

ENGLEWOOD

WINTER 2022/23 | CITY MAGAZINE & RECREATION GUIDE

LEADING THE WAY

MOBILE RESPONSE UNIT
PRIORITIZES SAFETY

Your Local
Business
Partner p. 10

Recreation Guide





 Englewood
COLORADO





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The City of Englewood's quarterly magazine informs residents about city news and programs as well as recreational and educational activities and events in the community. The magazine is mailed to all businesses and households within the city limits. It is also available online at englewoodco.gov, the Malley and Englewood Recreation Centers, the library and Civic Center.

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CITY AWARDED \$7.3 MILLION GRANT

Englewood Downtown Development Authority plans ahead after substantial grant award

ACCESSIBLE AND SAFER SIDEWALKS COMING TO OLD HAMPDEN

The City of Englewood, with assistance from the Englewood Downtown Development Authority (EDDA), recently won a \$7.3 million grant from the Denver Regional Council of Governments. The project will complete the planning and construction of Complete Streets, which is designed to make Old Hampden a safer and more accessible street. The project was developed through a corridor “walk and roll” and a project stakeholder advisory committee. “The Wellness District is home to two hospitals, local businesses, seniors, people with disabilities and many new residents,” said Shawn Lewis, city manager. “This project will calm down traffic on Old Hampden and make it easier for people to get to their destinations, whether they are traveling by foot, bicycle, wheelchair, car or bus.” The continued progress of the Old Hampden Complete Streets project is available at www.engaged.englewoodco.gov/old-hampden-public-improvements.



Improvements include wider sidewalks that are friendly for pedestrians and non-motorized vehicles, plus enhanced landscaping.

DRESSING UP FOR THE HOLIDAYS

South Broadway will shine a little brighter this winter with LED tree lights and festive garland-wrapped pedestrian light poles. The tree lights will sparkle through February, thanks to a partnership with the City of Englewood.

STAY IN THE LOOP

Get all the latest from the EDDA by visiting englewooddowntown.com and following our socials on Facebook and Instagram.



HOLIDAY LIGHTING CONTEST

Get Ready, Get Set, Get Festive

Nominate the most festive house, block/neighborhood and business in all of Englewood! The Neighborhood Resources Program invites Englewood residents (and business owners) to participate in the annual holiday decorating contest. You may nominate your home, business or talk with your neighbors to enter your block/neighborhood.

One winner will be chosen and awarded a prize in the following categories:

- Best House (\$100 award)
- Best Block/Neighborhood (\$25 awarded to each home that participates, up to \$600)
- Best Business (\$100 award)

Get ready to spread the holiday cheer! Learn how to submit your nominations at englewoodco.gov/neighborhoods.





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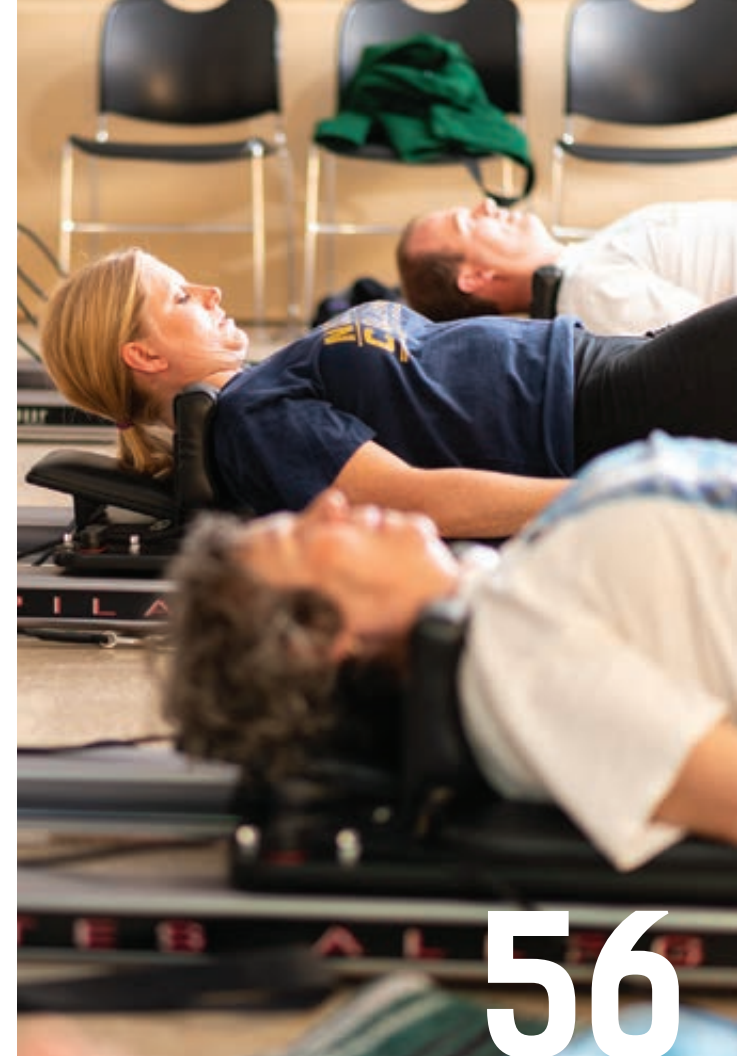
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OTHONIEL SIERRA
MAYOR OF
ENGLEWOOD



The taste of Englewood’s water has always been an issue for many, and I want to give an update on what we have been doing to improve taste, odor and hardness of the water here in Englewood.

Englewood’s mountain water sources are delivered at Chatfield Reservoir, where they then flow through the City Ditch and the South Platte River until reaching the Allen Water Treatment Plant. As water travels through the South Platte River to the Union Avenue Pump Station, it picks up minerals and organic materials that affect the hardness and taste of the water. Additionally, as the temperatures

increase, algae blooms can occur in our raw water sources, causing additional treatment challenges. The city utilizes powder-activated carbon, or PAC, in its treatment process to address these taste and odor issues. Throughout the summer, city staff has worked to optimize this PAC treatment process to improve the aesthetics of the water delivered to our customers.

To further address the taste, odor and hardness issues, we are investing significant funds in the water treatment plant and in the water conveyance systems over the next three to five years. In 2022, the city initiated the design of a pipeline along the open channel City Ditch. This pipeline will carry water directly from Chatfield Reservoir to the Allen Water Treatment Plant and let us use far less water from the South Platte River at the Union Avenue Pump Station. It is anticipated this pipeline will be completed in 2025.

This spring, Englewood and the Environmental Protection Agency announced the city was the first utility in Colorado to access a low-interest federal loan through the Water Infrastructure Finance and Innovation Act (WIFIA) program for necessary water system upgrades. The city’s \$38 million WIFIA loan will provide resources to replace aging water system pipes, upgrade pump stations, improve treatment systems and remove several thousand lead service lines that carry water to residents and businesses.

Council also just approved a series of contracts to kick off improvements designed to increase the efficiency and reliability of the Allen Water Treatment Plant over the coming years. Originally constructed in 1958, the plant has gone through many upgrades over the years, but with the increasing challenges associated with impacts to our source water, the city is embarking on a wholesale plant optimization to improve the treatment process and overall plant safety. As a result, the process improvements to be made at the plant over the next three to five years will incrementally improve the drinking water delivered to our customers.

Lastly, much of the city’s water distribution system is more than 70 years old. As the system ages, issues with taste and odor can become more frequent. Our federal loan program will provide funding to programmatically replace aging water infrastructure on a consistent schedule to ensure that a significant backlog of deferred maintenance does not occur again.

We have heard from many of you the taste of water needs to improve, and we will continue to take steps to make sure it does. To learn more about these and other improvements, visit our utilities department webpage at englewoodco.gov/water.

Othoniel Sierra, Mayor, District 1
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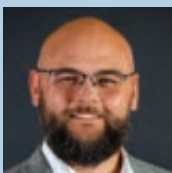

CITY COUNCIL



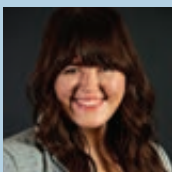
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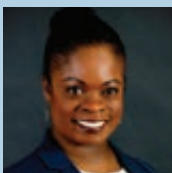
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CHERYL WINK
COUNCIL MEMBER,
AT LARGE



As we continue to recognize and celebrate change across our city in its residential, commercial and economic development, we’ve also seen improvements of city governance through updated policy decisions relevant to today’s community, and we celebrate Englewood in our personal lives. All of us, as individual citizens, make up this vibrant and niche city. As individuals, Englewood at

times may feel like a bespoke community; however, it is home to all of us and will continue to thrive with all of us coming together for the greater good of the city.

As things happen in positions of leadership, we as council members at times receive less than supportive acknowledgment; however, despite our differences, the seven of us do work together to make decisions for the greater good of this city. With this in mind, here is a small sample of ways you can join in, engage, learn, contribute and volunteer throughout the holiday season and during the rest of the year:

- Participate in the Citizen’s Police Academy with Englewood’s exemplary law enforcement team.
- Explore the many events held by our joint Littleton/Englewood wastewater treatment facility.
- Apply to join a board and/or commission as a citizen volunteer. Interviews are held twice a year.
- Attend a city council meeting and share your views on initiatives that help us continue to build a strong and resilient Englewood.
- Learn about the Historic Preservation Commission’s recent work to designate neighborhood identities, often based on historic Englewood or a nod to the significance of that area today.
- Educate yourself on the fiscally prudent policies our departments set as key objectives each fiscal year.
- Recommend someone with exceptional skills and work ethic to fill a City of Englewood job vacancy.
- Apply for our newest leadership academy, Elevate Englewood, covering the government, nonprofit, private and educational sectors of our community.
- Nominate a citizen whose background, accomplishment and tenure within Englewood meet the recommended criteria for our Citizen of the Year Award.

I look forward to seeing you soon and wish you a safe and happy winter season!

Cheryl Wink, At Large
cwink@englewoodco.gov • 720-238-1575

JIM WOODWARD
COUNCIL MEMBER,
AT LARGE



In the early 1990s, our Englewood Police Department became one of the first departments in Colorado and the nation that started “Community Policing,” working directly in and with the community. Later came the Impact Team, a group of officers highly visible in policing high-crime areas, business corridors, working in neighborhoods settling neighbor disputes and often seen riding bicycles.

Subsequently, Englewood had started incorporating some innovative policing programs, i.e., community crime mapping on the department’s website, officers teaming up with civilian social workers and mental health professionals to respond to certain types of calls, including domestic disturbances, drug abuse, overdose and homelessness issues. After the spring/summer 2020 events, community members and police officers started meeting and evaluating the current policies and proposing some new and innovative changes, of which many were incorporated and are currently being utilized.

Englewood, a first-tier suburb bordering Denver on three sides and being in and a part of the higher density urban environment, makes us different than outer suburbs in the Metro Area and cities of similar-sized populations in rural America. Our city’s civilian dispatch center and records department have a higher volume of calls for service and consequently recordkeeping. Additionally, Englewood has a high percentage of crime caused by non-Englewood residents.

In my 45 years of living in Englewood, I am impressed and proud of our Englewood Police Department. I believe most of our citizens and businesses that have been in our community for a length of time have similar respect, trust and a sense of safety and security.

If you appreciate, respect and trust the men and women of the Englewood Police Department as I do, let them know by thanking them for their service or giving them a friendly wave when they drive by while patrolling in your neighborhood or any street. They will appreciate it and might stop for a little chat. Take advantage of the “Coffee with a Cop” program held at different coffee shops throughout the city by attending, asking questions and voicing concerns.

Jim Woodward, At Large
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The views expressed in the city council member columns are the views of the individual council members and do not necessarily represent the views of the City of Englewood or the city council as a whole.

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Englewood Police Department
and All Health Network's
new Mobile Response Unit
helps citizen in crisis.
Photo by Randall Erkelens.

SNOW BUDDIES PROGRAM

The winter months are the hardest for some residents. Here's how you can help

Residents, who are unable to shovel their sidewalks during the winter months, rely on the Snow Buddies program not only for snow removal compliance, but also to access their sidewalks to take out their trash cans, grab their mail and have a path to get picked up by their families. Snow Buddies is a voluntary program that connects those who need snow removal assistance with volunteers willing to help. The program is organized by the Neighborhood Resources Program.

Snow Buddies is available to Englewood residents who:

- Cannot physically shovel their sidewalk
- Cannot afford to pay for a snow removal service
- Do not have any individuals living in the home or neighbors to assist them

Snow Buddies are typically neighbors looking to help the community. The City of Englewood will do its best to match volunteers and those in need of help; however, if a match is not found, residents are responsible for removing snow.

Volunteer to be a Snow Buddy

Snow Buddy volunteers are expected to shovel their Snow Buddy's path from the sidewalk to their front door and the public sidewalk in front of their property within 24 hours of snowfall ending.

Apply for Snow Removal Assistance

A Snow Buddy volunteer will shovel your walkway and sidewalk within 24 hours of snowfall ending.

To apply to become a Snow Buddy or receive snow removal assistance, please visit englewoodco.gov/neighborhoods. Let's shovel the snow together!



I'm going to be 80 years old. I can't do what I used to be able to do. I can't tell you how much I appreciate this program.

— Nancy, Englewood resident and two-year Snow Buddies participant

NEW HIGH-INTENSITY ACTIVATED CROSSWALK COMES TO SOUTH BROADWAY

HAWK signal will light up the crosswalk for pedestrians in downtown Englewood

Englewood has been awarded \$315,515 for a High-Intensity Activated Crosswalk (HAWK) signal at the existing midblock crossing on 3400 South Broadway. The crossing is in the heart of Englewood's historic downtown area, connecting public parking, transit stops and bicycle racks to public paseos and local businesses on either side of South Broadway. During busier times of the day, downtown business owners and customers have reported vehicles routinely not stopping for pedestrians at the South Broadway crosswalk.

The grant, one of 31 awarded statewide, was presented to the city by the Governor Polis Administration and the Colorado Department of Transportation's (CDOT) Revitalizing Main Streets Program. The Englewood Downtown Development Authority (EDDA) partnered with the city to secure the grant.

The project will include the new signal, which will stop motorists when a red light is activated by pedestrians, and high-visibility crosswalk markings. Additionally, the crosswalk will be updated with new lighting, landscape and bike racks to the paseos by the EDDA. The public works department plans to install the signal in 2023, pending final approval from CDOT.



HIGHER CYBERSECURITY PROTECTION

Representatives from the City of Englewood's information technology, administration and communications departments participated in a regional cybersecurity attack exercise in Denver on August 23. The all-day exercise was sponsored by the Denver Urban Area Security Initiative. It was designed to test and evaluate local government incident response plans and procedures for a multi-jurisdictional cybersecurity incident. As a result of the training, staff identified deficiencies in response plans that will be addressed to help ensure the city is ready to effectively respond to this type of emergency.



ELEVATE ENGLEWOOD LEADERSHIP ACADEMY

Cultivating local leaders

Elevate Englewood is a program designed to empower residents and stakeholders to make a difference in the city by understanding, navigating and influencing local power structures.

The eight-week course highlights the four sectors of civic life—public, private, nonprofit and education—while exploring new avenues and tools for involvement that disrupt the status quo and address the community's most pressing challenges.

Speakers and discussion facilitators include leaders from Englewood Schools, Arapahoe County, the Greater Englewood Chamber of Commerce, City of Englewood, Change the Trend nonprofit coalition and more.



For more information and to apply for the course, visit englewoodco.gov/elevate.

A COMMUNITY EFFORT

More than 150 backpacks handed out to local students and families

In preparation for a busy school year, Englewood Schools and community partners came together to pack more than 150 backpacks with hygiene items, school supplies, food and more. The supplies were donated by the employees of Swedish Medical Center. Families and students picked up their items at Englewood Schools Family Resource Center, which holds an open house the first Wednesday of each month.

The Family Resource Center first opened at Colorado's Finest High School of Choice in August 2021. The program began when an increased number of students and their families requested help with basic needs and resources. Students and families were dealing with food insecurity, the loss of stable housing and job layoffs during the pandemic. The goal was to have a place in the district where students and their families could come and find basic necessities.



As word spread of the services provided by the Family Resource Center, more community partners have pitched in to help support and sustain the program. Partners are continuously being added to the list, including the City of Englewood.

Englewood residents looking to donate items such as non-perishable food items, new hygiene supplies, new school supplies and more can reach out to Clarice Fortunato, school and community liaison for Englewood Schools, at clarice_fortunato@engschools.net.

Learn more about this program and how to donate items at englewoodschools.net/family-resource-center.

CELEBRATING NATIONAL CODE COMPLIANCE MONTH

Code enforcement officers are the difference between good and great communities

During the month of October, code enforcement officers, community development zoning officials, building officials and inspectors are recognized nationally for Code Compliance Month. The proclamation was announced in 2020, during a challenging year for front-line workers. Acknowledging their dedication across the country, these individuals help maintain and preserve the integrity of their communities through education, awareness and compliance to ensure cities like Englewood reflect a place where residents are proud to call home. The City of Englewood welcomes the public to thank these individuals who make the city a place where residents

and visitors enjoy living, working and playing. Englewood is on track to see great success in the future, and this department looks forward to making the difference between a good and great community.


Why do we have Code Enforcement?

Code enforcement officers provide safety and welfare to residents throughout the City of Englewood by ensuring buildings, zoning, housing, animal control, environmental, health and life safety are in compliance with the city's municipal ordinance.

What does a Code Enforcement Officer do?

Code enforcement officers routinely patrol the city to confirm that both residential and commercial properties follow municipal codes. Compliance is primarily achieved with education; however, citations and abatement steps may be taken through education. Code enforcement officers are available to partner with the community members to achieve property compliance.

Where can I report a violation?

Residents can report a violation by contacting the code enforcement office at 303-762-2335 or submitting their request on the EngleFix app at englewoodco.gov/englefix. 



INVESTMENTS IN ENGLEWOOD'S WATER AND SEWER SYSTEMS ARE UNDERWAY



Quality of water and sewer infrastructure upgrades will show promising improvements in 2023

The City of Englewood is continually investing in its water and sewer systems to improve the level of service to Englewood customers. Taste, odor and hardness of drinking water are the top priorities, and a significant amount of money is being invested in addressing the problem from a number of angles. On the sewer side, capital investments at South Platte Renew (SPR), the wastewater treatment facility co-owned by Englewood and Littleton, is aimed at replacing aging infrastructure and meeting upcoming treatment regulations. In 2022, the city initiated several high-priority projects, including these highlights:



TASTE, ODOR AND HARDNESS STUDY

This study provides a roadmap for operational changes and capital investments that are expected to have a significant impact on water taste and odor over the coming years. The city kicked off multiple projects as a result of this study that focuses on improving raw water quality and the treatment process at the Allen Water Treatment Plant (AWTP). Additional information about these projects can be found at englewoodco.gov/flowitforward.



FILTER INTERFACE PANEL REPLACEMENT

The 2020 Water Master Plan identified electrical and control system upgrades at AWTP as a high priority. The replacement of the Filter Interface Panel (FIP) is the first of these key upgrades completed earlier this year. The FIP monitors and controls the water filtration and backwash processes, which are critical for normal water treatment operations. This \$500,000 project included updated hardware, increased redundancy and modernized filter control through software, graphics and programming upgrades.



CHEMICAL PHOSPHORUS REMOVAL AND UV DISINFECTION PROJECT

This project is an \$18 million investment at SPR to address Colorado Department of Public Health and Environment Regulation 85 nutrient requirements. The goal of Regulation 85 is to reduce nutrient pollution in lakes, rivers and streams. This is required to be met by June 2023. The project is nearly complete and will be operational ahead of the deadline.



