Location: MRC Instructor: Linsey Garcia, Your Castle Real Estate
9/22 Th 10:00 – 11:00 a.m. \$7/\$5 41461711
10/8 Sa 10:00 – 11:00 a.m. \$7/\$5 41461712

Creating a Healthy Home

Ages: 18 yrs +
Do you know of anyone suffering from a chronic illness due to mold infestation or other toxic compounds? What about constant exposure to electromagnetic frequencies that may be damaging to your health? Get all the tips and tricks on creating a healthy home environment.

Location: MRC Instructor: Kelly Andis, Nutritional Health Coach, Natural Grocers
10/6 Th 1:00 – 2:00 p.m. \$7/\$5 41461611

Personal Safety and Self-Defense Class

Ages: 15 yrs +
Stay safe and get empowered, as this class will focus on self-preservation and the protection of friends and family, with practical safety practices for all ages. Class will be interactive and provide simple means of self-defense "empty handed" techniques. Plus, ways to self-protect with everyday objects. Wear comfortable clothing.

Instructors: Outi Gomez, 5th Degree Black Belt, Tae Kwon, Do Chung Do Kwan Schools, Sherrel Price, 5th Degree Black Belt, Tae Kwon Do Chung Do Kwan Schools

10/7 F 1:00 – 3:00 p.m. \$22/\$18 41462311
10/28 F 9:30 – 11:30 a.m. \$22/\$18 41462312

The Probate Process

Ages: 18 yrs +
What do you do when someone passes away? Do you need to open probate? If you are the personal representative or executor of the estate, what will be expected of you? What should you know if you are a beneficiary? We will answer these questions and talk about some of the tools available for you to avoid probate.

Location: MRC Instructor: Ryan Scott, Law Office of Ryan B. Scott, LLC
10/17 M 10:00 – 11:30 a.m. \$7/\$5 41461511

The War on Salt

Ages: 18 yrs +
We have seen the headlines and dietary guidelines urging all Americans to cut down on salt. However, research now suggests that these claims should be taken with a grain of salt. Discover how adding more salt to your diet can support overall health, including heart health, exercise performance and healthy weight maintenance.

Location: MRC Instructor: Kelly Andis, Nutritional Health Coach, Natural Grocers
11/10 Th 1:00 – 2:00 p.m. \$7/\$5 41461911

FREE PROGRAMS

Medicare 101

Ages: 18 yrs +
Making a decision can be hard! Attend this presentation to learn all your plan options and review the A, B, C and D's of Medicare. Allen will share important dates to remember and how to save money on prescriptions.

Location: MRC Instructor: Allen McGill, McGill Insurance
9/8 Th 1:30 – 3:30 p.m. FREE 41460111
10/13 Th 1:30 – 3:30 p.m. FREE 41460211
11/10 Th 1:30 – 3:30 p.m. FREE 41460311

Reverse Mortgage Myths, Real Stories Behind the Loans

Ages: 18 yrs +
Your friend has said her reverse mortgage is the best thing she ever did, but your cousin says he would never consider one. What are these loans all about? Could this be a financial tool you could use? Get expert answers to your questions and a solid understanding of how these loans can be structured to fit unique situations.

Location: MRC Instructor: Don Opeka, Orion Mortgage, Inc.
9/12 M 10:00 – 11:00 a.m. FREE 41461011
10/10 M 10:00 – 11:00 a.m. FREE 41461012

Never B-4 Bingo

Ages: 18 yrs +
Have some fun, and prizes are included. Play in person or via Zoom (a working email is needed). Bingo cards need to be picked up at Malley prior or request them to be mailed.

Location: MRC
9/12 M 1:00 – 2:00 p.m. FREE 41450711
10/10 M 1:00 – 2:00 p.m. FREE 41450811
11/14 M 1:00 – 2:00 p.m. FREE 41450911

Should I Stay or Should I Go

Ages: 18 yrs +
With so many 55+ community living choices, making the appropriate housing choice can be difficult. Learn what the differences are, where to begin looking, what the costs are, sizes, amazing amenities and so much more.

Location: MRC Instructor: RoadMap for Aging Experts
9/27 Tu 10:30 a.m. – NOON FREE 41461411

Dental & Oral Health

Ages: 18 yrs +
Good oral hygiene allows a person to speak, smile, smell, taste, touch, chew, swallow and make facial expressions to show feelings and emotions. Poor oral health has serious consequences, including painful, disabling and costly oral diseases. Learn more about what you can do to maintain a healthy life.

Location: MRC Instructor: Tracy Schroder, Enable Dental
9/28 W 1:00 – 2:00 p.m. FREE 41461811

Avoiding the 3 Plagues of Aging

Ages: 18 yrs +
Understand how minimizing 3 plagues – loneliness, helplessness and boredom – can transform, empower and enrich the lives of caregivers and care receivers. Mental and emotional health is as important as physical. Feeling useful and effective can make all the difference in the world.

Location: MRC Instructor: Roger Rhodes, Homewatch Caregivers
10/18 Tu 1:00 – 2:00 p.m. FREE 41460011

Right-Sizing to an Appropriate Size Home

Ages: 18 yrs +
What is the right size for you? These professional experts – estate liquidator, organizer, move manager and realtors – will share insights, tips and suggestions. Clear the clutter and take the first step toward rightsizing your household.

Location: MRC Instructor: RoadMap for Aging Experts
10/25 Tu 10:30 a.m. – NOON FREE 41462011

What Your Heirs Should Know If You Have a Reverse Mortgage

Ages: 18 yrs +
For many borrowers with a reverse mortgage, the reality is that they might not be the one closing out the loan. That responsibility may fall to an heir or executor. Learn how to prepare yourself and your loved ones for what needs to be done when the last borrower leaves the home. This is a follow-up to the seminar on 9/12 & 10/10.

Location: MRC Instructor: Don Opeka, Orion Mortgage, Inc.
11/14 M 10:00 – 11:00 a.m. FREE 41461311

Updates on Frauds and Scams

Ages: 18 yrs +
Learn how to keep yourself, family and friends safe from all the new scams, calls, texts and emails. It is becoming more difficult to determine what is legitimate and what is not. Come learn how to recognize a scam and what to do if you get scammed!

