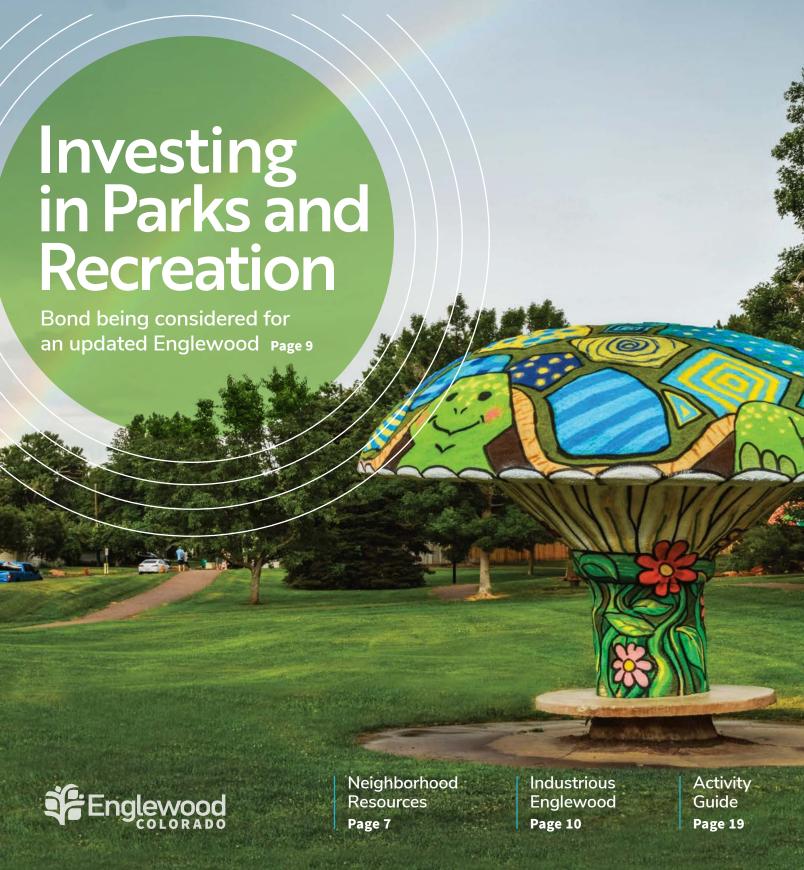
# ENGLEWOOD



# XIMMER

## **Celebrate Englewood**

Learn all about Englewood and enjoy activities for the whole family!

May 6 • 10 a.m. – 2 p.m. **Englewood Civic Center** 1000 Englewood Parkway

### KidStage & Movies in the Park

Performance starts at 6 p.m. and movie starts at dusk.

June 24 • Duncan Park 4880 S. Pennsylvania St. Performer: Jenn Cleary Music Movie: DC League of Super-Pets

**August 5** • Centennial Park on Spencer Field 4630 S. Decatur St. Performer: Kalama Polynesian Dancers Movie: Moana

## 4th of July Fireworks

The City of Englewood is excited to present the annual Independence Day Fireworks to celebrate this year's Fourth of July! Fireworks will start at approximately 9:15 p.m.

July 4 • 5 - 10 p.m. **Belleview & Cornerstone Parks** 5001 S. Inca Dr.

> **Event updates:** englewoodco.gov/events

## **Englewood Markets**

Join us at the Englewood Markets and shop until you drop! Spend the day shopping from a variety of local businesses.

June 3 • July 1 • August 5 10 a.m. - 2 p.m. **Englewood Civic Center** 1000 Englewood Parkway

### **Celebrate Golf Day**

Golfers, it's your time to shine! Join us at Broken Tee Golf Course for lunch. ice cream, free range use, games and contests. Registration is free. Visit Broken Tee's website for details.

**June 21 •** 12 – 4 p.m. **Broken Tee Golf Course** 2101 W. Oxford Ave.

#### Silent Disco

Come and dance your heart out to music of your choice, listening as loud or quiet as you'd like with your own headphones. It'll be a fun night for adults and kids alike!

**August 11 •** 6 – 10 p.m. **Englewood Civic Center** 1000 Englewood Parkway

# Adult Nights at Pirates Cove

Join us after hours for Adult Nights at Pirates Cove and swim the night away with live music on four nights this summer! Must be 18 years+ to attend.

Movie on the Range

Join us for Movie on the Range: Happy Gilmore (PG-13). Food and alcohol will

be available for purchase from Wyatt's.

June 10 · Movie starts at dusk,

**Broken Tee Golf Course** 

4 - 5:30 p.m.

2101 W. Oxford Ave.

but come early to play the Par 3.

Outside food and drink are not permitted.

**SunSET Concert Series** 

food trucks from 6 - 8 p.m. at Englewood

Civic Center, 1000 Englewood Parkway.

Come early to enjoy happy hour from

In July, enjoy live music as well as

July 6 • A Brother's Fountain

July 13 • Trevor Michael

July 20 • Fox Royale

July 27 • Delta Sonics

\$6 - Tickets at the door

June 14 • July 12 • July 26 • August 3 6 – 8 p.m. • Pirates Cove Waterpark 1225 W. Belleview Ave.



# Sustainable Landscaping



#### Rebates available to make your lawn a Colorado native

Colorado's semi-arid climate, where water is scare, is not ideal for decorative grasses like Kentucky bluegrass to grow naturally. In fact, the average landscape accounts for up to 50% of a home's annual water usage. The

\$500 rebate

City of Englewood is encouraging residents to think locally, by planting native and adaptable plants that can save water, reduce maintenance, benefit pollinators and reduce or eliminate the need for fertilizer or other soil amendments.

Englewood has begun the conversion to low-water landscaping in some parks. For example, since Depot Park changed from traditional bluegrass landscaping to prairie meadow grasses, 73% less water is being applied to irrigate this area, and that savings is expected to rise to 80-90% over the long term.

As part of the city's Water Efficiency Plan, the Englewood Utilities Department and sustainability coordinator are exploring more ways to return to native landscaping, including offering incentives. Thanks to a partnership with Resource Central, the Garden In A Box and Lawn Replacement programs are available to offer homeowners easy ways to make the switch. Through the Lawn Replacement Program, residents will receive a \$500 rebate to utilize Resource Central to remove their turf, hire a contractor to remove their turf or remove the turf on their own and receive up to three Garden In A Box kits.

Garden In A Box is a professionally designed, water-wise garden kit that is stocked with more than 80% native Colorado plants. These kits include plant-by-number maps, seasonal maintenance suggestions and watering recommendations to help residents with their new gardens. Residents can also receive a discount towards a Garden In A Box separate from the Lawn Replacement Program.

Rebates are limited and available on a first-come, first-served basis. Learn more and apply at resourcecentral.org.



### **Englewood Schools to Welcome New Superintendent this Summer**

**Englewood Schools will welcome a new** superintendent July 1. Joanna Polzin will replace Dr. Wendy Rubin, who is retiring after serving as superintendent for the past eight years.

Since 2015, Polzin has held different leadership positions in the district, most recently as the district's deputy superintendent.

Polzin was chosen as the next superintendent due to the success she has shown in her leadership positions as well as her knowledge and love of the district and the Englewood community.

"Englewood puts students and student learning at the forefront of what we do every day," said Polzin after being offered the position of superintendent. "I will continue to be an advocate and strive for excellence in education for every student in Englewood Schools."

Polzin also thanked Dr. Wendy Rubin for her work in putting the district on an upward trajectory. "Wendy, thank you for taking Englewood to the next level. I do not take lightly the realization that I am standing on the shoulders of greatness," Polzin stated.

















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# THE MAYOR'S CORNER



Othoniel Sierra District 1 720-551-3301

As I've met with citizens about the attainable housing aspect of our CodeNext development code update project, one of the items that has come up is the idea of enabling housing development to occur along South Broadway and within the CityCenter area, a portion of which could be what I classify as truly affordable housing for those making between 30 to 60% of Englewood's area median income, or AMI.

Our staff is following up on the Housing Assessment that was completed earlier this year by assessing city-owned properties that may be suitable for housing that could meet AMI targets. Some of the properties that could be considered

include the former and now vacant fire station on Tejon Street and vacant land around city-owned assets like the Service Center on Platte River Drive. There are also properties co-owned with the City of Sheridan near Broken Tee Golf Course that would require additional analysis and discussion with Sheridan's leaders.

Zeroing in on the South Broadway and CityCenter areas, these districts are already zoned to allow for higher density housing development and housing across income levels is one of the specific goals that the council has established for the planned redevelopment of the CityCenter property. The city is going to reach out to the development community later this year to secure a private development partner and negotiate an agreement that will enable the

project to move forward. If a public/private partnership for the redevelopment of CityCenter meets the city's goals, one

key component that the council will consider is the possible ending of the ground lease on the site in order to ensure the feasibility of a variety of housing, including for sale condominiums.

As I write this in early April the Colorado legislature is debating Senate Bill 213, which would establish minimum housing development thresholds and requirements for communities like Englewood. New state development requirements are likely to be known by the time you are reading this article, but our council has and will continue to look at all aspects of how Englewood can ensure that a range of housing options are available to Englewood residents into the future.

For more information visit leg.colorado.gov/bills/sb23-213.

Beginning April 10, the City of Englewood will no longer publish its ordinances by Title in the Englewood Herald. Instead, legislation will be published in full at englewoodco.gov/public-notice. Copies also may be obtained in person at the Civic Center, 1000 Englewood Pkwy 3rd floor; or requested on the city's website at englewoodco.gov.







Mayor Pro Tem Steven Ward District 4 303-900-8811



Joe Anderson District 3 720-998-6116



Chelsea Nunnenkamp District 2 303-564-5816



Rita Russell At Large 303-639-6181



Cheryl Wink At Large 720-238-1575



Jim Woodward At Large 720-761-0199

The views expressed in the city council member columns are the views of the individual council members and do not necessarily represent the views of the City of Englewood or the city council as a whole

When we talk about infrastructure, we typically think about roads and bridges, but it's also important to maintain our city's social infrastructure: the spaces we can gather and connect with one another like our parks, recreation centers and library.

That's why city council has made several new investments in our public library, including enhanced safety measures and additional librarians. We want to ensure that everyone in our community can enjoy the wonderful and wide array of free resources our library offers, because libraries aren't just for books anymore.

Through our new Culture Pass Program, library card holders can check out passes to local cultural institutions, like museums and outdoor destinations. Patrons can also use their library cards to access newspapers online including The Denver Post, Englewood Herald, New York Times and Wall Street Journal.

New this year, the library is hosting a series of art exhibits that showcase local artists, with receptions during each exhibit for community members to meet the artists and discuss their work. The first exhibit takes place April 6 – May 31.

The library also offers Tech Assist twice a week, when anyone can drop-in to ask questions about conducting job searches online, downloading new applications to a cellphone, or how to use ebooks on a tablet.

The library even provides homebound services for people who are unable to come to the library.

If you have questions about these or other services, please stop by or give them a call at 303-762-2560. Our staff and librarians are looking forward to welcoming you back to the library!

Chelsea Nunnenkamp District 2

303-564-5816

he City of Englewood established in 1903, a small community of 6.5 square miles, has been a force to be reckoned with in Colorado. Independent and strong-willed we have kept our Home Rule Authority, twice stopped Denver annexation and maintained a rich history of innovation.

In 1972 Englewood City Council established the Englewood Housing Authority designed with powers to develop, manage and maintain low to moderate income housing for residents of Englewood. The first two properties were Simon Center and Orchard Place. In the past 10 years the Housing Authority has partnered with developers in order to provide additional affordable housing options in Englewood. These properties include: Traditions, The Foundry, Broadway Lofts, Canterbury Apartments and Terraces on Pennsylvania. In exchange developers were given Tax Credits and relieved of paying Property Taxes.

During that time, Englewood also rezoned large sections of Industrial Property for high density development. Six new projects along the light rail corridor, numerous projects in the Hospital district and several projects along the 285 corridor.

In addition, future plans for housing are part of City Center redevelopment, including..."1,070 residential units, retail and office space, a new city hall...." The Englewood Downtown Development Authority is currently looking for a development partner.

According to DOLA 2020 Census information since 2010 Englewood's population has increased by 11.3%, housed in 1,567 additional homes already created. Englewood's minority population has increased by 47% and Englewood currently boasts a population density higher than Denver.

I have lived here most of my life and never expected Englewood to stay the same. At this point we have an opportunity to engage in a thoughtful process to create a vision for our future – the future of Englewood. Will we choose to create a quality of life where people want to be? I believe you, the citizens of Englewood have the power to determine where we will go! Together we can make a difference!

Rita Russell Council Member at Large 303-639-6181

# **ENGLE**WOOD

CITY MAGAZINE & ACTIVITY GUIDE SUMMER 2023

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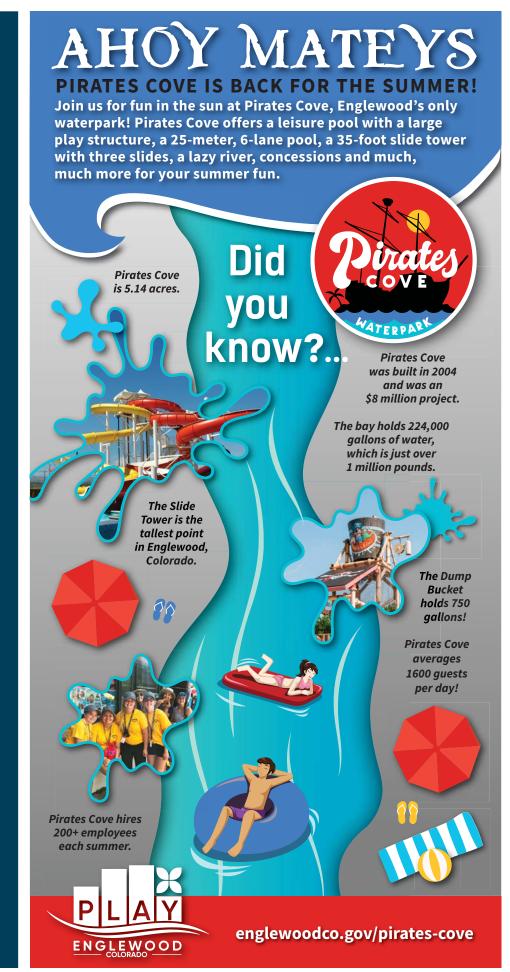
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ON THE COVER:

Rainbow after a summer shower at Romans Park.





# Heighborhood Summer Activities Guide

Start planning your neighborhood events this summer!

#### **NEIGHBORHOOD NIGHTS**

What's a summer without Neighborhood Nights? Rain or shine, food trucks are coming to Englewood neighborhoods. Grab a lawn chair and enjoy an Englewood summer favorite at our parks from 4–8 p.m.

**Thursday, May 25** . . . . . . . Emerson Park / 2929 S. Emerson St.

**Thursday, June 1**......Rotolo Park / 4401 S. Huron St.

**Thursday, June 15** ...... Belleview Park / 5001 S. Inca Dr.

**Thursday, June 29** ......Centennial Park / 4630 S. Decatur St.

**Wednesday, July 12** . . . . . Romans Park / 1800 E. Floyd Ave. **Wednesday, July 26** . . . . . Cushing Park / 700 W. Dartmouth Ave

**Thursday, August 10** ..... Jason Park / 4299 S. Jason St. **Thursday, August 24** ..... Baker Park / 2200 W. Wesley Ave.

Thursday, September 7... Duncan Park / 4880 S. Pennsylvania St.

Visit englewoodco.gov/neighborhoodnights for additional information.



#### **BACKYARD MOVIE KIT**

The backyard movie kit is back this summer! The backyard movie kit has everything you need to throw a fun movie night with your neighbors and friends. The kit includes speakers, a projector, a screen and more. The equipment is available from June to October, Thursday through Sunday.

Be one of the first to reserve your kit starting May 2 by visiting englewoodco.gov/neighborhoods.



#### **BLOCK PARTY TRAILER**

Start planning your neighborhood block party and think about which weekend you want to reserve your trailer! The trailer can be reserved once per weekend from June 1 to October 31. It will be dropped off on the Friday of the weekend you select and picked up the following Monday.

Reserve your trailer beginning on May 2 at englewoodco.gov/neighborhoods.



#### GET TO KNOW YOUR NEIGHBOR GRANT

The Get to Know Your Neighbor Grant provides \$100-\$500 for a neighborhood activity or get-together that builds community with your neighbors. The grant funds can be used for food, supplies, activities, etc. at your event. Past neighborhood activities include block parties, ice cream socials, food trucks, neighborhood clean-ups and more.

Apply for a grant at englewoodco.gov/neighborhood-grants.

# Neighborhood Signage Program

In 2023 the Neighborhood
Resources Program
partnered with the Forest Hill
Neighborhood to install two
neighborhood entrance signs
and street toppers throughout
the neighborhood. The program
worked with the neighbors to choose
the design and locations of the signage,
and the signs were installed in March.

To learn more about the program and register your neighborhood, visit englewoodco.gov/neighborhoods.

# Ready to Work Program

# to help those experiencing homelessness

To support those experiencing homelessness, the Tri-Cities Homelessness Policy Group will soon host a transitional housing program in Englewood.

On March 17, Congressman Jason Crow (CO-06) presented the
Tri-Cities Ready to Work Program with \$1.5 million to provide stable
housing and career support for unhoused community members.
Congressman Crow secured funding for the project through the
Fiscal Year 2023 appropriations process to directly benefit
Colorado's 6th Congressional District.

The Ready to Work program is already operating sites in Boulder and Aurora, and it will open an Englewood location later this year. Those involved hope to bring the same success seen at the other sites to this community as well.

"At their existing sites, Ready to Work boasts some of the best success metrics amongst traditional housing models," said Mike Sandgren, Tri-Cities Homelessness Services Coordinator. He also noted these programs have seen an 75% completion rate with 80% housing and employment retention after 12 months.

"We are excited to bring this type of excellence in service provision to our region."

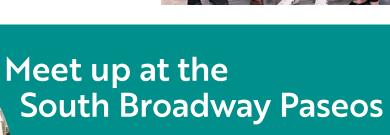
Ready to Work is one piece of a larger action plan created by the Tri-Cities Homelessness Policy Group, which was formed in 2017 to create a foundation of collaboration and a regional plan to address homelessness.

Several years ago, the Ready to Work organization received a grant from Google to replicate their model somewhere in Colorado, and the Tri-Cities region was chosen thanks to the established collaboration already in place. These cities – including Englewood, Littleton and Sheridan – have contributed funding to purchase the property, and federal funding will support the renovation and costs to outfit the facility.

When complete, the Englewood Ready to Work site will serve up to 50 people each year.

"We're excited for Ready to Work to begin impacting the lives of community members struggling with homelessness," Sandgren said.





Head to a welcoming paseo on South Broadway in downtown Englewood for conversation, music, food, libations and people watching! The two paseos were spruced up earlier this year, thanks to the Englewood Downtown Development Authority. Contractors added a coat of new paint, landscaping, trees, string lighting, bike racks and a wheelchair charging station. The improvements were funded through a grant from the Colorado Department of Transportation Revitalizing Main Streets program. Consider this your personal invitation to jump on your bike, take the trolley or stroll downtown to check out the updated paseos!



Parks Bond Being Considered for an Updated Englewood

Englewood's parks and recreation offerings are a part of what makes the city so special. To ensure these city amenities and gathering places continue to be as updated, functional and relevant as possible for residents, city officials are considering a bond measure this November. With up to \$45 million of upgrades identified, the support of a bond would make these updates possible – and the improvements available for all residents to use and enjoy.

"We have aging infrastructure in our current park system, and we want to keep the parks exciting and relevant to our residents," said Christina Underhill, Englewood Parks, Recreation, Library and Golf Director.

Among the needed improvements are updates to nine city parks, including to landscaping, accessible pathways and amenities like

picnic shelters, playgrounds, restrooms and sitting areas.



Other potential improvements are aimed at adding more attractions – and a whole lot of fun – to city spaces.

At Pirates Cove, improvements could be made to the water park's large pool making it more interactive with added slides and spaces to lounge in the sun. The Englewood Recreation Center has the potential for a ninja crossfit training system incorporated over the pool, as well as a surf simulator – updates intended to increase use year round and attract more teens and young adults.

Belleview Park is also on the radar. Its 30-year-old train, which was originally donated by the Englewood Lions Club, is aging and needs to be replaced. A successful bond could help purchase a new train to chug around the park.

"These are gathering places for our community," said Underhill, noting the spaces identified for improvements. "They're a place to get outside and get in touch with nature and play. The parks really enhance the quality of life for our residents."