In 2023, the city will continue on its path to investing nearly \$200 million in the water and sewer systems over the next several years. As a part of the financing strategy to fund this investment, annual water and sewer rate increases are necessary. In 2023, both water and sewer rates are anticipated to increase by 4.5%. Additionally, the monthly water Capital Improvement Fee (CIF) will increase by \$1.00. The CIF is specifically calculated to address water taste, odor and hardness issues as well as for repairs and replacements to the aging water system. These increases are consistent with the long-term financial planning the city has developed over the last two years.

The typical Englewood residential customer using approximately 6,000 gallons per month will see an increase in their water and sewer bill of approximately \$3.10 per month in 2023. While these rate increases are necessary annually for improvements to the water and sewer systems, Englewood continues to have among the lowest water and sewer bills in the region.

YOU OWN A BUSINESS, HERE'S HOW THE CITY CAN HELP

The economic development division is a partner for local business owners

Englewood's small businesses are multiplying across the city. From young entrepreneurs beginning their journey to long-time Englewood staples, everyone has a chance to see their vision come to life in Englewood. The City of Englewood's Economic Development Division has established partnerships with local business owners by providing grant assistance, scholarships, training and overall support for starting and operating a business.

Owning a business also brings unexpected challenges from time to time. It wasn't long ago when the economic development division quickly shifted gears to see where they could assist local business owners during the pandemic. Business owners noticed the department working hard to help replace expensive HVAC systems or supply PPE, crucial items needed to keep businesses operational. The consideration, dedication and effort made it clear that the economic development team, and manager Darren Hollingsworth, were passionate about supporting their local owners.

As Englewood continues to see growth, more opportunities will become available for long-standing businesses and aspiring entrepreneurs. The economic development division continues to partner with owners so they can bring more residents and visitors to eat, explore and enjoy Englewood.



Birdsall & Co.

2870 South Broadway | birdsallgarden.com

Birdsall & Co. is a locally owned garden boutique operated by a mother/daughter team that loves educating and inspiring customers about curated collections of the highest quality. The boutique offers an array of items like outdoor/indoor pots, statues, benches, fountains, bird baths and indoor plants for online or in-person purchase. These items are made with the least environmental impact and the ability to enhance your connection with nature.



Birdsall obtained a Business Acceleration Grant of \$10,000 for the expansion of the store during the pandemic. The application was online and straightforward. Darren made our day when he stopped by with the check. It is more than the financial help that counts. It is the recognition that small businesses matter in the community.

— MORGAN HUSTON, OWNER

Sunroom Brewing

3242 South Acoma Street | sunroombrewing.com

Sunroom Brewing recently opened this year and is a small, family-owned microbrewery. The taproom offers trivia nights, live music, games on the patio and a food truck to accommodate patrons. The beer menu continuously evolves and offers a wide variety of delicious flavors of lagers and IPAs as well as seasonal features.

We were grateful to be awarded the Small Business Initiation Grant earlier this month. The \$5,000 grant helped offset the cost of some electrical improvements we had to make to this building, which was necessary in order for our equipment to operate safely.

— MELANIE AND MATT MILLER, OWNERS



Colore Italian Restaurant

2700 South Broadway | coloreitalian.com

Colore Italian Restaurant is a family-owned and operated Italian American restaurant. Dishes range from classic to contemporary Italian cuisines. Equipped with a full bar of crafted cocktails, local beers, wines and spirits, the selections are extensive to accommodate guests. The atmosphere is modern, bright and contemporary with large windows, butcher block tables, big cozy booths and soft red leather chairs – and a great way to spend an evening in downtown Englewood.

We chose to use the first grant to add an industrial air purification system (REME HALO) to the building's HVAC system for our space. The second business development grant was applied toward the expansion, construction and enclosure of the existing patio, which was a 100% tenant improvement funded by our company.

— CHRIS MILLETTE, OWNER



Eye Logic

3531 South Logan Street | eyelogicco.com

Eye Logic is a local optometrist clinic that offers affordable and quality eye care. Surrounded by eye care professionals, Eye Logic provides one-on-one service to help customers obtain healthy vision. Vision is so important for day-to-day tasks, Eye Logic makes it easy to locate the appropriate fit of eyewear and prescriptions that are affordable and fit the customer's lifestyle.

Recently, we moved and expanded our business and applied for a \$10,000 grant to use for our HVAC in our new office space. The grant was the Business Acceleration Grant that was available through the city.

— AMY GALLEGOS, OWNER



SIMPLE STEPS FOR BETTER AIR

More ways to combat air pollution

With any luck, you may have been one of the many Coloradans who took advantage of free transit in August. The Regional Transportation District (RTD) and other public transit agencies offered no-cost rides through the “Zero Fare for Better Air” program. These initiatives were meant to combat air pollution during the height of ozone season when it’s of great concern for all of us who live, work and play along Colorado’s Front Range.

While riding transit is an excellent way to reduce vehicle emissions, it’s far from the only way we can all improve the air in Metro Denver. The Regional Air Quality Council (RAQC) works with Englewood and other cities and towns to develop strategies that help our shared air.

Englewood’s air quality initiatives are key priorities in the city’s sustainability plan. Its participation in the regional Love My Air program—which is building a network of local air quality monitoring information for residents—is one great example. Knowing when our air quality is good and when it’s not helps us all make decisions that protect our health. The city’s focus on creating walkable and bikeable communities, its work on creating an Electric Vehicle Action



Plan and commitment to providing bilingual resources for air quality information are additional, valuable steps Englewood is taking for its residents and neighbors.

The RAQC encourages you to take a quick community sustainability goals survey that can be found at www.engaged.EnglewoodCO.gov/sustainability-at-the-city. This tells Englewood city leaders the environmental projects/programs that are important to you as a resident. You can also sign up for air quality alerts provided by the RAQC and see how you can make a difference at simplestepsbetterair.org.



ENGLEWOOD LEADS THE WAY IN ALTERNATIVE POLICING STRATEGIES

The addition of a Mobile Response Unit expands options for mental and behavioral health calls

Englewood Police Department (EPD) continues to be a frontrunner in alternative policing strategies that prioritize safety and situation-appropriate responses.

In August, EPD officially partnered with AllHealth Network’s Mobile Response Unit (MRU) to respond to low-level mental health calls instead of dispatching law enforcement.

With the new program, a trained dispatcher asks 911 callers a series of questions to determine if an MRU van staffed with mental health and medical professionals should respond to a situation instead of the police.

“This partnership allows officers the time that would have been spent on these calls to be spent working proactively in high-crime areas, assisting victims and being more visible in the community in order to deter crime,” said Crystal Essman, community relations and crime prevention specialist for EPD. “MRU response to those needing resources or in crisis provides direct and effective mental health and medical assessment resulting in targeted resources being deployed.”

In the months prior to the program start date, EPD and AllHealth Network worked together on the planning and implementation of policies, training and protocols for the integration with EPD programs.

During the first month the program was operational, MRU handled 79 calls for service, calls that, prior to the implementation of the program, would have gone to police officers for response.

Police Chief Sam Watson said, “This is an astounding achievement for us in our efforts to deliver the highest quality of services we can to our community.”



“This is an astounding achievement for us in our efforts to deliver the highest quality of services we can to our community.”

— Police Chief Sam Watson

For years EPD, has placed a high priority on diverting mental health and substance abuse-related calls to the appropriate response. EPD was the first agency in the state to utilize Rocky Mountain Crisis Partners to provide telephone triage/treatment for people as well as dispatching a 24/7 mobile crisis response unit. The department also has an active co-responder program and last year added a homeless case manager to the team.

“The addition of MRU response puts EPD at the forefront of alternative responses to those facing crisis in the community,” said Essman. “What were once police calls are now handled by civilians who are able to provide de-escalation and resources. EPD believes in many situations MRU response provides the best level of service possible to those in crisis.”

EMPLOYEE SPOTLIGHT IN THE CITY OF ENGLEWOOD



MIKE SANDGREN | Tri-Cities Homelessness Services Coordinator

Mike Sandgren was appointed as the Tri-Cities Homelessness services coordinator in July 2022. He has been a network leader for five years at Change the Trend, a consortium of 30+ agencies that meets weekly to work together on addressing homelessness throughout Englewood, Littleton and Sheridan. Sandgren will oversee the Tri-Cities Homelessness Action Plan, a regional strategic plan launched in June 2021 to address homelessness.



ERIC WHITE | Emergency Management Coordinator

Eric White was appointed by Arapahoe County as the emergency management coordinator for the City of Englewood. White has more than 28 years of law enforcement experience in developing emergency plans and training programs. He will be focused on integrating a comprehensive emergency management program for the City of Englewood and collaborating with partner agencies to build resiliency.



BENJAMIN FIGA | Associate Judge

Congratulations to Associate Judge Benjamin Figa for his appointment to district court judge in Colorado’s 18th Judicial District on July 1, 2022. Prior to this position, Figa was on the special counsel at Burns, Figa & Will, assistant city attorney in Denver, deputy legal counsel for Governor Hickenlooper, deputy district attorney in the 20th Judicial District, and law clerk for Justice Bender. He was also an associate judge for Englewood in 2020.

CAPTURED IN STONE: HONORING ALL WHO HAVE SERVED

Woodward raised \$60,000 to build a monument for local veterans



Each year on Veterans Day, the nation recognizes and honors our military service members who have served in the armed forces. On November 11, veterans are remembered for their patriotism, love of country and willingness to serve and sacrifice for our nation. It can also be an extremely difficult day for friends and family members who have lost someone while protecting and serving our country. Kay Woodward, 81, the founder of the Englewood High School Veterans Monument, knows this hardship well.

Woodward was born in 1941 and lived off of South Broadway in Englewood. During this time, she was personally impacted by WWII and the Vietnam War. Members of her family and high school classmates served in both wars. Woodward has always been patriotic and recognized the hardships these soldiers faced returning home and, even more importantly, the loss she and others experienced, knowing that some would never be reunited with their loved ones.

“I have always had a special place in my heart for the men and women who defend our freedoms,” Woodward said. With this in mind, she began working on a special project in 2010 to see this vision come to life.

Wanting a place to honor veterans, Woodward mentioned this project to a former Englewood High School classmate, Colonel Douglas Russell Hole. Hole mailed her a check for \$20,000 that laid the foundation to place a six-thousand-pound rose granite stone at Englewood High School. Partnering with other organizations, clubs and the Englewood Historic Preservation Society, Woodward raised \$60,000 to have the stone installed at the high school in November 2014.

Today, engraved pavers with the names of local veterans surround the monument and symbolize history in stone. Family members, friends, sponsors and alums have bought and donated pavers to honor their loved ones. Residents are encouraged to visit the monument on Veterans Day at Englewood High School to remember those who have served.

The City of Englewood offers discounts and programs to veterans at Pirates Cove Water Park, Englewood Recreation Center, Malley Recreation Center and Broken Tee Golf Course. To learn more about these discounts, programs and other resources, please visit englewoodco.gov/veterans. Thank you, veterans, for your honorable service to our grateful nation.

CONGRATULATIONS, CITY OF ENGLEWOOD!

CITY AWARDS

- **GOVERNOR'S AWARD FOR DOWNTOWN EXCELLENCE** – COVID-19 Business Recovery and Response
- **CERTIFICATE OF ACHIEVEMENT FOR EXCELLENCE IN FINANCIAL REPORTING AWARD** for the fiscal year ending December 31, 2020, on March 15, 2022
- **BUDGET PRESENTATION AWARD** for the Annual Budget for the fiscal year beginning January 1, 2021, on April 20, 2022

STAFF RECOGNITIONS

- Colorado Municipal Clerks Association, **MASTER MUNICIPAL CLERK** – Jackie McKinnon
- Colorado City and County Managers Association, **CITY MANAGER OF THE YEAR** – Shawn Lewis
- **30 YEARS OF SERVICE** with the Englewood Police Department:
 - Sergeant R. McGrath
 - Detective C. Contos
 - Sergeant E. Lutz

TEXT ME! SIGN UP FOR ENGLEWOOD'S TEXT NOTIFICATIONS

The easiest way to stay on top of Englewood events, project updates and more is by registering for Englewood's email and text message notifications. Once you are signed up, you are notified each month of the latest and greatest happenings in the City of Englewood. Don't be the last to know what's going on in Englewood, be the first!

SIGN ME UP:

- Sign up by visiting englewoodco.gov/signup
- Select either Email or SMS/Text Message
- Add your email address or phone number
- Hit "Submit"
- Select City of Englewood News from the list
- Hit "Submit"



Saturday, December 3 • 9 a.m. to NOON
2900 South Platte River Drive

ANNUAL GREASE AND OIL TAKEBACK EVENT

Do you have jars of leftover grease from the holidays or automotive oil stored in your garage? Rather than pouring these slimy liquids down the drain, dispose of them safely for free at the annual Grease and Oil Takeback! Residents of Englewood, Littleton and 19 connecting sanitation districts are invited to drop off up to 10 gallons of oil and grease per household.

Disposal Prep:

- Cooking oil and automotive oil must be separated into different containers and be free of contaminants such as fuels, solvents or water.
- Cooking oil should be liquid and free of food debris.
- Oil filters, antifreeze or oil from commercial businesses will not be accepted.

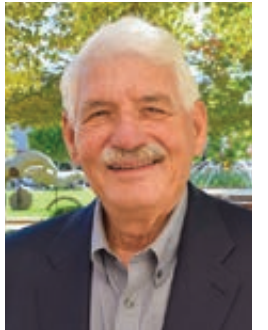
Questions?

Contact South Platte Renew at 303-762-2600 or email sprcommunications@englewoodco.gov



FORMER CITY MANAGER GARY SEARS WINS DISTINGUISHED LEADERSHIP AWARD

The International City Manager's Association awarded former city manager Gary Sears for his 44 years in public service. The Distinguished Service Award recognizes a manager whose service has been judged by peers as strong or exceptional and who has made major contributions beyond direct service to local government. Sears was Englewood's City Manager from 1997–2014. A few projects Sears led the city through include the redevelopment of the former Cinderella City Mall into the City Center transit-oriented development, renovations of the South Broadway corridor, the Englewood and Malley Recreation Centers and the construction of Pirates Cove. The groundwork he laid for the City of Englewood continues to be shown today with the city's growth, capital improvement projects and community involvement.



SPREADING HOLIDAY CHEER

Every year, the Englewood Christmas Store (ECS) creates an affordable, attainable

and memorable Christmas shopping experience for Englewood families. People from the Englewood community and surrounding areas donate new gifts valued at \$25 each. On Saturday, December 10, parents and guardians from Englewood schools who have registered with the store can purchase gifts for \$5 each. Free winter clothing and groceries are also available at the store. Gifts can easily be selected from a Walmart or Target gift registry either in-store or online. Online purchases will ship automatically to an ECS inventory site where they will be prepared for the store. Financial donations and volunteers are also needed in order to provide this vital resource to Englewood families. More information, registries, volunteer opportunities and a tax-deductible donation portal can be found at englewoodchristmasstore.com.



YOU LIKE IT HERE

2022 National Citizen Survey Ranks High in Places to Live, Falls Short in Public Safety and Street Maintenance

Recently, the City of Englewood completed a citizen survey through the National Research Center. The citizen survey gathers resident opinions about community livability and government amenities, and gives the city valuable data for improving services.

Englewood residents continue to enjoy a high quality of life. About three-quarters of respondents positively rated their overall quality of life in the city, and about eight in 10 would recommend living in Englewood to someone who asked. The majority of respondents planned to stay in the city for the next five years.

Public safety and street maintenance are clear priorities. These were identified as the areas for the city to focus on for the next two

years. Safety remains a top priority for residents, with 91% rating it an essential or very important focus area for the city in the next two years. Approximately 43% positively rated the overall feeling of safety as it relates to Englewood as a whole, a 13% decline from 2020 results, which is an area of opportunity for improvement. The quality of street maintenance continued to decline, down 25% from 2018 and 15% from 2020.

Although Englewood's economy remains an area of focus, employment opportunities are on the rise. Community members appreciate the local governance and services provided by Englewood, with 68% of residents giving high marks to the city for customer service.

8 in 10
RESIDENTS WOULD RECOMMEND LIVING IN ENGLEWOOD!



ENGLEWOOD VOTERS TO DECIDE

Citizens set to vote on two ballot initiatives

Englewood residents will have the opportunity to vote on several ballot measures in the November 8 election. Arapahoe County will mail ballots to all active registered voters beginning October 17. Voters should allow one full week for their ballot to arrive by mail.

Ballots can be tracked at arapahoevotes.gov/ballostrax. Drop-off locations will also be available at two secure 24-hour ballot boxes: the Englewood Civic Center located at 1000 Englewood Parkway and the Tri-County Health Department located at 4857 South Broadway.

Sales Tax Increase For Street Maintenance

Ballot Language:

Shall City of Englewood taxes be increased not more than \$1,957,596 annually beginning January 1, 2023 and by such amounts as are raised annually thereafter by an additional sales and use tax of 0.2 percent (or an increase of approximately 1/5 of one cent per dollar spent, to the current sales and use tax rate of 3½ cents per dollar spent), excluding the sale of food for domestic home consumption, to fund:

- Repaving, repairing, maintaining, and improving city streets and roads

With all spending of such revenues reported in the city's annual independent audit published on the city's web site and reviewed by a citizen committee; and shall the resulting revenue and investment earnings thereon be allowed to be collected, retained and spent by the city notwithstanding any limitations of Article X, Section 20 of the Colorado constitution or any other law?

What does this measure do?

A 0.2% increase to Englewood's sales tax rate to raise approximately \$1.9 million annually to fund repaving, repairing, maintaining and improving city streets.

PROS	Provides long-term, dedicated funding to maintain streets.
	Improves street conditions, thereby reducing wear and tear on vehicles.
	Addresses current lack of funding for street maintenance that has resulted in lower-than-average roadway conditions in Englewood.
	City polling indicated a majority of respondents support a sales tax increase to fund street improvements.
CONS	Property tax is more appropriate to fund this because Englewood has some of the lowest property taxes in the Denver Metro Area.
	Sales taxes are "regressive" and may have a disproportionate impact on the lowest income residents.
	Englewood could reallocate funds from its current budget to street maintenance.
	The amount of sales tax generated is insufficient to make a significant improvement to city streets.

For more election information and proposed charter amendments, please visit englewoodco.gov/2022election.

Sales Tax Increase for Alternative Policing Programs

Ballot language:

Shall City of Englewood taxes be increased not more than \$978,455 annually beginning January 1, 2023 and by such amounts as are raised annually thereafter by an additional sales and use tax of 0.1 percent (or an increase of approximately 1/10 of one cent per dollar spent, to the current sales and use tax rate of 3½ cents per dollar spent), excluding the sale of food for domestic home consumption, to fund:

- Alternate policing services to address matters including homelessness, mental health, and addiction

With all spending of such revenues reported in the city's annual independent audit published on the city's web site and reviewed by a citizen committee; and shall the resulting revenue and investment earnings thereon be allowed to be collected, retained and spent by the city notwithstanding any limitations of Article x, Section 20 of the Colorado constitution or any other law?

What does this measure do?

A 0.1% Increase to Englewood's sales tax rate to generate approximately \$978,000 annually to create a dedicated funding source for alternative policing services to address homelessness, mental health and addiction.