Location: MRC Instructor: RoadMap for Aging Experts
11/29 Tu 10:30 a.m. – NOON FREE 41462211





EXCURSIONS

Excursion fee includes escort, transportation, tour and admission tickets, unless otherwise stated. Restaurant meals and snacks/treats are on your own, unless otherwise stated. For outdoor excursions, bring closed-toed shoes, jacket, hat, sunscreen and water. All excursions leave from and return to the Malley Recreation Center.

Some excursions include significant walking. Please do not register for an excursion if you are unable to walk more than ¼ mile.

Excursion Refunds and Transfers

Excursion cancellations or transfers will be refunded minus a \$5 administrative fee. No refunds are granted if you miss the trip due to being late, no-show or a cancellation within five business days prior to trip. There are no refunds given after listed early cancellation dates.

SEPTEMBER

Riverwalk & Boat Ride – Pueblo

Spend some time strolling and shopping in the Union Avenue District. Then off to lunch at the Brues Alehouse Brewing Co. After lunch, enjoy our private boat floating along the Arkansas River and listen to tales of this historic area.

9/1 Th 8:00 a.m. – 6:00 p.m. \$54/\$43 42060111

Lazy B Chuckwagon and Show – Estes Park

Experience the spirit of the West with a great BBQ supper, friendly service, great humor and a live western show. We'll visit the new location at the Dao House Retreat and Lodge at the base of Longs Peak.

9/7 W 2:45 – 10:15 p.m. \$83/\$67 42060811

Washing Machine Museum – Eaton

In 2000, Lee Maxwell was awarded the Guinness World Record for the world's largest washing machine collection. Stored in a 20,000 sq. ft. building, the impressive collection has more than 1,400 antique washing machines dating back to 1840. Plus, refrigerators, butter churns, vacuums and more. Bring a sack lunch for a stop at Bittersweet Park in Greeley.

9/9 F 10:30 a.m. – 5:30 p.m. \$36/\$29 42060611

Black Hawk and Central City

Black Hawk or Central City... Bus will drop you off and pick you up in the heart of it all. You may choose to visit your favorite casino, visit historic sites or enjoy the mountain air. Activities are on your own.

9/12 M 9:00 a.m. – 4:00 p.m. \$20/\$16 42060311

10/10 M 9:00 a.m. – 3:00 p.m. \$17/\$14 42060411

11/14 M 9:00 a.m. – 3:00 p.m. \$17/\$14 42060511



Pick your own apples at the Adam's Apple Orchard

The Emerald Isle – Aurora

Voted best view and deck year after year! Take in the view of the mountains, downtown and Cherry Creek Reservoir at this fun and casual restaurant. Enjoy a burger, pulled pork sandwich with a side of cheese curds, fried pickle chips and a cold drink.

9/15 Th 11:00 a.m. – 1:30 p.m. \$13/\$11 42062111

Cripple Creek Mayhem

Enjoy the ride to Cripple Creek, a historic gambling and mining town that's one of the most scenic destinations in Colorado. The restored Old West brick buildings along Bennett Avenue, surrounded by majestic mountains, boast nine casinos as well as great restaurants and shops. Spend the day exploring!

9/16 F 8:00 a.m. – 6:00 p.m. \$39/\$31 42060211

Adam's Apple Orchard & Johnson's Corner – Johnstown & Ault

Lunch at the historic 1950s truck stop for a patty melt or BLT. Then of course, a world-famous cinnamon roll or pie. Next, picking your own apples that are good to the core! Shop at the Country Store for jams, salsas, honey and pickles.

9/18 Su 10:00 a.m. – 4:45 p.m. \$35/\$28 42060911

Rockies Game

Take me out to the ballgame! Root for the Rockies as they take on the San Francisco Giants. We have great seats along the baseline. Food and drinks available to purchase at the ballfield. Need a special needs seat, see Cheryl. Early cancellation date: Sept. 8, 2022.

9/22 Th 11:30 a.m. – 5:00 p.m. \$35/\$28 42060711

Follow Gold to Breckenridge

Patches of brilliant gold aspen glow throughout this ride. Travel on scenic Hwy-285 through Fairplay, over Hoosier Pass and down into Breckenridge. Spend time in Breckenridge exploring the shops and restaurants. Travel home on I-70.

9/26 M 8:15 a.m. – 5:00 p.m. \$33/\$27 42061211

Southern Loop Fall Colors

Enjoy this scenic drive with all the fall color splendor! We will travel to Deckers, Woodland Park and Bailey. Plus, take a lunch break in Woodland Park and a scenic stop at Lake George. Note: Elevation is approximately 10,000 ft.

9/30 F 8:00 a.m. – 5:00 p.m. \$33/\$27 42061011

OCTOBER

Elk Fest – Estes Park

Bugler? Come watch the bugling competitions, listen to the elk seminars, join the elk-themed activities, listen to live country and bluegrass music, shop at the elk-inspired souvenir and artwork booths. Plus, dine at the elk-cuisine food vendors.

10/2 Su 8:30 a.m. – 4:30 p.m. \$29/\$24 42061111

On the Rocks Bar & Grill – Roxborough

Colorado is full of magnificent landscapes, but this one takes the cake! Located at the Arrowhead Golf Club's clubhouse, the panoramic views with the fall colors will take your breath away. Dine on roasted Brussels sprouts, flatiron salad or fish & chips.

10/5 W 11:00 a.m. – 2:00 p.m. \$14/\$12 42062211

First Friday Art Walk – Old Colorado City

We will make a stop at the Wild West Ghost Town Museum first. Then an evening of browsing the art galleries and open artist studios with self-guided tours. Dine at one of the many restaurants.

10/7 F 2:15 – 9:15 p.m. \$30/\$24 42061311

The Spooky Side of Denver Tour

Not all who die pass beyond the veil of death. Some have decided to stick around for a while! Join step-on Guide Katy Ordway with Denver History Tours for an exploration of the spookier side of things, from the choking tales of Strangler's Row to the juices of the dead in Cheesman Park. Not a tour for the faint of heart.

10/11 T 10:00 a.m. – 3:00 p.m. \$39/\$33 42061911

Swetsville Zoo & Totally 80's Pizza – Ft. Collins

Stroll through this world-famous sculpture park with over 170 animals, plants, space ships and more fashioned from recycled farm machinery, auto parts and assorted metals. Then off to dine on VERY cheesy pizza while listening to cheesy 80's music! Check out Alex & L'aura's collection of 1980's pop culture memorabilia of vintage arcade games, cereal boxes, computers and more.