City officials will be surveying Englewood residents to gauge interest for a bond measure this fall. They will also continue discussing how much funding would be requested.

Keep an eye out for more information about this potential bond coming soon.

# Innovative, Independent, Industrious

From custom motorcycles cruising the streets to the milk in your cereal, a variety of products and services you may not expect are being produced right here in Englewood. While these businesses may feel behind-the-scenes, they are creating goods and offering services throughout Colorado and beyond, all supporting the local economy and building a sense of pride for the community.

These products and services are as diverse as Englewood's residents; yet for these homegrown businesses, the thread of tradition, family and passion run through them all.

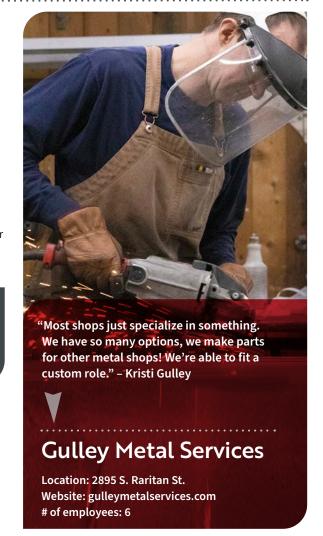
As put by Cody Kiebler, co-owner of Broadway Custom Cycles, "Sometimes we look at each other and say 'Man, I can't believe we get to do this!"

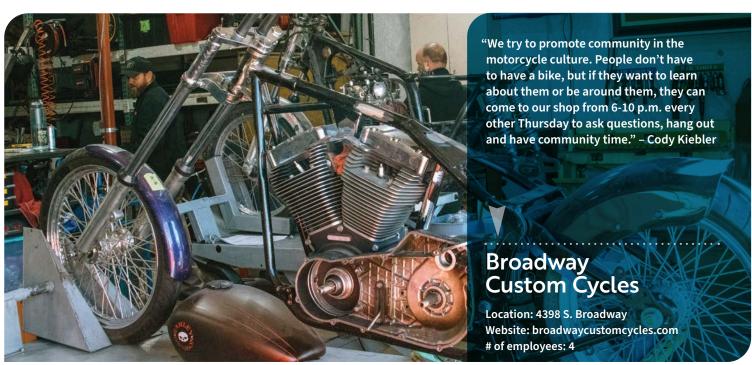
Kiebler opened this local motorcycle service and custom shop alongside Kevin Bolser in 2020. For the pair of motorheads – one who was previously a metal fabricator and the other pursuing a medical degree – the shop was a dream come true.

"We both agreed we wanted to build motorcycles," Kiebler said, remembering a conversation he and Bolser had about what they would do for a living if money wasn't an issue. "That was our dream at the time when we started building. And it just took off."

Other local businesses have been in the community for decades, with the trade passed down within the family. Gulley Metal Services, a custom metal fabrication and engraving business, was started in Englewood in 1983 by Steve Gulley. Forty years later, the shop is going strong – and is now owned by son Nick Gulley and his wife, Kristi.

"Nick grew up in the shop," said Kristi Gulley. "He's been working here since he's been able to."







Through two generations, Gulley Metal Services has built a reputation for creating specialized metal pieces, ranging from decorations for a home to heavy industrial parts, which are sold countrywide.

Family was at the heart of launching Great Guys, an Englewood-based heating, cooling and electrical business. After 26-plus years in the HVAC industry, owner Marcus Fauth said he finally opened his own shop in 2018 thanks to encouragement from his daughter, Maddy Fauth – who owns the business alongside him.

For the father-daughter duo, creating a successful business starts with a strong employee culture.

"It starts within by creating a place of employment where employees enjoy coming to work every day," said Marcus Fauth, adding that this positive work environment builds integrity when serving customers.

A trusted product can go a long way – as proven by Meadow Gold Dairy. With a brand founded in 1901, the Englewood branch opened in 1960. Today, the business is owned by a cooperative of farmers and operates 24/7 to produce milk, cream, half-and-half, buttermilk and ice cream products that are distributed throughout the region.

During its time in Englewood, Meadow Gold has become part of the community, said Scott Johnson, general manager for Colorado.

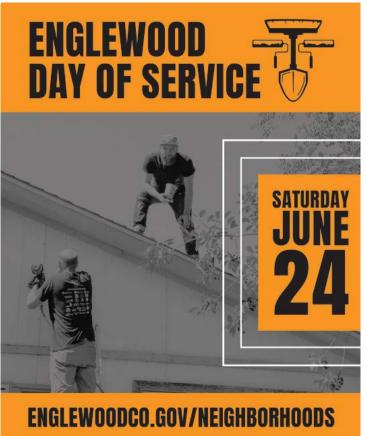
"One thing that's remained constant was being a community partner with Englewood," Johnson said. Recently, the company and its 280 local employees have hosted coat drives for local students and collected hygiene products for families in need.

For each of these businesses, owners and managers shared that being a part of Englewood is so much more than their location on a map.

"It's important for us to be part of the community," said Kristi Gulley. "It's been good to us."







# Family-Fun at South Platte Renew's First Annual Water Festival



South Platte Renew (SPR) will hold its first annual Water Festival June 7 from 3 - 6 p.m. at 2900 S. **Platte River Drive.** 

Come and enjoy free food, informational booths on water, natural resource renewal and Colorado's environment, as well as, games, prizes, touch-a-truck, tours and more! This familyfriendly event is open to the community.

For more information and to RSVP, visit southplatterenewco.gov/community-events or contact SPRcommunications@englewoodco.gov.

A huge thank you to all the volunteers that participated in this year's SPR River Clean-up event! With volunteers from all over the Front Range, hundreds of bags of trash and recycling were collected.

#### **ABOUT SOUTH PLATTE RENEW**

SPR is passionate about renewing natural resources for Colorado's future. Renewed water is returned to the South Platte River watershed to support thriving aquatic and riparian ecosystems, recreation, downstream agriculture, drinking water and storage.

Co-owned by the Cities of Littleton and Englewood, SPR cleans more than 20 million gallons of water daily and





# OrthoONE at Swedish Helps Keep Coloradoans Active



The secret is out: Life in Colorado is full of adventure, activity and adrenaline.

Throughout the last decade, the state has seen a significant increase in adventure-loving, fitness-minded, outdoor enthusiasts flocking to live and work here. It should come as no surprise, either. With some of the nation's best slopes to shred, nearly 60 14ers to summit and endless trails and parks to explore, Colorado is practically a magnet for the highly active.

Unfortunately, all these popular activities come with risk of injury, especially to the musculoskeletal system. From traumatic tumbles on the slopes to overuse injuries from marathoning, all this fun can take a toll on your body.

The team at OrthoONE at Swedish Medical Center understands this passion for an active lifestyle and is dedicated to treating patients in a way that promotes healing, recovery and return to their favorite

activities with as little disruption as possible. Offering a full range of high-quality orthopedic services, the team is led by five boardcertified surgeons, who have been providing specialized orthopedic care in the Denver area for decades.

Doctors Joseph Assini, Steve Horan, John Reister, Gary Schmidt and John Woodward offer advanced surgical techniques. Many of these procedures are minimally invasive, designed to diminish and hide scarring, reduce complications, shorten hospital stays and allow for a more rapid return to activity.

#### The team specializes in:

- Hip Replacement
- Knee Replacement Shoulder Surgery
- Sports Injuries
- Foot/Ankle including minimally invasive replacement
- Fracture Care

If you are suffering from ongoing pain or an acute injury, let OrthoONE at Swedish help. Give OrthoOne a call at 303-789-2663 to schedule a time to meet with one of the experts and get back in the game! For more information, visit orthoonedenver.com/locations/ swedish-medical-center

# Make a difference in your community today, run for city council! | Englewood General Municipal Election

On November 7, voters will elect four city council members a representative from District 1, District 3, and two at-large for four-year terms.

Englewood residents interested in running for city council may pick up a candidate information packet from the city clerk's office at 1000 Englewood Parkway. Packets will also be available at englewoodco.gov.

Municipal elections are nonpartisan.

#### **COUNCIL CANDIDATES**

At the time of the election, a candidate must be a citizen of the United States, be 25 years of age or older and a registered elector of the city for at least one year immediately preceding the election. Council members elected by districts must also be residents and registered electors of that district. Candidates are required to sign an affidavit as to qualifications. No council member shall hold any other public office or employment for which compensation is paid from any municipality.

Candidates must be nominated by petition signed by at least 50 registered electors residing in Englewood. The petitioning process takes place in August. Only petitions obtained from the city clerk's office may be circulated. Petitions are available at 8 a.m. on August 8.



August 28 is the last day to file nomination petitions, and petitions must be received by the Englewood City Clerk by 5 p.m.

If running, it is important to contact the clerk's office about the Colorado Fair Campaign Practices Act. Within 10 days after announcing your candidacy, you are required to file a "Candidate Affidavit." Additionally, a "New Committee Registration Form" must be filed before accepting a contribution or making an expenditure.

For more information or questions about running for city council, contact the city clerk's office at city clerk@englewoodco.gov or call 303-762-2430.

# Englewood CityCenter is getting a new spark

Head down to Englewood Civic Center, 1000 Englewood
Parkway, for an exciting new vibe that starts with
Englewood Markets on the first Saturdays in June, July and
August from 10 a.m. to 2 p.m.! You'll be treated to live music, brunch items, crafts made in Englewood and other welcome surprises. Or enjoy the

SunSET Concert Series by local musicians every Thursday in July from 6 to 8 p.m. in the

CityCenter amphitheater with a happy hour before the concerts from 4 to 5:30 p.m..

Look around and you'll see the beginnings of CitySpark, a cooperative effort designed

to ignite new businesses, inspire artists and celebrate local history. Over the coming months, storefronts will be filled with creative enterprises that will bring new energy to CityCenter!

Visit the Englewood Civic Center and keep tabs on the revitalization of the heart of our community.

Englewood Downtown Development Authority (EDDA) is underwriting and helping to manage these efforts with the City of Englewood and other partners. Find out more about events at englewoodco.gov/events. Check out the EDDA at englewooddowntown.com.



The Englewood City Council is continuing to make progress in its strategic plan to reach its shared goals while enhancing them to meet the changing needs of the city. In January, city council met to review the progress that's been made on the plan – which provides a strategic vision for the city – and refine areas of focus moving into the future. Key updates include:

#### **► COMMUNITY WELLBEING**

- ➤ **Senior services** This goal will support a deep-dive review into the services offered for older adults in the community with a focus on safety and food security and how to improve them.
- ➤ **Affordable housing** Council members will explore ways to incorporate more affordable housing options for residents, including through other city partnerships. Also how to best utilize the voter-approved funding from Proposition 123 allocated for affordable housing.

#### ► INFRASTRUCTURE AND TRANSPORTATION

▶ **Focused on eliminating traffic fatalities**, this work will support further collaboration and investments, including within the school district. Council members will also dig into data regarding where

and why incidents are happening and create a tailored intervention to make improvements.

#### **▶** ECONOMY

Updates were made in order to best align with the city's **Economic Development Strategic Plan** to ensure they're connected and working together.

#### **► SAFETY**

➤ This new goal is focused on communication and community engagement to actively engage with community members regarding information on incidents

and provide proactive safety tips and strategies.

Each of these goals has been assigned performance metrics and reporting on those will be shared with council members each quarter of the year. The hope is to have the goals met by the end of 2023. Check out the strategic plan at englewoodco.gov/strategicplan.



# Grass, overgrowth and weeds - oh my!

The city is in full bloom with flowers and foliage aplenty. Yet with that, the grass is growing (and growing and growing) and some pesky weeds could be popping up. When it comes to lawn care, what's permitted (or not) by the city?

DO

- Keep your grass and weeds cut to six inches or less. It's not only required, but it will keep your neighborhood looking fresh and clean.
- Trim trees, shrubs and landscaping back to ensure that traffic signs are visible, and keep sidewalks clear so pedestrians can easily pass.
- Remove dead or diseased trees, as well as limbs that could pose a danger. Consider using
  an arborist to help. A complete list of City of Englewood licensed arborists can be found at
  englewoodco.gov/arborists.
- Report weed and grass overgrowth at **englewoodco.gov/englefix** or download the app on Google Play or App Store.

## DON'T

- Leave your cut leaves, branches or yard clippings in the alleyway, which could make it hard
  for vehicles to pass through or inhibit draining. Work with your trash hauler to dispose of
  yard waste properly or recycle them into compost on your property.
- Plant or allow new saplings of female cottonwood, Siberian elm or box elder trees to grow on or adjacent to your property these are prohibited under the city's municipal code.



**But what about the bees?** In the past, residents have wondered about the harm of removing dandelions, which are one of the first flowers to emerge in the spring and provide a food source for bees. As a Bee City, the City of Englewood strives to support our pollinators. When it comes to removing these weeds, the city will be flexible with owners and occupants when the flowers first bloom in early spring, but please ensure weeds are still under six inches. Learn more about lawncare and code enforcement at **englewoodco.gov/code-enforcement**.

# Solar and Weatherization available for qualified Englewood residents

Through the Arapahoe County Weatherization
Assistance Program, Englewood residents
can apply to have an energy assessment
completed along with an energy audit to
see if their home is suitable for solar.

The Weatherization Assistance Program covers more than just solar, including furnace and water heater safety tests, sealing air leaks, LED light bulbs, insulation in attics, walls and crawl spaces and more.

Weatherizing your home can help save on utility costs, identify safety issues and keep your home at a comfortable temperature year-round. Englewood continues to prioritize sustainable alternatives to align with goals set out in its strategic plan.

Also, Arapahoe County has partnered with GRID Alternatives, a non-profit organization, to provide free solar PV systems for incomeeligible homeowners.

For more information about the programs, visit **arapahoegov. com/365/Weatherization-Assistance or gridsolar.org.** 



# COME IN AND ENJOY A FREE CACTUS BLOSSOM OR FRIED PICKLES ON US!

Sheridan, Colorado Location Only



WE ARE OPEN MON.-THURS, FROM 3:30-9:30 P.M.

FRI.-SUN. JOIN US FOR LEGENDARY LUNCH STARTING AT 11:00 A.M.

DONT FORGET TO USE OUR MOBILE APP TO GET ON THE WAITLIST AHEAD OF TIME!

# **Englewood Police Events**

May 20 • 10 a.m. - 2 p.m. Centennial Park, 4630 S. Decatur St. Cops & Bobbers is a fishing derby and clinic that gives children an opportunity to interact with local police officers.



and enjoy a free popsicle!

June 14 • 3:30 - 6:30 p.m. **Cornerstone Batting Cages,** 5098 S. Windermere St. Join us for a "home run" evening at the Cornerstone Batting Cages!



Wednesdays, August 16 - November 1 • 6 - 9 p.m. Englewood Police Department, 3615 S. Elati St. This is an interactive, hands-on class and a great place to engage with officers and police staff.

**Teen Citizen's Police Academy** June 5 – 9 • 8 a.m. – 12 p.m. **Englewood Police Department**, 3615 S. Elati St.

**National Night Out** 

Tuesday, August 1 • 5 – 9 p.m. On the first Tuesday of August, hundreds of neighbors in Englewood come together to celebrate National Night Out, which enhances the relationship between neighbors and law enforcement in the community.

For more event information, visit englewoodco.gov/police-community-relations.

The Englewood Utilities Department wants to extend a "thank you!" to all who provided comments and feedback on the draft Water Efficiency Plan (WEP). Valuable comments were received and incorporated into the final WEP, including:

City incorporates citizen feedback

✓ Low-water landscaping educational opportunities

into Water Efficiency Plan

- ✓ Additional water efficiency content on the utilities page of the city's website
- ✓ Evaluation of landscaping and/or appliance and plumbing retrofit incentives
- ✓ Clarification on the importance of monthly billing from a water efficiency standpoint
- Assessment of the water rate structure to promote water efficiency
- Corrected water savings percentages for Depot Park
- Revised tables and figures to provide more clarity on the data presented
- ✓ Additional explanation on water efficient fixtures for new construction

The final WEP was adopted by the Englewood City Council on February 6. It will be posted at www.engaged.englewoodco.gov/water-efficiency-plan following final approval by the Colorado Water Conservation Board. The city appreciates the citizen involvement that helped reach this goal!



Learn all about the Englewood Police Department.

# New Security Measures in Place at Civic Center and Library

Earlier this year, the city temporarily closed the library, north Civic Center lobby and second floor restrooms at the Civic Center after receiving positive tests for drug contamination. While these areas are now open for public use, the closure gave city officials the opportunity to thoroughly clean these spaces and update security measures to keep them safe into the future.

#### To avoid recontamination, proactive measures and practices have been put in place, including:

- Installation of vape detector alarms to alert staff of drug use in the bathrooms.
- Increased funding to support additional library staff, creating a better patron experience.
- Expanded security, through a private firm (pictured), to oversee additional surveillance inside and outside the library.
- Four additional security guards at the Civic Center, with funding approved in a February city council study session.
- Rule changes to require checking out a key for bathroom use at the library, as well as updates for the use of study and meeting rooms.
- Closing the library's north entrance. Library patrons will only be able to access the library from the south side of the Civic Center.

Through these updates, city officials hope to offer a safer, cleaner experience for residents and patrons.



# **Development Code Updates Underway**

Englewood's land use development code is being redrafted for the first time since 2004, and those involved are using this opportunity to discuss ways to meet the city's changing needs.

The project, called CodeNext, is led by a steering committee of community members and is focused on amending the Unified Development Code, which includes regulations and design standards for zoning, land uses, building height, parking, neighborhood character and more. CodeNext hopes to modernize Englewood's approach to development regulation while maintaining the city's unique character and history.

On April 17, Englewood City Council unanimously agreed to no longer pursue two- to four- unit multifamily buildings in single-family zoning. Council will be pursuing a comprehensive housing plan for the city with the appointment of an affordable housing task force guiding the work over the next several months.

In March, Senate Bill 23-213 was introduced in the Colorado State Senate. If passed in its present form, the scope of this comprehensive land use legislation would introduce new requirements into established single family zone districts in many cities in the state, including Englewood, to allow accessory dwelling units and multifamily residential units.



The remaining elements of CodeNext will continue to be considered for adoption by the planning and zoning commission and the city council this spring.

Learn more about CodeNext at www.engaged.englewoodco.gov/codenext.

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#### Celebrate

# 'Where Community Grows'

# during July's Parks and Recreation Month

Englewood parks and recreation offerings are part of what make the city so special – and there has never been a better time to celebrate them than during the National Parks and Recreation Month this July.

Created through the National Recreation and Park Association, the annual tradition aims to promote building strong, vibrant and resilient communities through the power of parks and recreation, as well as honor park and recreation professionals.

This year's theme is "Where Community Grows" – and a look at Englewood proves just how parks can bring people together to thrive.

"Englewood parks are unique, inclusive and thriving, just like our community," said Lindsay Peterson, open space activities supervisor. "They have something for everyone – from events to playgrounds, dog parks to fields, tennis courts to pavilions, and even a farm and train - that continues to help the community grow."

Englewood's parks are designed to provide a gathering place for residents across generations, where they can come together to relax, play, exercise and make a difference for the community.

From taking a chug on the train and visiting animals at the Farm & Train to river surfing the rapids at River Run Trailhead, residents of all ages can find something to explore in Englewood.Parks offer places for the community to bloom, such as at the Community Garden, where gardeners can dig in to grow produce for food banks.

"The city's parks and programs have created a sense of tradition among those in Englewood," said Allison Boyd, Englewood Recreation Manager.

The adult and youth sports leagues allow parents to coach their children in the same leagues they played in growing up. Also the summer drama program has become a community staple, performing musicals for all to enjoy since 1966.

"Englewood parks are 'Where Community Grows' physically, emotionally and socially," Peterson added.

This July, residents are encouraged to get out and enjoy all that Englewood parks and recreation has to offer. As part of the festivities, keep an eye out for videos and special events, as well as the July 21 Parks and Recreation Professional Day celebration. Learn more at englewoodco.gov/play.

> 275 million

people in the U.S. visited a local park or recreation facility at least once during the past year.

9 in 10

people agree parks and recreation is an important service provided by their local government.

84% of U.S. adults seek high-quality parks and recreation when choosing a place to live.





#### ID Card

All program and center participants 5 years and older are required to obtain a photo ID card for access. (No card needed for spectators or rental guests.)