PROS	Provides a dedicated, long-term funding source for alternative policing programs and services that will allow the city to better address homelessness, mental health and addiction needs in the community.
	Restores funding for other policing needs that have gone unmet as the city has been required to address the pressing needs of homelessness, mental health and addiction issues.
	Increases safety through better crime prevention strategies and additional public safety resources to all residents and businesses.
	City polling indicated a majority of respondents support a sales tax increase to fund alternative policing.
CONS	This should be funded with a stable, predictable income stream such as property taxes instead of a sales tax increase.
	Other revenue sources such as crime surcharges and increased fines, fees and court costs should be explored before increasing taxes.
	A dedicated funding source for traditional policing (officers on the street) would be more effective than funding alternate policing for homelessness, mental health and addiction services.
	Increasing funding for alternative policing, restorative justice and homeless services may not result in a decrease in crime and an increase in safety.

Outdoor Art in Englewood

Explore MOA Artworks in Englewood

It's a new era for the Museum of Outdoor Arts! While much of our outdoor art continues to be displayed in Englewood, our headquarters has moved to our Marjorie Park location, located at Fiddler's Green Amphitheatre in Greenwood Village. Visit our website to learn how you can stay engaged with MOA!

MOAonline.org

Supported in Part By:

@OutdoorArts

Thank You 2022 EVENT SPONSORS



GET INTO THE ZONE

Staying active during winter at the Englewood Recreation Center



The ZONE at the Englewood Recreation Center is a one-of-a-kind fitness room that features a HOIST® Fitness MotionCage®, where its training system allows you to create a station-based workout to target endurance and strength. Additionally, this exercise station can be customized to suit your workout and is designed for any fitness level. The goal of functional training is to create exercises that mimic daily activities while strengthening your core and frame. The MotionCage® includes a heavy kickboxing bag, TRX®, squat rack, chin-up station, rebounder, cable-driven station, jump platform and tricep dip area. Also in The ZONE room, you'll find a cardio warm-up area, free weights, medicine balls and kettlebells.

The fitness opportunities are limitless, but there can be a learning curve for beginners. Need an introduction? Try a class with Tetro Performance. Classes are taught by highly trained fitness professionals who adapt the day's workout to all fitness levels, and your first class is always free. Check out tetropformance.com and click Englewood Recreation Center for the current schedules.

Tetro classes offered at the Englewood Recreation Center include:

- **FUNCTIONAL FITNESS:** This strength-based class combines weighted exercises, circuits and floor stretching to help create a functionally fit body. It's designed for beginners through intermediate skill levels (available Tuesdays mornings).

- **BALANCE CORE AND MORE:** Focusing on body awareness, balance and stretching, this class is a great way to focus on these areas in an encouraging atmosphere for all fitness levels (available Thursday mornings).
- **BURN AND BUILD:** A fat-burning, confidence-boosting and sweat-pouring good time. The high-tempo workout is tailored to those interested in building lean muscle. Whether you're training for a marathon or just want to get your heart pumping, Burn and Build will help you target the muscles you need to achieve your goals. This class is perfect for a beginner but can fit any skill level.
- **ULTIMATE FITNESS:** For the athlete looking to reach their peak of fitness, this high-intensity, low-rest workout focuses on cardiovascular endurance coupled with muscular strength through advanced compound movements. It is you against the world, pushing your limits farther beyond what you thought possible. This is an advanced-level class.

The ZONE Room is free to use for registered guests at the Englewood Recreation Center. Take on your next workout by getting into The ZONE and visiting the center. Learn more at englewoodgov.com/play.

WINTER 2022/23 | ENGLEWOODREC.ORG

RECREATION GUIDE

Registration Starts:

Residents
Wednesday,
November 9

Non-Residents
Friday,
November 11

ONE TEAM!

Registration info
on page 24

 CITY OF
Englewood
PARKS, RECREATION, LIBRARY & GOLF

 PLAY
ENGLEWOOD
COLORADO

PARKS AT A GLANCE

	BASEBALL/SOFTBALL FIELD	BASKETBALL COURT	MULTI-USE FIELD	OFF-LEASH DOG AREA	OPEN SPACE AREA	PAVILION	PICKLEBALL COURT	PLAYGROUND	RESTROOMS	SKATE PARK	TENNIS COURTS	SLACK LINE POLES
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BAKER PARK 2200 W. Wesley Ave.					✓	✓		✓	✓			
BARDE PARK 3150 S. Downing St.					✓							
BATES/LOGAN PARK 2938 S. Logan St.		✓	✓			✓		✓	✓			
BELLEVIEW PARK 5001 S. Inca Dr.	✓	✓	✓		✓	✓		✓	✓		✓	
CENTENNIAL PARK 4630 S. Decatur St.	✓	✓	✓		✓	✓		✓	✓			
COLORADO'S FINEST HIGH SCHOOL OF CHOICE 300 W. Chenango Ave.		✓	✓				✓					
CUSHING PARK 700 W. Dartmouth Ave.		✓	✓		✓	✓		✓	✓	✓		
DUNCAN PARK 4880 S. Pennsylvania St.		✓	✓	✓	✓	✓	✓	✓	✓			
JASON PARK 4299 S. Jason St.		✓	✓	✓	✓	✓		✓	✓			
NORTHWEST GREENBELT 2222 W. Vassar Ave.				✓	✓			✓				
RIVERRUN TRAILHEAD 2101 W. Oxford Ave. Access to Mary Carter Greenway Trail. "Surf the Platte" on Colorado's only river wave shaper. Learn more at endlesswaves.net/waves/river-run-park .					✓	✓		✓	✓			
ROMANS PARK 1800 E. Floyd Ave.		✓	✓		✓	✓		✓	✓		✓	✓
ROTOLO PARK 4401 S. Huron St.			✓		✓	✓		✓				
SOUTHWEST GREENBELT 4485 S. Fox St.					✓							



GET OUT AND EXPLORE!



Park and Open Space Area Hours: 7 days a week, 6:00 a.m. – 11:00 p.m.

Park Use Permits: Required for groups of 15+ people who will use the park but do not require a pavilion. Commercial use of a park, including individuals or businesses organizing classes or services, requires a Park Use Permit, \$100 permit fee and evidence of additional insurance. No more than four Park Use Permits will be issued to the same group or individual during a calendar year. Visit englewoodco.gov/parks for more details about Park Use Permits.

Special Event Licenses: Visit englewoodco.gov/events for Special Event requirements, fees and licenses.

Athletic Field Use: Athletic fields must be reserved in advance for any organized play or practice. Email lpeterson@englewoodco.gov for field rental information and availability.

Drug and Alcohol Policy: Alcohol and marijuana are prohibited in all Englewood Parks and Open Spaces.

No Smoking: All Englewood parks are smoke- and vape-free.

Pavilions: Reserve your park pavillion online at englewoodco.gov/pavilions. Pavilions are available to reserve April 16 – October 16. For assistance, call the Englewood Recreation Center at 303-762-2680. Pavilion rentals for 2023 will begin on Jan. 2 at 8:00 a.m. online.

Park use and pavilion reservations will follow the most up-to-date health guidelines. Visit englewoodco.gov/play for details.

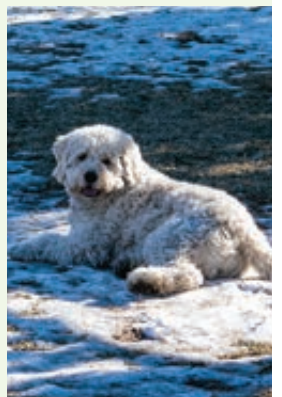
- | | |
|---|--|
| 1. RiverRun Trailhead
2101 W. Oxford Ave. | 13. Brent Mayne & Union Fields
3501 W. Union Ave. |
| 2. Belleview Park
5001 S. Inca Dr. | 14. Colorado's Finest High School of Choice
300 W. Chenango Ave. |
| 3. Cushing Park
700 W. Dartmouth Ave. | 15. Canine Corral
4848 S. Windermere St. |
| 4. Centennial Park
4630 S. Decatur St. | 16. Englewood Community Garden
601 W. Dartmouth Ave. |
| 5. Jason Park*
4299 S. Jason St. | 17. Northwest Greenbelt*
Zuni St. to Pecos St. |
| 6. Bates/Logan Park
2938 S. Logan St. | 18. Southwest Greenbelt
Huron St. to Bannock St. |
| 7. Baker Park
2200 W. Wesley Ave. | 19. Clarkson Park
2795 S. Clarkson St. |
| 8. Romans Park
1800 E. Floyd Ave. | 20. Emerson Park
2929 S. Emerson St. |
| 9. Rotolo Park
4401 S. Huron St. | 21. Big Dry Creek Trail Access
4700 S. Wyandot St. |
| 10. Duncan Park*
4880 S. Pennsylvania St. | |
| 11. Barde Park
3150 S. Downing St. | |
| 12. Miller Fields
3600 S. Elati St. | |

*Off-Leash Areas

DOGS IN YOUR PARKS

Please pick up after the dog and follow posted guidelines so everyone can enjoy your parks.

Canine Corral: 4848 S. Windermere St. Open daily from 6:00 a.m. – 11:00 p.m. Dogs must be under voice command at all times and have current vaccinations. Additional requirements can be found online.



Off-Leash Areas: Dogs may be off leash and under voice control during posted hours at Canine Corral, Jason Park, Duncan Park and Northwest Greenbelt. Dogs must have current vaccinations and remain out of playgrounds, pavilions and athletic fields when fields are programmed with activities. Visit englewoodco.gov/offleash for additional information.

NEW AMENITIES AT CUSHING PARK



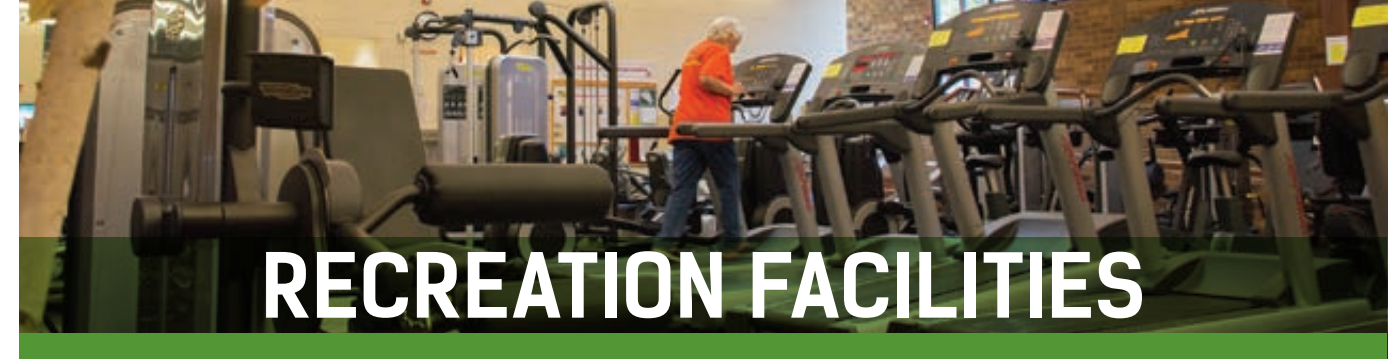
The Brand-New Fitness Court® is Open!

Thanks to a generous \$25,000 grant from the Colorado Parks and Recreation Association and the National Grants Committee, we just completed installation of the Fitness Court® at Cushing Park. The Fitness Court® brings world class outdoor fitness featuring seven functional training zones, thousands of bodyweight exercises, digital programming for adults of all ages and abilities redefining outdoor fitness in communities across the nation.



New Features of the Skate Park

Construction on the new skate park is now complete and ready for visitors to “catch some air”! The new skate park features an upgraded half-pipe, rainbow rail, built in stairs with railings and lots of places to drop in. A big thank you to the community for all the input we received to make this skate park come to life!



RECREATION FACILITIES

RECREATION FACILITIES

ID Card

All program and center participants 5 years and older are required to obtain an ID card for access. (No card needed for spectators or rental guests.)

Resident ID Cards: \$3 – valid 3 years from date of purchase. Englewood residents must obtain a Resident ID card for each member of the family ages 5 and older to receive the discounted Resident Fee rate. A valid photo ID with current address or documentation verifying current City of Englewood address (vehicle registration, utility bill or phone bill, etc.) must be provided. To receive Resident rates for online registrations, please provide proof of residency in person.

Non-Resident ID Cards: Non-residents will receive their first ID Card for free. Must present valid photo ID.

Gymnasium

Full-size gym for basketball, volleyball and other court activities. Visit our website for current gym schedules.

Fitness Amenities

Cardiovascular rooms including ellipticals, stationary cycles and treadmills. Comprehensive weight rooms including free weights and weight-bearing machines.

The ZONE

Check out this functional training system that will elevate your workout. Multiple exercise stations can be customized to meet your level of training. Stations include squat rack, renegade station, high-low pulleys, heavy bag, monkey bars, traversing walls, rebounder, jump platform and dozens of attachment points for straps. Tetro Performance offers a variety of fitness classes using The ZONE room. Register online at tetroperformance.com and check out page 47 for current classes.

Locker Rooms

Showers and lockers are available to all paid guests; bring your own lock and towel.

Facility Rentals

Our Recreation Centers and Community Parks offer individual and group rentals (classrooms, pools, gym, multipurpose rooms, kitchen and park shelters) to host your next meeting, gathering or celebration. Please visit englewoodco.gov/play for current rental information.

Corporate Rates

Englewood business owners, officers and directors of a corporation located within the legal city limits are eligible to apply for significantly discounted corporate rates. Please contact 303-762-2680 or recreation@englewoodco.gov.

Individuals with Disabilities Program

The City of Englewood strives to mainstream individuals with disabilities into our recreation programs. Qualified individuals with disabilities are provided with reasonable accommodation to receive equal opportunity of inclusion. For additional information, contact 303-762-2680 or recreation@englewoodco.gov.

Financial Assistance for Recreation Programs for Englewood Residents

Please contact 303-762-2680 or recreation@englewoodco.gov.

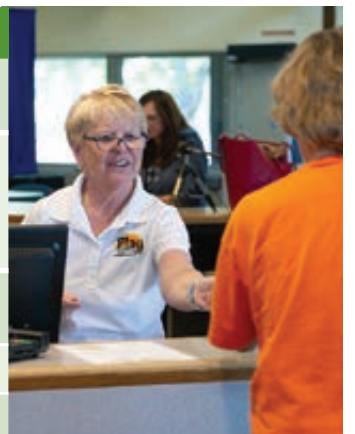
Wellness Insurance Programs (WIP)

Englewood and Malley Recreation Centers honor Wellness Insurance Programs, including SilverSneakers®, Renew Active, One Pass and One Pass Commercial. Please check with your insurance provider to determine which program they offer so you can participate in fitness, swim classes and other activities for free. These programs can be purchased through Medicare Advantage or a Medicare supplement plan (Medigap). Contact your health insurance provider for eligibility.



RECREATION & EVENT STAFF

Recreation Managers	Brad Anderson – Aquatics Allison Boyd – Facilities/Programs	banderson@englewoodco.gov aboyd@englewoodco.gov
Englewood Recreation Center Supervisors	Avery Akers Brenna LeBlanc – Aquatics Joyce Musgrove Sara Stant	aakers@englewoodco.gov bleblanc@englewoodco.gov jmusgrove@englewoodco.gov sstant@englewoodco.gov
Malley Recreation Center Supervisor	Shelly Fritz-Pelle	sfritz@englewoodco.gov
Open Space Activities Supervisor	Lindsay Peterson	lpeterson@englewoodco.gov
Events Supervisor	Toni Arnoldy	tarnoldy@englewoodco.gov

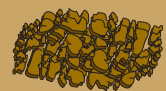


WINTER TREE CARE TIPS



WATER YOUR TREES

- Every two weeks: 10 gallons per 1-inch diameter
- Water during the day when the temperature is above 40 degrees
- Water slowly to soak the deeper soil



MULCH

- Mulch helps protect the soil and conserves moisture
- Put 2–4 inches of mulch under the tree, not on the trunk
- Coarse wood chip mulch works best



WRAP THE TRUNK

- Protect the trunk using a trunk wrap
- Recommended for thin-barked trees like maple, linden and honey locust
- Recommended for young or newly planted trees



GET MONEY BACK WHEN TREATING OR REMOVING ASH TREES ON YOUR PROPERTY!

Receive 25% of the cost (up to \$500) to treat or remove your ash tree

Help protect Englewood's urban forest!

Details at englewoodco.gov/eab

ENGLEWOOD RECREATION CENTER

Fun for all ages • 303-762-2680 • 1155 W. Oxford Avenue

The Englewood Recreation Center is a community facility with activities for all ages. The center offers an indoor track, 25-meter eight-lane pool, The ZONE functional training center, four racquetball/wallyball courts, gymnasium, cardiovascular and weight training rooms.

Hours of Operation

M-Th: 6:00 a.m. – 9:00 p.m.
 F: 6:00 a.m. – 8:00 p.m.
 Sa & Su: 8:00 a.m. – 5:00 p.m.

POOL CLOSURES 30 MIN BEFORE CENTER

Center Closures

11/24 CLOSED
 12/24 8:00 a.m. – 1:00 p.m.
 12/25 CLOSED
 12/31 8:00 a.m. – 1:00 p.m.
 1/1 CLOSED

Center Admission

Admission includes use of fitness amenities: pool, weight rooms, cardio, The ZONE functional training room, running track (approx. 6.5 laps = 1 mile), gymnasium and racquetball/walleyball/handball courts.

Type	GENERAL: 18–54 Years		CHILD/ACTIVE ADULT: 3–17/55–82	
	Non-Resident	Resident	Non-Resident	Resident
Daily Admission (Recreation ID Required)	\$6.00	\$4.75	\$5.50	\$4.00
25-Visit Pass Valid for 3 years from date of purchase	\$105.00 (CPV \$4.20)	\$84.00 (CPV \$3.36)	\$89.25 (CPV \$3.57)	\$64.00 (CPV \$2.56)
Fitness Drop-In Class	\$10.00	\$8.00	\$10.00	\$8.00
Month-to-Month Membership* Active adults ages 55–82 can enjoy use of both Recreation Centers with this pass for drop-in use.	\$34.50/mo \$390.00 12 months prepaid	\$28.00/mo \$312.00 12 months prepaid	\$25.50/mo \$282.00 12 months prepaid	\$20.75/mo \$225.00 12 months prepaid
Month-to-Month Premier Membership* Upgrade your ERC annual pass to include eligible group fitness classes, one personal training session and four guest passes. (See pages 49 through 53 for eligible fitness classes.)	\$44.50/mo \$484.00 12 months prepaid	\$34.25/mo \$387.00 12 months prepaid	\$33.25/mo \$375.00 12 months prepaid	\$27.00/mo \$300.00 12 months prepaid
Platinum Pass (83+)	—	—	FREE	FREE

Racquetball/Handball/Walleyball Recognized user groups see Center Supervisor for rates.	Courts are reserved by the hour. Reservations are accepted two days in advance.	Fee included in center admission.
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Corporate Rates Call for pricing; pricing based on residency and number of visits purchased.

*Month-to-Month memberships are auto-renewed monthly until bank card expiration. Fee based on resident status at the time of auto-renewal. Contract required. Annual & Platinum Active Adult pass good for both ERC and Malley Recreation Centers.

HOW TO REGISTER

ONLINE: Submit registrations anytime at englewoodrec.org. Payments must be made with Visa, MasterCard, Discover Card or American Express.