10/13 Th 8:00 a.m. – 3:00 p.m. \$32/\$26 42061511

Hog Haven Farm – Deer Trail

We are heading east to visit the home of more than 80 pigs, including 12 standard breed pigs. We will learn about the farm (rescue, rehabilitation, volunteers and funding) and the needs, care and wonderful personalities of the pigs. Bring vegetables as treats and have fun feeding the animals. Lunch at the Brick Oven.

10/17 M 9:00 a.m. – 3:00 p.m. \$35/\$28 42061611

10/19 W 9:00 a.m. – 3:00 p.m. \$35/\$28 42061612



Central City



Southern Loop Fall Colors

Glen Eyrie Castle & Tea – Colorado Springs

Nestled on over 700 breathtaking acres, this stunning and spiritually rich castle is where you can set aside your troubles and spend an afternoon with friends! Enjoy an elegant afternoon tea and an entertaining tour of this remarkable landmark.

10/20 Th 10:00 a.m. – 4:00 p.m. \$82/\$69 42062611

Helga’s German Restaurant & Deli – Aurora

Step into the romantic “Old World”! Dine on authentic German cuisine of frankfurters or a schnitzel. Browse the deli for meats, cheeses, breads, strudels, gravy mixes and sauerkraut. Shop for imported European chocolates, music and greeting cards and take a little taste of Germany home.

10/25 Tu 11:15 a.m. – 2:15 p.m. \$14/\$12 42062311

The River Bride – Arvada Center

Once upon a time in a Brazilian fishing town, a mysterious man is pulled from the Amazon River. Blending Brazilian folklore with magical realism, enjoy a haunting and evocative tale about a mystical stranger and two sisters torn between love and family. Time to look through the gallery and a stop at the Rheinlander Bakery in Old Town for a treat.

10/26 W NOON – 5:30 p.m. \$88/\$71 42061411

NOVEMBER

Ali Baba Grill – Golden

Winning Best of Denver for Middle Eastern food, owner and Chef Fiyahd Aoutabachi is proud of his family’s business. Each of the many artifacts has a story. The Lebanese and Mediterranean cuisine of kabobs, hummus and curry is authentic and made fresh daily.

11/3 Th 11:15 a.m. – 2:15 p.m. \$14/\$12 42062411

Indian Hot Springs – Idaho Springs

You may think that it is impossible to have a tropical getaway in the middle of the mountains, but not today! After lunch at Beau Jo’s Pizza and time in town, we will head to the mineral water pool and geothermal caves. Soak, relax, unplug and recharge!

11/9 W 10:30 a.m. – 4:45 p.m. \$68/\$55 42061911

Juniper Valley Ranch – Colorado Springs

You will be eating family style tonight! This 4th generation, 71-year-old family-owned restaurant is known for skillet fried chicken, biscuits and apple butter. Everything is made from scratch using Grandma’s recipes and in a historic adobe house on the family’s 100-year-old original homestead.

11/13 Su 10:30 a.m. – 4:30 p.m. \$27/\$22 42062511

50 States, 50 Days, 50 Challenges Travel Film – Northglenn

Watch as Michael Wigge faces 50 challenges in all 50 states in just 50 days! Can he manage to sprint into the Grand Canyon within just 60 minutes? Will he be able to travel almost 15,000 miles in his van across the USA in less than two months? Go on a wild ride with him! An American-style lunch is included.

11/16 W 9:00 a.m. – 1:45 p.m. \$45/\$36 42061811

Blossoms of Light – Denver Botanic Gardens

Celebrate the holiday season at this annual light extravaganza that transforms the gardens into a twinkling winter wonderland. Holiday treats and warm drinks are available at Offshoots Cafe and Hive Garden Bistro. Time is subject to change.

11/30 W 4:00 – 7:30 p.m. \$41/\$33 42062011



Group pic at Capital Prize Gold Mine



Mountain Hiking Adventures

Enjoy Colorado and all its mountain beauty with one of our many hiking adventures, which include moderate and easy levels (see below). For all hikes, come prepared with a daypack, hiking boots, sack lunch, water (more if it’s hot), rain gear, hat, sun lotion, insect repellent, whistle, walking stick, warm clothing and money for an ice cream stop. **Please pick hikes appropriate to your ability and fitness level.** Locations are subject to change depending on weather or trail conditions. All safety rules must be followed.

Fee: \$22/\$18



City of Englewood is an equal opportunity service provider and employer. City of Englewood operates under special use permit from the USDA Forest Service, White River National Forest.

Moderate Hikes

Number	Date	Day	Time	Location	Length	Elev. Start	Elev. Gain	Difficulty	Near
42160111	9/6	Tu	7:00 a.m. – 5:00 p.m.	Monarch Lake	3.8 mi	8,330'	631'	E-M	Granby
42160211	9/14	W	7:00 a.m. – 5:00 p.m.	Ben Tyler Trail	11.8 mi	8,249'	940'-3,402'	M-D	Shawnee
42160311	9/20	Tu	7:00 a.m. – 5:00 p.m.	Bruno Gulch	4.6 mi	9,800'	705'	E-M	Guanella Pass
42160411	9/28	W	7:00 a.m. – 5:00 p.m.	Lower Cataract/ Surprise Lake	2.6–6.5 mi	8,652'	136'–1,489'	E-M	Silverthorne
42160511	10/4	Tu	8:00 a.m. – 5:00 p.m.	Chief Mountain	4.5 mi	10,800'	900'	M	Idaho Springs
42160611	10/12	W	8:00 a.m. – 5:00 p.m.	Frazer Meadow	4.0 mi	8,100'	950'	E-M	Golden
42160711	10/18	Tu	8:00 a.m. – 5:00 p.m.	Bridal Veil Falls	6.2 mi	7,820'	980'	M	Estes Park
42160811	10/26	W	8:00 a.m. – 5:00 p.m.	Pine Valley Ranch	2.6+ mi	7,000'	600+'	E-M	Conifer

Easy Hikes

Number	Date	Day	Time	Location	Length	Elev. Start	Elev. Gain	Difficulty	Near
42160111	9/6	Tu	7:00 a.m. – 5:00 p.m.	Monarch Lake	3.8 mi	8,330'	631'	E	Granby
42160311	9/20	Tu	7:00 a.m. – 5:00 p.m.	Bruno Gulch	4.6 mi	9,800'	705'	E	Guanella Pass
42160411	9/28	W	7:00 a.m. – 5:00 p.m.	Lower Cataract/ Surprise Lake	2.6 mi	8,652'	136'	E	Silverthorne
42160611	10/12	W	8:00 a.m. – 5:00 p.m.	Frazer Meadow	4.0 mi	8,100'	950'	E	Golden
42160711	10/26	W	8:00 a.m. – 5:00 p.m.	Pine Valley Ranch	2.6+ mi	7,000'	600+'	E	Conifer

E = Easy, M = Moderate, D = Difficult



SPECIAL EVENTS



The Symposium for Senior Safety

Wednesday, September 21 • 10:00 a.m. – 3:00 p.m. • Free
Malley Recreation Center

This full day of programs will include all aspects of keeping seniors safe, healthy and aware of potential danger. Material will cover personal safety while in the community, suicide and fall prevention, fires, health choices and much more. Guest speakers will share their expertise on various topics. Exhibitors, lunch and fun! Door prices will be provided. Space is limited, so register today!