Resident ID Cards: \$3 - valid 3 years from date of purchase. Englewood residents must obtain a Resident ID card for each member of the family ages 5 and older to receive the discounted Resident Fee rate. A valid photo ID with current address or documentation verifying current City of Englewood address (vehicle registration, utility bill or phone bill, etc.) must be provided. To receive Resident rates for online registrations, please provide proof of residency in person.

Non-Resident ID Cards: Non-residents will receive their first ID Card for free. Must present valid photo ID.

#### Gvmnasium

Full-size gym for basketball, volleyball and other court activities. Visit our website for current gym schedules and reserve online.

#### **Fitness Amenities**

Cardiovascular rooms including ellipticals, stationary cycles and treadmills. Comprehensive weight rooms including free weights and weight-bearing machines.

#### The ZONE

Check out this functional training system that will elevate your workout. Multiple exercise stations can be customized to meet your level of training. Stations include squat rack, renegade station, high-low pulleys, heavy bag, monkey bars, traversing walls, rebounder, jump platform, tire flip and dozens of attachment points for straps. Tetro Performance offers a variety of fitness classes using The ZONE room. Register online at tetroperformance.com and check out page 48 for current classes.

#### **Locker Rooms**

Showers and lockers are available to all paid guests; bring your own lock and towel





#### current rental information. **Corporate Rates**

**Facility Rentals** 

Englewood business owners, officers and directors of a corporation located within the legal city limits are eligible to apply for significantly discounted corporate rates. Please contact 303-762-2680 or recreation@englewoodco.gov.

Our Recreation Centers and Community Parks offer individual

and group rentals (classrooms, pools, gym, multipurpose

rooms, kitchen and park shelters) to host your next meeting, gathering or celebration. Please visit englewoodco.gov/play for

#### **Individuals with Disabilities Program**

The City of Englewood strives to mainstream individuals with disabilities into our recreation programs. Qualified individuals with disabilities are provided with reasonable accommodation to receive equal opportunity of inclusion. For additional information, call 303-762-2680 or recreation@englewoodco.gov.

#### Financial Assistance

The City of Englewood Recreation Centers partner with Integrated Family Community Services for financial assistance for our programming. Qualified individuals and families who reside in Englewood can receive vouchers for center admission or classes. Please reach out to IFCS at 303-789-0501 or ifcs@ifce.org for more information and to see if you qualify.

#### Wellness Insurance Programs (WIP)

Englewood and Malley Recreation Centers honor Wellness Insurance Programs, including SilverSneakers®, Renew Active, One Pass and One Pass Commercial. Please check with your insurance provider to determine which program they offer so you can participate in fitness, swim classes and other activities for free. These programs can be purchased through Medicare Advantage or a Medicare supplement plan (Medigap). Contact your health insurance provider for eligibility.

#### PARKS, RECREATION & EVENTS TEAM

Englewood Recreation Center Supervisors	Avery Akers Brenna LeBlanc – Aquatics Joyce Musgrove Sara Stant	aakers@englewoodco.gov bleblanc@englewoodco.gov jmusgrove@englewoodco.gov sstant@englewoodco.gov
Malley Recreation Center Supervisors	Shelly Fritz-Pelle Nancy Baum	sfritz@englewoodco.gov nbaum@englewoodco.gov
Parks Supervisor	Tim Holt	tholt@englewoodco.gov
Events Supervisor	Toni Arnoldy	tarnoldy@englewoodco.gov
Open Space Activities Supervisor	Lindsay Peterson	lpeterson@englewoodco.gov

#### **ENGLEWOOD RECREATION CENTER**

Fun for all ages • 303-762-2680 • 1155 W. Oxford Avenue

The Englewood Recreation Center is a community facility with activities for all ages. The center offers an indoor track, 25-meter eight-lane pool, The ZONE functional training center, four racquetball/wallyball courts, gymnasium, cardiovascular and weight training rooms.

#### **Hours of Operation**

M-Th: 6:00 a.m. – 9:00 p.m. 6:00 a.m. – 8:00 p.m. Sa & Su: 8:00 a.m. – 5:00 p.m.

POOL CLOSES 30 MIN BEFORE CENTER

#### **Center Closures**

MEMORIAL DAY INDEPENDENCE DAY 8/28 - 9/4 ANNUAL MAINTENANCE

#### **Center Admission**

Admission includes use of fitness amenities: pool, weight rooms, cardio, The ZONE functional training room, indoor track (approx. 6.5 laps = 1 mile), gymnasium and racquetball/walleyball/handball courts.

	GENERAL: 1	.8-54 Years	CHILD/ACTIVE AD	ULT: 3-17/55-82
Туре	Non-Resident	Resident	Non-Resident	Resident
Daily Admission (Recreation ID Required)	\$6.00	\$4.75	\$5.50	\$4.00
25-Visit Pass An ideal pass for any age. Active adults 55+ can enjoy use of both Recreation Centers with this pass for drop-in use.	\$105.00 (CPV \$4.20)	\$84.00 (CPV \$3.36)	\$80.00 (CPV \$3.57)	\$64.00 (CPV \$2.56)
Fitness Drop-In Class	\$10.00	\$8.00	\$10.00	\$8.00
Monthly Membership* Active adults ages 55–82 can enjoy use of both Recreation Centers with this pass for drop-in use.	\$34.50/mo \$390.00 12 months prepaid	\$28.00/mo \$312.00 12 months prepaid	\$25.50/mo \$282.00 12 months prepaid	\$20.75/mo \$225.00 12 months prepaid
Monthly Premier Membership* Upgrade your Monthly Premier Membership to include eligible group fitness classes, one personal training session and four guest passes. (See pages 48 through 53 for eligible fitness classes.)	\$44.50/mo \$484.00 12 months prepaid	\$34.25/mo \$387.00 12 months prepaid	\$33.25/mo \$375.00 12 months prepaid	\$27.00/mo \$300.00 12 months prepaid
Platinum Pass (83+)	_	_	FREE	FREE

Racquetball/Handball/Walleyball Recognized user groups see Center Supervisor for rates.	Courts are reserved by the hour. Reservations are accepted two days in advance.	Fee included in center admission.
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\*Monthly memberships are auto-renewed monthly until bank card expiration. Fee based on resident status at the time of auto-renewal. Contract required. Active adult passes and memberships valid at both ERC and Malley for individuals over the age of 55. Does not include Social Pass.

#### **HOW TO REGISTER**



**Corporate Rates** 

**ONLINE: Submit registrations** anytime at englewoodrec.org. Payments must be made with Visa, MasterCard, Discover Card or American Express.



**WALK-IN:** Registrations are accepted at the Englewood **Recreation Center or Malley** Recreation Center during regular business hours.



Call for pricing; pricing based on residency and number of visits purchased.

PHONE: Call 303-762-2680 or 303-762-2660 during regular business hours.

#### **Policies and Enrollment**

All registrations are processed in the order they are received. At the beginning of each registration period, Englewood Resident ID cardholders are given priority and are able to enroll two days before non-residents. During this period, non-resident registrations are accepted and prioritized by date/time. After this process, all registrations are handled on a first-come, first-served basis. All checks are payable to the City of Englewood. Checks are accepted for payment, provided they are for the amount of purchase only, local (Colorado), preprinted with customer's name and address, and have a valid Colorado driver's license or Colorado ID card number on them. A \$30 service charge will be assessed on any returned check.

#### MALLEY RECREATION CENTER

For ages 55 and better • 303-762-2660 • 3380 S. Lincoln St.

The Malley Recreation Center and programs promote healthy lifestyle and social activity. Enriching programs include fitness, arts and crafts, outdoor adventures, education, excursions, extended travel, special events, VOA lunch, drop-in activities and more. Home to the highest quality Pilates Reformer machines.

#### Hours of Operation

M-Th: 8:00 a.m. - 7:00 p.m. F: 8:00 a.m. - 5:00 p.m. Sa 9:00 a.m. - 1:00 p.m.

#### **Center Closures**

MEMORIAL DAY INDEPENDENCE DAY LABOR DAY

Participants 55 years of age and older receive class/program registration priority; adults 18 years and older may register for classes/programs based on availability. The Malley Fitness area and computer access are not available for those under age 55. All classes and special events are available to all ages.

#### Wellness Insurance Programs (WIP)

Englewood and Malley Recreation Centers honor Wellness Insurance Programs, including SilverSneakers®, Renew Active®, One Pass and One Pass Commercial. See page 20 for more information.

#### **Volunteers of America (VOA)**

The VOA and Malley Recreation Center have teamed up to provide lunch Monday thru Friday from 11:30 a.m. - 12:15 p.m. Completed application and reservations are required two days in advance by calling 303-762-2660. Suggested donation of \$2.50 per meal for those age 60+ or eligible spouse. Guests dining under age 60 are \$11.

#### Colorado Visiting Nurses Association (CVNA)-Medical Foot Care Clinic

Footcare with CVNA allows patients to receive preventative care and discuss health concerns with a medical professional. CVNA can also provide referrals to physicians. By appointment only: 303-698-6496.

# Arapahoe County Homemakers & Chore Services Program

Maintain a healthy, active and independent life. Program provides free light housekeeping and assistance with heavier household chores for older adults. Services include yardwork, washing first floor windows, household cleaning and organizing. For info, call 303-738-8080 or email SeniorResources@arapahoegov.com.

#### **Social Pass**

12 months of access to all the MRC programs that do not include a class number. Include fitness center, game room, computers, billiards, lobby access, table tennis, pickleball and drop-in gym.

	ACTIVE ADULT: 5	5 years and over
Туре	Resident	Non-Resident
Social Pass	\$48.00	\$60.00
Monthly Pass (Multi-Facility)	\$20.75/mo (\$225.00 – 12 months prepaid)	\$25.50/mo (\$282.00 – 12 months prepaid)
25 Visit Pass (Multi-Facility)	\$64 (Cost per visit: \$2.56)	\$80 (Cost per visit: \$3.57)
Premier Pass	\$27.00/mo (\$300.00/mo – 12 months prepaid)	\$33.25/mo (\$375.00 – 12 months prepaid)
Platinum Pass (83+)	FREE	FREE

<sup>\*</sup>Monthly memberships are auto-renewed monthly until bank card expiration. Fee based on resident status at the time of auto-renewal. Contract required. Active adult passes and memberships valid at both ERC and Malley for individuals over the age of 55. Does not include Social Pass.

#### **Pickleball**

Pickleball is a low-impact, active game combining elements of badminton, tennis and table tennis. Players use paddles and a plastic ball in a court with a low net. It's easy to learn this quick, fast-paced, competitive game. Equipment is available. Annual or daily pass required.

D	ROP-IN I	PICKLE	Courts are subjec	t to availability.				
	Level	Su	М	Tu	w	Th	F	Sa
MRC	Beg./Int.	_	11:30 a.m. – 2 p.m.	_	-	_	11:30 a.m. – 2 p.m.	9:15 a.m. – 12:15 p.m.
Σ	Adv.	_	2 – 4:45 p.m.	_	2:15 – 5:30 p.m.	_	2 – 4:45 pm	9:15 a.m. – 12:15 p.m.
ERC	Beg./Int.	_	_	11:30 a.m. – 2 p.m.	-	_	6 – 7:45 p.m.	_
CFHSC	Beg./Int.	_	_	1 – 5 p.m.	-	1 – 5 p.m.	noon – 4:30 p.m.	_
CFF	Adv.	1 – 5 p.m.	_	8 a.m. – noon	_	8 a.m. – noon	_	_

MRC = Malley Recreation Center, ERC = Englewood Recreation Center, CFHSC = Colorado's Finest High School of Choice

## MALLEY RECREATION CENTER SOCIAL PASS

SELF-LED PROG	RAMS – RE	QUIRES	SOCIA	L PASS			
Class	Activity #	Dates	Days	Time	Location	Fee	Res
<b>Craft &amp; Community</b> Join other crafters in your community and socialize while working on a craft project of your choice. Patrons bring all necessary supplies for projects. No instructor provided. Large craft tables and sink available.	31760611	6/5 - 8/28	М	1:00 – 3:00 p.m.	MRC	\$17	\$14
Open Paint Studio Come together with folks from the community to work on a painting. Whether you are an amateur or an expert, open studio welcomes you. This program is a student led workshop and does not have an instructor. Students bring personal supplies for open studio.	31761411	6/5 - 8/29 No Open Pa	Tu aint Stud	1:00 – 3:00 p.m. lio 7/4	MRC	\$17	\$14
Drop-in Woodcarving Bring along your current woodcarving project and join other experienced carvers in completing your masterpiece! This is a drop-in group of folks that socialize while carving in a self-led workshop setting. Required Supplies: carving glove and thumb guard.	31762512	6/7 - 8/30	W	2:00 – 4:00 p.m.	MRC	\$17	\$14

DROP-IN PROGRAMS – FREE (	OR REQUIRES	SOCIAL	PASS	
Class	Dates	Days	Time	Fee
<b>Mahjongg</b> Bring along your Mahjongg set and join us for this complex game that originated in China, which has up to 144 game tiles. The first person to match a hand of 14 tiles wins the game calling out "Mahjongg!"	6/5 - 8/28	М	12:30 – 3:30 p.m.	SOCIAL PASS FREE
<b>Table Tennis</b> Also known as ping-pong or whiff-whaff, this is a sport which can be played in singles or doubles and is great for beginners or more advanced levels.	6/6 - 8/31 No Play 7/4	Tu/Th	noon – 4:30 p.m.	SOCIAL PASS FREE
Retirement Support Group  Gather with other retirees to share thoughts and stories or even simply socialize. Topics are guided by the group and can include friendship, companionship, purpose, reflection and much more.	6/7 - 8/30	W	10:00 – 11:00 a.m.	SOCIAL PASS FREE
<b>Bingo</b> Join this game of chance in person or via Zoom. Malley Recreation Center has the best Bingo crew and fun prizes! Join us this month.	6/8, 7/13, 8/10	Th	1:00 – 2:00 p.m.	SOCIAL PASS FREE
Photography Club Cynthia Slade is our resident photography expert! Take portraits of emotion, try a double exposure, get creative with a reflection, and more. Swing by to discuss all things photography and take home a new skill or two.	6/16, 7/14, 8/11	F	1:00 p.m.	FREE
Movie Time  Join us the second Friday of each month to watch a free movie on the big screen. Popcorn available for 25 cents. Watch for monthly flyers or call 303-762-2660 the week of the movie to find out what is playing.	6/9, 7/14, 8/11	F	1:00 - 3:30 p.m.	FREE

MALLEY RECREATION CENTER

#### **ADULT PROGRAMMING**

#### **Book Clubs**

Come check out one of the book clubs hosted by the library. E-mail us at cbarnett@englewoodco.gov or go to englewoodco.gov/library for this month's pick and how to get a copy!

0 171 1 61

Novels @ Night	from 6:00 – 7:30 p.m.
Books @ the Bar!	Third Monday of the month from 6:30 – 8:00 p.m. at various locations
Sack Lunch Sagas	Fourth Wednesday of the month from 12:30 – 2:00 p.m.
YA Book Club for Adults	First Thursday of the month from 6:00 – 7:30 p.m.

#### **RECURRING PROGRAMS**

#### **Resource Connect**

Every Monday, 11:30 a.m. - 2:30 p.m. Location: Library Floor

Join us on Mondays to connect with local resources for assistance. Multiple organizations will be available to help with medical and mental health, food & nutrition, family wellness, employment training/certification and placement. Please check our website at englewoodco.gov/library for which groups will be present each week. No registration required.

#### **Creative Writing Group**

First and third Wednesday of the month, 6:00 p.m. - 7:30 p.m. Location: Anderson Room

Join our writer's group! We meet twice monthly for discussion, practice with prompts and other writing exercises. All experience levels are welcome. For ages 16+. No registration required.

#### Let's Get Crafty

Second Saturday of the month, 2:00 - 3:30 p.m. Location: Anderson Room

Broaden your creative horizon! Join us on Saturday afternoons each month to create a new craft, and maybe learn a new skill! We'll provide the space, supplies and guidance. No registration required, but space is limited.

LIBRARY STAFF					
	Librarian Corinne Barnett	cbarnett@englewoodco.gov			
	Librarian Kimberly Powers	kpowers@englewoodco.gov			

#### Life, The Universe, and Everything

Third Tuesday of the month, 6:00 - 7:30 p.m. Location: Perrin Room

The library, in conjunction with the Masonic Philosophical Society, invites you to delve into the arena of philosophy, exploring a new topic every month and inspiring individuals to self-awareness. Check our website at englewoodco.gov/library for monthly discussion topics. For adults. No registration required.

#### **D&D Game Night**

Fourth Thursday of the month, 6:00 – 7:30 p.m. Location: Anderson Room

Calling all adventurers! Open to all levels of experience! A monthly D&D Night where you can join a new campaign or have the space to run your current one. Open to all levels of experience! New players are always welcome. For ages 12+. No registration is required, but space is limited.

#### Sit N Knit

Last Wednesday of the month, 6:00 - 7:30 p.m. Location: Perrin Room

Whether you're an expert or don't know how to cast on, this group could be just what you're looking for! Join us for a relaxing evening to build your skills, share your knowledge and make new friends. For ages 14+. No registration required.

#### **ONGOING PROGRAMS**

#### **ELL/Citizenship Tutoring**

The library offers English Language and Citizenship tutoring for all levels. Our tutors will work with your schedule and can meet right here in the library for tutoring sessions. Stop in at the library for an application.

#### **ADULT SUMMER READING**



**REGISTRATION BEGINS MAY 25** 

Adults - read and play at the library this summer! Summer Reading isn't just for the kids!

#### **Technology Assist**

Every Tuesday and Thursday, noon - 2:30 p.m. Location: Tech Lab

Library staff will help you with all of your technology needs in this twice weekly program. Bring in your own laptop, smartphone, tablet or other device for troubleshooting, or get one on one help at one of the library's public computers. We'll strive to answer all of your technology questions!

#### **Computer Basics: Just Getting Started**

First Saturday of the month, 2:00 - 3:30 p.m. Location: Tech Lab

Need help learning the basics of computer use? Have a tech troubleshooting question? Join us for Computer Basics the first Saturday of the month, where our staff will assist you with your basic computing needs. No computer experience required.

#### **Smartphone and Tablet Basics**

Third Saturday of the month, 2:00 - 3:30 p.m. Location: Tech Lab

Learn the basics of operating your smartphone or tablet. Learn about different operating systems and how to download apps. You can also learn how to protect your personal devices from hacking and identity theft. Have a tablet or smartphone troubleshooting question? Our staff will be on hand to help! No computer experience required.

ENGLEWOOD LIBRARY

**PLEASE NOTE:** Computer classes take place in the Englewood Public Library.

Registration is not required, but space is limited.



#### **AFTER HOURS PARTIES**

Join us on a Saturday night this summer for some After Hours fun! Childcare options available. Call us at 303-762-2560 for more details.

80s Party - Saturday, June 3, 6:00 - 7:30 p.m. Location: Library. Trivia, MTV, Neon and Mall Food. Whether you're a Breakfast Club member, footloose or always looking pretty in pink, join us for an 80s-themed party! Costumes encouraged, but not required. Call us at 303-762-2560 to register.

Cornhole Tournament - Saturday, July 8, 6:00 - 7:30 p.m. Location: Centennial Park. Fancy a little competition? Join us for cornhole and lawn games! Meet your neighbors, and let's enjoy a summer evening outside. Registration is encouraged.

Murder Mystery Party - Saturday, August 5, 6:00 - 7:30 p.m. Location: Library. Put on a costume or just your detective hat, and join us for an interactive murder mystery that places you directly at the scene of the crime. Are you an innocent bystander, a murderer or the victim? Only playing the game will get you to a solution. Call us at 303-762-2560 to register.

#### **TUES MOVIE NIGHTS**

#### Tuesdays at 6:00 p.m.

May 30 - August 1. Location: Hampden Hall.

No program Tuesday, July 4

Join us for a series of nostalgic movies, screened each Tuesday throughout the summer. Details and movie ratings will be available on our website. No registration required.

#### **CHILDREN AND TEEN PROGRAMMING**

#### **Storytime Programming**

Children learn naturally when they read, sing, write, talk, and play! Our interactive storytimes combine books, songs, rhymes, and fun. No registration required.

#### **TODDLER STORYTIME** | Every Monday and Tuesday at 10:30 a.m. For children 18 months to 3 years old.

This storytime taps into the boundless energy of toddlers. It will engage children with short stories, finger plays, action rhymes, and songs. Your toddler will be learning sounds, letter recognition, and new words that will help them grow into pre-readers all while having fun.