WALK-IN: Registrations are accepted at the Englewood Recreation Center or Malley Recreation Center during regular business hours.

PHONE: Call 303-762-2680 or 303-762-2660 during regular business hours.

Policies and Enrollment

All registrations are processed in the order they are received. At the beginning of each registration period, Englewood Resident ID cardholders are given priority and are able to enroll two days before non-residents. During this period, non-resident registrations are accepted and prioritized by date/time. After this process, all registrations are handled on a first-come, first-served basis. All checks are payable to the City of Englewood. Checks are accepted for payment, provided they are for the amount of purchase only, local (Colorado), preprinted with customer's name and address, and have a valid Colorado driver's license or Colorado ID card number on them. A \$30 service charge will be assessed on any returned check.

MALLEY RECREATION CENTER – Where Fun Never Gets Old!

For ages 55 and better • 303-762-2660 • 3380 S. Lincoln St.

The Malley Recreation Center and programs promote healthy lifestyle and social activity. Enriching programs include fitness, arts and crafts, outdoor adventures, education, excursions, extended travel, special events, VOA lunch, drop-in activities and more. Home to the highest quality Pilates Reformer machines.

Hours of Operation

M-Th 8:00 a.m. – 7:00 p.m.
 F 8:00 a.m. – 5:00 p.m.
 Sa 9:00 a.m. – 1:00 p.m.
 Su CLOSED

Center Closures

11/24 CLOSED
 12/24 8:00 a.m. – 1:00 p.m.
 12/25 CLOSED
 12/31 8:00 a.m. – 1:00 p.m.
 1/1 CLOSED
 2/27 – 3/5 CLOSED FOR ANNUAL MAINTENANCE

Participants 55 years of age and older receive class/program registration priority; adults 18 years and older may register for classes/programs based on availability. The Malley Fitness area and computer access are not available for those under age 55. All classes and special events are available to all ages.

Wellness Insurance Programs (WIP)

Englewood and Malley Recreation Centers honor Wellness Insurance Programs, including SilverSneakers®, Renew Active, One Pass and One Pass Commercial. See page 24 for more information.

Volunteers of America (VOA) Nutrition Program

The Malley Recreation Center and Volunteers of America have teamed up to provide lunch Monday through Friday. Dine-in or to-go options are available. Doors open at 11:30 a.m., and lunch is served from 11:30 a.m. – 12:15 p.m. For to-go, lunch must be picked up by

12:15 p.m. Reservations are required and must be made by noon two days in advance. Please call 303-762-2660 to reserve your space. Monthly menus are available online at englewoodco.gov or at the front desk. Suggested donation is \$2.50 for ages 60 and over or a spouse of an eligible person. For guests under 60 years, it is \$11.00.

Visiting Nurse Association

Provides quality, affordable health care including foot care, blood pressure checks and monitoring of chronic conditions. Appointment only. Call 303-698-6496.

Social Pass

This pass allows 12 months of access to all the Malley Recreation programs that do not include a class number. Activities with this pass include fitness center, game room, computers, billiards, lobby access, table tennis, pickleball and drop-in gym.

Type	ACTIVE ADULT: 55 years and over	
	Resident	Non-Resident
Social Pass	\$48.00	\$60.00
Annual Pass (Multi-Facility)	\$20.75/mo (\$225.00 – 12 months prepaid)	\$25.50/mo (\$282.00 – 12 months prepaid)
Premier Annual Pass	\$27.00/mo (\$300.00/mo – 12 months prepaid)	\$33.25/mo (\$375.00 – 12 months prepaid)
Platinum Pass (83+)	FREE	FREE

Pickleball

Pickleball is a low-impact, active game combining elements of badminton, tennis and table tennis. Players use paddles and a plastic ball in a court with a low net. It's easy to learn this quick, fast-paced, competitive game. Equipment is available. Annual or daily pass required.

DROP-IN PICKLEBALL SCHEDULE

Courts are subject to availability.

	Level	Su	M	Tu	W	Th	F	Sa
MRC	Beg./Int.	—	11:30 a.m. – 2:00 p.m.	—	—	—	11:30 a.m. – 2:00 p.m.	9:15 a.m. – 12:15 p.m.
	Adv.	—	2:00 – 4:45 p.m.	—	2:15 – 5:30 p.m.	—	2:00 – 4:45 p.m.	9:15 a.m. – 12:15 p.m.
ERC	Beg./Int.	—	—	—	—	—	3 – 5 p.m.	—
CFHSC	Beg./Int.	—	—	1 – 5 p.m.	—	1 – 5 p.m.	NOON – 4:30 p.m.	—
	Adv.	1 – 5 p.m.	—	8 a.m. – NOON	—	8 a.m. – NOON	—	—

MRC = Malley Recreation Center, ERC = Englewood Recreation Center, CFHSC = Colorado's Finest High School of Choice

MALLEY RECREATION CENTER SOCIAL PASS

SELF-LED PROGRAMS – REQUIRES SOCIAL PASS

Class	Activity #	Dates	Days	Time	Location	Fee	Res
BYOC Crafters Group Do you start projects and have difficulty finishing them? If you answered “yes,” then this is the group for you! Bring your supplies and join others who love to craft too! Large tables and sewing machines are provided.	11760611	12/5 – 2/20	M	1:00 – 3:00 p.m.	MRC	\$17	\$14
Open Paint Studio Looking to finish or start a painting? And make new friends? Then Open Paint Studio is for you! Bring your supplies and join others who love to paint. Easels are available for student use.	11761411	12/6 – 2/21	Tu	1:00 – 3:00 p.m.	MRC	\$17	\$14
Drop-in Woodcarving For carvers with some experience. A carving glove and thumb guard are required.	11762511	12/7 – 2/22	W	2:00 – 4:00 p.m.	MRC	\$17	\$14

DROP-IN PROGRAMS – FREE OR REQUIRES SOCIAL PASS

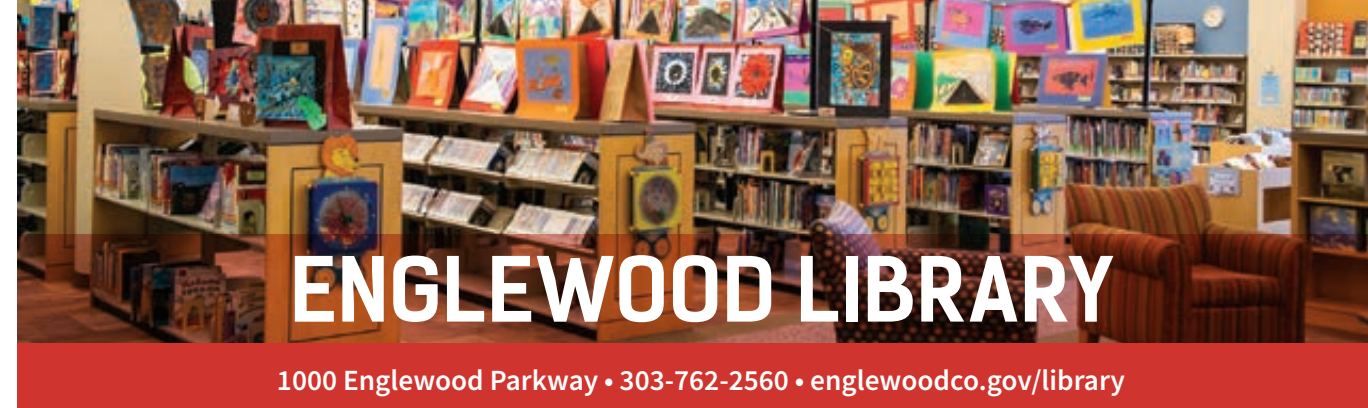
Class	Dates	Days	Time	Fee
Mahjong Group Join us for this Chinese-originated game using various designed tiles. No partner needed. Bring your mahjong set, if you have one.	12/5 – 2/20	M	12:30 – 3:30 p.m.	SOCIAL PASS
Table Tennis The sport can be played as single or doubles. Great for beginners and more advanced levels.	12/1 – 2/23 No play 11/24	Tu/Th	NOON – 4:30 p.m.	SOCIAL PASS
Retirement Support Group Gather with other retirees to share thoughts and stories about retirement topics such as friendship, loss, leisure, purpose and much, much more.	12/7 – 1/22	W	10:00 – 11:00 a.m.	SOCIAL PASS
Never B-4 Bingo Have some fun playing the simple, fun game. Play in person or via Zoom. Bingo cards and markers are provided.	12/12 1/9 2/13	M	1:00 – 2:00 p.m.	FREE
Photography Club Meet with photography expert Cynthia Slade. The group will discuss taking photos and new techniques.	12/12 1/9 2/13	M	9:30 – 10:30 a.m.	SOCIAL PASS
Movie Time Join us the second Friday of the month to watch a free movie on the big screen. Popcorn available for 25 cents. Watch for monthly flyers or call 303-762-2660 the week of the movie to find out what's playing.	12/9 1/13 2/10	F	1:00 p.m.	FREE

To verify if drop-in programs are happening, please call 303-762-2660 or visit englewoodco.gov/play.

FREE MALLEY SOCIAL PASS

This pass allows 12 months of access to all the Malley Recreation programs that do not include a class number. Activities with this pass include fitness center, game room, computers, billiards, lobby access, table tennis, pickleball and drop-in gym. Offer expires 12/31/22. See page 41 for details.

Sponsored by the Malley Center Trust Fund



ENGLEWOOD LIBRARY

1000 Englewood Parkway • 303-762-2560 • englewoodco.gov/library

ADULT PROGRAMMING

Book Clubs

Come check out one of the book clubs hosted by the library. Email us at epl@englewoodco.gov or go to englewoodco.gov/library for the current month's pick!

Novels@Night	Second Thursday of the month from 6:00 – 7:30 p.m.
Books@the Bar!	Third Monday of the month from 6:30 – 8:00 p.m. at various locations
Sack Lunch Sagas	Fourth Wednesday of the month from 12:30 – 2:00 p.m.
YA Book Club for Adults*	Second Wednesday of the month from 6:00 – 7:30 p.m.

* Beginning January 2023

Resource Connect

Every Monday, 11:30 a.m. – 2:30 p.m.

Resource Connect is a library program geared toward bringing individuals together with local resources that can help them get their needs met. Multiple organizations will be available to help with medical and mental health, food and nutrition, family wellness, employment training/certification and placement, housing and supportive services around the house. Drop by to see how we can help. No registration required.

Location: Hampden Hall, 2nd Floor

Creative Writing Group

First and third Wednesdays of the month, 6:00 – 7:30 p.m.

Join our writers group! We meet twice monthly for writing discussions and practice with prompts and exercises. All experience levels are welcome. For adults. No registration required.

Location: Anderson Room

Memory Café

Second Monday of the month, 2:00 – 3:30 p.m.

A fun place to socialize, relax and engage for people experiencing memory loss and their caregivers. Each cafe has an activity to facilitate social connection for individuals with shared experiences. Just be yourself!

Location: Perrin Room

Let's Get Crafty

Second Saturday of the month, 2:00 – 3:30 p.m.

Seize your opportunity to broaden your crafting horizons. Join us on the second Saturday afternoon of each month to learn a new craft. We'll provide the space, supplies and guidance. No registration required. Space limited.

Location: Anderson Room

Life, the Universe and Everything

Third Tuesday of the month, 6:00 – 7:30 p.m.

The library, in conjunction with the Masonic Philosophical Society, invites you to delve into the arena of philosophy, exploring a new topic every month and inspiring individuals to self-awareness. For adults. No registration required. Call for more information on the monthly discussion topics.

Location: Perrin Room

Sit N Knit

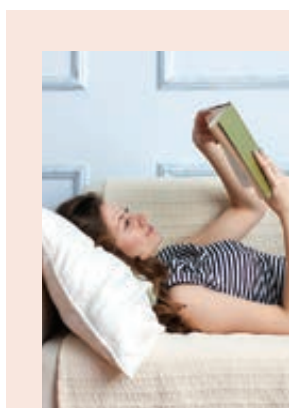
Last Wednesday of the month, 6:00 – 7:30 p.m.

Whether you're an expert or don't know how to cast on, this group could be just what you're looking for! Join us for a relaxing evening to build your skills, share your knowledge and make new friends. For adults and teens. No registration required.

Location: Perrin Room

ELL/Citizenship Tutoring

The library offers English language and citizenship tutoring for all levels. Our tutors will work with your schedule and can meet right here in the library for tutoring sessions. Stop in at the library or check our website for an application.



WINTER READING

Join us for Winter Reading 2023! There will be a reading challenge, special programs and more. Sign-up begins January 3.

Look for more details at englewoodco.gov/library. For ages 12 and up.

Jan. 3, 2023 – March 5, 2023

STAND-ALONE PROGRAMS

Book Club Soiree

Join us for our year-end book club celebration. All book club participants are invited for some light refreshments and the announcement of our 2023 Book Club Picks!

Thursday, December 15, 5:30 – 7:00 p.m.

Location: Anderson Room

Intro to D&D Workshop

Want to step into the world of D&D but not sure where to begin? Join us for an introductory workshop to get ready for our monthly D&D game nights. We'll walk you through building a character, some basics of combat and a general overview of the game. Ages 12+.

Thursday, January 19

Location: Perrin Room

Teen and Adult D&D Game Night

Open to adventurers of all levels of experience! A monthly D&D night where you can join a new campaign or have a space to run your current one. New players welcome. Ages 12+

Thursday, January 26 & Thursday, February 23, 6:00 – 7:30 p.m.

Location: Anderson Room

AFTER HOURS! Murder Mystery Party

Want to celebrate Valentine's Day and solve a murder in the process? Join us after hours for a murder mystery party just for the grownups! Registration required. Space limited.

Friday, February 10, 6:00 – 8:00 p.m.

Location: Library

LIBRARY HOLIDAY HOURS

AT CHRISTMAS:

CLOSED
Friday, December 23
Saturday, December 24
Sunday, December 25
Monday, December 26

IN BETWEEN,
 THE LIBRARY WILL BE
 OPEN REGULAR HOURS:
Tuesday, Wednesday,
Thursday
12/27 – 12/29,
9:30 a.m. to 7:30 p.m.

AT NEW YEAR'S:

CLOSED
Friday, December 30
Saturday, December 31
Sunday, January 1
Monday, January 2



CHILDREN'S PROGRAMMING

Storytime

Children learn naturally when they read, sing, write, talk and play! Our interactive storytimes combine books, songs, rhymes and fun. No registration required.



Storytimes at the Library

TODDLER STORYTIME

This storytime will engage your children with short stories, finger plays, action, rhymes and songs. Your child will learn sounds, letter recognition and new words, all while having fun.

Every Monday and Tuesday at 10:30 a.m.

For children 18 months to 3 years old

BABY STORYTIME

This lap sit storytime will develop a love of reading using books, songs, movement and rhyme. The program will help improve motor, sensory and social skills with caregiver and baby interactions.

Every Wednesday at 10:30 a.m.

For children up to 18 months

VIRTUAL PAJAMA STORYTIME

Join us live via Facebook every Wednesday to enjoy books, songs and activities designed to help children settle their minds and bodies to get ready for bedtime.

Live on Facebook – Every Wednesday at 7:00 p.m.

For children of all ages

PRESCHOOL/FAMILY STORYTIME

This storytime features longer books accompanied by a variety of activities, including songs, flannel boards, finger plays, puppetry and dramatics.

Every Thursday and Friday at 10:30 a.m.

For children of all ages

Storytime Extra Programs

These programs are designed as an extra special storytime for toddler- and preschool-aged children. Along with a story, these programs include crafts and games! This program replaces storytime. No registration required.

12/2	F	10:30 a.m.
1/6	F	10:30 a.m.
2/3	F	10:30 a.m.

Messy Process Art Programs

The purpose of this program is to encourage children to be creative by focusing on the process as opposed to the end result. Be sure to dress for the mess! This program replaces storytime. No registration required.

12/15	Th	10:30 a.m.
1/19	Th	10:30 a.m.
2/16	Th	10:30 a.m.

After-School Programs for Children of All Ages

Head to the library after school for fun programs for kids of all ages. No registration required.

12/8	Th	4:00 p.m.
1/12	Th	4:00 p.m.
1/26	Th	4:00 p.m.
2/9	Th	4:00 p.m.
2/23	Th	4:00 p.m.

Special Programs for Children of All Ages

WINTER BREAK PROGRAMS

Staying in town for winter break? Need to get the kids out of the house? Join us for some fun afternoon activities.

12/21	W	2:00 p.m.	Movie
12/22	Th	2:00 p.m.	Legos
12/27	T	2:00 p.m.	Legos
12/28	W	2:00 p.m.	Movie
12/29	Th	2:00 p.m.	Crafts



EARLY READER BOOK CLUB

The Early Reader Book Club is geared toward children in kindergarten through 2nd grade. We will read books together and individually as we work on reading skills; then we will end with a craft or fun activity. Each month will be a different theme. No registration required.

12/15	Th	4:00 p.m.
1/19	Th	4:00 p.m.
2/16	Th	4:00 p.m.



TWEEN PROGRAMMING

Tween programming is geared toward children ages 8–11.

Snowflakes Galore

Join us for an afternoon of fun snowflake-themed crafts and activities.
Thursday, December 1, 4:00 p.m.

Board Games

Join us for an afternoon of board games including Clue, Uno, Apples to Apples and more. Don't know how to play these games? No problem – we will teach you.
Thursday, January 5, 4:00 p.m.

Book Tasting

Are you stuck in a reading rut? Did you just finish a book series you loved and now you don't know where to start to find something new to read? Do you want to try something new just for the fun of it? Then join us for a book tasting event. Each course of our tasting will include a snack as well as new books that you can “sample” and then check out if you decide they are the right “takeout” meal for you.
Thursday, February 2, 4:00 p.m.

TEEN PROGRAMMING

Teen programming is geared toward teens ages 12–18.

Teen Hangouts:

Join us for regular hangouts in the Teen Room. Board games and Switch games available most Tuesdays. On occasion, we will show movies. Please check the library website or email englewoodteen@gmail.com to get information on which movies we will be showing.
Every Tuesday, 5:00–7:00 p.m.

Teen Monthly After-Hours Events:

AFTER HOURS! HOLIDAY PARTY

Join us for a themed holiday party including games, snacks and capture the flag. This program will be after the library closes, so please drop off and pick up on the garage side of the library.
Friday, December 16, 6:00 p.m.

AFTER HOURS! CRAFT NIGHT

Join us for a variety of craft activities, including learning how to crochet. If you have a craft in progress that you would like to work on, please feel free to bring it with you. This program will be after the library closes, so please drop off and pick up on the garage side of the library.
Friday, January 20, 6:00 p.m.

AFTER HOURS! ANTI-VALENTINE'S MURDER MYSTERY

Join us for an evening of murder and mystery! Feel free to dress as your favorite detective and be sure to bring your best detective skills. This program will be after the library closes, so please drop off and pick up on the garage side of the library. Registration required.
Friday, February 17, 6:00 p.m.

COMPUTER / TECH CLASSES

Computer Classes: 303-762-2560

PLEASE NOTE: Computer classes take place in the Englewood Public Library. In most cases, registration is required: 303-762-2560. All computer classes in the library are free of charge.

Technology Assist!