Sponsored by: Rocky Mountain Railroad Heritage Society

42nd Anniversary Holiday Bazaar

Saturday, November 5
9:00 a.m. – 4:00 p.m.

Malley Recreation Center

Over 100 artisans are available to choose from, with wonderful handmade crafts and fine art. Get a head start on your holiday shopping! Invite your friends and neighbors along as you enjoy this annual Englewood tradition! Concessions will be available. This is a one-stop shopping event!

Artisans Registration Begins:

Wednesday, September 7, 2022 for Englewood residents. Friday, September 9, 2022 for all others. Register online at englewoodco.gov. In-person registration available Monday–Friday, 8:00 a.m. – 4:30 p.m., Saturday, 9:00 – 11:30 a.m. at the Malley Recreation Center.

Octoberfest Lunch

Thursday, September 29 • 11:30 a.m.
Tickets are \$10 in advance, \$12 the day of the event.

Malley Recreation Center

Kick off one of the world's largest celebrations, German style! Enjoy a warm brat, potatoes, Brezels and dessert. Enjoy entertainment by Hal & Evelyn Rutenberg. You won't want to miss out on the fun afternoon!

Sponsored in part by: Aetna



Broncos Party

Monday, October 17 • 5:30 – 9:00 p.m.
Tickets \$6

Malley Recreation Center

Wear your blue and orange for Monday Night Football! Join fellow Broncos fans and root on your local NFL team as they take on the Los Angeles Chargers. Chili with all the fixings, popcorn and dessert will be served.



Historic Fashion Show

Monday, October 24 • 2:00 – 3:00 p.m. • Tickets \$6
Malley Recreation Center

During this elegant afternoon, you will be wowed by the vintage dresses and outfits from the late 1800s to the 1980s. Members of the Historic Fashion Guild will walk the runway and share the fashion just for you. Hors d'oeuvres and sweet treats will be served.

GUEST SPEAKER SERIES

Stanley Aviation Area Exploration

Kevin Snow, Treasure Box Tours

Wednesday, September 14 • 1:30 p.m. • Tickets \$6

As the 1900s fade into memory, more legacies of that century are changing and taking on their new shape for the 21st century. The Stanley building, which once produced high-tech elements for jets, has been repurposed. Now, it is a location where food and art come together with a chic and youthful vibe. The area also serves as the bridge linking the Stapleton and Fitzsimons redevelopments, the old and the new!

THRIVING Through Later Life:

Your Recipe for SUCCESS!

Sue Rommenkamp, MHA, AgeTHRIVE Teach, Coach & Author

Tuesday, October 4 • 1:30 p.m. • Tickets \$6

The rest of your life begins NOW! What's your game plan? Have you decided to just coast downhill from here on out? Are you actively looking for ways to make the MOST of now and the years ahead? If you're an active seeker, this program is for you. Learn Sue's well-honed recipe for aging well, plus discover ways to make these years more rewarding. Refreshments included and a door prize.

ADULT FITNESS



Drop-In Rates

Daily Group Fitness / Yoga Pass \$10/\$8

Drop-in not available for Pilates Reformer, Tai Chi for Balance or Group Personal Training Classes.

ERC Fitness Orientation

Ages: 13 yrs +

Learn to correctly operate the Technogym weight machines and cardiovascular equipment in a group setting. Please register at least two days in advance to ensure your place in class. This orientation is a prerequisite for all 13- and 14-year-olds wishing to utilize the weight and cardiovascular areas within the Recreation Center.

Location: ERC

9/10	Sa	9:00 – 10:15 a.m.	FREE	32253511
10/6	Th	6:00 – 7:15 p.m.	FREE	32253512
11/2	W	5:30 – 6:45 p.m.	FREE	32253513

Personal Training

Get inspired, boost your confidence and accomplish your goals!

The benefits of working with a personal trainer include:

- Individualized fitness program specifically designed for you
- Efficient workout program with innovative ways to improve your health
- Professional assistance in improving strength, flexibility, posture, endurance, balance, coordination and cardiovascular health
- Instruction on correct form and technique for cardiovascular exercise and strength training

To schedule an appointment, please call our Personal Training line at 303-762-2678, or you may complete an online interest form at PlayEnglewood.com/PersonalTraining.

	Sessions	Fee	Res Fee
Private 60-minute sessions	3	\$154	\$123
	6	\$278	\$222
	10	\$425	\$340
Private 30-minute sessions	3	\$109	\$87
	6	\$210	\$168
	10	\$325	\$260

Small group sessions of 2–3 people are available. Please call the Personal Training line for pricing. *Note: No-shows and cancellations not made with your personal trainer at least 24 hours in advance will result in loss of the session.*

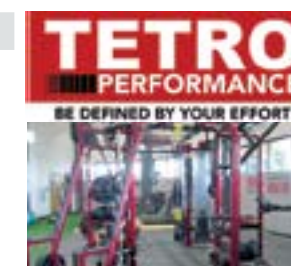
Pilates Reformer and Yoga Personal Training available. See page 56 for more information and rates.

Nutrition Counseling

The registered dietitians on our referral list offer individualized nutritional counseling for all ages. They can assist with weight management, chronic disease prevention, vegetarian and sports nutrition, medical nutrition therapy, women's health issues and pediatric nutrition. Call 303-762-2678 for our Registered Dietitian Referral list.

The ZONE at ERC Class Schedule

DAY	TIME	CLASS
M	6:00 p.m.	Ultimate Fitness
W	6:00 p.m.	Burn and Build
Sa	9:30 a.m.	Ultimate Fitness



Classes now in session!
Only \$10 per class!