#### **BABY STORYTIME** | Every Wednesday at 10:30 a.m. For children up to 18 months

Join us for a lap sit storytime that focuses on developing a love of reading using books, songs, movement, and rhyme.

#### PRESCHOOL/FAMILY STORYTIME | Every Thursday

at 10:30 a.m. For children of all ages

Pre-readers will improve literacy skills needed in preschool and kindergarten. This storytime features longer books accompanied by a variety of activities, including simple crafts, flannel boards, puppetry, and dramatics. Children will learn letter recognition and new words all while having fun.

#### **STORYTIME IN THE PARK** | Every Friday at 9:30 a.m.

and 10:30 a.m. For children of all ages

Join us every Friday for storytime in a local park. Park locations will be announced weekly. Please bring a blanket for your family

#### **ALL AGES PROGRAMMING**

#### **MONDAY MOVIES**

Join us this summer for popcorn and animated movies.

6/5	M	2:00 p.m. Sing 2
6/12	M	2:00 p.m. WALL-E
6/19	M	2:00 p.m. Monsters, Inc.
6/26	M	2:00 p.m. The Incredibles
7/3	M	2:00 p.m. Minions: The Rise of Gru
7/10	M	2:00 p.m. Encanto
7/17	M	2:00 p.m. Peanuts Movie
7/24	M	2:00 p.m. Big Hero Six
7/31	M	2:00 p.m. Trolls
8/7	M	2:00 p.m. Ferdinand

#### **TUESDAY PARTIES**

Join us for our Summer Classic Book Character Neighborhood Block Parties. There will be dancing, stories, crafts, service opportunities and more.

5/30	T	2:00 p.m. Elmer the Elephant
6/6	T	2:00 p.m. Gerald and Piggie and Friends
6/13	Τ	2:00 p.m. Sesame Street
6/20	Τ	2:00 p.m. Bear Snores On
6/27	Τ	2:00 p.m. Superheroes
7/11	Τ	2:00 p.m. Winnie the Pooh
7/18	Τ	2:00 p.m. If You Give a Mouse a Cookie
7/25	Τ	2:00 p.m. Clifford the Big Red Dog
8/1	Τ	2:00 p.m. Magic School Bus

#### WEDNESDAY PERFORMER EVENTS

Join us in the Community Room for Live performers.

5/31	W	2:00 p.m. Nature's Educators - Live Animals
6/7	W	2:00 p.m. Wick School of Irish Dancers
6/14	W	2:00 p.m. Magic Dave and his Puppets
6/21	W	2:00 p.m. Nature's Educators - Live Animals
6/28	W	2:00 p.m. Talewise Science
7/5	W	2:00 p.m. Denise Gard Storytelling with Dogs
7/12	W	2:00 p.m. Arvada Center Participation Play
7/19	W	2:00 p.m. Mad About Hoops
7/26	W	2:00 p.m. DaVinci Science Adventures
8/2	W	2:00 p.m. Ann Lincoln Magic

#### **THURSDAY IN PERSON EVENTS**

Join us for fun interactive family events. Each week is a new fun activity.

6/1	Th	2:00pm	Out of the Box: Building a Community
6/8	Th	2:00pm	Craft-a-Palooza
6/15	Th	2:00pm	Science of Disasters
6/22	Th	2:00pm	Stuffy Sleepover
6/29	Th	2:00pm	Emergency Responders
7/6	Th	2:00pm	Summer Crafts
7/13	Th	2:00pm	Foam Party (outside)
7/20	Th	2:00pm	All Together Now Science
7/27	Th	2:00pm	International Day
8/8	Th	2:00pm	Water Play (outside)

#### **FRIDAY LEGO FREE PLAY**

Join us in the storytime room every Friday at 2:00pm for Lego Free Play. Children under 5 years old must be accompanied by an adult.

#### TWEEN PROGRAMMING

#### Tween programming is geared towards ages 8 - 11.

Join us for fun programs. Kids come into the program without their parents, but we do ask that parents stay in the library for the duration of the program.

6/5	M	4:00 p.m.	Pen Pals and Friendship Bracelets
6/12	M	4:00 p.m.	Science Matters
6/19	M	4:00 p.m.	Service Project
6/26	M	4:00 p.m.	World Art
7/3	M	4:00 p.m.	Edible Science
7/10	M	4:00 p.m.	Be Kind to Yourself
7/17	M	4:00 p.m.	Ceramics - Part I (Registration Required)
7/24	M	4:00 p.m.	Ceramics - Part II (Registration Required)
7/31	M	4:00 p.m.	Murder Mystery
			(Registration Required)

## **Summer Reading is here!**

We have reading programs for all ages. Be sure to come into the library to sign up.

#### Baby Reading Program (ages 0 to 12 months):

Read 10 books to your baby then come to the library to pick up your free book.

#### Kids Reading Program (ages 1 to 11 years):

Read 10 hours then come into the library to pick up your free book. Need some incentive along the way? Stop by the library and get small prizes for every 2 hours you read.

#### Teen Reading Program (ages 12 to 18 years old):

Read 24 hours then come to the library to pick up your free book. Need some incentive along the way? Stop by the library and get small prizes for every 6 hours you read.

**Note**: Reading includes reading on your own, being read to, reading to others and listening to audio books.

What Else: Don't miss out on our fun summer activities. We have lots of fun stuff planned for the summer.

#### **Englewood Age Friendly Action Plan - Coming Soon!**

At the recent City Council Retreat, they proposed adding a goal focused on senior services in the Community Wellbeing outcome area of the City's Strategic Plan. Through this proposed goal, the City will seek to create an Englewood Age Friendly Action Plan in order to identify age-related issues in the City of Englewood; create senior access points; publicize current programs and opportunities; and identify service gaps and action plan items. This plan will assist the City in developing specific programs and initiatives to assist the 16% of the City's population over the age of 65, while planning for those who will become seniors in the next several years. Information will be shared as the plan moves forward.

#### **TEEN PROGRAMMING**

#### Teen programming is geared towards ages 12-18.

Teen Hangouts: Join us for weekly hangouts in the Teen Room. Activities include Switch Games, Board Games, Crafts and Movies.

Every Tuesday 5:00 - 7:00 p.m.

Email englewoodteen@gmail.com to get information on weekly

**Programs for Teens:** Join us for fun after hours programs (6pm to 8pm) every Friday all Summer. These programs will be after the library closes so please drop off and pick up on the garage side of the library.

6/2	F	6:00 p.m.	Escape Room Murder Mystery (Registration Required)
6/9	F	6:00 p.m.	Tie Dye/Bleach Painting
6/16	F	6:00 p.m.	Robotics and Laser Tag
6/23	F	6:00 p.m.	Casino Night
6/30	F	6:00 p.m.	Field Day in the Park (Rotolo Park)
7/7	F	6:00 p.m.	Board Game Night
7/14	F	6:00 p.m.	Murder Mystery (Registration Required)
7/21	F	6:00 p.m.	Watercolor Art (Registration Required)
7/28	F	6:00 p.m.	Star Wars Night
8/4	F	6:00 p.m.	Service Project



The Englewood Public Library has memberships at local art, culture, history and outdoor destinations so that library cardholders can explore Colorado for FREE.



englewoodco.gov/culture-pass





Park and Open Space Area Hours: 7 days a week, 6:00 a.m.- 11:00p.m.

**Park Use Permits:** Required for groups of 15+ people who will use the park but do not require a pavilion. Commercial use of a park, including individuals or businesses organizing classes or services, requires a Park Use Permit, \$100 permit fee and evidence of additional insurance. No more than four Park Use Permits will be issued to the same group or individual during a calendar year. Visit englewoodco.gov/parks for more details.

Special Event Licenses: Visit englewoodco.gov/events for Special Event requirements, fees and licenses.

Athletic Field Use: Athletic fields must be reserved in advance for any organized play or practice. Email lpeterson@englewoodco.gov for field availability.

Drug and Alcohol Policy: Alcohol and marijuana are prohibited in all Englewood Parks and Open Spaces.

No Smoking: All Englewood parks are smoke- and vape-free.

**Pavilions:** Reserve your park pavilion online at englewoodco.gov/pavilions.

> Visit our website for park amentities.



- 1. RiverRun **Trailhead** 2101 W. Oxford Ave.
- 2. Belleview Park 5001 S. Inca Dr.
- 3. Cushing Park 700 W. Dartmouth Ave.
- 4. Centennial Park 4630 S. Decatur St.
- 5. Jason Park\* 4299 S. Jason St.
- 6. Bates/Logan Park 2938 S. Logan St.
- 7. Baker Park 2200 W. Wesley Ave.
- 8. Romans Park 1800 E. Floyd Ave.
- 9. Rotolo Park 4401 S. Huron St. 10. Duncan Park\*
- 11. Barde Park

3150 S. Downing St.

12. Miller Fields 3600 S. Elati St.

- 13. Brent Mayne & **Union Fields** 3501 W. Union Ave.
  - 14. Colorado's Finest **High School** of Choice
    - 15. Canine Corral 4848 S. Windermere St.

300 W. Chenango Ave.

- 16. Englewood **Community Garden** 601 W. Dartmouth Ave.
- 17. Northwest **Greenbelt\*** Zuni St. to Pecos St.
- 18. Southwest Greenbelt Huron St. to Bannock St.
- 19. Clarkson Park 2795 S. Clarkson St.
- 4880 S. Pennsylvania St. 20. Emerson Park 2929 S. Emerson St.
  - 21. Big Dry Creek **Trail Access** 4700 S. Wyandot St.

\*Off-Leash Areas

## **DOGS IN YOUR PARKS**

Please pick up after your dog and follow posted guidelines so everyone can enjoy your parks.

Canine Corral: 4848 S. Windermere St. Open daily

from 6:00a.m.-11:00p.m.

Dogs must be under voice command at all times and have current vaccinations.

Off-Leash Areas: Dogs may be off leash and under voice control during posted hours at Canine Corral, Jason Park, Duncan Park and Northwest Greenbelt. Dogs must have current vaccinations and remain out of playgrounds, pavilions and athletic fields when fields are programmed with activities. Visit englewoodco.gov/offleash for additional information.





Skyhawks provides a non-competitive environment to teach sports to kids ages 4 to 14. Our goal is to give each child a positive introduction into sports and ensure they walk away with a smile on their face wanting to learn more. Since 1979, Skyhawks has taught over two million boys and girls Life Skills through Sports. Register at skyhawks.fun/englewood

SUMMER 2023						
Camp	Ages	Dates	Time	Location	Fee	
Mini-Hawk Camp (baseball, basketball, soccer)	4 - 6 yrs	7/31-8/4	9:00 a.mnoon	Duncan Park	\$170	
Basketball Camp	6 - 12 yrs	6/19-6/23	9:00 a.m 12:00 p.m.	ERC	\$170	
Basketball & Splash Camp	6 - 12 yrs	6/19-6/23	9:00 a.m 3:00 p.m.	ERC	\$250	
Soccer Camp	6 - 12 yrs	7/17-7/21	9:00 a.m noon	Duncan Park	\$170	
Volleyball Camp	8 - 14 yrs	6/26-6/30	9:00 a.m noon	ERC	\$170	
Volleyball Camp & Splash	8 - 14 yrs	6/26-6/30	9:00 a.m 3:00 p.m.	ERC	\$250	

#### Snapology

**Responsive Robotics with Cubelets** In the challenge-oriented program, participants will explore the basic components of robotics by playing with modular cubes known as Cubelets! Each way, your child snaps the cubes together will create a unique robot, but what matters most is when participants figures out the perfect robot recipe to solve a challenge. Is your child ready to tinker, design, predict, code and have a blast with Snapology?!

6/12-6/16 M, Tu, W, Th, F 9:00 a.m. - noon. \$300/\$280 31439001

Pokemania Come practice Pokemon training skills! They create their own training gyms, unique battles, and even their own generation of Pokemon. They also explore some real world science as they examine the habits, characteristics, and needs of different Pokemon. Every participant receives a shirt!

6/12-6/16 M, Tu, W, Th, F 12:30 - 3:30 p.m. \$300/\$280 31439002

Creature Creator Robotics In Snapology's Creature Creator Robotics class, your animal lover creates their own animalinspired robotic models. Participants learn about gear ratio, sensors, simple machines, and programming, as they build insects, dolphins, gorillas, and much more! Each child will receive a Snapology shirt.

7/17-7/21 M, Tu, W, Th, F 9:00 a.m. - noon. \$300/\$280 31439003

**Jedi Masters** If you love Star Wars, this is the camp for you! Come participate in Star Wars-themed activities, build scenes from the movie, build spaceships, lightsabers, you name it. May the Force be with you. Each participant receives a Snapology shirt.

7/17-7/21 M, Tu, W, Th, F 12:30 – 3:30 p.m. \$300/\$280 31439004



**HOURS OF OPERATION:** 10:00 a.m. - 5:30 p.m. Daily May 27 - Aug 11\*

10:00 a.m. – 5:30 p.m. Weekends only Aug 12, 13, 19, 20, 26, 27

10:00 a.m. - 5:30 p.m. Labor Day Weekend, Sept 2, 3, 4

Ahoy! Welcome to a swashbuckling good time this summer. We offer a leisure pool with a large interactive play structure, a 25m, 6-lane pool with drop slides and a diving board, a 35-ft slide tower with 3 slides, a lazy river, concessions and more. Pirates Cove has licensed lifeguards to ensure your safety. Rules and regulations are online at piratescovecolorado.com.

\*Dates subject to change

#### **PIRATES COVE WATER PARK ADMISSION RATES**

	Child/Sr (2-	17 / 55+yrs)	Adult (18-54yrs)	
	Non-Res	Res	Non-Res	Res
Daily	\$16	\$11	\$17	\$12
Weekends/ Holidays	\$18	\$12	\$19	\$13
Season Pass•	\$120	\$83	\$133	\$91
Family Pass•*			\$298	\$201

Pirates Cove accepts: Visa, MasterCard, Discover, American Express, Cash and NOW ACCEPTING APPLE PAY AND GOOGLE PAY.

#### **RENTALS AT PIRATES COVE**

Cove Cabanas Rent a private cabana for up to 8 people. Includes 2 lounge chairs, 2 regular chairs and a small table.

- Weekday pricing: \$99/\$109
- Weekend and holiday pricing: \$109/\$119

Price does not include park admission. Reserve online.

Patio or Courtyard Rental (Private Space) ONLY available Mon – Thurs. Our gated courtyard and 2 patio locations are available. Each equipped with tables and umbrellas. Reserve online or email ssowter@englewoodco.gov.

**Aquatics Manager:** Kris Davison • kdavison@englewoodco.gov • 303-762-2686 Aquatics Supervisor: Andi Bethard • abethard@englewoodco.gov • 303-783-6974

**Avoid the lines:** Pre-purchase tickets for Pirates Cove to spend more time making a splash. Pre-purchase tickets at the Englewood Recreation Center, as you leave the Cove, or online at piratescovecolorado.com.

Water and Sun Safety: Our top priority is your safety. Although we have lifeguards stationed throughout the park, it's key that you remain with your child at all times, especially if they are under eight years of age or unable to swim. Skin cancer is the fastest growing form of cancer in the U.S. with 1M new cases yearly. Protection from the sun's rays could prevent about 90% of all skin cancer cases. Youth have the highest risk for overexposure and highest rates of disease before the age of eighteen. Look for posters inside Pirates Cove all season long for more information on swim and sun safety.

#### **PARTIES AT PIRATES COVE**

Pirates Cove is a great place to celebrate birthdays, teams, sporting groups, corporate events, and more. Choose from:



The Captain **Cook Party** for 1-15 guests for only \$340



**Billy Bones** Package for 16-25 guests for \$413

Packages include all-day admission, private tables for 2 hours, cupcakes, ice cream, pizza, soda, paper products and a Big Squirt water toy. Additional pizza, cupcakes and tickets can be added to all party packages. Parties are available on Fri, Sat and Sun. Book your party online by visiting our website piratescovecolorado.com

**The Treasure Chest** Did you forget your sunscreen? Misplace your towel? No worries! Pirates Cove has you covered. Located inside the entrance, we carry swim goggles, sunscreen, towels, sunglasses, swim diapers and an assortment of souvenirs. Stop by The Treasure Chest and stock up on your favorite items or to enjoy some Dippin' Dots.

Barnacle Café Join us for lunch or snacks at the Barnacle Café. Serving hot dogs, hamburgers, french fries and pizza. Cool off during the day with a Pirate's favorite, Blue Bunny ice cream. Enjoy an ice-cold soda in one of our souvenir cups. Purchase the cup and get \$1 refills on soda all summer long. Visit our shaved ice stand (cash only) and select from over 50 flavors. Enjoy Funnel Fries (cash only) topped with powdered sugar.

Register at the Englewood Recreation Center, 1155 W. Oxford Ave. or at piratescovecolorado.com. Drop-off registrations are accepted at Pirates Cove. Classes not meeting the min. requirement will be canceled 3 days prior to the class start date. Class full? Ask to be on the waiting list. Classes are often added with enough demand. Check the Swimming class descriptions on page 33 prior to enrolling in a class.

SUMMER SWIMMING LESSONS AT PIRATES COVE						
Fee: \$55/\$44		JUNE		JULY		
*Fee: \$48/\$39 7/	3-7/13		Monday, Tuesday, Wednesday, Thursday			
Class	Time	6/5 - 6/15	6/19 - 6/29	7/3 - 7/13*	7/17 - 7/27	
Babes & Tots	9:00 – 9:30 a.m.	N/A	31310121	N/A	31310141	
Seahorse	9:00 – 9:30 a.m.	31320111	31320121	31320131	31320141	
Carl	8:25 – 8:55 a.m.	31320211	31320221	N/A	N/A	
Seal -	9:00 – 9:30 a.m.	31320212	N/A	31320232	31320242	
Otter	8:25 – 8:55 a.m.	31320311	31320321	N/A	N/A	
Stingray	9:00 – 9:30 a.m.	31330111	31330121	31330131	N/A	
Dolphin	8:25 – 8:55 a.m.	31330211	31330221	31330231	31330241	
Swordfish	8:25 – 8:55 a.m.	N/A	N/A	31330331	31330341	
Barracuda/Shark	8:25 – 8:55 a.m.	N/A	N/A	31330431	31330441	

TIDAL WAVES		JUNE - JULY	
Fee: \$100/\$80		Monday, Tuesday, Wednesday, Thursday	
Class	Time	6/5 – 7/27	
Tidal Waves	7:00 – 8:00 a.m.	31330911	

DEEP WATE	R FITNESS	JUNE	JULY	
Fee: \$50/\$42		Tuesdays & Thursdays		
Class	Time	6/6 – 6/29	7/3 - 7/13	
Deep Water Fitness	8:15 – 9:15 a.m.	31350211	31350221	

<sup>\*</sup> No Classes July 4th. \*\*All Classes on 6/22 will be moved to 6/23 due to the World's Largest Swim Lesson.

#### **Tidal Waves at Pirates Cove**

Level up your swimming skills with our year-round CARA recreational swim team. Swimmers must be proficient in freestyle and backstroke for 25 meters.

#### **Deep Water Fitness at Pirates Cove**

Enjoy the benefits of a low impact work out using belts and noodles in our 12 foot pool. This is a self led class for participants comfortable in deep water with previous water fitness experience. Class size is limited, sign up now.

**f** Follow us on Facebook: **PiratescoveFamilyAquaticCenter** Instagram: Piratescovecolorado

#### **SUMMER EVENTS**

#### **World's Largest Swim Lesson:** 6/22

Drowning is the second leading cause of death in children ages 1–14. We're proud to promote the Learn to Swim program. Come June 22 for a free 1/2 hr swim lesson. After, stay and work on the skills you learned.

#### **Adult Nights at the Cove: 6/14, 7/12, 7/26, 8/3**

Enjoy water cannons in the Lagoon, race down the slides and be drenched by the dump bucket. Enjoy the waterpark "kid free." Reserved for those 18+ from 6 – 8 p.m. Live music. Beer available for purchase for guests 21+ with valid ID. Get tickets (\$6) online one week prior to each date. Remaining tickets available at door. Follow our socials for band info, updates and chances to win tickets!

**Food Drive:** 7/10-15

<sup>\*</sup> Price includes up to four people in same household. Each person over the 4 allowed family members will be charged \$39 per person. • All passes expire 9/4/23. For resident discount price, each individual must present a current Englewood Recreation ID.



#### Hours

**M - Th:** 6:00 a.m. – 8:30 p.m. **F:** 6:00 a.m. – 7:30 p.m. **Sa/Su:** 8:00 a.m. – 4:30 p.m.



#### **Pool Safety Guidelines**

Children under 8 years old must be directly supervised by an adult in the pool area. Adults must provide in-water supervision of children unable to pass the swim test.