One of our technology assist volunteers will help you with all sorts of devices such as laptops, smartphones and tablets or even the library's public computers. Bring your technology questions and let's see what we can do. Volunteers and library staff cannot offer tax preparation or legal advice. No registration required.
Tuesdays from 11:00 a.m. – 2:00 p.m.
Location: Tech Lab

Computer Basics: Just Getting Started

Learn the basics of using a computer and practice using a mouse. No computer experience required. Registration required.
First Saturday each month, 10:30 a.m. – NOON
Location: Tech Lab

Internet Wise

Learn how to protect your personal privacy online with tips and tricks from library staff.
Saturday, December 17, 10:30 a.m. – NOON
Location: Tech Lab

Internet Basics

Learn basic internet terms and how to navigate different popular web browsers. Students will also be introduced to basic Google search techniques and how to find information.
Saturday, January 21, 10:30 a.m. – NOON
Location: Tech Lab

Smartphone and Tablet Basics

Learn the basics of operating your smartphone or tablet. Learn about different operating systems and how to download apps, as well as protecting your personal devices from hacking and identity theft.
Saturday, February 18, 10:30 a.m. – NOON
Location: Tech Lab





BROKEN TEE GOLF COURSE

Broken Tee Golf Course • 303-762-2670 • 2101 W. Oxford Ave. • englewoodco.gov/brokentee

Englewood Parks and Recreation presents one of the finest public golf facilities in the Rocky Mountain region: Broken Tee Golf Course.

This golf complex offers:

- Championship 18-hole course with Dye design front 9
- Par-3 course with multiple tee boxes – a challenge for the serious golfer or simple fun for the entire family
- Large driving range and one of the best practice areas in Metro Denver
- Offering FootGolf on the Par-3 course

The range will be hitting off mats for the off-season.

BULK RANGE PASSES

Pay \$50	receive 10% off buckets
Pay \$100	receive 20% off buckets
Pay \$150	receive 30% off buckets
Pay \$300*	receive 40% off buckets

*This deal will be offered for a limited time only from October 1 through November 30.



Hiring Now

Flexible Hours!
Competitive Pay!
Fun Environment!

Apply at englewoodco.gov

Food & Beverage Update

We are excited to introduce Wyatt's at Broken Tee as the new concessionaire at Broken Tee. Wyatt's has a full liquor license now. Stop by and enjoy a cold beverage along with something to eat.



Host your holiday party at Wyatt's!
Visit wyattsbrokentee.com for more information.

ENGLEWOOD HOLIDAY EXPRESS 2022

DECEMBER
9 10 16 17
3:30 - 8:30 P.M.

ENGLEWOOD FARM & TRAIN 5001 S. INCA DR.
TICKETS: [ENGLEWOODCO.GOV/HOLIDAY-EXPRESS](http://englewoodco.gov/holiday-express)



ADULT & YOUTH ATHLETICS

Adult Athletic Leagues

Adult athletic league registration, schedules and standings: teamsideline.com/englewoodrec

MEN'S AND WOMEN'S ADULT ATHLETIC LEAGUES						
SPORT	SEASON	REGISTRATION	LEAGUES BEGIN	FEES	FORMAT	OFFERINGS
Volleyball	Winter	10/24 - 12/20	Mid-January	\$335/team	10 Games + Single Elimination Playoff	Tuesday Coed, Wednesday Women's, Thursday Men's
	Fall	7/11 - 9/2	Mid-September			
Basketball	Winter	10/24 - 12/20	Mid-January	\$475/team	8 Games + Single Elimination Playoff	Sunday Men's Comp, Sunday Men's Rec, Monday Men's Open
	Spring	1/17 - 3/18	Late March			
	Summer	5/2 - 6/24	Mid-July			
	Fall	8/1 - 9/16	Late September			
Softball	Summer	3/14 - 5/6	Mid-May	\$525/team	10 Games + Single Elimination Playoff	Thursday Men's Competitive and Recreational
	Fall	6/27 - 7/29	Mid-August	\$425/team		

Don't have a team or need a few more players to complete your team? Go to teamsideline.com/englewoodrec to be added to the Free Agent List. You will be contacted by teams looking to add to their roster. If you have any questions regarding team registration, please call Sara Stant at 303-762-2694 or email ssstant@englewoodco.gov.

PIRATE YOUTH SPORTS



BUILDING COMMUNITY, TRADITION AND EXCELLENCE!

Our vision is to develop the community of Englewood and its youth through high-quality youth sports programs.

BASEBALL • BASKETBALL • CHEERLEADING
FOOTBALL • FLAG FOOTBALL • LACROSSE • SOCCER •
SOFTBALL • RUGBY • VOLLEYBALL • WRESTLING

Join our email list and register for all youth sports programs at pirateyouthsports.com. Contact us at officers@pirateyouthsports.com or 303-907-3667.

KICK IT WITH US

Englewood Recreation Center

TAEKWONDO

STRONG BRAVE HEALTHY

\$50 monthly no contracts - first class free





AQUATICS

Hours

M – Th: 6:00 a.m. – 8:30 p.m.
F: 6:00 a.m. – 7:30 p.m.
Sa/Su: 8:00 a.m. – 4:30 p.m.



Pool Safety Guidelines

Children under 8 years old must be directly supervised by an adult in the pool area. Adults must provide in-water supervision of children unable to pass the swim test.

Supervise your children. No diving.
 No breath-holding games, please.

The Swim Test

Children under 8 years old must be able to swim 10 meters by themselves to go down the big slide or to be out of reach of an adult.

Pool Features

- 8 lanes, 25 meters
- Body slide (must pass a swim test)
- 2–3 ft. shallow children’s area with easy-access stairs
- Small slides
- Family changing rooms
- Dry sauna
- ADA accessible
- Pool temp 86° year-round

Open Swim

Head on down for an afternoon of fun. Toss the ball, dive for rings or take a ride down the slides. Some features may not be available due to shared programming.

M – F: 1:00 – 4:00 p.m.
Sa/Su: 1:00 – 4:30 p.m.
Tot Pool: Open daily until close (except 8:00 a.m. – noon weekends). Check online for more details.

Lap Swim

At least one lane is available at all times of the day. Circle swimming and lap swim etiquette applies. Please check online for a more detailed schedule.

M – Th: 6:00 a.m. – 8:30 p.m.
F: 6:00 a.m. – 7:30 p.m.
Sa/Su: 8:00 a.m. – 4:30 p.m.

Following COVID-19 guidelines, schedules and policies may change at any time. There is no evidence that COVID-19 can spread to humans through the use of pools and hot tubs.



SWIMMING LESSONS

Englewood Recreation Center • 1155 W. Oxford Ave.

Infant and Toddler

Babes & Tots (6 mos – 3 yrs)

Introduction to the water with a focus on safety and primary water skills, including submersion, bubbles and water play in a fun, family environment.

Jellyfish (2½ – 3½ yrs)

This class is for advanced toddlers who go under water willingly and are nearly floating on their own. Instructor approval requested.

Preschool

Seahorse (3 – 5 yrs)

These little ones may be cautious, but are ready to start the basics. A gentle approach using songs and games helps them gain confidence and trust.

Seal (3 – 5 yrs)

These little ones are happiest going under water and are just starting to float on their own.

Otter (3 – 5 yrs)

These little ones can float for 10 seconds, roll over and kick 10 meters to safety.

Sea Lion (3 – 5 yrs)

These are our most experienced little swimmers, working on freestyle and backstroke drills, with the goal of being able to swim 15 meters with ease.

School Age

Stingray (6 – 14 yrs)

Swimmers with limited experience or basic skills should start here. Cautious and adventurous alike will find success in this class. Floating, kicking and breathing will be mastered here.

Dolphin (6 – 14 yrs)

Swimmers will be conditioned to float, kick and breathe for longer distances while core swimming skills are introduced and mastered. Swimmers will master freestyle and backstroke drills for 15–25 meters.

Swordfish (6 – 14 yrs)

Swimmers at this level are well conditioned and beginning to swim up to 25 meters of freestyle, backstroke and elementary backstroke with ease. Dolphin kick and treading water will be introduced.

Barracuda/Shark (6 – 14 yrs)

Swimmers are working toward 50 meters of freestyle and backstroke with efficiency and ease. Butterfly and breaststroke drills are introduced and refined. Open turns, treading water for time and advanced safety skills are included.

WATER FITNESS

Aqua Power

Ages: 16 yrs +

Add water to your everyday routine and see the difference.

12/1 – 12/22	Th	6:00 – 6:50 p.m.	\$25/\$21	11250211
1/5 – 1/26	Th	6:00 – 6:50 p.m.	\$25/\$21	11250221
2/2 – 2/23	Th	6:00 – 6:50 p.m.	\$25/\$21	11250231

Aqua HIIT

Ages: 16 yrs +

High intensity followed by active recovery = all gain with no pain.

11/29 – 12/20	Tu	5:00 – 5:50 p.m.	\$25/\$21	11250611
1/3 – 1/24	Tu	5:00 – 5:50 p.m.	\$25/\$21	11250621
2/7 – 2/28	Tu	5:00 – 5:50 p.m.	\$25/\$21	11250631

Senior Aqua

Ages: 55 yrs +

Rediscover the fountain of youth, where splashing and smiling isn’t just for kids.

11/28 – 2/20	M	9:00 – 9:50 a.m.	\$30/\$24	11260121
11/29 – 12/20	Tu	9:00 – 9:50 a.m.	\$30/\$24	11260122
11/29 – 12/20	Tu	10:00 – 10:50 a.m.	\$30/\$24	11260123
12/7 – 2/22	W	9:00 – 9:50 a.m.	\$30/\$24	11260124
12/1 – 2/23	Th	9:00 – 9:50 a.m.	\$30/\$24	11260126
12/2 – 2/24	F	9:00 – 9:50 a.m.	\$30/\$24	11260127

Arthritis Aqua

Ages: 55 yrs +

Improve your daily function and reduce pain through aquatic exercise. Reduced impact on your joints will allow for a full body workout focused on strength, flexibility and range of motion.

12/7 – 2/22	W	11:15 – 12:15 p.m.	\$30/\$24	11260211
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EVENING SWIMMING LESSONS AT ERC

		DECEMBER	JANUARY	FEBRUARY
Fee: \$48/\$40		Tuesdays & Thursdays		
Class	Time	11/29 - 12/22	1/3 - 1/26	1/31 - 2/23
Jellyfish	4:30 - 4:55 p.m.	11210211	11210212	11210213
Seahorse	4:30 - 4:55 p.m.	11220111	11220112	11220113
Seal	5:00 - 5:30 p.m.	11220211	11220212	11220213
Otter/Sea Lion	5:35 - 6:05 p.m.	11220311	11220312	11220313
Stingray	5:00 - 5:30 p.m.	11230111	11230112	11230113
Dolphin	5:35 - 6:05 p.m.	11230211	11230212	11230213
Swordfish	6:10 - 6:40 p.m.	11230311	11230312	11230313
Barracuda/Shark	6:10 - 6:40 p.m.	11230411	11230412	11230413

WEEKEND SWIMMING LESSONS AT ERC

Session 1 Fee: \$18/\$15 Session 2 & 3 Fee: \$25/\$20		DECEMBER		JANUARY		FEBRUARY	
Class	Time	Saturdays	Sundays	Saturdays	Sundays	Saturdays	Sundays
		12/3 - 12/17	12/4 - 12/18	1/7 - 1/28	1/8 - 1/29	2/4 - 2/25	2/5 - 2/26
Babes & Tots	10:00 - 10:30 a.m.	11210131	11210133	11210135	11210137	11210139	11210141
	10:35 - 11:05 a.m.	11210132	11210134	11210136	11210138	11210140	11210142
Jellyfish	9:30 - 9:55 a.m.	11210231	11210232	11210233	11210234	11210235	11210236
Seahorse	10:00 - 10:30 a.m.	11220131	11220133	11220135	11220137	11220139	11220141
	10:35 - 11:05 a.m.	11220132	11220134	11220136	11220138	11220140	11220142
Seal	10:00 - 10:30 a.m.	11220231	11220233	11220235	11220237	11220239	11220241
	10:35 - 11:05 a.m.	11220232	11220234	11220236	11220238	11220240	11220242
Otter	8:50 - 9:20 a.m.	11220331	11220332	11220333	11220334	11220335	11220336
Sea Lion	11:10 - 11:50 a.m.	11220431	11220432	11220433	11220434	11220435	11220436
Stingray	9:15 - 9:55 a.m.	11230131	11230133	11230135	11230137	11230139	11230141
	11:10 - 11:50 a.m.	11230132	11230134	11230136	11230138	11230140	11230142
Dolphin	9:15 - 9:55 a.m.	11230231	11230233	11230235	11230237	11230239	11230241
	11:10 - 11:50 a.m.	11230232	11230234	11230236	11230238	11230240	11230242
Swordfish	8:30 - 9:10 a.m.	11230331	11230332	11230333	11230334	11230335	11230336
Barracuda/Shark	8:30 - 9:10 a.m.	11230431	11230432	11230433	11230434	11230435	11230436

POOL PARTIES

Bring your party to us! You'll have two hours to set up and host your own party followed by two hours of swimming. Parties for children under 8 years old require 3-5 adults actively supervising in the water with swimsuits on. Call or register online. 303-762-2680

Saturdays and Sundays

12:15 - 2:15 p.m.: Room rental
(you set up and clean up)

1:45 - 4:30 p.m.: Pool time

1-15 Guests: \$125
16-25 Guests: \$150



PRIVATE SWIMMING LESSONS

Sign up for private lessons with our experienced instructors who will provide hands-on instruction in or out of the water based on your preferences. For an additional fee, a second person can be added to the lesson at the payment screen. Check online for more days and times.

Ages: 3 years - adult

18 months - 3 years, parent assisted
at the instructor's discretion

	1 student	2 students
3 classes (Dec. only)	\$72	\$87
4 classes	\$96	\$116

		DECEMBER		JANUARY		FEBRUARY	
4 classes		Mondays	Wednesdays	Mondays	Wednesdays	Mondays	Wednesdays
Time		11/28 - 12/19	12/7 - 12/28	1/2 - 1/23	1/4 - 1/25	1/30 - 2/20	2/1 - 2/22
4:00 - 4:30 p.m.		11231211	11231221	11231231	11231241	11231251	11231261
4:30 - 5:00 p.m.		11231212	11231222	11231232	11231242	11231252	11231262
5:00 - 5:30 p.m.		11231213	11231223	11231233	11231243	11231253	11231263
5:30 - 6:00 p.m.		11231214	11231224	11231234	11231244	11231254	11231264
6:00 - 6:30 p.m.		11231215	11231225	11231235	11231245	11231255	11231265
6:30 - 7:00 p.m.		11231216	11231226	11231236	11231246	11231256	11231266

		DECEMBER		JANUARY		FEBRUARY	
3 classes (Dec. only)		Saturdays	Sundays	Saturdays	Sundays	Saturdays	Sundays
Time		12/3 - 12/17	12/4 - 12/18	1/7 - 1/28	1/8 - 1/29	2/4 - 2/25	2/5 - 2/26
11:55 a.m. - 12:25 p.m.		11231227	11231229	11231247	11231249	11231267	11231269
12:30 - 1:00 p.m.		11231228	11231230	11231248	11231250	11231268	11231270

HOME SCHOOL SWIMMING

			Wednesdays	
Class	Fee	Time	1/4 - 1/25	2/1 - 2/22
3-8 yrs	\$31	1:00 - 3:30 p.m.	11230811	11230821
8 yrs & up	\$26	1:00 - 3:30 p.m.	11230812	11230822

Tidal Waves

Ages: 6 - 17 yrs

Take your swimming skills to the next level on our year-round CARA recreational swim team. Swimmers must be proficient in freestyle and backstroke for 25 meters.

Location: ERC

1/2 - 4/26 M, W 5:30 - 6:30 p.m. \$100/\$80 11230911



SAVING LIVES BUILDING CHAMPIONS

Registration is open for
Make A Splash Swim Program

Through our partnership with the USA Swimming Foundation, the Englewood Recreation Center is excited to offer group swim lessons for as little as \$5 with a Make A Splash Grant. These lessons for ages up to 14 years of age will support our mission of promoting safe swimming and drowning prevention. Visit our website for details.



ACTIVE KIDS

Toddler and Me Dance

Ages: 2 – 3 yrs
This class involves active participation from an adult as the teacher keeps the music and curriculum moving.
Location: ERC

Youth Dance

Ages: 6 – 9 yrs
These classes are designed to help your child become a well-rounded dancer in styles including tap, jazz, ballet and hip hop.
Location: ERC

PeeWee Dance

Ages: 3 – 5 yrs
This class is focused on dance techniques, safety, fun, movement, coordination, following directions and self-esteem. Classes focus on dance fundamentals and technique that build up to the spring and winter seasons, which include a recital. Parents of children who may require help changing their shoes are asked to remain outside of the classroom to assist with a mid-class shoe change.

Recitals during winter and spring season require a costume rental fee.
Location: ERC

ACTIVE KIDS – DANCE								
Class	Activity #	Ages	Dates	Days	Time	Location	Fee	Res Fee
Toddler and Me Dance	11820011	2 – 3 yrs	1/4 – 1/25	W	3:45 – 4:15 p.m.	ERC	\$25	\$20
	11820012	2 – 3 yrs	1/4 – 1/25	W	4:15 – 4:45 p.m.	ERC	\$25	\$20
	11820013	2 – 3 yrs	2/1 – 2/22	W	3:45 – 4:15 p.m.	ERC	\$25	\$20
	11820014	2 – 3 yrs	2/1 – 2/22	W	4:15 – 4:45 p.m.	ERC	\$25	\$20
	11820021	2 – 3 yrs	1/7 – 1/28	Sa	11:00 – 11:30 a.m.	ERC	\$25	\$20
	11820022	2 – 3 yrs	2/4 – 2/25	Sa	11:00 – 11:30 a.m.	ERC	\$25	\$20
	PeeWee Dance	11820111	3 – 5 yrs	1/9 – 1/30	M	3:45 – 4:15 p.m.	ERC	\$25
11820112		3 – 5 yrs	1/9 – 1/30	M	5:00 – 5:30 p.m.	ERC	\$25	\$20
11820113		3 – 5 yrs	2/6 – 2/27	M	3:45 – 4:15 p.m.	ERC	\$25	\$20
11820114		3 – 5 yrs	2/6 – 2/27	M	5:00 – 5:30 p.m.	ERC	\$25	\$20
11820115		3 – 5 yrs	1/4 – 1/25	W	4:45 – 5:15 p.m.	ERC	\$25	\$20
11820116		3 – 5 yrs	2/1 – 2/22	W	4:45 – 5:15 p.m.	ERC	\$25	\$20
11820117		3 – 5 yrs	1/5 – 1/26	Th	4:00 – 4:30 p.m.	ERC	\$25	\$20
11820118		3 – 5 yrs	2/2 – 2/23	Th	4:00 – 4:30 p.m.	ERC	\$25	\$20
11820119		3 – 5 yrs	1/7 – 1/28	Sa	9:15 – 9:45 a.m.	ERC	\$25	\$20
11820120		3 – 5 yrs	1/7 – 1/28	Sa	9:45 – 10:15 a.m.	ERC	\$25	\$20
11820121		3 – 5 yrs	2/4 – 2/25	Sa	9:15 – 9:45 a.m.	ERC	\$25	\$20
11820122		3 – 5 yrs	2/4 – 2/25	Sa	9:45 – 10:15 a.m.	ERC	\$25	\$20
Youth Dance	11820211	6 – 9 yrs	1/9 – 1/30	M	4:15 – 5:00 p.m.	ERC	\$28	\$22
	11820212	6 – 9 yrs	2/6 – 2/27	M	4:15 – 5:00 p.m.	ERC	\$28	\$22
	11820221	6 – 9 yrs	1/5 – 1/26	Th	4:30 – 5:15 p.m.	ERC	\$25	\$20
	11820222	6 – 9 yrs	2/2 – 2/23	Th	4:30 – 5:15 p.m.	ERC	\$25	\$20
	11820231	6 – 9 yrs	1/7 – 1/28	Sa	10:15 – 11:00 a.m.	ERC	\$28	\$22
	11820232	6 – 9 yrs	2/4 – 2/25	Sa	10:15 – 11:00 a.m.	ERC	\$28	\$22

TUMBLING

Toddler & Me Tumbling

Ages: 1 – 3 yrs
Does your tot need a place to explore, play and let out some energy in a fun and safe environment? Register for this class that teaches your child and you simple tumbling skills while meeting new friends.