Join Tetro Performance and their certified coaches for a variety of challenging and motivational classes. Be sure to check the front desk or visit tetroperformance.com/blog for class times and descriptions.

NEW ERC The ZONE Orientation

Ages: 18 yrs +

Become familiar with the equipment in The ZONE, including our Hoist MotionCage in a group setting. The MotionCage is a functional training system with many stations. Learn some of the many exercises you can use to diversify your workout. Please register at least two days in advance to ensure your place in class. Must be 18 or over to use The ZONE.

Location: ERC

9/8	Th	6:15 – 7:15 p.m.	FREE	42253721
10/13	Th	6:15 – 7:15 p.m.	FREE	42253722
11/3	Th	6:15 – 7:15 p.m.	FREE	42253723



TRX Boot Camp

Ages: 13 yrs +
Fire up your metabolism, burn calories and get stronger and leaner, faster! TRX Suspension Trainers will be incorporated into the workout.
Location: ERC Instructor: Libby Butler

NEW Reb3l stRength

Ages: 13 yrs +
Choreographed toning routines are set to powerful music. Set your goal for a sculpted body and better physical strength using body weight, minimal equipment and low-impact/high-repetitions training.
Location: ERC Instructor: Kyle Shisler

Indoor Cycling

Ages: 13 yrs +
Optimum fat burning awaits you on this journey, which will simulate varied terrain and drills to give you a great interval workout. Class participants assist with equipment setup and breakdown. Bike pedals compatible with athletic shoes, SPD and Look cleats.
Location: ERC Instructors: David Meadows, Erica Krier, Libby Butler

Pop Pilates

Ages: 13 yrs +
A total body workout that sculpts a rock-solid core and a lean body. Develop strength and flexibility through resistance work using your own body weight and a yoga mat. Class is for all levels.
Location: ERC Instructor: Lisa Pope

Essentrics

Ages: 13 yrs +
A low-impact moving and stretching class with a full body workout. It is a combination of yoga, Pilates, tai chi and ballet to help you stay flexible and less stiff. Great for athletes seeking an increase in range of motion and an increase in speed and agility.
Location: ERC Instructor: Paulette Fara-Schembri

Zumba Toning

Ages: 13 yrs +
New location! Perfect for those who want to party, but put extra emphasis on toning and sculpting to define those muscles! Dance to great Latin music while toning arms, legs and core... and have fun!
Location: MRC Instructor: Lisa Pope

Fit Body Express

Ages: 13 yrs +
A high-intensity endurance-based workout. Shed fat, define muscle, transform the look of your entire physique, and dramatically enhance your overall health and athletic performance. If you are looking for results and are willing to put in the effort – this class is for you!
Location: ERC Instructor: Libby Butler

Barre Sculpt

Ages: 13 yrs +
Use the ballet barre, light weights, isometric exercises and your body's balance to firm, lengthen, lift and sculpt graceful arms, thighs, abs and glutes. It's gentle on the joints but gives powerful results.
Location: ERC Instructor: Stacy Lochowicz

NEW Reb3l Groove

Ages: 13 yrs +
It's time to REclaim your life, REnew your outlook on fitness, and REshape your body. Check your inhibitions at the door! This intense dance workout is fun, high energy and unapologetic. No dance experience is needed. Feel inspired, motivated, strong and empowered.
Location: ERC Instructor: Kyle Shisler

Fitness Fusion

Ages: 13 yrs +
You will never get bored with this eclectic blend of exercises. TRX Suspension and Rip Training will be used along with BOSUs, glides, dumbbells and body weight training. You will get the ideal mix of strength, endurance, balance, coordination, flexibility, power and core stability.
Location: ERC Instructor: Libby Butler



STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 25.

ADULT FITNESS

Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
★ TRX Boot Camp	42250411	9/12 - 9/26	M	5:25 - 6:25 p.m.	ERC	\$17	\$14
	42250412	10/3 - 10/31	M	5:25 - 6:25 p.m.	ERC	\$29	\$23
	42250413	11/7 - 11/28	M	5:25 - 6:25 p.m.	ERC	\$23	\$19
NEW ★ Reb3l stRength	42251711	9/12 - 9/26	M	6:35 - 7:35 p.m.	ERC	\$17	\$14
	42251712	10/3 - 10/31	M	6:35 - 7:35 p.m.	ERC	\$29	\$23
	42251713	11/7 - 11/28	M	6:35 - 7:35 p.m.	ERC	\$23	\$19
★ Indoor Cycling	42250311	9/6 - 9/27	Tu	6:45 - 7:45 p.m.	ERC	\$23	\$19
	42250312	10/4 - 10/25	Tu	6:45 - 7:45 p.m.	ERC	\$23	\$19
	42250313	11/1 - 11/29	Tu	6:45 - 7:45 p.m.	ERC	\$29	\$23
★ Pop Pilates	42251111	9/6 - 9/27	Tu	5:30 - 6:30 p.m.	ERC	\$23	\$19
	42251112	10/4 - 10/25	Tu	5:30 - 6:30 p.m.	ERC	\$23	\$19
	42251113	11/1 - 11/29	Tu	5:30 - 6:30 p.m.	ERC	\$29	\$23
★ Indoor Cycling	42250321	9/7 - 9/28	W	6:35 - 7:35 p.m.	ERC	\$23	\$19
	42250322	10/5 - 10/26	W	6:35 - 7:35 p.m.	ERC	\$23	\$19
	42250323	11/2 - 11/30	W	6:35 - 7:35 p.m.	ERC	\$29	\$23
Essentrics	42251411	9/7 - 9/28	W	6:00 - 7:00 p.m.	ERC	\$31	\$25
	42251412	10/5 - 10/26	W	6:00 - 7:00 p.m.	ERC	\$31	\$25
	42251413	11/2 - 11/30	W	6:00 - 7:00 p.m.	ERC	\$38	\$31
★ Zumba Toning	42251611	9/7 - 9/28	W	5:30 - 6:30 p.m.	MRC	\$23	\$19
	42251612	10/5 - 10/26	W	5:30 - 6:30 p.m.	MRC	\$23	\$19
	42251613	11/2 - 11/30	W	5:30 - 6:30 p.m.	MRC	\$17	\$14
★ Indoor Cycling	42250331	9/8 - 9/29	Th	6:35 - 7:35 p.m.	ERC	\$23	\$19
	42250332	10/6 - 10/27	Th	6:35 - 7:35 p.m.	ERC	\$23	\$19
	42250333	11/3 - 11/17	Th	6:35 - 7:35 p.m.	ERC	\$17	\$14
★ Fit Body Express	42250811	9/8 - 9/29	Th	5:45 - 6:30 p.m.	ERC	\$23	\$19
	42250812	10/6 - 10/27	Th	5:45 - 6:30 p.m.	ERC	\$23	\$19
	42250813	11/3 - 11/17	Th	5:45 - 6:30 p.m.	ERC	\$17	\$14
Barre Sculpt	42251011	9/1 - 9/29	Th	9:00 - 10:00 a.m.	ERC	\$39	\$31
	42251012	10/6 - 10/27	Th	9:00 - 10:00 a.m.	ERC	\$31	\$25
	42251013	11/3 - 11/17	Th	9:00 - 10:00 a.m.	ERC	\$19	\$15
NEW Reb3l Groove	42251811	9/9 - 9/30	F	5:30 - 6:30 p.m.	ERC	\$23	\$19
	42251812	10/7 - 10/28	F	5:30 - 6:30 p.m.	ERC	\$23	\$19
	42251813	11/4 - 11/25	F	5:30 - 6:30 p.m.	ERC	\$23	\$19
★ Fitness Fusion	42250611	9/10 - 9/24	Sa	9:15 - 10:15 a.m.	ERC	\$17	\$14
	42250612	10/1 - 10/29	Sa	9:15 - 10:15 a.m.	ERC	\$29	\$23
	42250613	11/5 - 11/26	Sa	9:15 - 10:15 a.m.	ERC	\$23	\$19
★ Pop Pilates	42251121	9/10 - 9/24	Sa	8:05 - 9:00 a.m.	ERC	\$17	\$14
	42251122	10/1 - 10/29	Sa	8:05 - 9:00 a.m.	ERC	\$29	\$23
	42251123	11/5 - 11/26	Sa	8:05 - 9:00 a.m.	ERC	\$23	\$19