Supervise your children. No diving. No breath-holding games, please.

#### The Swim Test

Children under 8 years old must be able to swim 10 meters by themselves to go down the big slide or to be out of reach of an adult.

#### **Pool Features**

- 8 lanes, 25 meters
- Body slide (must pass a swim test)
- 2-3 ft. shallow children's area with easy-access stairs
- Small slides
- Family changing rooms
- Dry sauna
- ADA accessible
- Pool temp 86° year-round

#### **Open Swim**

Head on down for an afternoon of fun. Toss the ball, dive for rings or take a ride down the slides. Some features may not be available due to shared programming.

**M - F:** 1:00 – 4:00 p.m. **Sa/Su:** 1:00 – 4:30 p.m.

**Tot Pool:** Open daily until close (except 8:00 a.m. – noon

weekends). Check online for more details.

#### **Lap Swim**

At least one lane is available at all times of the day. Circle swimming and lap swim etiquette applies. Please check online for a more detailed schedule.

**M – Th:** 6:00 a.m. – 8:30 p.m. **F:** 6:00 a.m. – 7:30 p.m. **Sa/Su:** 8:00 a.m. – 4:30 p.m.

Following COVID-19 guidelines, schedules and policies may change at any time. There is no evidence that COVID-19 can spread to humans through the use of pools and hot tubs.

#### **POOL PARTIES!**

Bring your party to us! You'll have two hours to set up and host your own party followed by two hours of swimming. Parties for children under 8 years old require 3–5 adults actively supervising in the water with swimsuits on.

Call or register online. 303-762-2680

**Saturday and Sundays** Room rental: 12:15 - 2:15 p.m. (you set up and clean up) Pool time: 1:45 - 4:30 p.m.

1 - 15 guests: \$125 / \$145\* 16 - 25 guests: \$150 / \$170\*

\*Blue Spruce Room



#### **Infant and Toddler**

#### Babes & Tots (6 mos - 3 yrs)

Introduction to the water with a focus on safety and primary water skills, including submersion, bubbles and water play in a fun, family environment.

#### Jellyfish (2½ - 3½ yrs)

This class is for advanced toddlers who go under water willingly and are nearly floating on their own. Instructor approval requested.

#### **Preschool**

#### Seahorse (3 - 5 yrs)

These little ones may be cautious, but are ready to start the basics. A gentle approach using songs and games helps them gain confidence and trust.

#### Seal (3 - 5 yrs)

These little ones are happiest going under water and are just starting to float on their own.

#### Otter (3 - 5 yrs)

These little ones can float for 10 seconds, roll over and kick 10 meters to safety.

#### Sea Lion (3 – 5 yrs)

These are our most experienced little swimmers, working on freestyle and backstroke drills, with the goal of being able to swim 15 meters with ease.

#### **School Age**

#### Stingray (6 - 14 yrs)

Swimmers with limited experience or basic skills should start here. Cautious and adventurous alike will find success in this class. Floating, kicking and breathing will be mastered here.

#### **Dolphin (6 – 14 yrs)**

Swimmers will be conditioned to float, kick and breathe for longer distances while core swimming skills are introduced and mastered. Swimmers will master freestyle and backstroke drills for 15-25 meters.

#### Swordfish (6 - 14 yrs)

Swimmers at this level are well conditioned and beginning to swim up to 25 meters of freestyle, backstroke and elementary backstroke with ease. Dolphin kick and treading water will be introduced.

#### Barracuda/Shark (6 - 14 yrs)

Swimmers are working toward 50 meters of freestyle and backstroke with efficiency and ease. Butterfly and breaststroke drills are introduced and refined. Open turns, treading water for time and advanced safety skills are included.

# **WATER FITNESS**

#### **Aqua Power**

Ages: 16 yrs +

Add water to your everyday routine and see the difference.

6/8 – 6/29	Th	5:00 – 5:55 p.m.	\$25/\$21	31250211
7/6 – 7/27	Th	5:00 – 5:55 p.m.	\$25/\$21	31250221
8/3 - 8/17	Th	5:00 – 5:50 p.m.	\$19/\$16	31250231

#### **Agua HIIT**

Ages: 16 yrs +

High intensity followed by active recovery = all gain with no pain.

6/6 – 6/27	Tu	5:00 – 5:55 p.m.	\$25/\$21	31250611
7/11 – 7/25	Tu	5:00 – 5:55 p.m.	\$19/\$16	31250621
8/1 - 8/22	Tu	5:00 - 5:50 p.m.	\$19/\$16	31250631

#### Senior Agua =

Ages: 55 yrs +

Rediscover the fountain of youth, where splashing and smiling isn't iust for kids.

6/5 – 8/14	М	9:00 – 9:50 a.m.	\$30/\$24	31260121
6/6 - 8/15	Tu	9:00 - 9:50 a.m.	\$30/\$24	31260122
6/6 - 8/15	Tu	10:00 - 10:50 a.m.	\$30/\$24	31260123
6/7 - 8/16	W	9:00 - 9:50 a.m.	\$30/\$24	31260124
6/8 - 8/17	Th	9:00 - 9:50 a.m.	\$30/\$24	31260125
6/9 - 8/18	F	9:00 - 9:50 a.m.	\$30/\$24	31260126

#### **EVENING SWIMMING LESSONS AT ERC**

		JUNE	JULY	
E				
Fee: \$55/\$44		Mondays & Wednesdays		
Class	Time	6/5– 6/28	7/5-7/31	
Jellyfish	4:00 – 4:25 p.m.	31210213	31210223	
Seahorse	4:00 – 4:25 p.m.	31220113	31220123	
Seal	4:30 – 5:00 p.m.	31220213	31220223	
Otter/Sea Lion	5:05 – 5:35 p.m.	31220313	31220323	
Stingray	4:30 – 5:00 p.m.	31230113	31230123	
Dolphin	5:05 – 5:35 p.m.	31230213	31230223	
Swordfish	5:40 – 6:10 p.m.	31230313	31230323	
Barracuda/Shark	5:40 – 6:10 p.m.	31230413	31230423	

MORNIN	IG SWIMMIN	G LESSONS A	T ERC

	MORNING SWIMMING LESSONS AT ERC						
Fee: \$55/\$44		SESSIONS 2 WEEKS, 8 LESSONS					
*Fee: \$48/\$39	7/3-7/13	Monday, Tuesday, Wednesday, Thursday					
Class	Time	Session 1: 6/5 - 6/15	Session 2: 6/19 - 6/29	Session 3: 7/3 - 7/13	Session 4: 7/17 - 7/27		
Babes & Tots	9:05 – 9:35 a.m.	31210111	31220116	31220117	N/A		
	9:05 – 9:35 a.m.	N/A	N/A	31210231	31210241		
Jellyfish	9:40 – 10:10 a.m.	31210211	31210221	N/A	N/A		
	10:50 – 11:20 a.m.	31210215	31210216	N/A	N/A		
	9:05 – 9:35 a.m.	31220212	31220132	31220142	31220142		
Seahorse	10:15– 10:45 a.m.	N/A	N/A	31220131	N/A		
	10:50 – 11:20 a.m.	31220111	31220116	N/A	N/A		
	9:05 – 9:35 a.m.	31220211	31220222	N/A	N/A		
Seal	9:40 – 10:10 a.m.	N/A	N/A	31220232	31220242		
	10:15 – 10:45 a.m.	31220212	31220221	N/A	N/A		
Otter/	10:15 – 10:45 a.m.	N/A	N/A	31220331	N/A		
Sea Lion	10:50 – 11:20 a.m.	31220311	31220312	N/A	N/A		
Stingray	9:40 – 10:10 a.m.	31230111	31230121	31230131	31230141		
Sungray	10:15 – 10:45 a.m.	31230211	31230122	N/A	N/A		
	9:40 – 10:10 a.m.	31230212	31230222	31230232	N/A		
Dolphin	10:15 – 10:45 a.m.	31230112	31230221	N/A	N/A		
	10:50 – 11:20 a.m.	N/A	N/A	31230231	N/A		
Swordfish	9:05 – 9:35 a.m.	N/A	N/A	N/A	31230341		
Sworunsii	10:50 – 11:20 a.m.	N/A	N/A	31230331	N/A		
Barracuda/	9:40 –10:10 a.m.	N/A	N/A	N/A	31220232		
Shark	10:50 – 11:20 a.m.	N/A	N/A	31230431	N/A		

WEEKEND SWIMMING LESSONS AT ERC					
		JUNE	JULY	AUGUST	
Fee: \$25/\$20			Saturdays		
Class	Time	6/10-7/1	7/8-7/29	8/5 - 8/19	
Babes	10:00 – 10:30 a.m.	31210114	31210124	31210134	
& Tots	10:35 – 11:05 a.m.	31210115	31210125	31210135	
Jellyfish	9:30 – 9:55 a.m.	31210214	31210224	31210234	
Seahorse	10:00 – 10:30 a.m.	31220114	31220124	31220134	
Seanorse	10:35 – 11:05 a.m.	31220115	31220125	31220135	
Cool	10:00 – 10:30 a.m.	31220214	31220224	31220234	
Seal	10:35 – 11:05 a.m.	31220215	31220225	31220235	
Otter	8:50 – 9:20 a.m.	31220314	31220324	31220334	
Sea Lion	11:10 – 11:50 a.m.	31220414	31220424	31220434	
Stingrov	9:15 – 9:55 a.m.	31230114	31230124	31230134	
Stingray	11:10 – 11:50 a.m.	31230115	31230125	31230135	
Dolphis	9:15 – 9:55 a.m.	31230214	31230224	31230234	
Dolphin	11:10 – 11:50 a.m.	31230215	31230225	31230235	
Swordfish	8:30 – 9:10 a.m.	31230314	31230324	31230334	
Barracuda/ Shark	8:30 – 9:10 a.m.	31230414	31230424	31230434	

#### **PRIVATE SWIMMING LESSONS**

Sign up for private lessons with our experienced instructors who will provide hands-on instruction in or out of the water based on your preferences. For an additional fee, a second person can be added to the lesson at the payment screen. Check online for more days and times.

	1 student	2 students
3 classes	\$72	\$87
4 classes	\$96	\$116

	JU	NE	JU	ILY	AU	GUST
4 classes	Tuesdays	Thursdays	Tuesdays	Thursdays	Tuesdays	Thursdays
Time	6/6 - 6/27	6/8 - 6/29	7/11 – 7/25	7/6 – 7/27	8/1-8/15	8/3-8/17
4:00 – 4:30 p.m.	31231211	31231221	31231231	31231241	31231251	31231261
4:30 – 5:00 p.m.	31231212	31231222	31231232	31231242	31231252	31231262
5:00 – 5:30 p.m.	31231213	31231223	31231233	31231243	31231253	31231263
5:30 – 6:00 p.m.	31231214	31231224	31231234	31231244	31231254	31231264
6:00 – 6:30 p.m.	31231215	31231225	31231235	31231245	31231255	31231265
6:30 – 7:00 p.m.	31231216	31231226	31231236	31231246	31231256	31231266

		Sundays	
Time	6/11 – 7/2	7/9 – 7/30	8/6-8/20
9:00 – 9:30 a.m.	31231227	31231247	031231267
9:30 – 10:00 a.m.	31231228	31231248	31231268
10:00 – 10:30 a.m.	31231229	31231249	31231269
10:30 – 11:00 a.m.	31231230	31231250	31231270

Ages: 3 years – adult (18 months – 3 years, parent assisted at the instructor's discretion)

# **CULTURAL PROGRAMS** SPECIAL EVENTS

Location: Malley Recreation Center (MRC).

#### **Creative Pottery**

Ages: 55 yrs +

Use different methods of hand building and/or sculpting to create three pieces of art. Glazes included. Open to all skill levels. Supply fee \$15 per 25 pounds of clay used payable to instructor.

#### Instructor: Michael McGrath

6/6 – 7/18	Tu	10:00 a.m. – noon	\$72/\$67	31760411
7/25 – 8/29	Tu	10:00 a.m. – noon	\$72/\$67	31760412
6/7 – 7/19	W	10:00 a.m.– noon	\$72/\$67	31760311
7/26 – 8/30	W	10:00 a.m.– noon	\$72/\$67	31760312
6/7 – 7/19	W	4:30 - 6:30 p.m.	\$72/\$67	31760313
7/26 – 8/30	W	4:30 - 6:30 p.m.	\$72/\$67	31760314

#### **Drawing and Painting Class**

Ages: 55 yrs +

Whether you like to paint, smatter, draw or sketch, this class will bring out creativeness using different mediums such as watercolors, acrylics or pencils. Pick your favorite, and enrich your skills in this class. All levels of experience welcome. Bring any works in progress or start something new.

#### Instructor: Eileen Hoffman

6/1 - 7/6	Th	10:00 a.m. – noon	\$60/\$55	31760511
7/13 - 8/17	Th	10:00 a.m. – noon	\$60/\$55	31760512

#### **Open Paint Studio**

Ages: 55 yrs +

Come together with folks from the community to work on a painting- whether you are an amateur or an expert, open studio welcomes you. This program is more of a student led workshop and does not have an instructor. Students bring personal supplies for open studio.

6/6 - 8/29Tu 1:00 – 3:00 p.m. \$17/\$14 31761411





#### Absolute Beginning Line Dance

Ages: 55 yrs +

A fantastic form of exercise for both mental and physical rewards. This level is a good place to start for those interested in learning basic steps and enjoying moving to a variety of music. No special shoes required.

#### **Instructor: Judy Curtis**

6/7 – 6/28	W	2:00 – 3:00 p.m.	\$17/\$14	31860311
7/5 – 7/26	W	2:00 – 3:00 p.m.	\$17/\$14	31860312
8/2 - 8/30	W	2:00 – 3:00 p.m.	\$17/\$14	31860313

#### Beginning Line Dance

Ages: 55 yrs +

For those more experienced dancers wanting longer routines and new challenges that are fun and rewarding, this class is for you.

#### Instructor: Judy Curtis

6/7 – 8/28	W	3:30 - 4:30 p.m.	\$17/\$14	31860411
7/5 – 7/26	W	3:30 - 4:30 p.m.	\$17/\$14	31860412
8/2 - 8/30	W	3:30 - 4:30 p.m.	\$17/\$14	31860413

#### Advanced Beginner Line Dance -



Ages: 55 yrs +

Step up the pace. Learn more difficult steps to new choreography and continue learning.

#### **Instructor: Judy Curtis**

6/7 – 6/28	W	10:00 – 11:00 a.m.	\$17/\$14	31860611
7/5 – 7/26	W	10:00 – 11:00 a.m.	\$17/\$14	31860612
8/2 - 8/30	W	10:00 - 11:00 a.m.	\$17/\$14	31860613

#### **Live Radio Show- My Man Godfrey**

Join this live radio show of a 1930s screwball comedy and enjoy a modern day take on this oldie but goodie! A party game brings dizzy socialite to the city dump where she meets Godfrey, a derelict, and ends by hiring him as family butler. He finds the family to be the epitome of idle rich, and nutty as fruitcakes. Soon, the dramatizing socialite is in love with her 'protege'...who feels strongly that a romance between servant and employer is out of place, regardless of that servant's mysterious past. Presented by the City of Aurora-Department of Library and Cultural Services, funded by Colorado Creative Industries. Light refreshments included.

To register, call 303-762-2660 or https://www.englewoodco.gov/play

F 1:30 – 3:30 p.m. \$15/\$13 MRC













#### **Malley Guests Appreciation Ice Cream Social**

I scream, you scream, we all scream for ice cream! Get the scoop on upcoming programs happening at Malley Recreation Center while enjoying a sweet treat and visiting with friends. Sponsored by: Allen McGirl Insurance & Meadow Gold Dairy

To register, call 303-762-2660 or https://www.englewoodco.gov/play

FREE 7/7 2:00 - 3:00 p.m.







#### ENGLEWOOD SUMMER DRAMA COMPANY PRESENTS



By L. Frank Baum With Music and Lyrics by Harold Arlen and E. Y. Harburg | Background Music by Herbert Stothart Dance and Vocal Arrangements by Peter Howard | Orchestration by Larry Wilcox Adapted by John Kane for the Royal Shakespeare Company | Based upon the Classic Motion

Picture owned by Turner Entertainment Co. and distributed in all media by Warner Bros.

The Englewood Campus, Fisher Auditorium 3800 S. Logan St., Englewood, CO 80113 | Tickets: \$14/advance, \$15 door Tickets go on sale 6/19/2023

Call Sara, 303-762-2694 for more information. Funded in part by SCFD. For all the program details and to purchase tickets, please visit:

Friday, July 28, 7:00 p.m. Saturday, July 29, 7:00 p.m. Sunday, July 30, 2:00 p.m.

englewoodco.gov/summerdrama

Tickets on sale starting Monday, June 19.

# COMMUNITY PROGRA EDUCATION

#### **Continuing Bridge Lessons**

Take your bridge game to the next level in this class designed for those already well versed in the game but looking for more of a challenge. Topics covered include play & defense, bidding skills, lecture & supervised play. James Buck Location: MRC

6/7-7/12 W 10:00 a.m. - noon \$57/\$46 31465011 7/19-8/23 W \$57/\$46 31465012 10:00 a.m. - noon



#### **HawkQuest: Birds of Prey**

This one-hour program includes a Bald or a Golden eagle, an owl, a falcon, and features a free-flying hawk. Discover the importance of different raptor species, their specially adapted tools, and their role in our ecosystems. Observe the unique tools of the owl, the incredible talons and six-foot wingspan of the eagle, the aerodynamic features of the falcon, and the precision flying of the hawk. Location: MRC

Th 10:00 a.m. - 11:00 a.m. \$17/\$14 31462311

#### **Basic Photography Composition**

Grab your smartphone or camera and explore how to better capture images by applying the basic elements of composition in photography. Cynthia Slade Location: MRC

6/5-6/26 M 1:00 p.m. - 2:00 p.m. \$27/\$22 31461811 8/7-8/28 M 1:00 p.m. - 2:00 p.m. \$27/\$22 31461812

#### **Digital Camera Techniques**

Discover how to use the settings on your camera whether shooting a portrait, landscape or a sporting event. Learn the three sides of the exposure triangle and how to use them to capture the photo you want. Kelly Andis (Natural Grocers) Location: MRC

2:30 p.m. - 3:30 p.m. \$27/\$22 31461911 8/7-8/28 M 2:30 p.m. - 3:30 p.m. \$27/\$22 31461912

#### Spanish III

Continue to sharpen your conversational Spanish skills in this interactive class that builds upon your current vocabulary and verb conjugation. Some prior Spanish knowledge strongly recommended for this advanced level class. Jean Kunkel Location: MRC

6/5-8/21 M 8:30-10:30 a.m. \$68/\$56 31465611

#### The Will Maker - Legal Seminar

Complete a living Will or assign Medical or Financial Power of Attorney in this informative four-hour workshop. Fee includes materials, and witness for notarization of documents. Time allotted for individual review and questions. Please note: Workshop requires additional \$100 fee paid directly to the workshop instructor, Rebecca Bennetti- Attorney of Estate Planning Law. Location: MRC

6/20 Tu 12:30 p.m. - 4:30 p.m. \$15/\$12 31460411 8/8 Tu 12:30 p.m. - 4:30 p.m. \$15/\$12 31460511

#### **NEW!** Smart Eating for all Ages

Gain valuable insights into building a healthy meal plan, understanding common diet pros and cons, deciphering nutrition labels, indulging in desserts without guilt and supporting their fitness goals with proper nutrition. Learn how nutrition can support fitness goals to improve performance in the gym or field. Stay for the Q & A to get your burning nutrition questions answered. Location: MRC

6/17 Sa 11:00 a.m. - 12:15 p.m. \$10/\$7 31469111

#### **Probiotics & Fermented Foods**

Add some life to your plate & join us to sample and learn about the variety of living cultured food that is currently available in your grocery store. Eating fermented, probiotic-rich foods keeps your gut - and YOU healthy. Kelly Andis (Natural Grocers) Location: MRC

7/27 Th 1:00 p.m. - 2:00 p.m. \$7/\$5 31460911

#### Good For You - Food on a Budget

Discover how to support optimal health without breaking the bank! This workshop will offer guidance on how to best navigate affordable foods with tips to stay on track, menu planner, creating a shopping and pantry partner list, the healthy meal list and more! Kelly Andis (Natural Grocers) Location: MRC

8/24 Th 1:00 p.m. - 2:00 p.m. \$7/\$5 31461211

Location: Malley Recreation Center (MRC).