Tumbling Tykes

Ages: 3 – 5 yrs
Join this interactive class for young tumblers to enhance their balance, strength and learn beginning tumbling skills.

Gymnast Jubilee

Ages: 6 – 9 yrs
Kids will learn rolls, cartwheels and balance, all while having a blast and meeting new friends.

ACTIVE KIDS – TUMBLING								
Class	Activity #	Ages	Dates	Days	Time	Location	Fee	Res Fee
Toddler & Me Tumbling	12310111	1 – 3 yrs	1/7 – 1/28	Sa	9:30 – 10:00 a.m.	ERC	\$25	\$20
	12310113	1 – 3 yrs	2/4 – 2/25	Sa	9:30 – 10:00 a.m.	ERC	\$25	\$20
	12310112	1 – 3 yrs	1/7 – 1/28	Sa	10:30 – 11:00 a.m.	ERC	\$25	\$20
	12310114	1 – 3 yrs	2/4 – 2/25	Sa	10:30 – 11:00 a.m.	ERC	\$25	\$20
	12310121	1 – 3 yrs	1/6 – 1/27	F	4:30 – 5:00 p.m.	ERC	\$25	\$20
	12310123	1 – 3 yrs	2/3 – 2/24	F	4:30 – 5:00 p.m.	ERC	\$25	\$20
	12310122	1 – 3 yrs	1/6 – 1/27	F	5:00 – 5:30 p.m.	ERC	\$25	\$20
	12310124	1 – 3 yrs	2/3 – 2/24	F	5:00 – 5:30 p.m.	ERC	\$25	\$20
Tumbling Tykes	12320211	3 – 5 yrs	1/9 – 1/30	M	4:30 – 5:00 p.m.	ERC	\$25	\$20
	12320213	3 – 5 yrs	2/6 – 2/27	M	4:30 – 5:00 p.m.	ERC	\$25	\$20
	12320212	3 – 5 yrs	1/9 – 1/30	M	5:45 – 6:15 p.m.	ERC	\$25	\$20
	12320214	3 – 5 yrs	2/6 – 2/27	M	5:45 – 6:15 p.m.	ERC	\$25	\$20
	12320221	3 – 5 yrs	1/6 – 1/27	F	5:30 – 6:00 p.m.	ERC	\$25	\$20
	12320222	3 – 5 yrs	2/3 – 2/24	F	5:30 – 6:00 p.m.	ERC	\$25	\$20
	12320230	3 – 5 yrs	1/7 – 1/28	Sa	9:00 – 9:30 a.m.	ERC	\$25	\$20
	12320232	3 – 5 yrs	2/4 – 2/25	Sa	9:00 – 9:30 a.m.	ERC	\$25	\$20
	12320231	3 – 5 yrs	1/7 – 1/28	Sa	10:00 – 10:30 a.m.	ERC	\$25	\$20
Gymnast Jubilee	12320233	3 – 5 yrs	2/4 – 2/25	Sa	10:00 – 10:30 a.m.	ERC	\$25	\$20
	12320311	6 – 9 yrs	1/9 – 1/30	M	5:00 – 5:45 p.m.	ERC	\$28	\$22
	12320312	6 – 9 yrs	2/6 – 2/27	M	5:00 – 5:45 p.m.	ERC	\$28	\$22
	12320321	6 – 9 yrs	1/7 – 1/28	Sa	11:00 – 11:45 a.m.	ERC	\$28	\$22
	12320322	6 – 9 yrs	2/4 – 2/25	Sa	11:00 – 11:45 a.m.	ERC	\$28	\$22

Parents' Night Out

Ages: 5 – 12 yrs
Bring your kids to the Englewood Recreation Center for an evening of fun as you enjoy a well-deserved parents' night out. Children will play games, have pizza for dinner, and watch a movie all in the Recreation Center gym.
Location: ERC

12/16	F	5:30 – 8:00 p.m.	\$25/\$20	12321111
1/20	F	5:30 – 8:00 p.m.	\$25/\$20	12321112
2/24	F	5:30 – 8:00 p.m.	\$25/\$20	12321113





CULTURAL PROGRAMS

Creative Pottery

Ages: 16 yrs +
Use different methods of handbuilding and/or sculpting to create three pieces of art. Glazes included. Open to all skill levels. Supply fee: \$15 per 25 pounds of clay used, payable to instructor.

<i>Location: MRC</i>		<i>Instructor: Michael McGrath</i>		
12/6 - 1/10	Tu	10:00 a.m. - NOON	\$72/\$67	11760411
1/17 - 2/21	Tu	10:00 a.m. - NOON	\$72/\$67	11760412
12/7 - 1/11	W	4:30 - 6:30 p.m.	\$72/\$67	11760511
1/18 - 2/22	W	4:30 - 6:30 p.m.	\$72/\$67	11760512

Weaving Class

Ages: 18 yrs+
Learn about weaving on a Rigid Heddle loom and how to set up the loom to make a 7" x 60" scarf in either cotton or wool. The instructor will have yarn available or you can bring your own. Plan on 250 - 350 yards of yarn. We will discuss weaving terms, how to figure warp and weft, simple design possibilities and how to finish off your scarf. If you don't finish your scarf, no worries! Come back to the center within two weeks to complete. Material fee: \$20 for yarn and handout. Bring: scissors, tape measure, note-taking materials and sack lunch.

<i>Location: MRC</i>		<i>Instructor: Robin Wilton, Rocky Mountain Weavers Guild</i>		
1/27	F	9:00 a.m. - 4:00 p.m.	\$46/\$40	11760711



Drawing and Painting Class

Ages: 16 yrs +
Whether you like to paint, smatter, draw or sketch, this class will bring out creativeness using different mediums such as watercolors, acrylics or pencils. Pick your favorite, and enrich your skills in this class. All levels of experience welcome. Bring any works in progress or start something new.

<i>Location: MRC</i>		<i>Instructor: Eileen Hoffman</i>		
12/1 - 1/19	Th	10:00 a.m. - NOON	\$60/\$55	11761011
1/26 - 2/23	Th	10:00 a.m. - NOON	\$50/\$45	11761012

Open Paint Studio

Ages: 55 yrs +
Looking to finish or start a painting? Make new friends? The Open Paint Studio is for you. This class is a self-led activity. Bring your supplies and join others who love to paint. Easels are available for student use.

<i>Location: MRC</i>				
12/6 - 2/21	Tu	1:00 - 3:00 p.m.	\$17/\$14	11761411

Absolute Beginning Line Dance

Ages: 55 yrs +
A fantastic form of exercise for both mental and physical rewards. This level is a good place to start for those interested in learning basic steps and enjoying moving to a variety of music. No special shoes required.

<i>Location: MRC</i>		<i>Instructor: Judy Curtis</i>		
12/7 - 12/28	W	2:00 - 3:00 p.m.	\$17/\$14	11860311
1/4 - 1/25	W	2:00 - 3:00 p.m.	\$17/\$14	11860312
2/1 - 2/22	W	2:00 - 3:00 p.m.	\$17/\$14	11860313

Beginning Line Dance

Ages: 55 yrs +
For those more experienced dancers wanting longer routines and new challenges that are fun and rewarding, this class is for you.

<i>Location: MRC</i>		<i>Instructor: Judy Curtis</i>		
12/7 - 12/28	W	3:30 - 4:30 p.m.	\$17/\$14	11860411
1/4 - 1/25	W	3:30 - 4:30 p.m.	\$17/\$14	11860412
2/1 - 2/22	W	3:30 - 4:30 p.m.	\$17/\$14	11860413

Advanced Beginner Line Dance

Ages: 55 yrs +
Step up the pace. Learn more difficult steps to new choreography and continue learning.

<i>Location: MRC</i>		<i>Instructor: Judy Curtis</i>		
12/7 - 12/28	W	10:00 - 11:00 a.m.	\$17/\$14	11860611
1/4 - 1/25	W	10:00 - 11:00 a.m.	\$17/\$14	11860612
2/1 - 2/22	W	10:00 - 11:00 a.m.	\$17/\$14	11860613

FREE MALLEY SOCIAL PASS OFFER ENDING SOON

12-month access for selected programs at the Malley Recreation Center

We're providing FREE Malley Social Passes thanks to a generous contribution from the Malley Center Trust Fund. The Malley Social Pass provides 12 months of access to select programs and includes the use of the fitness center with cardio, weight and strength equipment. Other amenities include a game room, computers, bridge, bunco, billiards, table tennis, pickleball and gym. The pass is available for residents and non-residents. **Offer ends December 31, 2022.**

The Malley Center Trust Fund Trustees approved \$20,000 in 2022 to support the free social passes to increase participation at the Malley Recreation Center. By offering a free pass, we have been able to encourage those that may be experiencing financial difficulties or those that aren't familiar with the benefits of the center to join.

The Malley Center, built in 1977, was named after Elsie Malley, an Englewood resident who contributed significant funding that was instrumental to the center's success. As demand for the center's programs grew, the Malley Center Trust Fund was established in 1981 to sustain donor funds and assure the center exists as a permanent part of the community. Today, the Malley Center Trust Fund is managed by a five-member board of trustees.

The Malley Recreation Center continues to serve as a symbol of commitment to the active aging population 55+, particularly in the City of Englewood, and on the national level as well. The center received the Colorado Association of Senior Centers' (CASC) Outstanding Professional Award in 2004, CASC's Outstanding Green Award in 2009 and the NuStep Pinnacle Award in 2011. The center is an essential reason for Englewood Parks, Recreation, Library and Golf Department being named a three-time finalist for the National Recreation and Park Association's Gold Medal Award.



MALLEY TRUST FUND BOARD OF TRUSTEES

Jim Woodward
City Council Member

Joseph DeMoor
Chair

Bobbie Harris
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Scott Marsh
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Karen Miller
Member

Debby Severa
Recording Secretary

PLANNED GIVING AT MALLEY

Planned giving is simply a charitable gift, over time or at death, as part of your overall financial and estate planning. To continue our legacy of community programs and services, we need to secure financial sustainability.

There are several types of planned giving, but the most popular are bequests. Anyone can make a bequest through their will or estate plan. Donors can allocate a specific amount of money to give either in a lump sum or a percentage of their total estate, or they can choose to give the remainder of their estate. Planned giving is an easy way to support the Malley Center Trust Fund!



ENRICHMENT & EDUCATION

The Will Maker – Legal Seminar

In a single sitting, you will be able to complete a simple will, a living will, medical power of attorney and financial power of attorney. Fee includes material, witnessing, notarizing and individual review and time for questions. Bring your ID and a snack. Material fee: \$100 payable to Rebecca Bennetti at the workshop.

<i>Location: MRC</i>		<i>Instructor: Rebecca Bennetti, Lawyer</i>	
12/15	Th	12:30 – 4:30 p.m.	\$15/\$12 11460311
1/18	W	12:30 – 4:30 p.m.	\$15/\$12 11460411
2/21	Tu	12:30 – 4:30 p.m.	\$15/\$12 11460511

Creating a Healthy Home

Did you know that there can be toxic compounds in your home? Hazards include exposure to electromagnetic frequencies or mold infestation. Get all the tips to create a healthy home environment.

<i>Location: MRC</i>		<i>Instructor: Kelly Andis, Nutritional Health Coach, Natural Grocers</i>	
12/8	Th	10:00 – 11:00 a.m.	\$7/\$5 11460711

Detox 101

There are a million reasons to detox and probably a million different ways to go about it. But what is the best way? Discover how an effective detox must not only address our exposure to toxins, but support our body's daily functions.

<i>Location: MRC</i>		<i>Instructor: Kelly Andis, Nutritional Health Coach, Natural Grocers</i>	
1/26	Th	1:00 – 2:00 p.m.	\$7/\$5 11461111

The Truth About Labels

Food has changed more in the last 100 years than the last 10,000. Natural, free-range, grass-fed – what do these labels really mean and which is best? Let us help you understand the rules and regulations so you can shop with confidence.

<i>Location: MRC</i>		<i>Instructor: Kelly Andis, Nutritional Health Coach, Natural Grocers</i>	
2/23	Th	1:00 – 2:00 p.m.	\$7/\$5 11461311

Fly Tying Class

Ages: 18 yrs +
Assembly required! Come have fun learning to tie your own fishing flies. Class is designed for both beginners and experienced. A required tool and supply list will be given for each fly. Estimated cost: \$100 for the entire session.

<i>Location: MRC</i>		<i>Instructor: Dave Densmore</i>	
1/11 – 2/22	W	1:30 – 2:30 p.m.	\$45/\$36 11461411

Photography Techniques

Ages: 18 yrs +
This photography course is designed to help you capture better images using the basic rules of composition in photography. Bring your phone or camera and get ready to have fun and learn and have some fun.

<i>Location: MRC</i>		<i>Instructor: Cynthia Slade</i>	
12/5 – 12/19	M	1:00 – 2:00 p.m.	\$27/\$22 11461811

Digital Camera Techniques

Ages: 18 yrs +
It is time to learn how to use your camera and take the photos you want. What's the exposure triangle? You will find out. Bring your camera and get ready to explore all the camera settings to make you a better photographer.

<i>Location: MRC</i>		<i>Instructor: Cynthia Slade</i>	
2/6 – 2/20	M	2:30 – 4:00 p.m.	\$27/\$22 11461911

Continuing Bridge Lessons

Ages: 55 yrs +
Take your bridge playing to the next level. This class is designed for those who have been learning the game for a while and want a new challenge. Class includes instruction on play and defense, bidding skills, some lecture and supervised playing.

<i>Location: MRC</i>		<i>Instructor: James Buck</i>	
12/7 – 1/18	W	10:00 a.m. – NOON	\$57/\$46 11465011
1/25 – 2/22	W	10:00 a.m. – NOON	\$46/\$39 11465012

Spanish III

Ages: 55 yrs +
Bienvenidos! Continue to sharpen your Spanish speaking skills. This interactive class builds further on what you have learned. You will focus on more complex forms of conversation, using proper grammar, pronunciation and a variety of new vocabulary. A background in Spanish is recommended.

<i>Location: MRC</i>		<i>Instructor: Jean Kunkel</i>	
1/9 – 2/20	M	8:30 – 10:30 a.m.	\$49/\$42 11465611



FREE PROGRAMS

Medicare 101

Making a decision can be hard! Attend this presentation to learn all your plan options and review the A, B, C and D's of Medicare. Allen will share important dates to remember and how to save money on prescriptions.

<i>Location: MRC</i>		<i>Instructor: Allen McGill, McGill Insurance</i>	
12/8	Th	1:30 – 3:00 p.m.	FREE 11460011
1/12	Th	1:30 – 3:00 p.m.	FREE 11460111
2/9	Th	1:30 – 3:00 p.m.	FREE 11460211

Staying Social: How to Do It Right

Staying connected is an important part of aging happily. During this hour, we will discuss benefits of socializing, making connections, finding friends and actionable activities that can help you make new connections.

<i>Location: MRC</i>		<i>Instructor: Ben Torrez, CIMA, AIF, MBA, Humana</i>	
12/14	W	1:30 – 2:30 p.m.	FREE 11460611

Liquidating the Stuff My Kids Don't Want

Ready to downsize, clean out and give away your crystal, heirlooms and other items? Not an easy task! Get answers to estate sales, liquidation services, what is valuable, and what is not.

<i>Location: MRC</i>		<i>Instructor: RoadMap for Aging Experts</i>	
12/27	Tu	10:30 a.m. – NOON	FREE 11460811

Reverse Mortgage Myths – Real Stories Behind the Loans

Your friend has said her reverse mortgage is the best thing she ever did, but your cousin says he would never consider one. What are these loans all about? Get expert answers to your questions and a solid understanding of how these loans can be structured.

<i>Location: MRC</i>		<i>Instructor: Don Opeka, Orion Mortgage, Inc.,</i>	
1/23	M	11:30 a.m. – 12:30 p.m.	FREE 11460911

Advance Care Planning and a Living Will

Get introduced to assets and healthcare planning: The 5 Steps of Advance Care Planning and documents like a living will and a durable power of attorney. Expect open discussion, interactive learning as well as insights into planning techniques you can put into action.

<i>Location: MRC</i>		<i>Instructor: Ben Torrez, CIMA, AIF, MBA, Humana</i>	
1/25	W	1:30 – 2:30 p.m.	FREE 11461011

What Your Heirs Should Know If You Have a Reverse Mortgage

For many borrowers with a reverse mortgage, the reality is that they might not be the one closing out the loan. That responsibility may fall to an heir or executor. Learn how to prepare yourself and your loved ones for what needs to be done when the last borrower leaves the home. This is a follow-up to the seminar on 1/23.

<i>Location: MRC</i>		<i>Instructor: Don Opeka, Orion Mortgage, Inc.,</i>	
2/13	M	10:00 – 11:00 a.m.	FREE 11461211

Facts About Hospice and Palliative Care

The natural aging process exposes people to increased health challenges. These challenges may need extra attention from specialists who provide levels of care and help patients understand their choices for medical treatment. Get answers to your questions of how and when to choose the right service.

<i>Location: MRC</i>		<i>Instructor: RoadMap for Aging Experts</i>	
1/24	Tu	10:00 a.m. – NOON	FREE 11461511

RoadMap to Aging Workbook

Do you know someone who's had an emergency and cannot make decisions or tell a trusted family member what to do? Life is uncertain, and we need to be prepared to let others know how to care for us. Attend this introduction and discussion to receive your free binder and learn how to start your own preparation. Recommended for all ages 18 – 99.

<i>Location: MRC</i>		<i>Instructor: RoadMap for Aging Experts</i>	
2/21	Tu	10:30 a.m. – NOON	FREE 11461611

Rate Your Plate: How Nutrition Changes as You Age

Small changes on your plate may lead to a healthier you! Learn about the five food groups, the basics of healthy eating and foods that make up a healthy plate. Keys to success, how our bodies change, challenges and tips to eat well despite age-related change will all be shared.

<i>Location: MRC</i>		<i>Instructor: Ben Torrez, CIMA, AIF, MBA, Humana</i>	
2/22	W	1:30 – 2:30 p.m.	FREE 11461711





EXCURSIONS

Excursion fee includes escort, transportation, tour and admission tickets, unless otherwise stated. Restaurant meals and snacks/treats are on your own, unless otherwise stated. For outdoor excursions, bring closed-toed shoes, jacket, hat, sunscreen and water. All excursions leave from and return to the Malley Recreation Center.

Some excursions include significant walking. Please do not register for an excursion if you are unable to walk more than ¼ mile.

Excursion Refunds and Transfers

Excursion cancellations or transfers will be refunded minus a \$5 administrative fee. No refunds are granted if you miss the trip due to being late, no-show or a cancellation within five business days prior to trip. There are no refunds given after listed early cancellation dates.