ACTIVE ADULT FITNESS

All of the classes on this page are designed for ages 55 and older; there is space available for ages 18–54.

Fitness Club

Ages: 55 yrs +
 Improve your level of fitness with low-impact aerobics and flexibility training, followed by strengthening exercises. SilverSneakers welcome.
Location: MRC *Instructor: Stacy Lochowicz*

SilverSneakers Classic

Ages: 55 yrs +
 Increase strength and range of movement. Handheld weights, a ball and elastic tubing with handles will be used. A chair is used for support. Class is open to all.
Location: MRC *Instructor: Stacy Lochowicz*

Muscle, Core and Balance Training

Ages: 55 yrs +
 This class will incorporate machine and free weights, core, balance and flexibility exercises in a small group. Formerly known as Beginning Weight Training. Join us for a complete body workout.
Location: MRC *Instructor: Doug Smith, Stacy Lochowicz*

Total Body Fitness

Ages: 55 yrs +
 Stay fit, agile and active while increasing muscle strength, cardiovascular function, coordination, balance and range of motion in both the upper and lower body. SilverSneakers welcome.
Location: MRC *Instructor: Doug Smith*

Fitness Foundations

Ages: 18 yrs +
 Low to moderate exercise options geared toward seniors but available to anyone, especially those new to exercise. Use a variety of equipment for a whole-body workout with a focus on strength, endurance and balance.
Location: ERC *Instructor: Kyle Shisler*

Parkinson's, MS & More Fitness

Ages: 55 yrs +
 This class incorporates exercises targeting deficits specific to people with Parkinson's disease, multiple sclerosis, stroke recovery or movement disorders by emphasizing strength, balance and flexibility movement that targets dexterity, rigidity, akinesia, bradykinesia, postural stability, cognition and gait. The class includes a head-to-toe seated warm-up, followed by unique standing exercises and routines. Participants who use a walker or wheelchair are required to have a caregiver or driver with them during the class. This class is continuous, and new participants can join at any time.
Location: MRC *Instructor: Liz Shepard*

Malley Fitness Orientation

If you are new to the Malley Fitness Center, we suggest attending an orientation. Learn weight room safety, etiquette and receive an introduction to equipment adjustment and proper exercise techniques. This is not a weight training class.

9/7	W	11:00 a.m. – NOON	FREE	32263511
10/5	W	11:00 a.m. – NOON	FREE	32263512
11/2	W	11:00 a.m. – NOON	FREE	32263513



ERC = Englewood Recreation Center, MRC = Malley Recreation Center



STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 25.

ACTIVE ADULT FITNESS

Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
★ Fitness Club	42260111	9/7 – 9/28	M, W	9:00 – 10:00 a.m.	MRC	\$32	\$25
	42260112	10/3 – 10/31	M, W	9:00 – 10:00 a.m.	MRC	\$32	\$25
	42260113	11/2 – 11/30	M, W	9:00 – 10:00 a.m.	MRC	\$32	\$25
★ SilverSneakers Classic	42261011	9/7 – 9/28	M, W	9:00 – 10:00 a.m.	MRC	\$32	\$25
	42261012	10/3 – 10/31	M, W	9:00 – 10:00 a.m.	MRC	\$32	\$25
	42261013	11/2 – 11/30	M, W	9:00 – 10:00 a.m.	MRC	\$32	\$25
Muscle, Core and Balance Training	42263311	9/7 – 9/28	M, W	1:00 – 2:00 p.m.	MRC	\$47	\$38
	42263312	10/3 – 10/31	M, W	1:00 – 2:00 p.m.	MRC	\$47	\$38
	42263313	11/2 – 11/30	M, W	1:00 – 2:00 p.m.	MRC	\$47	\$38
★ Total Body Fitness	42260511	9/6 – 9/29	Tu, Th	8:30 – 9:45 a.m.	MRC	\$43	\$33
	42260512	10/4 – 10/27	Tu, Th	8:30 – 9:45 a.m.	MRC	\$43	\$33
	42260513	11/1 – 11/29	Tu, Th	8:30 – 9:45 a.m.	MRC	\$43	\$33
Fitness Foundations	42260411	9/9 – 9/30	F	10:00 – 11:00 a.m.	ERC	\$23	\$19
	42260412	10/7 – 10/28	F	10:00 – 11:00 a.m.	ERC	\$23	\$19
	42260413	11/4 – 11/25	F	10:00 – 11:00 a.m.	ERC	\$23	\$19
★ Parkinson's, MS & More Fitness	42260911	9/3 – 9/24	Sa	10:30 – 11:45 a.m.	MRC	\$28	\$21
	42260912	10/1 – 10/29	Sa	10:30 – 11:45 a.m.	MRC	\$28	\$21
	42260913	11/5 – 11/26	Sa	10:30 – 11:45 a.m.	MRC	\$28	\$21



NOW OPEN!
Hours: 8:00 a.m. – 5:00 p.m.