#### Medicare 101

With so many varied choices surrounding healthcare and Medicare options, planning can be difficult! Discover some of the available plan options in the area and explore several tailored options. Sponsored presenter: Allen McGirl Insurance Location: MRC

6/8	Th	1:30 – 3:00 p.m.	FREE	31460111
7/13	Th	1:30 – 3:00 p.m.	FREE	31460211
8/10	Th	1:30 - 3:00 p.m.	FREE	31460311

#### **NEW! Senior Medicare Patrol**

The Senior Medicare Patrol (SMP) empowers and assists Medicare beneficiaries, their families, and caregivers to prevent, detect, and report healthcare fraud, errors, and abuse. SMPs are here to answer your questions. Advice is free, confidential and objective. Medicare is complicated. Get help to ensure benefits are coded correctly and gain awareness about Medicare billing abuse. The Colorado Senior Medicare Patrol is administered by the Colorado Division of Insurance. Location: MRC

Colorado Senior Medicare Patrol: 888-696-7213 dora\_seniormedicarepatrol@state.co.us

6/9	F	9:00 – 11:00 a.m.	FREE	31461511
7/14	F	9:00 – 11:00 a.m.	FREE	31461512
8/18	F	9:00 – 11:00 a.m.	FREE	31461513

Join this game of chance in person or via Zoom. Malley Recreation Center has the best Bingo crew and fun prizes. Join us this month. Location: MRC

6/8	Th	1:00 – 2:00 p.m.	FREE	31450111
7/13	Th	1:00 – 2:00 p.m.	FREE	31450211
8/10	Th	1:00 - 2:00 p.m.	FREE	31450311

#### **Senior Downsize Management -Making Moving Easier**

Need help planning your upcoming move? This presentation will assist in the logistics to help understand the pieces of the downsizing puzzle and provide strategies for a hassle-free move. Sponsored presenter: Roadmap for Aging Experts Location: MRC

10:00 a.m. - noon FREE 31460711

#### **Public Transportation Options & Older Adults**

Explore public transportation options best suited for older adults. Consider options for accessibility with a walker, scooter, cane, or wheelchair that allow for ease of transport in the local area. Sponsored Presenter: Roadmap for Aging Experts Location: MRC

10:00 a.m. – noon FREE 8/23 31460811

#### Power of Attorney, Living Wills & Legal Documents

Discover how to organize the proper legal documents needed to protect ourselves, family, and finances when one cannot make decisions for themselves.

Sponsored presenter: Roadmap for Aging Location: MRC

10:00 a.m. - noon

#### **Reverse Mortgage-What Heirs Should Know**

For many borrowers with a Reverse Mortgage, the reality is that they might not be the one closing on the loan. That responsibility may fall to an heir or executor. Learn how to prepare for self and loved ones as well as tending to needs when the last borrower leaves the home.

Sponsored presenter: Orion Mortgage Location: MRC

10:00 a.m. - 11:00 a.m. FREE 31461111

#### **Reverse Mortgage Myths**

Get expert answers to your questions and a solid understanding of how these loans can be uniquely structured to fit various financial situations.

Sponsored Presenter: Orion Mortgage Location: MRC

10:00 a.m. – 11:00 a.m. FREE 314614 11

#### **NEW! Social Security Basics**

Join Josh Weller, a Public Affairs Specialist with the Social Security Admin, to review the basics of SS topics: Retirement, disability and survivor & dependent benefits. Note: Class may be broadcast live-virtually or in-person depending on number of attendees. Many opportunities for Q & A. Free, registration is required. Location: MRC

6/23	F	10:00 a.m. – noon	FREE	31462111
7/21	F	10:00 a.m. – noon	FREE	31462112
8/25	F	10.00 a m = noon	FRFF	31462113

#### **NEW!** Denver Regional Council of Governments (DRCOG) Area Agency on Aging-**Choice Services Program**

The Area Agency on Aging provides free services to the Denver Metro region. Case management, SHIP, transportation and inhome services. Info and assistance line for Q & A and connect older adults to resources: 303-480-6700. Location: MRC

6/22 9:00 a.m. - 10:00 p.m. FREE 31461711

Location: Malley Recreation Center (MRC).



Accommodations for individuals who are not independent in daily living activities or need extra supervision or assistance are encouraged to register and participate with a personal care attendant. Attendants must register separately from individuals they are assisting to ensure that we provide necessary seating, meals, tickets, etc. If a meal is included in the price, allergy or dietary requests must be made at the time of registration otherwise we cannot guarantee accommodation. At time of registration, please notify Nancy Baum (nbaum@englewoodco.gov) of any necessary accommodations. When registering for ticketed events, accommodations can only be guaranteed until the non-refundable date noted in the description. After that date we will make every effort to accommodate needs, but we cannot guarantee ticket availability. With the exception of the Boulder Dinner Theatre and Lumber Baron Tea, all meals are an additional expense, paid for by patrons.

#### JUNE

#### The Sound of Music-Boulder Dinner Theatre 😍

The Boulder Dinner Theatre is permanently closing at the end of the summer! Take one last spin with the final show. Based on the true story of the Trapp Family Singers, this Broadway classic is a take on courage and love. Fee includes dinner and entree, salad, bread, show, gratuity and bottomless non-alcoholic beverage. (Please Note: appetizers, upgraded entrees and dessert are an additional fee paid on your own). No refunds after June 8.

4:30 p.m. - 8:30 p.m. \$136/\$113 32062211 6/24 Sa

#### Long Hopes Donkey Shelter 👭

The Long Hopes Donkey Shelter began in 1998 when the founder, Kathy Dean, knew there were unwanted donkeys needing homes. In August 1999 Kathy and her husband Alan Miller bought 20 acres in Bennett. By January 2000 Kathy had 9 donkeys and decided to formalize her passion and create an equine shelter to serve donkeys in the Rocky Mountains. Join us for a guided tour of the shelter and bring a sack lunch to enjoy onsite before heading back to Malley. No refunds available after June 11.

8:45 a.m. - 2:30 p.m. \$94/\$75 32062611



#### **JULY**

#### Jimmy Buffett's Escape to Margaritaville

A musical comedy featuring the most-loved Jimmy Buffett classics, including "Cheeseburger in Paradise," "Margaritaville," "It's Five O'Clock Somewhere," "Fins," "Volcano," and many more... this hilarious, heartwarming musical is the party you've been waiting for!

12:45 a.m. – 6:00 p.m. \$90/\$72 32062711

#### Botanic Gardens - Ansel Adams Exhibit- Denver

Discover the early work of renowned landscape photographer Ansel Adams with photos of the American West. Known best for his high-contrast photos made in the 1970s and 1980s, Adams' earlier prints feature a softer focus, smaller scale, and warmer tones, providing a glimpse into the evolution of the photographer's signature style. The exhibition features 39 vintage photographs, including some of his best-known works. Patrons are welcome to explore on their own after tour. Bring a sack lunch or visit the on-site cafe. Lunch is on your own. This excursion includes round trip transport, general admission to the Gardens and Ansel Adams exhibit, as well as 45-minute docent led tour of the exhibit. No refunds after June 16.

7/18 Tu 9:45 a.m. – 3:00 p.m. \$66/\$53 32060111

#### Evergreen Summerfest 🛂

Summerfest is a cornerstone of the foothills summer festival season. Drawing artists from across the region and offering nearly 100 booths for attendees to peruse, this annual two-day festival also features live music throughout the day from local favorite bands, food trucks and spirits vendors, as well as a glorious landscape in which to enjoy it all. Bring your hat, sunscreen, water, a blanket to sit on and enjoy the fun! Bring \$5 for entrance fee, food and activities are on own.

7/29 Sa 9:45 a.m. – 4:45 p.m. \$30/\$25 32060211

#### **AUGUST**

#### Penrose Heritage Museum Tour & Broadmoor **Hotel Lunch- Colorado Springs**

Penrose Heritage Museum showcases the history and heritage of the Pikes Peak region through the personal artifact collection of Colorado Springs philanthropists Spencer and Julie Penrose. Follow along on a guided tour of the museum lasting 45 minutes, and end with a delicious lunch at the famous Broadmoor Hotel Golden Bee Restaurant. Fee includes transport and trip escort, as well as guided tour. Lunch is on your own.

9:00 a.m. – 3:00 p.m. \$29/\$24 32061011

#### Denver Urban Gardens Fall Plant Sale & Lunch

Come along as we explore the fall plant sale and gather your favorite organic cool-season seedlings, as well as cover crop seeds, garlic, and learn more about everything you'll need to put your garden to bed at the end of growing season. Afterwards we will grab lunch at local favorite-Lou's Italian Specialties and enjoy their outdoor patio, weather permitting. Lunch is on your own.

8/12 Sa 9:15 a.m. – 2:00 p.m. \$15/\$12 32061711

#### Afternoon Tea- Lumber Baron Inn

Afternoon Tea is served the traditional English way, featuring a variety of fancy finger sandwiches alongside scones, crumpets, and fresh cookies. Everything is baked fresh daily in house and all presented in a beautiful collection of fine china. The finest Teakoe tea is steeped fresh served piping hot for your enjoyment. (Gluten-free fare is available for a \$7 up charge due day of tea service- please note this accommodation at registration).

8/21 M 5:00 p.m. – 8:30 p.m. \$92/\$76 32061811

#### **Black Hawk and Central City**

Try your luck at Black Hawk or Central City- we will drop you off and pick you up so you can hit the big jackpot and be in the heart of it all. Visit your favorite casino, check out the local town, or simply take in that fresh mountain air. All activities on your own. Registration Deadline: 3 full business days prior to excursion date.

Priority given to those 55 years and older. Persons under 55 can call 303-762-2660 and ask for availability.

6/12	М	9:00 a.m. – 4:00 p.m.	\$25/\$20	3206061
7/10	М	9:00 a.m. – 4:00 p.m.	\$25/\$20	3206081
8/14	М	9:00 a.m. – 4:00 p.m.	\$25/\$20	3206061





#### **Rockies**

Take me out to the ballgame! Join us for some good clean summertime baseball! Games are in the late afternoon (1:15 p.m. start) and seats are prime-located on the main level. We will depart Malley at 12:15 p.m., and plan to return by 6 p.m. Food and refreshments are on your own. Play ball! Cancellations must be done one week prior to game date, no refunds after that date.

Rockies vs. San Francisco Giants

6/8 Th 12:15 – 6:00 p.m. 32060911

Rockies vs. Detroit Tigers

7/2 Su 12:15 - 6:00 p.m. 32060912 \$48/\$38

#### **ADVENTURES IN DINING**

Dining Adventures include transportation and a trip escort, all dining fees are separate and paid for by patrons at time of meal.

#### JUNE

#### **Smokin' Fins-Littleton**

Treat yourself to the cuisine of the sea at this local favorite. Entrees include paella de Velacruz, miso glazed black cod, lemon caper salmon or traditional fish n' chips. Other offerings include a popular sushi menu, as well as sandwiches and salads. Menu price \$14-\$35

4:45 p.m. – 7:45 p.m. \$11/\$13 32062411

#### El Rancho- Evergreen

Imagine this ambiance: six fireplaces reflecting across oak floors; remnants of an original Pony Express outpost; chairs built in 1948 holding strong; and spectacular views of the Continental Divide from a sunset deck. El Rancho speaks to Colorado history and the lore of the American West. Menu consists of ranch classics like 24-hour smoked brisket and crispy fried catfish. Menu price range \$14-\$49

6/27 Tu 4:15 p.m. – 7:00 p.m. \$11/\$13 32060311

#### **JULY**

#### La Loma- Denver

Visit this family-owned Denver staple for delicious, fresh, authentic Mexican food. The Denver location is filled with character and charm and houses their barrel aged tequila and a cozy and welcoming atmosphere. La Loma has an authentic Mexican kitchen feel with the delicious entrees including carne guisada, Grandma's green chili plate, sizzling fajitas, and enchiladas. Menu price range \$13-\$40

7/12 W 4:30 p.m. - 7:00 p.m. \$11/\$13 32062311

#### **Postino- Highlands Ranch**

Postino Highlands Ranch brings together all things wine and, the nostalgia of childhood and board games. One of the settlers of Highlands Ranch was connected to the B&O Railroad (if you're thinking of Monopoly, you're on to our inspiration) so we had to bring a vintage Board Game wall to life! Postino offers a selection of international and domestic wine, delicious bites, and lots of eclectic atmosphere. Think charcuterie meets salads, paninis, and delectable desserts. Menu price range \$20-\$30

7/26 W 4:30 p.m. – 7:30 p.m. \$11/\$13 32061911

#### **AUGUST**

#### **Hops & Pie- Denver**

Hops & Pie opened in 2010 by two people that love pizza, craft beer and community. Today Hops & Pie serves traditional, pan, Detroit-style and gluten-free pizza pies and sandwiches with house smoked meats, salads made with local ingredients and seasonal specials alongside a frequently rotating craft beer tap list. Location: Denver menu price range \$10-\$26

4:15 p.m. – 7:30 p.m. \$11/\$13 32061411

**Benedict's Brunch- Greenwood Village** 

Sip a fresh brewed cup of coffee, and enjoy omelettes galore, savory skillets, house-made waffles and pancakes, stuffed french toast, a bevy of beautiful benedicts, sandwiches and more! Benedict's is family owned and has reasonable prices as well as elegant surroundings. We can't think of a better way to bring in brunch! Menu price range: \$10-\$20

9:15 a.m. – 12:30 p.m. \$11/\$13



One of the finest public golf facilities in the Rocky Mountain region! 2101 W. Oxford Ave 303-762-2670 | englewoodco.gov/brokentee

#### The golf complex offers:

- Championship 18-hole course with Dye design front 9
- Par 3 course with multiple tee boxes a challenge for the serious golfer or fun for the entire family
- Large driving range and one of the best practice areas in Metro Denver
- FootGolf on the Par 3 course
- Ongoing specials and events for a wide range of abilities and ages
- MetaGolf Learning Center that provides affordable Individual and group lessons
- Wyatt's at Broken Tee is serving a full menu and bar selections



#### **Mountain Hiking Adventures**

Enjoy Colorado and all its mountain beauty with one of our many hiking adventures. For all hikes, come prepared with a day-pack, hiking boots, sack lunch, water (more if it's hot), rain gear, hat, sunscreen, insect repellent, whistle, walking stick, warm clothing and money for an ice cream stop. Please pick a hike appropriate to your ability and fitness level. Locations are subject to change depending on weather or trail conditions.

Fee: \$24/\$20 \*Easier hikes

	Activity#	Date	Day	Time	Location	Length RT.	Start Elev.	Elev. Gain	Difficulty	Near
	32160111	6/6	Tu	7:30 a.m. – 4 p.m.	Mt. Falcon Park	3-5 mi	7400'	250'	E-M	Morrison
•	32160212	6/14	W	7:30 a.m. – 4 p.m.	Mt. Cutler*	2 mi	6785'	550'	E-M	Colorado Springs
	32160313	6/20	Tu	7 a.m. – 5 p.m.	Wheeler Lakes	6.6 mi	9723'	1496'	М	Copper Mountain
	32160414	6/28	w	7 a.m. – 5 p.m.	Walker Ranch*	2-5 mi	7300'	1000'	E-M	Boulder
	32160521	7/5	W	7 a.m. – 5 p.m.	Alderfer 3 Sisters*	2.8 mi	7000'	600'	E	Conifer
	32160622	7/11	Tu	7 a.m. – 5 p.m.	Burning Bear	3 mi	8150'	1083'	E-M	Grant
	32160723	7/19	W	7 a.m. – 5 p.m.	Kenosha Pass*	1-6 mi	10,300'	840'	E-M	Frasier
	32160824	7/25	Tu	7 a.m. – 5 p.m.	Storm Pass	3.7 mi	8900'	1400'	D	Estes Park
	32160931	8/2	W	7 a.m. – 5 p.m.	M. Walter Pesman*	1.1 mi downhill	11,525'	540'	М	Mt. Evans
	32161032	8/8	Tu	7 a.m. – 5 p.m.	Mt. Sniktau	5 mi	11,992'	1400'	М	Loveland Pass
	32161133	8/16	W	7 a.m. – 5 p.m.	Calypso Cascades*	3.6 mi	8520'	700'	E	Allenspark
•	32161234	8/22	Tu	7 a.m. – 5 p.m.	Silver Dollar Lake	4 mi	11,160'	1581'	М	Guanella Pass
	32161335	8/30	W	7 a.m. – 5 p.m.	Turquoise Lake*	1-6 mi	10,100'	0'	E	Leadville

City of Englewood is an equal opportunity service provider and employer. City of Englewood operates under special use permit from the USDA Forest Service, White River National Forest.



#### **Toddler & Me Tumbling**

Ages: 1 - 3 yrs

Does your tot need a place to explore, play and let out some energy in a fun and safe environment? Register for this class that teaches your child and you simple tumbling skills while meeting new friends.

#### **Tumbling Tykes**

Ages: 3 – 5 yrs

Join this interactive class for young tumblers to enhance their balance, strength and learn beginning tumbling skills.

#### **Gymnast Jubilee**

Ages: 6 - 9 yrs

Kids will learn rolls, cartwheels and balance, all while having a blast and meeting new friends.

#### **Youth Dance**

Ages: 6 – 9 yrs | Location: ERC

These classes are designed to help your child become a wellrounded dancer in styles including tap, jazz, ballet and hip hop.

#### **PeeWee Dance**

Ages: 3 – 5 yrs | Location: ERC

This class is focused on dance techniques, safety, fun, movement, coordination, following directions and self-esteem. Classes focus on dance fundamentals and technique that build up to the spring and winter seasons, which include a recital. Parents of children who may require help changing their shoes are asked to remain outside of the classroom to assist with a mid-class shoe change.

Recitals during winter and spring season require a costume rental fee.