DECEMBER

White Christmas – Johnstown

An uplifting traditional holiday musical at the Candlelight Dinner Playhouse! Veterans Bob Wallace and Phil Davis have a successful song-and-dance act after World War II, and with romance in mind, the two follow a duo of beautiful singing sisters en route to their Christmas show at a Vermont lodge. Dinner, drink, show and gratuity included.

12/3 Sa 10:30 a.m. – 5:00 p.m. \$98/\$79 12060111

Cherokee Ranch & Castle – Castle Rock

Decorated in holiday splendor, the castle is home to a historic collection of international art, furnishings and memorabilia. The unique 1450s Scottish-style architecture and history of the legacy founder, Tweet Kimball, provides a great appreciation for conservation. On the way back, a stop at Black Rock Coffee Bar.

12/6 Tu 11:30 a.m. – 3:45 p.m. \$46/\$37 12060211

Cheese Importer, Longmont Museum and Afternoon Concert

We are off to view the Tipi to Tiny House: hands-on homebuilding display among the permanent exhibits at the museum. Then the Denver Dolls! The sassy, all-female trio will take you back to the '30s, '40s and '50s with their WWII-era show. A stop at the premier market for cheese, salami and spreads included.

12/9 F 10:15 a.m. – 6:00 p.m. \$52/\$42 12060611



Central City |

Black Hawk & Central City

Black Hawk or Central City... the bus will drop you off and pick you up in the heart of it all. You may choose to visit your favorite casino, historic sites or enjoy the mountain air. Activities are on your own.

12/12 M 9:00 a.m. – 3:00 p.m. \$17/\$14 12060311
 1/9 M 9:00 a.m. – 3:00 p.m. \$17/\$14 12060411
 2/13 M 9:00 a.m. – 3:00 p.m. \$17/\$14 12060511

ICE at Gaylord of the Rockies – Aurora

Discover a winter wonderland carved out of two million pounds of colorful ice. This trip will get you in the holiday spirit. Wander through the ICE display and enjoy the larger-than-life ice sculptures that tell the story of Charlie Brown's Christmas. Walk around the resort and try one of the many restaurants.

12/14 W 4:00 – 8:30 p.m. \$68/\$56 12060811

The Nutcracker – Parker

Join us at the PACE Center for one of the sweetest treats of the holiday season. Set at a Christmas Eve party, the story of Clara begins when she receives a magical nutcracker doll. The nutcracker comes to life in her dreams and takes Clara on an unforgettable adventure to the Land of the Sweets. Score by Tchaikovsky.

12/17 Sa 1:00 – 5:30 p.m. \$63/\$51 12060911

JANUARY

The Sugar Rush – Around Denver

Take a sugar coaster ride with us! We will stop at Voodoo Doughnuts, then off to Crumbl Cookies and the Chocolate Therapist. Brunch at the Bacon Social House. Purchases on your own.

1/6 F 8:30 a.m. – 1:45 p.m. \$18/\$15 12061011
 2/8 W 8:30 a.m. – 1:45 p.m. \$18/\$15 12061012



Meow Wolf

Meow Wolf – Denver

Three years in the making, Convergence Station is an unforgettable, transformative experience with 70+ unique installations, rooms and portals. Discover immersive psychedelic, mind-bending art and an underlying rich narrative as you take a journey of discovery into a surreal, science-fictional epic.

1/11 W 1:00 – 4:00 p.m. \$60/\$48 12061211

National Museum of World War II Aviation – Colorado Springs

The museum tells the story of the tremendous technological advancements in aviation during WWII and the contributions and sacrifices of the men and women who won the air war. Twenty-eight restored aircrafts, 4,000 artifacts and historic documents are all displayed. Lunch at the Airplane Restaurant.

1/12 Th 8:45 a.m. – 3:45 p.m. \$59/\$47 12061111

ADVENTURES IN DINING

The Cafe Prague – Morrison

Discover the best European and American cuisine around. Enjoy this elegant evening out! Try the Hungarian goulash, German sausage dish, their infamous French onion soup or even escargot. Dinner: \$20-\$40.

12/28 W 5:00 – 7:45 p.m. \$15/\$12 12062011

School House Kitchen – Arvada

Located in the heart of Historic Olde Town, this original schoolhouse constructed in 1881 offers a sizeable menu and over 1,400 different whiskeys. With a 7-period menu that includes School Bus Mac-n-Cheese or Chicken & Waffle Skewers served in the Home Room dining area and an upstairs teacher's lounge, this lunch may just be your favorite school memory.

1/18 W 11:00 a.m. – 2:30 p.m. \$13/\$11 12062111

Pinocchio's Italian Eatery – Brighton

In honor of National Fettucine Alfredo Day, we are headed to a local favorite! High-quality food, top-notch service and amazing ambiance. Whether you choose Archobellino piatto, caramelized onion & asiago ravioli or Portafino pizza, they promise simply incredible Italian food!

2/7 Tu 9:15 a.m. – 2:45 p.m. \$13/\$11 12062211

Hickory House BBQ – Parker

What could be better than imported Danish baby back ribs? Opened in 1988 and winning dozens of national and international rib cook-off competition awards, this is a must-try restaurant. Not a rib person? Try the old Colorado smokehouse sausage and fried catfish with a side of house-made onion rings.

2/27 M 11:00 a.m. – 2:30 p.m. \$13/\$11 12062311

Western Stock Show & Rodeo – Denver 📍

It's that time of year for bronco bustin' and steer judgin'. We'll start the morning with watching the root'n toot'n thrill of the cowboys and cowgirls in the Pro Rodeo. Then wander through the stock show booths, see farm animals and fair. Lunch on your own.

1/20 F 9:15 a.m. – 4:15 p.m. \$47/\$38 12061511

Denver Nuggets Game – Denver

Let's watch some hoops! Have a fun evening at the Ball Arena rooting on Denver's professional basketball team as they take on the Oklahoma City Thunder. Applaud for players like Nikola Jokic and Jamal Murray. Be entertained by the NBA's best mascot, Rocky! Concessions available.

1/22 Su 4:45 – 9:15 p.m. \$57/\$46 12061311

The Gabriel Foundation – Elizabeth 📍

Spend time with our feathered friends at the Gabriel Foundation. Tour their facility and learn about the different species of parrots that they care for. Lunch on your own at Kneaders Bakery and Café, where you can try one of their fantastic sandwiches and pastries.

1/26 Th 10:00 a.m. – 2:15 p.m. \$41/\$34 12061411

Snow Sculptures – Breckenridge 📍

Teams from around the world descend on Breckenridge to hand-carve 25-ton blocks of snow into works of art. Artists are only allowed to use hand tools, their creativity and inspiration to bring their ideas to life. Enjoy this temporary outdoor art gallery in historic downtown Breckenridge. There's time to shop and have lunch in town on your own.

1/30 M 8:30 a.m. – 4:30 p.m. \$32/\$26 12061611

FEBRUARY

Sleigh Ride – Fraser

Enjoy a horse-drawn sleigh ride through the woods! Snuggle under blankets while listening to bells jingling as you traverse over glistening snow-covered trails. After the ride, warm up by the fire while sipping hot cocoa and roasting marshmallows. Lunch location is TBD.

2/1 W 9:15 a.m. – 5:30 p.m. \$90/\$72 12061711

Scavenger Hunt at Accessible Systems – Englewood

The staff at Accessible Systems is opening up their showcase room for unique adventure. Have some fun during this friendly competition while learning about their residential accessibility products. Refreshments provided.

2/3 F 1:15 – 2:45 p.m. \$10/\$8 12061811

Tea at The Lumber Baron Inn – Denver

The Inn's Victorian parlor makes the perfect setting for an afternoon English tea. Fancy finger sandwiches, scones, crumpets and cookies baked daily are featured as well as the Denver-based Teakoe Tea.

2/17 F 1:15 – 4:00 p.m. \$55/\$44 12061911

History Colorado Center – Denver 📍

Artifacts, stories and art tell the tale of Colorado and the American West. The museum is well laid out, interactive and hands-on with over 15 exhibits spanning four floors. It captures the spirit of Colorado. Stop by the gift shop. Lunch will be at Cafe Rendezvous inside the museum.

2/23 Th 10:00 a.m. – 1:45 p.m. \$36/\$30 12062411



Breckenridge Snow Sculptures |



OUTDOOR ACTIVITIES

Snowshoe or Cross-Country Ski Trips

Grab your skis or snowshoes (or rent on location), choose your favorite location and hit the snow! Bring your lunch or purchase on site. Fee includes transportation and driver. Rentals, lessons, lunch and activities are on your own. Fee: \$22, Resident Discount: \$18

Destinations are subject to change.

Registration deadline is 7 days prior to the trip.

Activity #	Date	Day	Time	Location	Fee Per Trip
12160111	1/5	Th	7:30 a.m. – 5:00 p.m.	Gold Run Nordic Center	\$22/\$18
12160211	1/17	Tu	7:30 a.m. – 5:00 p.m.	Breck Nordic Center	\$22/\$18
12160311	2/2	Th	7:30 a.m. – 5:00 p.m.	Keystone Nordic Center	\$22/\$18
12160411	2/14	Tu	7:30 a.m. – 5:00 p.m.	Snow Mountain Ranch	\$22/\$18
12160511	3/2	Th	7:30 a.m. – 5:00 p.m.	Frisco Nordic Center	\$22/\$18
12160611	3/14	Tu	7:30 a.m. – 5:00 p.m.	Devil's Thumb	\$22/\$18



City of Englewood is an equal opportunity service provider and employer. City of Englewood operates under special use permit from the USDA Forest Service, White River National Forest.



SPECIAL EVENTS

Giving Tree

Pick Up Gift Request: Saturday, November 5

Return Gifts: Monday, December 12

Malley Recreation Center

Giving is a wonderful feeling! Join our partnership with Integrated Family Community Services in giving to seniors in the south metro area. Pick up an "Ornament Request" from the Giving Tree in the Malley Lobby and return the unwrapped gifts in a gift bag (new items only) to the front desk by Monday, December 12.

Santa Calling

Monday, December 12, 5:30 – 7:30 p.m.

The North Pole Operator will connect your child (3–7 years old) with a special call from Santa this holiday season. Calling times are limited, so please plan to have your child available during calling hours. To register your youngster, complete a Santa Calling Form online at englewoodco.gov/play by Friday, December 9.

Magic and Mystery Show with Draco Alexander

Thursday, January 19, 10 a.m. – Tickets \$7, available online

Malley Recreation Center

Recognized for his superior sleight of hand and deeply engaging presentations, Draco Alexander weaves together world-class magic, mind-blowing mentalism, improvisational comedy and quantum physics to create memorable moments of extraordinary magic and breath-taking mystery. Draco has entertained for over 30 years and in venues including Caesars Palace in Las Vegas. He was cast as an extra in the Warner Bros. film Ocean's Eleven, and has performed for countless celebrities and former President Jimmy Carter.



Englewood Art Exhibit
Featuring art by "artist by hobby, not profession"

Oils Metals Photography Acrylics
Woodcarving Watercolors Pottery

17TH ANNUAL ENGLEWOOD ART EXHIBIT

FEBRUARY 1–18

Monday – Thursday, 8:00 a.m. – 7:00 p.m.

Friday, 8:00 a.m. – 5:00 p.m.

Saturday, 9:00 a.m. – 1:00 p.m.

Malley Recreation Center

Come view this collection of local artists' works by attending the reception, or just drop by during viewing hours. You will be amazed at the artistic talent in our community. Once again, we will be collecting ballots for the People's Choice Award. Visit englewoodco.gov/play for details. Exhibit is free to view.

Call for Artists

Calling artists to participate in the Englewood Art Exhibit! This exhibit is not juried and is for amateur artists (artist by hobby, not by profession) 18 years and older from the Denver Metro area. Media can be two- or three-dimensional, which includes oils, pastels, water colors, mix media, acrylic, photography, embroidery, sculptures, woodcarving, pottery/ceramic, metals and others. Artist may enter one or two pieces. Fee per entry is \$10. Due date for the art pieces is Friday, January 27, at 5 p.m. Visit englewoodco.gov for info.



ADULT FITNESS

Drop-In Rates

Daily Group Fitness / Yoga Pass **\$10/\$8**

Drop-in not available for Pilates Reformer, Tai Chi for Balance or Group Personal Training Classes.

ERC Fitness Orientation

Ages: 13 yrs +

Learn to correctly operate the Technogym weight machines and cardiovascular equipment in a group setting. Please register at least two days in advance to ensure your place in class. This orientation is a prerequisite for all 13- and 14-year-olds wishing to utilize the weight and cardiovascular areas within the Recreation Center.

Location: ERC

12/10	Sa	9:00 – 10:15 a.m.	FREE	12253511
1/11	W	5:30 – 6:45 p.m.	FREE	12253512
2/8	W	NOON – 1:15 p.m.	FREE	12253513

Personal Training

Get inspired, boost your confidence and accomplish your goals!

The benefits of working with a personal trainer include:

- Individualized fitness program specifically designed for you
- Efficient workout program with innovative ways to improve your health
- Professional assistance in improving strength, flexibility, posture, endurance, balance, coordination and cardiovascular health
- Instruction on correct form and technique for cardiovascular exercise and strength training

To schedule an appointment, please call our Personal Training line at 303-762-2678, or you may complete an online interest form available on our Play Englewood – Fitness – Personal Training webpage.

	Sessions	Fee	Res Fee
Private 60-minute sessions	3	\$154	\$123
	6	\$278	\$222
	10	\$425	\$340
Private 30-minute sessions	3	\$109	\$87
	6	\$210	\$168
	10	\$325	\$260

Small group sessions of 2–3 people are available. Please call the Personal Training line for pricing. *Note: No-shows and cancellations not made with your personal trainer at least 24 hours in advance will result in loss of the session.*

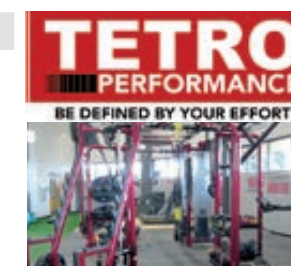
Pilates Reformer and Yoga Personal Training available. See page 56 for more information and rates.

Nutrition Counseling

The registered dietitians on our referral list offer individualized nutritional counseling for all ages. They can assist with weight management, chronic disease prevention, vegetarian and sports nutrition, medical nutrition therapy, women's health issues and pediatric nutrition. Call 303-762-2678 for our Registered Dietitian Referral list.

The ZONE at ERC Class Schedule

DAY	TIME	CLASS
M	6:00 p.m.	Ultimate Fitness
W	6:00 p.m.	Burn and Build
Sa	9:30 a.m.	Ultimate Fitness



Classes now in session!
Only \$10 per class!

Join Tetro Performance and their certified coaches for a variety of challenging and motivational classes. Be sure to check the front desk or visit tetroperformance.com/blog for class times and descriptions.



TRX® Boot Camp

Ages: 13 yrs +
Fire up your metabolism, burn calories and get stronger and leaner, faster! TRX® Suspension Trainers will be incorporated into the workout.
Location: ERC Instructor: Libby Butler

REB3L® stRength

Ages: 13 yrs +
Choreographed toning routines are set to powerful music. Set your goal for a sculpted body and better physical strength using body weight, minimal equipment and low-impact/high-repetitions training.
Location: ERC Instructor: Kyle Shisler

Indoor Cycling

Ages: 13 yrs +
Optimum fat burning awaits you on this journey, which will simulate varied terrain and drills to give you a great interval workout. Class participants assist with equipment set up and breakdown. Bike pedals compatible with athletic shoes, SPD and Look cleats.
Location: ERC Instructors: Erica Krier, Libby Butler

Pop® Pilates

Ages: 13 yrs +
A total body workout that sculpts a rock-solid core and a lean body. Develop strength and flexibility through resistance work using your own body weight and a yoga mat. Class is for all levels.
Location: ERC Instructor: Lisa Pope

Essentrics®

Ages: 13 yrs +
A low-impact, moving and stretching class with a full-body workout. It is a combination of yoga, Pilates, tai chi and ballet to help you stay flexible and less stiff. Great for athletes seeking an increase in range of motion and an increase in speed and agility.
Location: ERC Instructor: Paulette Fara-Schembri

Zumba® Toning

Ages: 13 yrs +
New location! Perfect for those who want to party, but put extra emphasis on toning and sculpting to define those muscles! Dance to great Latin music while toning arms, legs and core... and have fun!
Location: MRC Instructor: Lisa Pope

Fit Body Express

Ages: 13 yrs +
A high-intensity endurance-based workout. Shed fat, define muscle, transform the look of your entire physique, and dramatically enhance your overall health and athletic performance. If you are looking for results and are willing to put in the effort – this class is for you!
Location: ERC Instructor: Libby Butler

Barre Sculpt

Ages: 13 yrs +
Use the ballet barre, light weights, isometric exercises and your body's balance, to firm, lengthen, lift and sculpt graceful arms, thighs, abs and glutes. It's gentle on the joints but gives powerful results.
Location: ERC Instructor: Stacy Lochowicz

REB3L® Groove

Ages: 13 yrs +
It's time to REclaim your life, REnew your outlook on fitness and REshape your body. Check your inhibitions at the door. This intense dance workout is fun, high energy and unapologetic. No dance experience is needed. Feel inspired, motivated, strong and empowered.
Location: ERC Instructor: Kyle Shisler

Fitness Fusion

Ages: 13 yrs +
You will never get bored with this eclectic blend of exercises. TRX® Suspension and Rip Training will be used along with BOSU balls, glides, dumbbells and body weight training. You will get the ideal mix of strength, endurance, balance, coordination, flexibility, power and core stability.
Location: ERC Instructor: Libby Butler



STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 25.