Located at the Malley Recreation Center, stop in and check out what all the BUZZ is about!

Discover information and resources about transportation, finances, healthcare, senior services, insurance, volunteering, caregiving, housing and recreation.

Call 303-762-2660 for more information or for an appointment.





YOGA & TAI CHI

GENTLE YOGA AND TAI CHI

Beginning/Advanced Tai Chi for Better Balance

Ages: 55 yrs +
 Improve your balance while enhancing your agility and coordination with tai chi-based movements. The class format and design have been acknowledged as one of the few evidence-based interventions for the prevention of falls by the Centers for Disease Control and National Center for Injury Prevention and Control. Beginning and advanced classes are offered. Advanced class participation must be approved by the instructor.

Location: MRC *Instructor: Patty Vogt*

Light Yoga

Ages: 55 yrs +
 For individuals who desire a traditional yoga practice but require modifications for mobility limitations, this class is a perfect fit. Gently ease your way through stretches and poses and feel light on your feet. You must be able to get down and up from the floor. SilverSneakers welcome.

Location: MRC *Instructor: Barbara Meadows*

Seated Yoga - Virtual

Ages: 55 yrs +
 Move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity.

Location: VIRTUAL *Instructor: Sky Headland*

Gentle Yoga

Ages: 55 yrs +
 Let go of stress through a full spectrum of gentle standing, seated and floor poses. Practice with your body. Get detailed explanations of the poses, with time to listen to your body and focus on your alignment in each pose. Focus more on the breath and practice breath work (pranayama). Finish your practice in Savasana with guided relaxation.

Location: VIRTUAL *Instructor: Erin Mathiason*

Therapeutic Tai Chi

Ages: 55 yrs +
 Better manage chronic health conditions and improve overall well-being using a variety of evidence-based tai chi styles and forms. Movements are performed in a slow, relaxed manner with continual deep breathing to improve concentration and quiet the body. Strengthen muscles and joints, increase flexibility and coordination, improve posture and balance while integrating the mind, body and spirit.

Location: MRC *Instructor: Phred Hall*

ACTIVE YOGA AND TAI CHI

Tai Chi Yoga Fusion

Ages: 16 yrs +
 Blending the best of both ancient arts, your practice will be filled with gentle, fluid movements, stretches and peaceful poses. Gain physical strength and flexibility, increased energy, inner quietness and more.

Location: MRC *Instructor: Erin Mathiason*

Foundations Yoga

Ages: 13 yrs +
 Learn the basic yoga poses and breathing techniques. Improve strength, flexibility and stress relief. This is the perfect class for someone with little or no previous yoga experience.

Location: ERC *Instructor: TBA*

Hatha Yoga

Ages: 13 yrs +
 Increase flexibility, build strength, calm the mind and open the heart with hatha yoga. Hatha yoga is a balanced combination of sustained poses with attention to alignment principles and integrated with the breath. Beginners are welcome to attend; this is an all-level class.

Location: ERC *Instructor: Erin Mathiason*

Core and Hip Yoga

Ages: 13 yrs +
 Improve flexibility, balance and strength with a focus on hips and core to protect the back. Modifications and props available. Appropriate for beginner to intermediate.

Location: MRC *Instructor: Stephanie Turner*

GENTLE YOGA AND TAI CHI

Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
Beginning Tai Chi for Better Balance	42255311	10/11 - 12/20	Tu, Th	2:30 - 3:30 p.m.	MRC	\$100	\$80
Advanced Tai Chi for Better Balance	42255411	10/11 - 12/20	Tu, Th	1:30 - 2:30 p.m.	MRC	\$100	\$80
Light Yoga	42258211	9/2 - 9/30	Tu, F	8:30 - 9:45 a.m.	MRC	\$52	\$42
	42258212	10/4 - 10/28	Tu, F	8:30 - 9:45 a.m.	MRC	\$52	\$42
	42258213	11/1 - 11/29	Tu, F	8:30 - 9:45 a.m.	MRC	\$52	\$42
Seated Yoga	42258311	9/1 - 9/29	Tu, Th	10:00 - 11:00 a.m.	VIRTUAL	\$46	\$37
	42258312	10/4 - 10/27	Tu, Th	10:00 - 11:00 a.m.	VIRTUAL	\$41	\$33
	42258313	11/1 - 11/29	Tu, Th	10:00 - 11:00 a.m.	VIRTUAL	\$46	\$37
Gentle Yoga	42258511	9/6 - 9/27	Tu	10:30 - 11:45 a.m.	VIRTUAL	\$34	\$27
	42258512	10/4 - 10/25	Tu	10:30 - 11:45 a.m.	VIRTUAL	\$34	\$27
	42258513	11/1 - 11/29	Tu	10:30 - 11:45 a.m.	VIRTUAL	\$34	\$27
Therapeutic Tai Chi	42255111	9/1 - 9/29	Th	10:00 - 11:00 a.m.	MRC	\$34	\$27
	42255112	10/6 - 10/27	Th	10:00 - 11:00 a.m.	MRC	\$27	\$22
	42255113	11/3 - 11/17	Th	10:00 - 11:00 a.m.	MRC	\$19	\$16