ACTIVE KIDS – TUMBLING								
Class	Activity#	Ages	Dates	Days	Time	Location	Fee	Res Fee
Toddler & Me Tumbling	32310111	1 – 3 yrs	6/7-6/28	W	4:00 – 4:30 p.m.	ERC	\$35	\$28
	32310112	1 – 3 yrs	7/1 – 8/2	W	4:00 – 4:30 p.m.	ERC	\$35	\$28
	32310113	1 – 3 yrs	8/9 – 8/30	W	4:00 – 4:30 p.m.	ERC	\$26	\$21
	32310114	1 – 3 yrs	6/3 – 6/24	Sa	9:45 – 10:15 a.m.	ERC	\$35	\$28
	32310115	1 – 3 yrs	7/8 – 7/29	Sa	9:45 – 10:15 a.m.	ERC	\$35	\$28
	32310116	1 – 3 yrs	8/5 – 8/26	Sa	9:45 – 10:15 a.m.	ERC	\$35	\$28
	32310117	1 – 3 yrs	6/3 – 6/24	Sa	10:15 - 10:45 a.m.	ERC	\$35	\$28
	32310118	1 – 3 yrs	7/8 – 7/29	Sa	10:15 - 10:45 a.m.	ERC	\$35	\$28
	32310119	1 – 3 yrs	8/5 – 8/26	Sa	10:15 - 10:45 a.m.	ERC	\$35	\$28
Tumbling Tykes	32320211	3 – 5 yrs	6/5 – 6/26	М	5:30 – 6:00 p.m.	ERC	\$35	\$28
	32320212	3 – 5 yrs	7/10 – 7/31	М	5:30 – 6:00 p.m.	ERC	\$35	\$28
	32320213	3 – 5 yrs	8/7-8/28	М	5:30 – 6:00 p.m.	ERC	\$26	\$21
	32320214	3 – 5 yrs	6/3 – 6/24	Sa	9:15 – 9:45 a.m.	ERC	\$35	\$28
	32320215	3 – 5 yrs	7/8 – 7/29	Sa	5:30 – 6:00 p.m	ERC	\$35	\$28
	32320216	3 – 5 yrs	8/5 – 8/26	Sa	5:30 – 6:00 p.m.	ERC	\$35	\$28
Gymnast Jubilee	32320311	6 – 9 yrs	6/5 – 6/26	М	4:45 – 5:30 p.m.	ERC	\$35	\$28
	32320312	6 – 9 yrs	7/10 – 7/31	М	4:45 – 5:30 p.m.	ERC	\$35	\$28
	32320313	6 – 9 yrs	8/7-8/28	М	4:45 – 5:30 p.m.	ERC	\$26	\$21
	32320321	6 – 9 yrs	6/3 – 6/24	Sa	8:30 – 9:15 a.m.	ERC	\$35	\$28
	32320322	6 – 9 yrs	7/8 – 7/29	Sa	8:30 – 9:15 a.m.	ERC	\$35	\$28
	32320323	6 – 9 yrs	8/5 – 8/26	Sa	8:30 – 9:15 a.m.	ERC	\$35	\$28

ACTIVE KIDS – DANCE									
Class	Activity #	Ages	Dates	Days	Time	Location	Fee	Res Fee	
PeeWee Dance	31820111	3 – 5 yrs	6/5 – 6/26	М	4:00 – 4:30 p.m.	ERC	\$35	\$28	
	31820112	3 – 5 yrs	7/10 - 7/31	М	4:00 – 4:30 p.m.	ERC	\$35	\$28	
	31820113	3 – 5 yrs	8/7-8/21	М	4:00 – 4:30 p.m.	ERC	\$25	\$21	
	31820114	3 – 5 yrs	6/5 – 6/26	М	4:45 – 5:15 p.m.	ERC	\$35	\$28	
	31820115	3 – 5 yrs	7/10 - 7/31	М	4:45 – 5:15 p.m.	ERC	\$35	\$28	
	31820116	3 – 5 yrs	8/7-8/28	М	4:45 – 5:15 p.m.	ERC	\$26	\$21	
	31820121	3 – 5 yrs	6/7 – 6/28	W	5:00 – 5:30 p.m.	ERC	\$35	\$28	
	31820122	3 – 5 yrs	7/12 – 8/2	W	5:00 – 5:30 p.m.	ERC	\$35	\$28	
	31820123	3 – 5 yrs	8/9-8/30	W	5:00 – 5:30 p.m.	ERC	\$26	\$21	
	31820131	3 – 5 yrs	7/13 – 8/3	Th	4:00 - 4:30 p.m.	ERC	\$35	\$28	
	31820132	3 – 5 yrs	8/10-8/31	Th	4:00-4:30 p.m.	ERC	\$26	\$21	
	31820141	3 – 5 yrs	6/3 – 6/24	Sa	10:15 - 10:45 a.m.	ERC	\$35	\$28	
	31820142	3 – 5 yrs	7/8 – 7/29	Sa	10:45 - 11:15 a.m.	ERC	\$35	\$28	
	31820143	3 – 5 yrs	8/5 – 8/26	Sa	10:45 - 11:15 a.m.	ERC	\$35	\$28	
	31820144	3 – 5 yrs	6/3 – 6/24	Sa	10:45 - 11:15 a.m.	ERC	\$35	\$28	
	31820145	3 – 5 yrs	7/8 – 7/29	Sa	10:45 - 11:15 a.m.	ERC	\$35	\$28	
	31820146	3 – 5 yrs	8/5 – 8/26	Sa	10:45 - 11:15 a.m.	ERC	\$35	\$28	
Youth Dance	31820211	6 – 9 yrs	6/5 – 6/26	М	5:30 – 6:15 p.m.	ERC	\$35	\$28	
	31820212	6 – 9 yrs	7/10 – 7/31	М	5:30 – 6:15 p.m.	ERC	\$35	\$28	
	31820213	6 – 9 yrs	8/7-8/21	М	5:30 – 6:15 p.m.	ERC	\$26	\$21	
	31820214	6 – 9 yrs	6/8 – 6/29	Th	4:30 – 5:15 p.m.	ERC	\$35	\$28	
	31820215	6 – 9 yrs	7/13 – 8/3	Th	4:30 - 5:15 p.m.	ERC	\$35	\$28	
	31820216	6 – 9 yrs	8/10-8/31	Th	4:30 - 5:15 p.m.	ERC	\$26	\$21	
	31820221	6 – 9 yrs	6/3 – 6/24	Sa	11:15 a.m noon	ERC	\$35	\$28	
	31820222	6 – 9 yrs	7/8 – 7/29	Sa	11:15 a.m noon	ERC	\$35	\$28	
	31820223	6 – 9 yrs	8/5 - 8/26	Sa	11:15 a.m noon	ERC	\$35	\$28	

YOUTH SUMMER DRAMA CLASSES							
Camp	Activity #	Day	Dates	Time	Location	Fee	
Class Only, Single Child	31970111	M, Tu, W, Th, F	7/5-7/21	8:30 a.m 10:00 a.m.	EHS	\$60/\$55	
Class Only, Family Rate	31970112	M, Tu, W, Th, F	7/5-7/21	8:30 a.m 10:00 a.m.	EHS	\$55/\$50	
Class and Program, Single Child	31970113	M, Tu, W, Th, F	7/5-7/21	8:30 a.m 11:00 a.m.	EHS	\$80/\$75	
Class and Program, Family Rate	31970114	M, Tu, W, Th, F	7/5-7/21	8:30 a.m 11:00 a.m.	EHS	\$75/\$70	

#### NEW FORMAT FOR 2023! Monday - Friday, July 5-21: 9-11 a.m., July 24-27: 7-10 p.m.

These drama classes will inspire children ages 8 – 12 years of all abilities to act, sing and dance. Self-esteem, confidence and creativity will be built through instruction in vocals, dance and acting. It's a great way to participate in live theater. The children actors will perform a smaller scale show of their own on the final day of class. A child can participate and register for class and not be in The Wizard of Oz production. All children 8 - 12 years old who audition and are selected to be in the final production must register for the class. Classes take place at The Englewood Campus, 3800 S. Logan St.

	1	TENNIS, RAC	QUETBALL	, AND P	ICKLEBALL		
Class	Activity#	Ages	Dates	Days	Time	Location	Fee
Red Ball Youth Tennis	32332011	4 - 7 yrs	6/6-6/29	Tu, Th	8:00 – 8:30 a.m.	Romans	\$80
	32332012	4 - 7 yrs	7/6 – 8/1	Tu, Th	8:00 – 8:30 a.m.	Romans	\$80
Orange Ball Youth Tennis	32332111	7 – 10 yrs	6/6-6/29	Tu, Th	8:30 – 9:30 a.m.	Romans	\$160
	32332112	7 – 10 yrs	7/6 – 8/1	Tu, Th	8:30 – 9:30 a.m.	Romans	\$160
Green Dot Youth Tennis	32332211	10 – 13 yrs	6/6-6/29	Tu, Th	9:30 – 10:30 a.m.	Romans	\$160
	32332212	10 – 13 yrs	7/6 – 8/1	Tu, Th	9:30 – 10:30 a.m.	Romans	\$160
Jr Development Tennis	32340111	13 yrs +	6/6-6/29	Tu, Th	10:30 – 11:30 a.m.	Romans	\$160
	32340112	13 yrs +	7/6 - 8/1	Tu, Th	10:30 – 11:30 a.m.	Romans	\$160
Learn To Play Tennis	32350111	16 yrs +	6/6 – 6/20	Tu	1:00 – 2:00 p.m.	Romans	\$65
	32350112	16 yrs +	6/10 - 6/24	Sa	4:00 – 5:00 p.m.	Romans	\$65
	32350121	16 yrs +	7/11 - 7/25	Tu	1:00 – 2:00 p.m.	Romans	\$65
	32350122	16 yrs +	7/15 – 7/29	Sa	4:00 – 5:00 p.m.	Romans	\$65
Intermediate Tennis	32350211	16 yrs +	6/6 – 6/20	Tu	2:00 –3:00 p.m.	Romans	\$65
	32350212	16 yrs +	6/10 - 6/24	Tu	5:00 – 6:00 p.m.	Romans	\$65
	32350221	16 yrs +	7/11 - 7/25	Tu	2:00 –3:00 p.m.	Romans	\$65
	32350222	16 yrs +	7/15 – 7/29	Tu	5:00 – 6:00 p.m.	Romans	\$65
Kids Kamp Racquetball	32353011	8 - 16 yrs	5/30 - 6/8	Tu, Th	9:00 – 10:30 a.m.	ERC	\$52/\$42
Family and Friends Intro	32353511	6 yrs to Adult	6/2	F	6:00 – 7:30 p.m.	ERC	\$19/\$15
to Racquetball	32353512	6 yrs to Adult	7/7	F	6:00 – 7:30 p.m.	ERC	\$19/\$15
Beginner Pickleball Clinic	32358011	18 yrs +	6/5	М	5:00 – 6:00 p.m.	ERC	\$20
	32358012	18 yrs +	6/12	М	5:00 – 6:00 p.m.	ERC	\$20
	32358013	18 yrs +	6/19	М	5:00 – 6:00 p.m.	ERC	\$20
	32358021	18 yrs +	7/10	М	5:00 – 6:00 p.m.	ERC	\$20
	32358022	18 yrs +	7/17	М	5:00 – 6:00 p.m.	ERC	\$20
	32358023	18 yrs +	7/24	М	5:00 – 6:00 p.m.	ERC	\$20
	32358031	18 yrs +	8/7	М	5:00 – 6:00 p.m.	ERC	\$20
	32358032	18 yrs +	8/14	М	5:00 – 6:00 p.m.	ERC	\$20
Intermediate Pickleball	32358111	18 yrs +	6/5	М	6:00 – 7:00 p.m.	ERC	\$20
Clinic	32358112	18 yrs +	6/12	М	6:00 – 7:00 p.m.	ERC	\$20
	32358113	18 yrs +	6/19	М	6:00 – 7:00 p.m.	ERC	\$20
	32358121	18 yrs +	7/10	М	6:00 – 7:00 p.m.	ERC	\$20
	32358122	18 yrs +	7/17	М	6:00 – 7:00 p.m.	ERC	\$20
	32358123	18 yrs +	7/24	М	6:00 – 7:00 p.m.	ERC	\$20
	32358131	18 yrs +	8/7	М	6:00 – 7:00 p.m.	ERC	\$20
	32358132	18 yrs +	8/14	М	6:00 – 7:00 p.m.	ERC	\$20
Pickleball For Families	32378011	8 yrs +	6/26	М	5:30 – 7:00 p.m.	ERC	\$10 / person
	32378012	8 yrs +	7/31	М	5:30 – 7:00 p.m.	ERC	\$10 / person
	32378013	8 yrs +	8/21	М	5:30 – 7:00 p.m.	ERC	\$10 / person



The City of Englewood offers men's and women's Adult Athletic Leagues. Adult league schedules, standings and registration: teamsideline.com/englewoodrec.

Don't have a team or need a few more players to complete your team? Go to teamsideline.com/englewoodrec to be added to the Free Agent List. If you have any questions regarding team registration, please call Sara Stant at 303-762-2694 or email sstant@englewoodco.gov.

	MEN'S AND WOMEN'S ADULT ATHLETIC LEAGUES								
SPORT	SEASON	REGISTRATION	LEAGUES BEGIN	FEES	FORMAT	OFFERINGS			
	Winter	11/10 – 12/29	Mid-January		10 Games + Single	Tuesday Coed,			
Volleyball Fall 7/17 - 9/1	Mid-September	\$335/team	Elimination Playoff	Wednesday Women's, Thursday Men's					
	Winter	10/10 - 12/29	Mid-January			Sunday Men's Comp, Sunday Men's Rec, Monday Men's Open			
Dardarda di	Spring	1/28 – 3/10	Late March		8 Games + Single Elimination Playoff				
Basketball	Summer	5/8 – 6/2	Mid-July	\$475/team					
	Fall	9/17 – 10/6	Late September						
- 61 11	Summer	3/13 – 5/6	Mid-May	\$525/team	10 Games + Single	Thursday Men's			
Softball	Fall	6/27 – 7/28	Mid-August	\$425/team	Elimination Playoff	Competitive and Recreational			

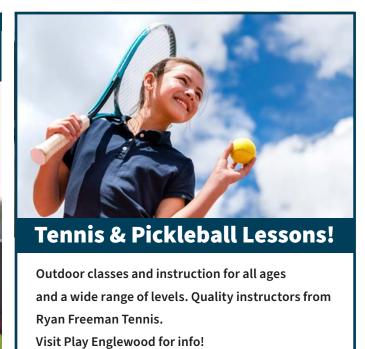


#### **BUILDING COMMUNITY, TRADITION AND EXCELLENCE!**

Our vision is to develop the community of Englewood and its youth through high-quality youth sports programs.



www.pirateyouthsports.com







#### **DROP-IN RATES**

#### **Daily Group Fitness / Yoga Pass**

\$10/\$8

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Drop-in not available for Pilates Reformer, Tai Chi for Balance or Group Personal Training Classes.

#### **ERC Fitness Orientation**

Ages: 13 yrs +

Learn to correctly operate the Technogym weight machines and cardiovascular equipment in a group setting. Please register at least two days in advance to ensure your place in class. This orientation is a prerequisite for all 13- and 14-year-olds wishing to utilize the weight and cardiovascular areas within the Recreation Center.

Location: ERC

6/10	Sa	9:00 – 10:15 a.m.	FREE	32253511
7/13	Th	6:00 – 7:15 p.m.	FREE	32253512
8/2	W	6:15 - 7:30 p.m.	FREE	32253513

#### **Nutrition Counseling**

The registered dietitians on our referral list offer individualized nutritional counseling for all ages. They can assist with weight management, chronic disease prevention, vegetarian and sports nutrition, medical nutrition therapy, women's health issues and pediatric nutrition. Call 303-762-2678 for our Registered Dietitian Referral list.

Join Tetro Performance and their certified coaches for a variety of challenging and motivational classes. Be sure to check the front desk or visit TetroPerformance.com/blog for class times and descriptions.

The Zone at ERC	Class	Sched	lule
<b>TETRO</b>	DAY	TIME	CLASS
PERFORMANCE BE DEFINED BY YOUR EFFORT	М	6:00 p.m.	Ultimate Fitness
	W	6:00 p.m.	Burn and Build
	Sa	9:30 a.m.	Ultimate Fitness

#### **Personal Training**

Get inspired, boost your confidence and accomplish your goals!

The benefits of working with a personal trainer include:

- Individualized fitness program specifically designed for you
- Efficient workout program with innovative ways to improve your health
- Professional assistance in improving strength, flexibility, posture, endurance, balance, coordination and cardiovascular health
- Instruction on correct form and technique for cardiovascular exercise and strength training

To schedule an appointment, please call our Personal Training line at 303-762-2678, or you may complete an online interest form available on our Play Englewood - Fitness - Personal Training webpage.

	Sessions	Fee	Res Fee
Private	3	\$167	\$134
60-minute	6	\$315	\$252
sessions	10	\$473	\$394
Drivata	3	\$114	\$91
Private 30-minute	6	\$213	\$170
sessions	10	\$320	\$267

Small group sessions of 2–3 people are available. Please call the Personal Training line for pricing. Note: No-shows and cancellations not made with your personal trainer at least 24 hours in advance will result in loss of the session.

Pilates Reformer and Yoga Personal Training available. See page 55 for more information and rates.

#### Fitness Court® Orientation

Have you tried the new free outdoor Fitness Court® at Cushing Park? The Fitness Court® is designed to provide a full body workout in only seven minutes. Rotate through all seven zones for a circuit training workout. Join us outside for an orientation. Download the Fitness Court® app for additional information.

9:30 a.m. - 10:30 a.m. FREE 22253723 6/3/2023

See page 51 for more details.

#### TRX® Boot Camp

Ages: 13 yrs +

Fire up your metabolism, burn calories and get stronger and leaner, faster! TRX® Suspension Trainers will be incorporated into the workout.

Location: ERC Instructor: Libby Butler

#### REB3L® stRength

Ages: 13 yrs +

Choreographed toning routines are set to powerful music. Set your goal for a sculpted body and better physical strength using body weight, minimal equipment and low-impact/highrepetitions training.

Location: ERC Instructor: Kyle Shisler

#### **Indoor Cycling**

Ages: 13 yrs +

Optimum fat burning awaits you on this journey, which will simulate varied terrain and drills to give you a great interval workout. Class participants assist with equipment set up and breakdown. Bike pedals compatible with athletic shoes, SPD and Look cleats.

Location: ERC Instructors: Erica Krier, Libby Butler

#### **POP® Pilates**

Ages: 13 yrs +

A total body workout that sculpts a rock-solid core and a lean body. Develop strength and flexibility through resistance work using your own body weight and a yoga mat. Class is for all levels.

Location: ERC Instructor: Lisa Pope

#### **Essentrics®**

Ages: 13 yrs +

A low-impact, moving and stretching class with a full-body workout. It is a combination of yoga, Pilates, tai chi and ballet to help you stay flexible and less stiff. Great for athletes seeking an increase in range of motion and an increase in speed and agility.

Instructor: Paulette Fara-Schembri Location: ERC

#### Zumba® Toning

Ages: 13 yrs +

New location! Perfect for those who want to party, but put extra emphasis on toning and sculpting to define those muscles! Dance to great Latin music while toning arms, legs and core... and have fun!

Location: MRC Instructor: Lisa Pope

#### Fit Body Express

Ages: 13 yrs +

A high-intensity endurance-based workout. Shed fat, define muscle, transform the look of your entire physique, and dramatically enhance your overall health and athletic performance. If you are looking for results and are willing to put in the effort – this class is for you!

Location: ERC Instructor: Libby Butler

#### **Barre Sculpt**

Ages: 13 yrs +

Use the ballet barre, light weights, isometric exercises and your body's balance, to firm, lengthen, lift and sculpt graceful arms, thighs, abs and glutes. It's gentle on the joints but gives powerful results.

Instructor: Stacy Lochowicz

#### REB3L® Groove

Ages: 13 yrs +

It's time to REclaim your life, REnew your outlook on fitness and REshape your body. Check your inhibitions at the door. This intense dance workout is fun, high energy and unapologetic. No dance experience is needed. Feel inspired, motivated, strong and empowered.

Location: ERC Instructor: Kyle Shisler

#### **Fitness Fusion**

Ages: 13 yrs +

You will never get bored with this eclectic blend of exercises. TRX® Suspension and Rip Training will be used along with BOSU balls, glides, dumbbells and body weight training. You will get the ideal mix of strength, endurance, balance, coordination, flexibility, power and core stability.

Location: ERC Instructor: Libby Butler



STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 21.