ADULT FITNESS							
Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
★ TRX Boot Camp	12250411	12/5 - 12/26	M	5:25 - 6:25 p.m.	ERC	\$23	\$19
	12250412	1/2 - 1/30	M	5:25 - 6:25 p.m.	ERC	\$29	\$23
	12250413	2/6 - 2/27	M	5:25 - 6:25 p.m.	ERC	\$23	\$19
NEW ★ Reb3l® stRength™	12251711	12/5 - 12/26	M	6:35 - 7:35 p.m.	ERC	\$23	\$19
	12251712	1/2 - 1/30	M	6:35 - 7:35 p.m.	ERC	\$29	\$23
	12251713	2/6 - 2/27	M	6:35 - 7:35 p.m.	ERC	\$23	\$19
★ Indoor Cycling	12250321	12/7 - 12/28	W	5:45 - 6:45 p.m.	ERC	\$23	\$19
	12250322	1/4 - 1/25	W	5:45 - 6:45 p.m.	ERC	\$23	\$19
	12250323	2/1 - 2/22	W	5:45 - 6:45 p.m.	ERC	\$23	\$19
	12250331	12/1 - 12/28	Th	6:35 - 7:35 p.m.	ERC	\$29	\$23
	12250332	1/5 - 1/26	Th	6:35 - 7:35 p.m.	ERC	\$23	\$19
	12250333	2/2 - 2/23	Th	6:35 - 7:35 p.m.	ERC	\$23	\$19
★ Pop® Pilates	12251111	12/6 - 12/27	Tu	5:30 - 6:30 p.m.	ERC	\$23	\$19
	12251112	1/3 - 1/31	Tu	5:30 - 6:30 p.m.	ERC	\$29	\$23
	12251113	2/7 - 2/28	Tu	5:30 - 6:30 p.m.	ERC	\$23	\$19
	12251121	12/3 - 12/17	Sa	8:05 - 9:00 a.m.	ERC	\$17	\$14
	12251122	1/7 - 1/28	Sa	8:05 - 9:00 a.m.	ERC	\$23	\$19
	12251123	2/4 - 2/25	Sa	8:05 - 9:00 a.m.	ERC	\$23	\$19
Essentrics®	12251411	12/7 - 12/28	W	6:00 - 7:00 p.m.	ERC	\$31	\$25
	12251412	1/4 - 1/25	W	6:00 - 7:00 p.m.	ERC	\$31	\$25
	12251413	2/1 - 2/22	W	6:00 - 7:00 p.m.	ERC	\$31	\$25
★ Zumba® Toning	12251611	12/7 - 12/28	W	5:30 - 6:30 p.m.	MRC	\$23	\$19
	12251612	1/4 - 1/25	W	5:30 - 6:30 p.m.	MRC	\$23	\$19
	12251613	2/2 - 2/16	W	5:30 - 6:30 p.m.	MRC	\$17	\$14
★ Fit Body Express	12250811	12/1 - 12/29	Th	5:45 - 6:30 p.m.	ERC	\$29	\$23
	12250812	1/5 - 1/26	Th	5:45 - 6:30 p.m.	ERC	\$23	\$19
	12250813	2/2 - 2/23	Th	5:45 - 6:30 p.m.	ERC	\$23	\$19
Barre Sculpt	12251011	12/1 - 12/29	Th	9:00 - 10:00 a.m.	ERC	\$39	\$31
	12251012	1/5 - 1/26	Th	9:00 - 10:00 a.m.	ERC	\$31	\$25
	12251013	2/2 - 2/23	Th	9:00 - 10:00 a.m.	ERC	\$31	\$25
NEW ★ REB3L® Groove	12251811	12/2 - 12/30	F	5:30 - 6:30 p.m.	ERC	\$29	\$23
	12251812	1/6 - 1/27	F	5:30 - 6:30 p.m.	ERC	\$23	\$19
	12251813	2/3 - 2/24	F	5:30 - 6:30 p.m.	ERC	\$23	\$19
★ Fitness Fusion	12250611	12/3 - 12/31	Sa	9:15 - 10:15 a.m.	ERC	\$29	\$23
	12250612	1/7 - 1/28	Sa	9:15 - 10:15 a.m.	ERC	\$23	\$19
	12250613	2/4 - 2/25	Sa	9:15 - 10:15 a.m.	ERC	\$23	\$19



ACTIVE ADULT FITNESS

All of the classes on this page are designed for ages 55 and older; there is space available for ages 18–54.

Fitness Club

Ages: 55 yrs +
 Improve your level of fitness with low-impact aerobics and flexibility training, followed by strengthening exercises.
Location: MRC *Instructor: Stacy Lochowicz*

SilverSneakers® Classic

Ages: 55 yrs +
 Increase strength and range of movement. Handheld weights, a ball and elastic tubing with handles will be used. A chair is used for support. Class is open to all.
Location: MRC *Instructor: Stacy Lochowicz*

Muscle, Core and Balance Training

Ages: 55 yrs +
 This class will incorporate machine and free weights, core, balance and flexibility exercises in a small group. Formerly known as Beginning Weight Training. Join us for a complete body workout.
Location: MRC *Instructor: Stacy Lochowicz, Doug Smith*

Total Body Fitness

Ages: 55 yrs +
 Stay fit, agile and active while increasing muscle strength, cardiovascular function, coordination, balance and range of motion in both the upper and lower body.
Location: MRC *Instructor: Doug Smith*

Fitness Foundations

Ages: 18 yrs +
 Low to moderate exercise options geared toward seniors but available to anyone, especially those new to exercise. Use a variety of equipment for a whole-body workout with a focus on strength, endurance and balance.
Location: ERC *Instructor: Kyle Shisler*

Parkinson's, MS & More Fitness

Ages: 55 yrs +
 This class incorporates exercises targeting deficits specific to people with Parkinson's Disease or Multiple Sclerosis, stroke recovery or movement disorders by emphasizing strength, balance and flexibility movement that targets dexterity, rigidity, akinesia, bradykinesia, postural stability, cognition and gait. The class includes a head-to-toe seated warmup, followed by unique standing exercises and routines. Participants who use a walker or wheelchair are required to have a caregiver or driver with them during the class. This class is continuous and new participants can join at any time.
Location: MRC *Instructor: Liz Shepard*

Malley Fitness Orientation

If you are new to the Malley Fitness Center, we suggest attending an orientation. Learn weight room safety, etiquette and receive an introduction to equipment adjustment and proper exercise techniques. This is not a weight training class.

12/7	W	11:00 a.m. – NOON	FREE	12263511
1/4	W	11:00 a.m. – NOON	FREE	12263512
2/1	W	11:00 a.m. – NOON	FREE	12263513



ERC = Englewood Recreation Center, MRC = Malley Recreation Center

STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 25.

ACTIVE ADULT FITNESS

Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
★ Fitness Club	12260111	12/5 – 12/28	M, W	9:00 – 10:00 a.m.	MRC	\$32	\$25
	12260112	1/2 – 1/30	M, W	9:00 – 10:00 a.m.	MRC	\$32	\$25
	12260113	2/1 – 2/22	M, W	9:00 – 10:00 a.m.	MRC	\$32	\$25
★ SilverSneakers® Classic	12261011	12/5 – 12/28	M, W	10:15 – 11:15 a.m.	MRC	\$32	\$25
	12261012	1/2 – 1/30	M, W	10:15 – 11:15 a.m.	MRC	\$32	\$25
	12261013	2/1 – 2/22	M, W	10:15 – 11:15 a.m.	MRC	\$32	\$25
Muscle, Core and Balance Training	12263311	12/5 – 12/28	M, W	1:00 – 2:00 p.m.	MRC	\$47	\$38
	12263312	1/2 – 1/30	M, W	1:00 – 2:00 p.m.	MRC	\$47	\$38
	12263313	2/1 – 2/22	M, W	1:00 – 2:00 p.m.	MRC	\$47	\$38
★ Total Body Fitness	12260511	12/1 – 12/29	Tu, Th	8:30 – 9:45 a.m.	MRC	\$43	\$33
	12260512	1/3 – 1/31	Tu, Th	8:30 – 9:45 a.m.	MRC	\$43	\$33
	12260513	2/2 – 2/23	Tu, Th	8:30 – 9:45 a.m.	MRC	\$43	\$33
Fitness Foundations	12260411	12/2 – 12/30	F	10:00 – 11:00 a.m.	ERC	\$29	\$23
	12260412	1/6 – 1/27	F	10:00 – 11:00 a.m.	ERC	\$23	\$19
	12260413	2/3 – 2/24	F	10:00 – 11:00 a.m.	ERC	\$23	\$19
★ Parkinson's, MS & More Fitness	12260911	12/3 – 12/31	Sa	10:30 – 11:45 a.m.	MRC	\$28	\$21
	12260912	1/7 – 1/28	Sa	10:30 – 11:45 a.m.	MRC	\$28	\$21
	12260913	2/4 – 2/25	Sa	10:30 – 11:45 a.m.	MRC	\$28	\$21



THE BUZZ
 RESOURCE CENTER
 ENGLEWOOD

NOW OPEN! Same as center hours

Located at the Malley Recreation Center, stop in and check out what all the BUZZ is about!

Discover information and resources about transportation, finances, healthcare, senior services, insurance, volunteering, caregiving, housing and recreation.

Call **303-762-2660** for more information or for an appointment.





YOGA & TAI CHI

GENTLE YOGA AND TAI CHI

Beginning/Advanced Tai Chi for Better Balance

Ages: 55 yrs +
 Improve your balance while enhancing your agility and coordination with tai chi-based movements. The class format and design have been acknowledged as one of the few evidence-based interventions for the prevention of falls by the Centers for Disease Control and National Center for Injury Prevention and Control. Beginning and advanced classes are offered. Advanced class participation must be approved by the instructor.

Location: MRC *Instructor: Patty Vogt*

Light Yoga

Ages: 55 yrs +
 For individuals who desire a traditional yoga practice but require modifications for mobility limitations, this class is a perfect fit. Gently ease your way through stretches and poses, and feel light on your feet. You must be able to get down and up from the floor.

Location: MRC *Instructor: Barbara Meadows*

Seated Yoga – Virtual

Ages: 55 yrs +
 Move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity.

Location: VIRTUAL *Instructor: Sky Headland*

Gentle Yoga

Ages: 55 yrs +
 Let go of stress through a full spectrum of gentle standing, seated and floor poses. Practice with your body. Get detailed explanations of the poses, with time to listen to your body and focus on your alignment in each pose. Focus more on the breath and practice breath work (pranayama). Finish your practice in Savasana with guided relaxation.

Location: VIRTUAL *Instructor: Erin Mathiason*

Therapeutic Tai Chi

Ages: 55 yrs +
 Better manage chronic health conditions and improve overall well-being using a variety of evidence-based tai chi styles and forms. Movements are performed in a slow, relaxed manner with continual deep breathing to improve concentration and quiet the body. Strengthen muscles and joints, increase flexibility and coordination, improve posture and balance while integrating the mind, body and spirit.

Location: MRC *Instructor: Phred Hall*

ACTIVE YOGA AND TAI CHI

Tai Chi Yoga Fusion

Ages: 16 yrs +
 Blending the best of both ancient arts, your practice will be filled with gentle, fluid movements, stretches and peaceful poses. Gain physical strength and flexibility, increased energy, inner quietness and more.

Location: MRC *Instructor: Erin Mathiason*

Foundations Yoga

Ages: 13 yrs +
 Learn the basic yoga poses and breathing techniques. Improve strength, flexibility and stress relief. This is the perfect class for someone with little or no previous yoga experience.

Location: MRC *Instructor: Jen Dentry*

Hatha Yoga

Ages: 13 yrs +
 Increase flexibility, build strength, calm the mind and open the heart with hatha yoga. Hatha yoga is a balanced combination of sustained poses with attention to alignment principles and integrated with the breath. Beginners are welcome to attend; this is an all-level class.

Location: ERC *Instructor: Erin Mathiason*

Core and Hip Yoga

Ages: 13 yrs +
 Improve flexibility, balance and strength with a focus on hips and core to protect the back. Modifications and props available. Appropriate for beginner to intermediate.

Location: MRC *Instructor: Stephanie Turner*

GENTLE YOGA AND TAI CHI

Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
Beginning Tai Chi for Better Balance	12255311	1/3 – 3/16	Tu, Th	2:30 – 3:30 p.m.	MRC	\$100	\$80
Advanced Tai Chi for Better Balance	12255411	1/3 – 3/16	Tu, Th	1:30 – 2:30 p.m.	MRC	\$100	\$80
Light Yoga	12258211	12/2 – 12/30	Tu, F	8:30 – 9:45 a.m.	MRC	\$52	\$42
	12258212	1/3 – 1/31	Tu, F	8:30 – 9:45 a.m.	MRC	\$52	\$42
	12258213	2/3 – 2/24	Tu, F	8:30 – 9:45 a.m.	MRC	\$52	\$42
Seated Yoga	12258311	12/1 – 12/29	Tu, Th	10:00 – 11:00 a.m.	VIRTUAL	\$46	\$37
	12258312	1/3 – 1/31	Tu, Th	10:00 – 11:00 a.m.	VIRTUAL	\$46	\$37
	12258313	2/2 – 2/28	Tu, Th	10:00 – 11:00 a.m.	VIRTUAL	\$41	\$33
Gentle Yoga	12258511	12/6 – 12/27	Tu	10:30 – 11:45 a.m.	VIRTUAL	\$34	\$27
	12258512	1/3 – 1/31	Tu	10:30 – 11:45 a.m.	VIRTUAL	\$34	\$27
	12258513	2/7 – 2/28	Tu	10:30 – 11:45 a.m.	VIRTUAL	\$34	\$27

ACTIVE YOGA AND TAI CHI

Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
Tai Chi Yoga Fusion	12255511	12/5 – 12/26	M	4:00 – 5:00 p.m.	MRC	\$33	\$37
	12255512	1/2 – 1/30	M	4:00 – 5:00 p.m.	MRC	\$41	\$33
	12255513	2/6 – 2/20	M	4:00 – 5:00 p.m.	MRC	\$25	\$20
Foundations Yoga	12256211	12/6 – 12/27	Tu	5:45 – 7:00 p.m.	MRC	\$36	\$30
	12256212	1/3 – 1/31	Tu	5:45 – 7:00 p.m.	MRC	\$44	\$35
	12256213	2/7 – 2/21	Tu	5:45 – 7:00 p.m.	MRC	\$31	\$25
Hatha Yoga	12256911	12/1 – 12/29	Th	8:30 – 9:30 a.m.	ERC	\$41	\$33
	12256912	1/5 – 1/26	Th	4:00 – 5:00 p.m.	ERC	\$33	\$27
	12256913	2/2 – 2/23	Th	4:00 – 5:00 p.m.	ERC	\$33	\$27
Core & Hip Yoga	12257111	12/3 – 12/31	Sa	9:15 – 10:15 a.m.	MRC	\$43	\$34
	12257112	1/7 – 1/28	Sa	9:15 – 10:15 a.m.	MRC	\$34	\$27
	12257113	2/4 – 2/25	Sa	9:15 – 10:15 a.m.	MRC	\$34	\$27





PILATES

Pilates exercises with controlled movement improve flexibility, build strength and develop control and endurance within the entire body. Throughout the class, the priority is promoting alignment and breathing to develop a strong core, which will help improve coordination and balance. The core, which consists of the muscles of the abdomen, lower back and hips, often called the “powerhouse,” is thought to be the key to a person’s stability. Our program provides safe modifications that range from beginning to advanced, specific to the participant’s goals or limitations.

Our 4-Step Pilates Program takes you from an initial orientation to an advanced level for an additional challenge. This program will provide a safe, enjoyable, challenging workout for both the new and experienced Pilates participants.

ENGLEWOOD’S PREMIER 4-STEP PILATES PROGRAM

STEP ONE: Essential Pilates Orientation

Ages: 16 yrs +
Explore Pilates! Pilates is a method of exercise and physical movement designed to stretch, strengthen and balance the body. Learn the history and how the Reformer works. Exercises are low impact and may be adapted for individuals of any fitness level. When completed, your instructor will determine which step will be best for you based on your level. Please register in advance.
Location: MRC *Instructor: Michael Mathews*

STEP TWO: Pilates Reformer Principles

Ages: 16 yrs +
In these two private sessions, learn the core principles and concepts of the Pilates method. Once you have completed the private sessions satisfactorily, you may move into the Beginning Pilates Reformer class, and as an extra benefit, receive a \$10 discount coupon on future classes. Call 303-762-2678 to schedule your first private session.
Location: MRC *Instructor: Michael Mathews*

STEP THREE: Beginning Pilates Reformer

Ages: 16 yrs +
Beginning Pilates Reformer will start you on your Pilates road to success. Beginning Pilates Reformer is designed for those who have completed Essential Pilates Orientation and Essential Pilates Principles or with instructor’s permission.
Location: MRC *Instructor: Michael Mathews*

STEP FOUR: Continuing Pilates Reformer

Ages: 16 yrs +
Build upon your skills to learn more dynamic exercises. Enroll in Continuing Pilates Reformer upon completion of four months of Beginning Pilates Reformer classes or with instructor’s permission.
Location: MRC



PILATES PERSONAL TRAINING

Pilates is the perfect exercise for beginners needing one-on-one instruction, experienced exercisers ready for advanced moves, athletes looking to improve performance and individuals in post-rehab following an injury. Each session is 60 minutes.

To schedule, call 303-762-2678 and leave a message requesting either Reformer or mat instruction. Your call will be returned within two business days. Yoga personal training is also available.

PRIVATE: ONE-ON-ONE		
	Fee	Res. Fee
1 Session	\$59	\$47
3 Sessions	\$163	\$130
6 Sessions	\$300	\$240

Small group sessions for 2–3 people are available. Please call the Personal Training Line for pricing. **Note:** No-shows and cancellations not made with your personal trainer at least 24 hours in advance result in loss of the session.

PILATES

Class	Activity #	Dates	Days	Time	Instructor	Location	Fee	Res Fee
STEP ONE Essential Pilates Orientation	12254111	12/5	M	6:05 – 7:05 p.m.	Michael M.	MRC	\$10	\$10
	12254112	1/2	M	6:05 – 7:05 p.m.	Michael M.	MRC	\$10	\$10
	12254113	2/6	M	6:05 – 7:05 p.m.	Michael M.	MRC	\$10	\$10
STEP TWO Pilates Reformer Principles	12254211	12/1 – 2/24	M – F	8:15 a.m. – 7:15 p.m. (Call to schedule)	Michael M.	MRC	\$88	\$71
STEP THREE Beginning Pilates Reformer	12254311	12/5 – 12/26	M	11:00 a.m. – NOON	Michael M.	MRC	\$68	\$54
	12254312	1/2 – 1/30	M	11:00 a.m. – NOON	Michael M.	MRC	\$85	\$68
	12254313	2/6 – 2/20	M	11:00 a.m. – NOON	Michael M.	MRC	\$51	\$41
	12254314	12/5 – 12/26	M	12:05 – 1:05 p.m.	Michael M.	MRC	\$68	\$54
	12254315	1/2 – 1/30	M	12:05 – 1:05 p.m.	Michael M.	MRC	\$85	\$68
	12254316	2/6 – 2/20	M	11:00 a.m. – NOON	Michael M.	MRC	\$51	\$41
	12254317	12/5 – 12/26	M	5:00 – 6:00 p.m.	Michael M.	MRC	\$68	\$54
	12254318	1/2 – 1/30	M	5:00 – 6:00 p.m.	Michael M.	MRC	\$85	\$68
	12254319	2/6 – 2/20	M	5:00 – 6:00 p.m.	Michael M.	MRC	\$51	\$41
STEP FOUR Continuing Pilates Reformer	12254420	12/7 – 12/28	W	5:00 – 6:00 p.m.	Michael M.	MRC	\$68	\$54
	12254421	1/4 – 1/25	W	5:00 – 6:00 p.m.	Michael M.	MRC	\$68	\$54
	12254422	2/1 – 2/22	W	5:00 – 6:00 p.m.	Michael M.	MRC	\$68	\$54
	12254423	12/7 – 12/28	W	6:05 – 7:05 p.m.	Michael M.	MRC	\$68	\$54
	12254424	1/4 – 1/25	W	6:05 – 7:05 p.m.	Michael M.	MRC	\$68	\$54
	12254425	2/1 – 2/22	W	6:05 – 7:05 p.m.	Michael M.	MRC	\$68	\$54
	12254426	12/1 – 12/29	Th	11:00 a.m. – NOON	Michael M.	MRC	\$85	\$68
	12254427	1/5 – 1/26	Th	11:00 a.m. – NOON	Michael M.	MRC	\$68	\$54
12254428	2/2 – 2/22	Th	11:00 a.m. – NOON	Michael M.	MRC	\$68	\$54	





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1000 Englewood Parkway
Englewood, Colorado 80110
303-762-2300
englewoodco.gov



ENGLEWOOD
Market & Tree Lighting

SATURDAY, DECEMBER 3 * 2-6 P.M.
* AT THE CITY CENTER CIRCLE



FOR MORE INFORMATION, VISIT ENGLEWOODCO.GOV/TREE-LIGHTING