ACTIVE YOGA AND TAI CHI

Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
Tai Chi Yoga Fusion	42255511	9/12 - 9/26	M	4:00 - 5:00 p.m.	MRC	\$26	\$21
	42255512	10/3 - 10/31	M	4:00 - 5:00 p.m.	MRC	\$43	\$34
	42255513	11/7 - 11/28	M	4:00 - 5:00 p.m.	MRC	\$34	\$27
Foundations Yoga	42256211	9/6 - 9/27	Tu	5:45 - 7:00 p.m.	ERC	\$36	\$30
	42256212	10/4 - 10/25	Tu	5:45 - 7:00 p.m.	ERC	\$36	\$30
	42256213	11/1 - 11/29	Tu	5:45 - 7:00 p.m.	ERC	\$44	\$35
Hatha Yoga	42256911	9/1 - 9/29	Th	8:30 - 9:30 a.m.	ERC	\$43	\$34
	42256912	10/6 - 10/27	Th	8:30 - 9:30 a.m.	ERC	\$34	\$27
	42256913	11/3 - 11/17	Th	8:30 - 9:30 a.m.	ERC	\$26	\$21
Core and Hip Yoga	42257111	9/3 - 9/24	Sa	9:00 - 10:00 a.m.	MRC	\$34	\$27
	42257112	10/1 - 10/29	Sa	9:00 - 10:00 a.m.	MRC	\$43	\$34
	42257113	11/5 - 11/19	Sa	9:00 - 10:00 a.m.	MRC	\$24	\$20





PILATES

Pilates exercises with controlled movement improve flexibility, build strength, and develop control and endurance within the entire body. Throughout the class, the priority is promoting alignment and breathing to develop a strong core, which will help improve coordination and balance. The core, which consists of the muscles of the abdomen, lower back and hips, often called the “powerhouse,” is thought to be the key to a person’s stability. Our program provides safe modifications that range from beginning to advanced, specific to the participant’s goals or limitations.

Our 4-Step Pilates Program takes you from an initial orientation to an advanced level for an additional challenge. This program will provide a safe, enjoyable, challenging workout for both the new and experienced Pilates participants.

ENGLEWOOD’S PREMIER 4-STEP PILATES PROGRAM

STEP ONE: Essential Pilates Orientation

Ages: 16 yrs +
Explore Pilates! Pilates is a method of exercise and physical movement designed to stretch, strengthen and balance the body. Learn the history and how the Reformer works. Exercises are low impact and may be adapted for individuals of any fitness level. When completed, your instructor will determine which step will be best for you based on your level. Please register in advance.
Location: MRC

STEP TWO: Pilates Reformer Principles

Ages: 16 yrs +
In these two private sessions, learn the core principles and concepts of the Pilates method. Once you have completed the private sessions satisfactorily, you may move into the Beginning Pilates Reformer class, and as an extra benefit, receive a \$10 discount coupon on future classes. Call 303-762-2678 to schedule your first private session.
Location: MRC

STEP THREE: Beginning Pilates Reformer

Ages: 16 yrs +
Beginning Pilates Reformer will start you on your Pilates road to success. Beginning Pilates Reformer is designed for those who have completed Essential Pilates Orientation and Essential Pilates Principles or with instructor’s permission.
Location: MRC

STEP FOUR: Continuing Pilates Reformer

Ages: 16 yrs +
Build upon your skills to learn more dynamic exercises. Enroll in Continuing Pilates Reformer upon completion of four months of Beginning Pilates Reformer classes or with instructor’s permission.
Location: MRC



PILATES PERSONAL TRAINING

Pilates is the perfect exercise for beginners needing one-on-one instruction, experienced exercisers ready for advanced moves, athletes looking to improve performance and individuals in post-rehab following an injury. Each session is 60 minutes.

To schedule, call 303-762-2678 and leave a message requesting either Reformer or mat instruction. Your call will be returned within two business days. Yoga personal training is also available.

PRIVATE: ONE-ON-ONE		
	Fee	Res. Fee
1 Session	\$59	\$47
3 Sessions	\$163	\$130
6 Sessions	\$300	\$240

Small group sessions for 2-3 people are available. Please call the Personal Training Line for pricing. **Note:** No-shows and cancellations not made with your personal trainer at least 24 hours in advance result in loss of the session.

PILATES

Class	Activity #	Dates	Days	Time	Instructor	Location	Fee	Res Fee
STEP ONE Essential Pilates Orientation	42254112	9/26	M	6:05 – 7:05 p.m.	Michael M.	MRC	\$10	\$10
	42254113	10/24	M	6:05 – 7:05 p.m.	Michael M.	MRC	\$10	\$10
STEP TWO Pilates Reformer Principles	42254211	9/1 – 11/30	M – F	8:15 a.m. – 7:15 p.m. (Call to schedule)	Michael M.	MRC	\$88	\$71
STEP THREE Beginning Pilates Reformer	42254311	9/12 – 9/26	M	11:00 a.m. – NOON	Michael M.	MRC	\$51	\$41
	42254312	10/3 – 10/31	M	11:00 a.m. – NOON	Michael M.	MRC	\$85	\$68
	42254313	11/7 – 11/28	M	11:00 a.m. – NOON	Michael M.	MRC	\$68	\$54
	42254314	9/12 – 9/26	M	12:05 – 1:05 p.m.	Michael M.	MRC	\$51	\$41
	42254315	10/3 – 10/31	M	12:05 – 1:05 p.m.	Michael M.	MRC	\$85	\$68
	42254316	11/7 – 11/28	M	12:05 – 1:05 p.m.	Michael M.	MRC	\$68	\$54
	42254317	9/12 – 9/26	M	5:00 – 6:00 p.m.	Michael M.	MRC	\$51	\$41
	42254318	10/3 – 10/31	M	5:00 – 6:00 p.m.	Michael M.	MRC	\$85	\$68
	42254319	11/7 – 11/28	M	5:00 – 6:00 p.m.	Michael M.	MRC	\$68	\$54
STEP FOUR Continuing Pilates Reformer	42254420	9/7 – 9/28	W	5:00 – 6:00 p.m.	Michael M.	MRC	\$68	\$54
	42254421	10/5 – 10/26	W	5:00 – 6:00 p.m.	Michael M.	MRC	\$68	\$54
	42254422	11/2 – 11/30	W	5:00 – 6:00 p.m.	Michael M.	MRC	\$85	\$68
	42254423	9/7 – 9/28	W	6:05 – 7:05 p.m.	Michael M.	MRC	\$68	\$54
	42254424	10/5 – 10/26	W	6:05 – 7:05 p.m.	Michael M.	MRC	\$68	\$54
	42254425	11/2 – 11/30	W	6:05 – 7:05 p.m.	Michael M.	MRC	\$68	\$54
	42254426	9/1 – 9/29	Th	11:00 a.m. – NOON	Michael M.	MRC	\$85	\$68
	42254427	10/6 – 10/27	Th	11:00 a.m. – NOON	Michael M.	MRC	\$68	\$54
	42254428	11/3 – 11/17	Th	11:00 a.m. – NOON	Michael M.	MRC	\$51	\$41





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