OClass	Activity#	Dates	Days	Time	Location	Fee	Res Fee
★ TRX Boot Camp	32250411	6/5 – 6/26	М	5:25 – 6:25 p.m.	ERC	\$23	\$19
	32250412	7/3 – 7/31	М	5:25 – 6:25 p.m.	ERC	\$29	\$23
	32250413	8/7 - 8/21	М	5:25 – 6:25 p.m.	ERC	\$17	\$14
NEW ★ Reb3l® stRength™	32251711	6/5 – 6/26	М	6:35 – 7:35 p.m.	ERC	\$23	\$19
	32251712	7/3 – 7/31	М	6:35 – 7:35 p.m.	ERC	\$29	\$23
	32251713	8/7 - 8/21	М	6:35 – 7:35 p.m.	ERC	\$17	\$14
★ Indoor Cycling	32250311	6/7 – 6/28	W	5:45 – 6:45 p.m.	ERC	\$23	\$19
	32250312	7/5 – 7/26	W	5:45 – 6:45 p.m.	ERC	\$23	\$19
	32250313	8/2 - 8/23	W	5:45 – 6:45 p.m.	ERC	\$23	\$19
	32250321	6/1 - 6/29	Th	6:35 – 7:35 p.m.	ERC	\$29	\$23
	32250322	7/5 – 7/26	Th	6:35 – 7:35 p.m.	ERC	\$23	\$19
	32250323	8/3 - 8/24	Th	6:35 – 7:35 p.m.	ERC	\$23	\$19
★ Pop® Pilates	32251111	6/6 – 6/27	Tu	5:30 – 6:30 p.m.	ERC	\$23	\$19
	32251112	7/11 – 7/25	Tu	5:30 – 6:30 p.m.	ERC	\$17	\$14
	32251113	8/1 - 8/22	Tu	5:30 – 6:30 p.m.	ERC	\$23	\$19
	32251121	6/3 - 6/24	Sa	8:05 – 9:00 a.m.	ERC	\$23	\$19
	32251122	7/1 – 7/29	Sa	8:05 – 9:00 a.m.	ERC	\$29	\$23
	32251123	8/5 – 8/26	Sa	8:05 – 9:00 a.m.	ERC	\$23	\$19
Essentrics®	32251411	6/7 – 6/28	W	6:00 – 7:00 p.m.	ERC	\$31	\$25
	32251412	7/5 – 7/26	W	6:00 – 7:00 p.m.	ERC	\$31	\$25
	32251413	8/2 - 8/23	W	6:00 – 7:00 p.m.	ERC	\$31	\$25
★ Zumba® Toning	32251611	6/7 - 6/28	W	5:30 – 6:30 p.m.	MRC	\$23	\$19
	32251612	7/5 – 7/26	W	5:30 – 6:30 p.m.	MRC	\$23	\$19
	32251613	8/2 - 8/23	W	5:30 – 6:30 p.m.	MRC	\$23	\$19
★ Fit Body Express	32250811	6/1 – 6/29	Th	5:45 – 6:30 p.m.	ERC	\$29	\$23
	32250812	7/6 – 7/27	Th	5:45 – 6:30 p.m.	ERC	\$23	\$19
	32250813	8/3 - 8/24	Th	5:45 – 6:30 p.m.	ERC	\$23	\$19
Barre Sculpt	32251011	6/1 – 6/29	Th	9:00 – 10:00 a.m.	ERC	\$39	\$31
	32251012	7/6 – 7/27	Th	9:00 – 10:00 a.m.	ERC	\$31	\$25
	32251013	8/3 - 8/31	Th	9:00 – 10:00 a.m.	ERC	\$39	\$31
	32251014	6/6 - 6/27	Tu	9:00 – 10:00 a.m.	ERC	\$31	\$25
	32251015	7/11 - 7/25	Tu	9:00 – 10:00 a.m.	ERC	\$29	\$23
	32251016	8/1 - 8/29	Tu	9:00 – 10:00 a.m.	ERC	\$39	\$31
NEW ★ REB3L® Groove	32251811	6/2 - 6/30	F	5:30 – 6:30 p.m.	ERC	\$29	\$23
	32251812	7/7 – 7/26	F	5:30 – 6:30 p.m.	ERC	\$23	\$19
	32251813	8/4 - 8/25	F	5:30 – 6:30 p.m.	ERC	\$23	\$19
★ Fitness Fusion	32250611	6/3 - 6/24	Sa	9:15 - 10:15 a.m.	ERC	\$23	\$19
	32250612	7/1 – 7/29	Sa	9:15 - 10:15 a.m.	ERC	\$29	\$23
	32250613	8/5 – 8/26	Sa	9:15 - 10:15 a.m.	ERC	\$23	\$19



#### NEW! Indoor Rock Climbing - Denver

Indoor rock climbing is an activity that uniquely allows people of all ages and abilities to participate together. Übergrippen is a great place for new climbers to try out the sport. This excursion will provide an orientation to Belay systems, climbing and rappelling, which will allow over 200 routes to try! That's right- no prior experience necessary! All safety equipment provided, and certified guides will help you along step by step, to ensure you experience indoor rock climbing at your own pace. After climbing, we will stop to fill our bellies with some delicious Italian food at Mici Italian restaurant. Lunch on your own. No refunds for cancellations.

9:00 a.m. - 1:00 p.m. \$86/\$69 32061611

#### NEW! Electric Bike Reservoir Ride & Lunch - Aurora 🚺

We will explore the scenic paved trails Aurora Reservoir on rented e-bikes from Pedego Electric Bikes (E-bikes) in Southlands, a locally owned store with expert staff. Never tried an electric bike? Now is your chance to explore all the wonders of the outdoors

in style. E-bikes are easier to accelerate and require less effort to ride. We will ride from 10 a.m. - 12 p.m. and follow up our ride with lunch at Parkway Bar & Grill before heading back to Malley. Fee includes park entrance fees, rental rates & bike shuttle, transport, and a driver escort. Lunch is on your own. Don't miss this one- it's sure to be a great time!

Tu 9:00 a.m. – 3:00 p.m. \$94/\$79 32060411

#### NEW! Chatfield Paddle & Pub - Littleton 😍

Come along for a nice paddleboard, kayak, or canoe paddle on

Chatfield Reservoir. We will plan to rent equipment and explore the reservoir from 11 a.m. - 1 p.m., then follow up our paddling adventures with an ice cold beverage and burger at Platte River Bar & Grill. Lifejacket required and provided at time of rental. Fee includes cost of state park fee and watercraft rental. All participants must be strong swimmers and maintain stamina to paddle around the reservoir.

W 11:00 a.m. – 5:00 p.m. \$76/\$61 32060511

#### **Fitness Court® Orientation**

Have you tried the new free outdoor Fitness Court® at Cushing Park? The Fitness Court® is designed to provide a full body workout in only seven minutes. Rotate through all seven zones for a circuit training workout. Join us outside for an orientation. Download the Fitness Court® app for additional information. Registration info on page 48.





Fitness Club



Ages: 55 yrs +

Improve your level of fitness with low-impact aerobics and flexibility training, followed by strengthening exercises. SilverSneakers welcome.

Location: MRC Instructor: Stacy Lochowicz

SilverSneakers® Classic = 🕬



Ages: 55 yrs +

Increase strength and range of movement. Hand-held weights, a ball and elastic tubing with handles will be used. A chair is used for support. Class is open to all.

Location: MRC Instructor: Stacy Lochowicz

#### **Muscle, Core and Balance Training**

Ages: 55 yrs +

This class will incorporate machine and free weights, core, balance and flexibility exercises in a small group. Join us for a complete body workout.

Location: MRC Instructor: Doug Smith

#### Total Body Fitness

Ages: 55 yrs +



Stay fit, agile and active while increasing muscle strength, cardiovascular function, coordination, balance and range of motion in both the upper and lower body. SilverSneakers welcome.

Location: MRC **Instructor: Doug Smith** 



#### **Fitness Foundations**



Ages: 18 yrs +

Low to moderate exercise options geared towards seniors but available to anyone, especially those new to exercise. Use a variety of equipment for a whole body workout with a focus on strength, endurance and balance. SilverSneakers & Renew Active welcome.

Location: ERC Instructor: Kyle Shisler

#### Parkinson's, MS & More Fitness



Ages: 55 yrs +

This class incorporates exercises targeting deficits specific to people with Parkinson's Disease or Multiple Sclerosis, stroke recovery or movement disorders by emphasizing strength, balance and flexibility movement that targets dexterity, rigidity, akinesia, bradykinesia, postural stability, cognition and gait. The class includes a head-to-toe seated warmup, followed by unique standing exercises and routines. Participants who use a walker or wheelchair are required to have a caregiver or driver with them during the class. This class is continuous and new participants can join at any time.

Location: MRC Instructor: Stacy Lochowicz

#### **Malley Fitness Orientation**

Age: 55 yrs & older

If you are new to the Malley Fitness Center, we suggest attending an orientation. Learn weight room safety, etiquette and receive an introduction to equipment adjustment and proper exercise techniques. This is not a weight training class.

6/7	W	11:00 a.m. – noon	FREE	32263511
7/12	W	11:00 a.m. – noon	FREE	32263512
8/2	W	11:00 a.m. – noon	FREE	32263513









ERC = Englewood Recreation Center, MRC = Malley Recreation Center

STARRED CLASSES ( \*) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGES 21 AND 22.

ACTIVE ADULT FITNESS									
Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee		
★ Fitness Club	32260111	6/5 – 6/28	M, W	9:00 – 10:00 a.m.	MRC	\$32	\$25		
	32260112	7/3 – 7/31	M, W	9:00 – 10:00 a.m.	MRC	\$32	\$25		
	32260113	8/2 – 8/30	M, W	9:00 – 10:00 a.m.	MRC	\$32	\$25		
★ SilverSneakers® Classic 🗐	32261011	6/5 – 6/28	M, W	10:15 – 11:15 a.m.	MRC	\$32	\$25		
	32261012	7/3 – 7/31	M, W	10:15 – 11:15 a.m.	MRC	\$32	\$25		
	32261013	8/2 – 8/30	M, W	10:15 – 11:15 a.m.	MRC	\$32	\$25		
Muscle, Core and	32263311	6/5 – 6/28	M, Th	1:00 – 2:00 p.m.	MRC	\$47	\$38		
Balance Training	32263312	7/3 – 7/31	M, Th	1:00 – 2:00 p.m.	MRC	\$47	\$38		
	32263313	8/2 – 8/30	M, Th	1:00 – 2:00 p.m.	MRC	\$47	\$38		
★ Total Body Fitness	32260511	6/1 – 6/29	Tu, Th	8:30 – 9:45 a.m.	MRC	\$43	\$33		
	32260512	7/6 – 7/27	Tu, Th	8:30 – 9:30 a.m.	MRC	\$43	\$33		
	32260513	8/1 - 8/31	Tu, Th	8:30 – 9:45 a.m.	MRC	\$43	\$33		
Fitness Foundations ==	32260411	6/2 – 6/30	F	10:00 – 11:00 a.m.	ERC	\$29	\$23		
	32260412	7/7 – 7/28	F	10:00 – 11:00 a.m.	ERC	\$23	\$19		
	32260413	8/4 – 8/25	F	10:00 – 11:00 a.m.	ERC	\$23	\$19		
★ Parkinson's, MS &	22260911	6/2 – 6/30	F	1:00 – 2:15 p.m.	MRC	\$28	\$21		
More Fitness	22260912	7/7 – 7/28	F	1:00 – 2:15 p.m.	MRC	\$28	\$21		
	22260913	8/4 - 8/18	F	1:00 – 2:15 p.m.	MRC	\$28	\$21		

# ONLY AT THE MALLEY RECREATION CENTER!





Stop in and see what all the BUZZ is about! Discover information and resources about transportation, finances, healthcare, senior services, insurance, volunteering, caregiving, housing and recreation.

#### **HOURS OF OPERATION**

Mon-Thurs: 8 a.m. - 7 p.m. Fri: 8 a.m. - 5 p.m. Sat: 9 a.m. - 1 p.m. Sun: Closed

CALL 303-762-2660 FOR MORE INFORMATION OR AN APPOINTMENT



#### **GENTLE YOGA AND TAI CHI**

#### Beginning/Advanced Tai Chi for Better Balance

Ages: 55 yrs +

Improve your balance while enhancing your agility and coordination with tai chi-based movements. The class format and design have been acknowledged as one of the few evidencebased interventions for the prevention of falls by the Centers for Disease Control and National Center for Injury Prevention and Control. Beginning and advanced classes are offered. Advanced class participation must be approved by the instructor.

Location: MRC **Instructor: Patty Vogt** 

#### Light Yoga ---

Ages: 55 yrs +

For individuals who desire a traditional yoga practice but require modifications for mobility limitations, this class is a perfect fit. Gently ease your way through stretches and poses, and feel light on your feet. You must be able to get down and up from the floor.

Location: MRC **Instructor: Barbara Meadows** 

#### Seated Yoga - Virtual =



Ages: 55 yrs +

Move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity.

**Location: VIRTUAL** Instructor: Sky Headland

#### Gentle Yoga 🖃

Ages: 55 yrs +

Let go of stress through a full spectrum of gentle standing, seated and floor poses. Practice with your body. Get detailed explanations of the poses, with time to listen to your body and focus on your alignment in each pose. Focus more on the breath and practice breath work (pranayama). Finish your practice in Savasana with guided relaxation.

Location: VIRTUAL **Instructor: Erin Mathiason** 

#### **ACTIVE YOGA AND TAI CHI**

#### Tai Chi Yoga Fusion

Ages: 16 yrs +

Blending the best of both ancient arts, your practice will be filled with gentle, fluid movements, stretches and peaceful poses. Gain physical strength and flexibility, increased energy, inner quietness and more.

Location: MRC **Instructor: Erin Mathiason** 

#### **Foundations Yoga**

Ages: 13 yrs +

Learn the basic yoga poses and breathing techniques. Improve strength, flexibility and stress relief. This is the perfect class for someone with little or no previous yoga experience.

Location: MRC **Instructor: Jen Dentry** 

#### Vinyasa Yoga

Ages: 16 yrs +

Vinyasa Yoga is a Sun Salutation-based style that links yoga postures with the breath. This more vigorous practice is a great way to build flexibility, strength and balance. Must be comfortable with frequent transitions coming down to and up from the floor.

Location: MRC **Instructor: Erin Mathiason** 

#### **Core and Hip Yoga**

Ages: 13 yrs +

Improve flexibility, balance and strength with a focus on hips and core to protect the back. Modifications and props available. Appropriate for beginner to intermediate.

Location: MRC Instructor: Stephanie Turner

GENTLE YOGA AND TAI CHI									
Class		Activity#	Dates	Days	Time	Location	Fee	Res Fee	
Beginning Tai Chi for Better Balance		32255311	7/6 – 9/12	Tu, Th	2:30 – 3:30 p.m.	MRC	\$100	\$80	
Advanced Tai Chi for Better Balance		32255411	7/6 – 9/12	Tu, Th	1:30 – 2:30 p.m.	MRC	\$100	\$80	
Light Yoga		32258211	6/2 - 6/30	Tu, F	8:30 – 9:30 a.m.	MRC	\$52	\$42	
		32258212	7/7 – 7/28	Tu, F	8:30 – 9:30 a.m.	MRC	\$52	\$42	
		32258213	8/1 – 8/29	Tu, F	8:30 – 9:30 a.m.	MRC	\$52	\$42	
Seated Yoga		32258311	6/1 – 6/29	Tu, Th	10:00 – 11:00 a.m.	VIRTUAL	\$46	\$37	
		32258312	7/6 – 7/27	Tu, Th	10:00 – 11:00 a.m.	VIRTUAL	\$36	\$29	
		32258313	8/1 – 8/31	Tu, Th	10:00 – 11:00 a.m.	VIRTUAL	\$51	\$41	
Gentle Yoga		32258511	6/6 – 6/27	Tu	10:30 – 11:45 a.m.	VIRTUAL	\$34	\$27	
		32258512	7/11 – 7/25	Tu	10:30 – 11:45 a.m.	VIRTUAL	\$34	\$27	
		32258513	8/1 – 8/29	Tu	10:30 – 11:45 a.m.	VIRTUAL	\$34	\$27	

	ACTIVE YOGA AND TAI CHI									
Class	Activity#	Dates	Days	Time	Location	Fee	Res Fee			
Foundations Yoga	32256211	6/6 – 6/27	Tu	5:45 – 7:00 p.m.	MRC	\$36	\$30			
	32256212	7/11 – 7/25	Tu	5:45 – 7:00 p.m.	MRC	\$31	\$25			
	32256213	8/1 - 8/29	Tu	5:45 – 7:00 p.m.	MRC	\$44	\$35			
<b>NEW</b> Vinyasa Yoga	32257011	6/5 – 6/26	М	4:00 – 5:00 p.m.	MRC	\$34	\$29			
	32257012	7/3 - 7/31	М	4:00 – 5:00 p.m.	MRC	\$43	\$36			
	32257013	8/7 - 8/28	М	4:00 – 5:00 p.m.	MRC	\$34	\$29			
Core & Hip Yoga	32257111	6/3 - 6/24	Sa	9:15 – 10:15 a.m.	MRC	\$34	\$27			
	32257112	7/1 – 7/29	Sa	9:15 – 10:15 a.m.	MRC	\$43	\$34			
	32257113	8/5 – 8/26	Sa	9:15 – 10:15 a.m.	MRC	\$34	\$27			





Pilates exercises with controlled movement improve flexibility, build strength and develop control and endurance within the entire body. Throughout the class, the priority is promoting alignment and breathing to develop a strong core, which will help improve coordination and balance. The core, which consists of the muscles of the abdomen, lower back and hips, often called the "powerhouse," is thought to be the key to a person's stability. Our program provides safe modifications that range from beginning to advanced, specific to the participant's goals or limitations.

Our 4-Step Pilates Program takes you from an initial orientation to an advanced level for an additional challenge. This program will provide a safe, enjoyable, challenging workout for both the new and experienced Pilates participants.

#### **ENGLEWOOD'S PREMIER 4-STEP PILATES PROGRAM**

#### **STEP ONE: Essential Pilates Orientation**

Ages: 16 yrs +

Explore Pilates! Pilates is a method of exercise and physical movement designed to stretch, strengthen and balance the body. Learn the history and how the Reformer works. Exercises are low impact and may be adapted for individuals of any fitness level. When completed, your instructor will determine which step will be best for you based on your level. Please register in advance.

Location: MRC Instructor: Michael Mathews

#### PILATES PERSONAL TRAINING

Pilates is the perfect exercise for beginners needing one-on-one instruction, experienced exercisers ready for advanced moves, athletes looking to improve performance and individuals in post-rehab following an injury. Each session is 60 minutes.

To schedule, call 303-762-2678 and leave a message requesting either Reformer or mat instruction. Your call will be returned within two business days. Yoga personal training is also available.

Fee	
ГСС	Res. Fee
\$68	\$54
\$194	\$155
\$347	\$289
	\$68 \$194

Small group sessions for 2–3 people are available. Please call the Personal Training Line for pricing. Note: No-shows and cancellations not made with your personal trainer at least 24 hours in advance result in loss of the session.

#### **Step Two: Pilates Reformer Principles**

Ages: 16 yrs +

In these two private sessions, learn the core principles and concepts of the Pilates method. Once you have completed the private sessions satisfactorily, you may move into the Beginning Pilates Reformer class, and as an extra benefit, receive a \$10 discount coupon on future classes. Call 303-762-2678 to schedule your first private session.

Location: MRC Instructor: Michael Mathews

#### **STEP THREE: Beginning Pilates Reformer**

Beginning Pilates Reformer will start you on your Pilates road to success. Beginning Pilates Reformer is designed for those who have completed Essential Pilates Orientation and Essential Pilates Principles or with instructor's permission.

Location: MRC Instructor: Michael Mathews

#### **STEP FOUR: Continuing Pilates Reformer**

Ages: 16 yrs +

Build upon your skills to learn more dynamic exercises. Enroll in Continuing Pilates Reformer upon completion of four months of Beginning Pilates Reformer classes or with instructor's permission.

Location: MRC

	PILATES								
Class	Activity#	Dates	Days	Time	Instructor	Location	Fee	Res Fee	
STEP ONE Essential Pilates Orientation	32254111	6/5	М	6:05 - 7:05 p.m.	Michael M.	MRC	\$10	\$10	
STEP TWO Pilates Reformer Principles	32254211	6/1 – 8/31	M – F	8:00 a.m. – 7:00 p.m. (Call to schedule)	Michael M.	MRC	\$91	\$73	
STEP THREE	32254311	6/5 – 6/26	М	11:00 a.m. – noon	Michael M.	MRC	\$68	\$54	
Beginning Pilates Reformer	32254312	7/3 – 7/31	М	11:00 a.m. – noon	Michael M.	MRC	\$85	\$68	
	32254313	8/7 – 8/28	М	11:00 a.m. – noon	Michael M.	MRC	\$68	\$54	
	32254314	6/5 – 6/26	М	12:05 – 1:05 p.m.	Michael M.	MRC	\$68	\$54	
	32254315	7/3 – 7/31	М	12:05 – 1:05 p.m.	Michael M.	MRC	\$85	\$68	
	32254316	8/7 - 8/28	М	12:05 – 1:05 p.m.	Michael M.	MRC	\$68	\$54	
	32254317	6/5 – 6/26	М	5:00 – 6:00 p.m.	Michael M.	MRC	\$68	\$54	
	32254318	7/3 – 7/31	М	5:00 – 6:00 p.m.	Michael M.	MRC	\$85	\$68	
	32254319	8/7 – 8/28	М	5:00 – 6:00 p.m.	Michael M.	MRC	\$68	\$54	
STEP FOUR	32254420	6/7 – 6/28	W	5:00 – 6:00 p.m.	Michael M.	MRC	\$68	\$54	
Continuing Pilates Reformer	32254421	7/5 – 7/26	W	5:00 – 6:00 p.m.	Michael M.	MRC	\$68	\$54	
	32254422	8/2 – 8/30	W	5:00 – 6:00 p.m.	Michael M.	MRC	\$85	\$68	
	32254423	6/7 – 6/28	W	6:05 – 7:05 p.m.	Michael M.	MRC	\$68	\$54	
	32254424	7/5 – 7/26	W	6:05 – 7:05 p.m.	Michael M.	MRC	\$68	\$54	
	32254425	8/2 – 8/30	W	6:05 – 7:05 p.m.	Michael M.	MRC	\$85	\$68	
	32254426	6/1 – 6/29	Th	11:00 a.m. – noon	Michael M.	MRC	\$85	\$68	
	32254427	7/6 – 7/27	Th	11:00 a.m. – noon	Michael M.	MRC	\$68	\$54	
	32254428	8/3-8/31	Th	11:00 a.m. – noon	Michael M.	MRC	\$85	\$68	



5001 S. Inca Dr. • 303-798-6927

Open daily, 9:30 AM - 3:30 PM • \$2.50 per person (under 24 months free) Tickets available online at englewoodco.gov/farmandtrain



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